



## STUDENT AFFAIRS AND STUDENT LIFE

### OFFICE OF STUDENT AFFAIRS

The Office of Student Affairs is dedicated to making each university student's undergraduate experience as positive and productive as possible. The office is located at 215 Lexington Avenue, seventh floor and can be contacted at 212-340-7715 or [osaberen@yu.edu](mailto:osaberen@yu.edu). Student Affairs professionals are available to meet with students on a drop-in basis as well as by appointment.

Each student's present well-being and plans for the future are primary concerns of the Student Affairs' staff at Yeshiva University. Counseling and advisement services are designed to assist students in exploring personal concerns, fulfilling their potential, and achieving a close relationship with members of the university community. Orientation programs help incoming students acclimate to college life and develop skills needed for maximum achievement.

The Office of Student Affairs coordinates university programs in the following areas:

#### **B.L.U.E. Program/First-Time-On-Campus Advisement**

To help first-time students make the transition from high school to campus life, the university offers direction and assistance in the form of individual conferences, which are held throughout the course of the year. Appointments are arranged and emails are sent out by the Office of Student Affairs' madrichot ruchaniot

The B.L.U.E. Program offers new students on campus an opportunity to meet peer mentors who are available to help them navigate the new world of university life. It also offers campus programming to new students enabling them meet others and enjoy the campus life.

#### **International Student Advisement**

The Office of Student Affairs is the coordinating center for international students. The Office of International Student Advisement prepares and issues documents necessary for the United States Citizenship and Immigration Services (USCIS) and helps in interpreting federal rules and regulations. The office also offers guidance to international students in matters such as adjustment and cultural issues. Contact information: 646-592-4130; 646-592-4203; Jennifer Golden at [oiss@yu.edu](mailto:oiss@yu.edu)

#### **Madrichot Ruchaniot**

Our talented madrichot ruchaniot are on campus evenings to mentor women on campus, to meet with students who would like to discuss spiritual issues, to explore observance issues and just to hang and schmooze. The Madrichot also plan evening programs to address student concerns and participate in existing campus events. For specific contact information: [osaberen@yu.edu](mailto:osaberen@yu.edu); 212-340-7715.

#### **Mashgichim Ruchani'im**

Our Mashgichim are concerned about the personal, religious growth of the women at the Beren Campus. They strive to develop meaningful relationships with all the students.

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They are available to offer guidance regarding issues of spiritual exploration and personal growth as well as to talk with students about religious life on campus. They give weekly classes of relevant topics and meet informally with groups of students. For specific contact information: [osaberen@yu.edu](mailto:osaberen@yu.edu); 212-340-7715.

## **OFFICE OF UNIVERSITY HOUSING AND RESIDENCE LIFE**

The University Housing and Residence Life department is staffed by a Director and an Assistant Director. The main office is located in Brookdale Residence Hall (212-340-7795; [berenhousing@yu.edu](mailto:berenhousing@yu.edu)), while there are also offices in each of the three dormitory buildings.

Campus living exposes students to an exciting and unique community, which offers a multitude of opportunities both in and out of the classroom. The excitement of Midtown Manhattan coupled with the warmth and individual attention of our tight-knit community, creates camaraderie in the Big Apple.

Housing is available for full-time undergraduate women in the following residence halls:

- Brookdale Residence Hall (50 East 34<sup>th</sup> Street) is a 20-story building consisting of 4 or 5 person suites and houses all freshmen, sophomores and a high percentage of the junior class.
- Schottenstein Residence Hall (119 East 29<sup>th</sup> Street) is comprised of two wings. The East Wing offers clusters of 2 or 3 single rooms, connected by a private bathroom while the West Wing offers single rooms with communal bathrooms.
- 35th Street Residence Hall (150 East 35<sup>th</sup> Street) consists of 4 or 6 person suites with full kitchens. There is an additional \$500 fee per semester to reside in the building.
- 36<sup>th</sup> Street Residence Hall (151 East 36<sup>th</sup> Street) is a 5-story walk-up, consisting of single and double (1 room for 2 people) rooms with communal bathrooms.

All students in housing are required to be on the meal plan.

