



We're Hiring: Licensed Staff Therapist

Imagine a full caseload of meaningful, specialized work — with expert supervision, a collaborative team behind you, and the freedom of a fully remote schedule you help design. If you're a passionate clinician ready to grow your expertise in women's and couples' mental health, we'd love to meet you.

The Role

Perennial Wellness PLLC is a thriving, full-fee group practice based in Westport, CT, serving patients via telehealth across Connecticut and New York, with optional in-person work at our Westport office. We are seeking a licensed clinician for a 24-month, full-time position (24+ patient hours per week). This position can be fully remote.

We welcome LMFTs, LMSWs, LCSWs, LPCs, and licensed psychologists. We are especially drawn to clinicians with an interest in women's mental health and/or couples therapy — particularly with couples navigating the perinatal period and the relational challenges of early parenthood.

We view this as the beginning of a long-term relationship. Clinicians who thrive here will find opportunities for expanded responsibility, clinical leadership, and role growth both within the contract period and well beyond it.

What You'll Do

- Carry a caseload of 24+ patients using integrative, evidence-based approaches (CBT, IFS).
- Provide individual therapy for women and couples therapy with a perinatal focus.
- Conduct psychiatric intakes, treatment planning, and care coordination with outside providers.
- Attend weekly individual supervision with Dr. Levine and twice-monthly team consultation.
- Participate in team discussions integrating DEI themes as they intersect with clinical work.
- Option to develop a coaching caseload for women with ADHD under Dr. Danielle Auslander, PsyD.

What You'll Build

Over 24 months, you'll gain depth and confidence across three tracks:

Clinical Expertise

- Advanced skills in PMADs, couples therapy, CBT, IFS, and relational neurobiology.
- Fluency in dyadic parent-child work using DIR Floortime and attachment frameworks.

Supervision & Mentorship

- Weekly 1:1 supervision focused on case conceptualization and professional identity.
- Peer learning and didactics with a seasoned multidisciplinary team.

Private Practice & Entrepreneurship

- Firsthand exposure to running a successful, ethical telehealth group practice.
- Training in business, legal, and ethical dimensions — caseload, fees, referrals, sustainability.

Who We're Looking For

- Passionate about women's mental health and couples work across the reproductive lifespan.
- Trained or interested in evidence-based couples therapy (EFT, Gottman, IFS, or similar).
- Comfortable with CBT and/or IFS in individual therapy.
- Autonomous, organized, and clinically strong — and genuinely excited to be part of a team.
- Curious about the entrepreneurial dimensions of private practice.

Compensation & Benefits

- Competitive W2, fee-for-service — clinicians in this role have earned in excess of \$100,000/year.
- Weekly individual supervision + twice-monthly team consultation, included at no cost.
- 401(k) from day one. Stipends for approved trainings and conferences.
- Flexible schedule with meaningful input into your own hours.
- Role growth and promotion opportunities within the contract period and beyond.
- **Note:** this position does not include health or malpractice insurance.

Licensure

Active licensure in CT and/or NY is strongly preferred. Licensure in both states is required for full practice — we are happy to support obtaining a second-state license after hire.

How to Apply

Send a cover letter, CV, and one letter of recommendation to drlevine@perennialwellnessllc.com. We review applications on a rolling basis. We warmly encourage you to apply even if you are still building your couples or perinatal experience — passion, curiosity, and alignment with our values matter most.

About Dr. Emma Levine, PhD

Dr. Levine is a licensed psychologist and the Founder & Director of Perennial Wellness. She holds her doctorate in Counseling Psychology from Fordham University (summa cum laude, Skidmore College), advanced PMAD training from the Seleni Institute, and has served as Assistant Director at Cognitive Therapy for Women and as an Adjunct Professor at Fordham's Graduate School of Education. As a clinician, mother, and breast cancer survivor, she brings both expertise and lived understanding to her role as supervisor and mentor. Her work has been featured in Today, Well+Good, Headspace, and more.

Our Commitment to Equity & Inclusive Practice

PW is an equal opportunity employer. We actively integrate themes of race, gender, socioeconomic factors, and power dynamics into our supervision and team consultation. We are committed to expanding access to specialized perinatal care for underrepresented populations, and we encourage candidates from all backgrounds to apply.