Find out more about Mental Health Counseling

Office of the Professions, New York State
http://www.op.nysed.gov/mhp.htm
New York State Mental Health Counselors Association
http://www.nymhca.org/
American Counseling Association
http://www.counseling.org/
American Mental Health Counselors Association
http://www.amhca.org/

Did You Know?

Applicants to any Ferkauf Doctoral program can also be considered for the Mental Health Counseling Program (MHMA). Just click “Yes” to “Would you like to be considered for the MHMA program?” on your online application.

How Do I Apply?

Students can learn more about and apply to the Mental Health Counseling Program by visiting our website, www.yu.edu/ferkauf.

In order to learn more about our application requirements, prerequisite courses, and deadlines, please check out the “Admissions” section of our school website.

To learn more visit:
www.yu.edu/ferkauf
Click on "Degrees and Programs"
Designed to meet the changing needs of healthcare and social services, the 60-credit (2 1/2 year) graduate program offers theoretical and applied principles of psychological counseling. The program has been approved by the New York State Education Department as meeting the requirements for licensure qualifying programs in Mental Health Counseling.

Graduates of this program, with required post-graduate experience, are eligible to sit for licensure as Licensed Mental Health Counselors (LMHC) in New York State.

The Profession of Mental Health Counseling

All 50 states license or certify mental health counselors for private and public practice. In New York State, licensed mental health counselors are part of a multi-disciplinary treatment team working in mental health agencies, where they provide assessment, treatment planning and psychotherapy.

Mental health counseling is a distinct profession with national standards for education, training and clinical practice. Graduate education and clinical training prepare mental health counselors to provide a full range of services for individuals, couples, families, adolescents and children. Licensure requirements for mental health counselors are equivalent to those for clinical social workers and marriage and family therapists - two other disciplines that require a master's degree for independent status.

They combine traditional psychotherapy with a practical problem solving approach that creates a dynamic and efficient path for change and problem resolution.

Where do Mental Health Counselors work?

Once a graduate of our program becomes licensed they are entitled to provide assessment and treatment of individuals, couples, families and groups.

Mental Health Counselors practice in a variety of settings, including independent practice, community agencies, managed behavioral health care organizations, Integrated delivery systems, hospitals, employee assistance programs and substance abuse treatment centers.

Mental Health Counselors are highly skilled professionals who provide a full range of services including: assessment and diagnosis, psychotherapy, treatment planning and utilization review, brief and solution-focused therapy, alcoholism and substance abuse treatment, psycho-educational and prevention programs, and crisis management.