



SUCCESSFUL ONLINE LEARNING

Office of Academic Support
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“The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and then starting on the first one.”

Mark Twain

Do you agree or disagree with the following statement? *Overwhelming* takes on a completely new meaning in the age of online learning.

It is likely that Mark Twain didn't envision a pandemic such as COVID 19 when he spoke about "overwhelming tasks" and would probably have agreed with the statement above. To deal with our overwhelming new online-only age, we need to address the following questions and issues:

- You were learning in school and then, in the blink of an eye, you switched to online learning. How did that affect you?
- How are you managing with online-only learning?
- How are you juggling going to class and studying at home with family responsibilities?
- Do you miss in-person interactions with teachers, classmates and friends?
- How are you dealing with the knowledge that no one knows how long the situation will last?

Take your time to digest this unfamiliar situation. How can you learn and succeed in this new environment?

- Tackle your schoolwork one class at a time. Is the class still meeting at the same time? If family obligations force you to miss a class, is there a recording available?
- Build your new daily work plan. You might find you have more time to do your schoolwork since you are not traveling back and forth to school. Take advantage of your additional time since you also may have additional responsibilities that change your availability. Try to stick to a daily routine.
- Take breaks! You will be online more than ever before, so set aside time to unplug.
- Take care of yourself. Eat well, get enough sleep, exercise and forgive yourself for making mistakes. This situation is unfamiliar to everyone!
- Connect with your professors, classmates and friends. Now that we are limited in connecting in person, we need to reach out through Zoom, WhatsApp and other video applications.
- Use Yeshiva University resources, such as Academic Advising, the Writing Center, Peer Tutoring, Counseling Center, Disability Services and of course our office, the Office of Academic Support.

How do you prepare for this environment?

- Download the Canvas app.
- Download or your syllabi.
- Have a calendar or planner for school and personal appointments.
- Organize your material.
- Know how and when you learn best.
- Have a place to work.



Some of what you will you find on Canvas:

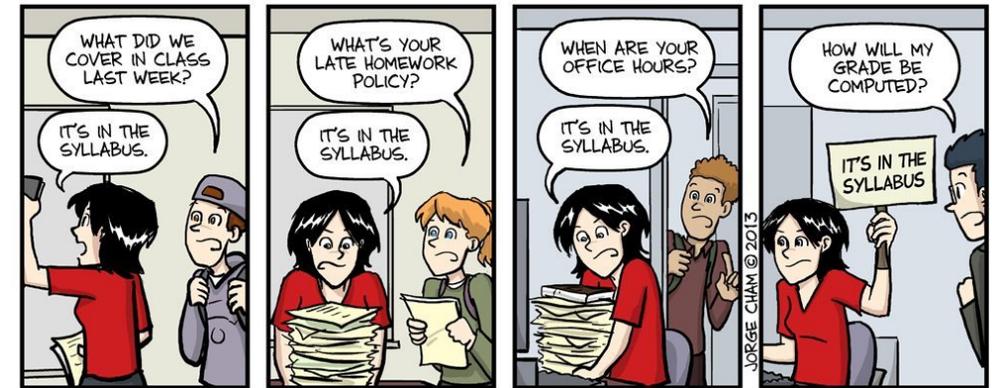
Directions and information for students can be found [here](#).

- information and announcements posted by professors
- syllabi
- course materials and reading
- quizzes
- grades



What to look for in your syllabi

- biographical information on your professors
- course descriptions
- learning goals
- grading policies
- important dates and assignments
- relevant books and materials
- professor contact information



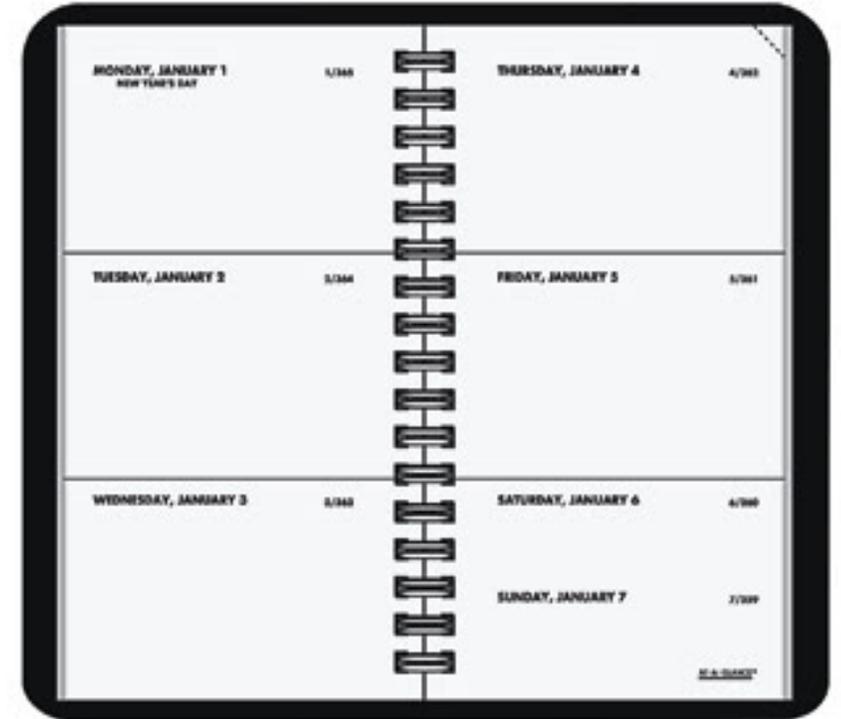
IT'S IN THE SYLLABUS

This message brought to you by every instructor that ever lived.

WWW.PHDCOMICS.COM

Why use a calendar or planner?

- to create a schedule of upcoming assignments and reading
- to evaluate your study needs for the semester
- to encourage better organizational skills
- to help break down long term and large projects into smaller, more manageable parts
- to allow for the unexpected



Become aware of the ways you learn best

- Know if you study better in the morning or afternoon.
- Determine how long you can attend to your studies in order to adequately plan breaks.
- Inquire if your class is recorded because, like some learners, you may benefit from listening to a lecture again.
- Interact with your peers. You may benefit from Zoom lounges or online study groups.

Why is a personal study space important?

- to encourage your full attention to the task at hand
- to encourage routine and structure
- to encourage organization

Avoid visiting online sites or sending personal emails when studying. Online apps are available to help you limit interrupts and block social media sites that might compete for your attention.

IF YOU WOULD LIKE TO LEARN MORE ABOUT SETTING GOALS FOR A SUCCESSFUL ONLINE LEARNING EXPERIENCE

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SOURCES

[HTTPS://WWW.NORTHEASTERN.EDU/BACHELORS-
COMPLETION/NEWS/SUCCESSFUL-ONLINE-LEARNING-STRATEGIES](https://www.northeastern.edu/bachelors-completion/news/successful-online-learning-strategies)

[HTTPS://SAC.INDIANA.EDU/SUDDENLY_ONLINE/INDEX.HTML](https://sac.indiana.edu/suddenly_online/index.html)