The Residence Life program is singularly geared to help students have the most positive, engaging and enjoyable experience possible at Yeshiva University. It is built to support a student's journey of self-discovery and foster an environment to grow, explore and thrive, all the while benefitting from:

- A safe and secure environment that places students at the center of campus life and tapped into a multitude of activities
  - Numerous amenities including state of the art fitness centers, updated laundry rooms, numerous lounges and a dormitory steps away from the best New York City has to offer
  - Exclusive residence hall events and dynamic floor programming
  - 24-hour security
  - An exceptionally caring environment with specially-trained Resident Advisors in every building, helping their residents navigate college life and dormitory living
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- Vital campus services at the students' doorstep — including academic advisement, career development, writing assistance, student counseling and more

Living on-campus is the ultimate way to ensure students get the very best of what Yeshiva University has to offer. It is a great way to make friends, become involved in a new community, and gain independence. To that end, housing applications are available online for all incoming and returning students. For more information, please refer to the housing website (<http://yu.edu/student-life/housing/women/>).

### **SHABBAT ENHANCEMENT PROGRAM**

Shabbat on campus is not to be missed. The Shabbat Enhancement Program, sponsored by the Office of Student Life, enables student clubs to offer Shabbat programs on a weekly basis throughout the academic year. Prominent scholars, YU administrators, and faculty, often with their families, join students for Shabbat on campus—sharing meals, participating in Shabbat programs, creating a warm Shabbat atmosphere, and usually bringing students from both undergraduate campuses together. A dynamic campus couple and family host each Shabbat welcoming students and guests to a meaningful Shabbat experience.

The Shabbat Hospitality Program enables students to stay with families in various communities for an alternate Shabbat experience.

### **OFFICE OF DISABILITY SERVICES**

The Office of Disability Services coordinates reasonable accommodations and support services for students with disabilities. Some of the disabilities served include physical, emotional, LD, ADHD, hearing impairments, and visual impairments. Students who have a documented disability or who suspect that they may have a disability are encouraged to contact the Office of Disability Services at 646-592-4132; [rkohn1@yu.edu](mailto:rkohn1@yu.edu).

### **COUNSELING CENTER—BEREN CAMPUS**

The college years are exciting, challenging, and may also be stressful at times. The Yeshiva University Counseling Center is committed to supporting our students academically, religiously, and emotionally.

The Counseling Center provides undergraduates with a wide range of services, including assessment, short-term individual psychotherapy and medication management, crisis intervention, referrals and psycho-education workshops. Students dealing with adjustment problems, loneliness, depression, anxiety, or who just want to talk are encouraged to make an appointment. All services at the Counseling Center are free of charge and confidential.

The Counseling Center is located on the fourth floor of the Schottenstein Cultural Center at 239 East 34th Street. To make an appointment, please call 917-326-4942 or email: [counseling@yu.edu](mailto:counseling@yu.edu). For more information, visit online at [www.yu.edu/counseling](http://www.yu.edu/counseling).

### **ACADEMIC ADVISEMENT CENTER**

The Center offers services which include educating about college requirements, choosing

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a major, setting academic goals and strategies for academic success. A wide variety of academic advisement, including general academic, pre-health, pre-law, pre- engineering, shaped major, and internship advisement, is available through the Office of the Academic Dean. For assistance contact the Academic Advisement Center at 646-592-4170.

## **MEDICAL SERVICES**

Beth Israel Medical Center administers the Undergraduate Student Health Center and offers care for episodic illnesses and minor injuries on campus at no cost to the student. Should a student require emergency department services, specialist physician services or diagnostic testing, she will be referred through the Beth Israel Medical Center Student Health Services network of providers.

The medical office staff reviews the health forms of entering students. When necessary, corrective measures are taken through the student's family physician. The professionally staffed Student Health Center is located in Brookdale Residence Hall 2B: 212-340-7792.

All injuries and accidents to students taking part in an educational or extracurricular activity are reported to the Medical Office and the Office of Student Affairs by the staff member in charge of the activity. Students are required to immediately report any other injury suffered on university premises to the Security Office. A detailed description of the procedure to be followed in case of accident or illness is found in the Resident Handbook, available on line ([www.yu.edu/student affairs](http://www.yu.edu/student_affairs) and click on university housing and residence life – Beren) to all students at the beginning of the school year.

## **STUDENT GOVERNMENT**

Both Stern College and Sy Syms School of Business have a Student Council, the chief body dealing with student, faculty, and administrative matters as well as the planning of extracurricular activities on campus. All students are part of the Torah Activities Council, which plans lectures, volunteer activities, holiday events, and outreach programs. In matters concerning more than one school, the councils involved cooperate with one another. The Student Life Committee works to enhance student experience on campus. This committee comprises student leaders, college administration, and supporting services administration.

