### Clinical Program

#### Core Sequence Requirements

**Foundation Requirements**
1. Cognitive Bases of Behavior
2. Affective Bases of Behavior
3. Lifespan Development
4. Social Psychology
5. History and Systems of Psychology
6. Adult Psychopathology

**Assessment Sequence Requirements (to be taken in this order):**
1. Clinical Interviewing with Practicum
2. Cognitive Assessment with Practicum
3. Personality Assessment with Practicum
4. Clinical Assessment with Practicum I
5. Clinical Assessment with Practicum II

**Research Sequence Requirements (to be taken in this order):**
1. Statistics
2. Research Methods & Design
3. Two Research Seminars
   1. Research in Psychotherapy (PSC 6524)
   2. Effective Therapists I and II (PSC 6520 & 6528)
   3. Psychological Trauma I and II (PSC 6145 & 6146)
   4. Theory and Research in Anxiety and Depression I and II (PSC 6474 & 6475)
   5. Depression and Personality Disorder in Older Adults I and II (PSC 6529 & 6530)
   6. Research in Couples, Family, & Psychoanalysis (PSC 6468)
   7. Emotions, Psychopathology & Socioeconomic Contexts I and II (PSC 6815 & 6816)
   8. Investigating Mood Pathology: Assessment, Course Treatment of Bipolar Spectrum Disorders I and II (PSC 6540 & 6541)
   9. OCD, Hoarding, and Related Disorders I and II (PSC 6546 & 6547)
   10. Violence, Emotional Regulation, & Substance Abuse I and II (PSC 6548 & 6549)
4. Integrating Clinical Practice & Research
5. Research Project I
6. Research Project II
7. Data Analysis or Introduction to Qualitative Research

**Psychotherapy Sequence Requirements (to be taken in this order):**
1. Multicultural and Diversity Issues
2. Issues in Professional Practice
3. Category A *(two required)*
   i. Psychoanalytic Theory
   ii. Interpersonal Psychotherapy or Object Relations Theory or Self Psychology *(Psychoanalytic Theory is a pre-requisite for Object Relations)*
4. Category B *(two required)*
   i. Cognitive Therapy
   ii. Behavior Therapy
5. Category C courses (must receive permission from instructor prior to registering for courses offered in other programs): *(one required)*
   i. Psychological Assessment and Treatment of Older Adults
ii. Couples Therapy  
iii. Family and Couples Therapy with Practicum I and II  
iv. Evidence Based Interventions: Internalizing Disorders Foundation & Application of Evidence Based Practice  
v. Introduction to Child Therapy  
6) CBT Practicum Sequence or Psychodynamic Practicum Sequence (see details below)  
7) CBT Practicum Sequence or Psychodynamic Practicum Sequence (see details below)  

<table>
<thead>
<tr>
<th>CBT Practicum Sequence (two years)</th>
<th>1) Cognitive Therapy</th>
<th>2) Behavior Therapy</th>
<th>3) Treating 3-4 patients in the Parnes Clinic (3rd and 4th year - CBT)</th>
<th>4) Weekly 1 hour of Individual supervision (3rd and 4th year - CBT)</th>
<th>5) CBT for Anxiety and Depression I &amp; II (Cognitive Therapy and Behavior Therapy are required pre-requisites, CBT Individual Psychotherapy Practicum I &amp; II is a co-requisite)</th>
<th>6) CBT Individual Psychotherapy Practicum I &amp; II (CBT for Anxiety and Depression I &amp; II is a co-requisite)</th>
<th>7) Advanced CBT Psychotherapy Practicum I &amp; II (CBT Individual Psychotherapy Practicum I &amp; II is a pre-requisite)</th>
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<td>Psychodynamic Practicum Sequence (two years):</td>
<td>1) Psychoanalytic Theory</td>
<td>2) Interpersonal Psychotherapy or Object Relations Theory or Self Psychology (Psychoanalytic Theory is a pre-requisite)</td>
<td>3) Treating 3-4 patients in the Parnes Clinic (3rd and 4th year - Psychodynamic)</td>
<td>4) Weekly 1 hour of Individual supervision (3rd and 4th year - Psychodynamic)</td>
<td>5) Psychodynamic Individual Psychotherapy Practicum (Psychoanalytic Theory and Interpersonal or Object Relations or Self Psychology are pre-requisites)</td>
<td>6) Advanced Psychodynamic Individual Psychotherapy Practicum (Psychodynamic Individual Psychotherapy Practicum is a pre-requisite)</td>
<td>8) CBT Individual Psychotherapy Practicum I &amp; II (CBT for Anxiety and Depression I &amp; II is a co-requisite)</td>
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<td>Mixed Practicum Sequence (CBT Practicum in third year, Psychodynamic Practicum in fourth year)</td>
<td>1) Cognitive Therapy</td>
<td>2) Behavior Therapy</td>
<td>3) Psychoanalytic Theory</td>
<td>4) Interpersonal Psychotherapy or Object Relations Theory or Self Psychology (Psychoanalytic Theory is a pre-requisite)</td>
<td>5) Treating 3-4 patients in the Parnes Clinic (3rd year – CBT; 4th year - Psychodynamic)</td>
<td>6) Weekly 1 hour of Individual supervision (3rd year – CBT; 4th year - Psychodynamic)</td>
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<td>1) Psychoanalytic Theory</td>
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7) Psychodynamic Individual Psychotherapy Practicum *(Psychoanalytic Theory and Interpersonal or Object Relations or Self Psychology are pre-requisites)*

8) CBT for Anxiety and Depression I & II *(Cognitive Therapy and Behavior Therapy are required pre-requisites, CBT Individual Psychotherapy Practicum I & II is a co-requisite)*

9) CBT Individual Psychotherapy Practicum I & II *(CBT for Anxiety and Depression I & II is a co-requisite)*