In addition, Sy Syms School of Business and Stern College have student faculty senates that discuss issues of academic concern.

Students in all schools are represented on important school and departmental committees and actively participate in decisions regarding the educational and administrative aspects of their schools.

## **EXTRACURRICULAR ACTIVITIES**

Despite the heavy undergraduate course load, extracurricular activities are an important aspect of college life and encourage the integration of all aspects of the student's education. All full-time students who are not on probation are eligible to participate in these activities. The university encourages students to take advantage of the unequalled cultural

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and recreational facilities of New York to further their particular interests, whether in the theater, music, art, sports, etc.

### **Athletics**

The Beren Campus offers an array of athletic opportunities for undergraduate women through its intercollegiate and intramural programs and through its numerous recreation/fitness activities. The Beren Campus has six NCAA Division III intercollegiate athletic teams that compete against other colleges throughout the Northeast. The program includes teams in cross country, basketball, fencing, soccer, tennis, and volleyball, which are open to all students with the interest, talent, and commitment to participate. A seventh team, Softball, should achieve varsity status within the next two years. The University offers no athletic scholarships; its teams generally compete only against other non-scholarship teams.

The student-run intramural athletics program utilizes the gymnasium in the college building and rented athletic facilities. The university takes advantage of the location of its Beren Campus by making use of commercial athletic facilities to supplement its own. Students compete against other Yeshiva University students in intramural athletic events in such sports as basketball, soccer, and volleyball.

For those students interested in staying or getting in good physical condition, five fully equipped fitness centers are located in the dormitories and school building. Fitness facilities are available from the early morning through late-night hours.

Athletics Department contact information: 245 Lexington Avenue, 11<sup>th</sup> floor; 212-340-7727.

Yeshiva University places the highest priority on the overall quality of a student's educational experience and on the successful completion of the academic requirements. The Department of Athletics seeks to establish and maintain an environment in which a student-athlete's athletic activities are conducted as an integral part of the overall educational experience. We strictly adhere to the principles of fair play and amateurism and place special importance on the impact of athletics on the participants rather than on the spectators. We seek to develop sportsmanship, ethical conduct, and positive societal attitudes in our student-athletes and provide an honest, fair, and open environment where the student's health and well being is protected. The Department of Athletics encourages participation by maximizing the number and variety of athletic opportunities for students. No athletic events are scheduled on the Sabbath or Jewish Holidays.

### **Clubs**

A wide variety of Student Council clubs, many inspired by academic interests, meet regularly during the school year. Several national honor societies have chapters at the undergraduate colleges, including Psi Chi's chapter in psychology; Tau Kappa Alpha's chapter in debating; New York Zeta chapter of Alpha Epsilon Delta in pre-medical studies; Sigma Delta Rho in science research; and Chi Pi Chapter of Alpha Psi Omega in dramatics. The Dramatics Society's presentations afford an opportunity for theatrical expression as well as an opportunity to perform in the areas of song, dance, and drama.

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Women interested in music enjoy participating in the choral groups and chamber music ensembles.

Clubs host speakers and symposia on topics of interest in various fields. Student councils, individual classes, and clubs co-sponsor events. Radio Station WYUR, a student operated member of the Intercollegiate Broadcasting System, transmits programs of interest to students on all campuses.

At Sy Syms School of Business, the Mildred Schlessberg Accounting Society, American Marketing Association, International Business Club, Max Investment Club, Information Systems Society, and Joint Business Society offer a full range of activities, including forums with guest speakers, social affairs, and tutoring services. The annual awards dinner is the yearly highlight.

All posters and notices announcing events must carry the name of a sponsoring student council and club; those that do not will be removed. Clubs or student activities that are antithetical to the values and ideals of the institution will be neither recognized nor supported.

### **Publications**

Student clubs and interest groups at the Beren Campus produce a wide array of publications. These include Derech Ha Tevah, Perspectives in Psychology, Sigma Delta Rho, Speech Communications, and Shivim Panim, to name a few.

Students publish The Observer, the official student newspaper, and co-publish Kol Mevasser, a magazine with emphasis on Jewish studies. Students at Sy Syms School publish the Exchange. The Stern College for Women/ Sy Syms School of Business – Beren undergraduate yearbook is titled Kochaviah. All publications are edited and published by the students themselves.

### **OUTREACH PROGRAMS**

Undergraduates may take part in a number of community outreach programs, including the Adopt-a-Bubbe program, Visiting the Sick, and community learning programs coordinated by the Torah Activities Council.