

# PRE-HEALTH CLUBS

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## WHY JOIN A CLUB?

Joining one of the YU Pre-Health clubs on the Wilf campus allows you to meet other pre-health students, learn from distinguished practitioners and other speakers, and display important leadership skills by running for office or organizing events. It also allows you to investigate different specialties while still an undergraduate.

More importantly, being actively involved in extracurricular activities allows you to demonstrate initiative, leadership, responsibilities and other traits valued by both medical and dental schools as shown in the previous chapter on “What Medical and Dental Schools Want.”

## PRE-MEDICAL SOCIETY

Throughout the year, the Pre-Medical Society hosts events specifically geared toward pre-med students. If you have an idea/event that you want to see happen, do not hesitate to let me know. A lot of our events come from your ideas so make your voice heard. The Pre-Medical Society also provides several Mentors who are available to answer any and all questions that you might have.

For more information, please contact Yonatan Mehlman at [yonatan.mehlman@mail.yu.edu](mailto:yonatan.mehlman@mail.yu.edu) or Or Mossaiov at [or.mossaiov@mail.yu.edu](mailto:or.mossaiov@mail.yu.edu)

## PRE-DENTAL SOCIETY

The Yeshiva University Pre-Dental Society is a student run organization that serves as a valuable resource for college students interested in pursuing a career in dentistry. We make an effort to assist our members in becoming competitive dental school applicants through educational opportunities, community service, and exposure to the dental field. Admissions officers from various dental schools are invited to help inform students about the different aspects of dentistry, as well as about the application process to Dental School. This society provides college students interested in dentistry, the opportunity to meet others with similar career goals as well as to gain an understanding of the complexities of dentistry.

For more information, please contact Akiva Lautman at [akivalautman@gmail.com](mailto:akivalautman@gmail.com).

## **MEDICAL ETHICS SOCIETY**

The Yeshiva University Student Medical Ethics Society (MES) is a student run organization with the goal of promoting education and awareness of medical ethics at YU. While increasing sensitivity to ethical issues in medicine that are relevant to the global community, MES is especially focused on issues of medical ethics relating to Halacha (Jewish law), Jewish Medical Ethics, and Torah values. MES strives to make Yeshiva University a global center for Jewish medical ethics, which will serve as an educational resource for laymen, rabbis, patients, doctors, and other health professionals.

For more information visit <http://yumedicaethics.com/>. You may also contact Yitzy Mayefsky at [yitzym@sbcglobal.net](mailto:yitzym@sbcglobal.net) or Yael Mayer at [yaelm804@gmail.com](mailto:yaelm804@gmail.com)

## **YU LITERACY PROGRAM**

The YU Literacy Program is a movement of over one hundred YU college students helping younger students at local public schools. Many of our local public schools in the Heights have students coming from disadvantaged backgrounds and are often looking for extra help for their students. We connect YU college students with these students as mentors, in order to help them grow academically as well as to ignite their passion for learning. We currently work with three schools in our Washington Heights neighborhood: P.S.143, P.S.132, and WHEELS. The commitment is a fifty minute slot each week with each volunteer working in the back of a classroom with a small group of students or walking around the class helping students that need extra assistance. Furthermore we work with young adults struggling to graduate high school. Many of the local students have never been exposed to the YU community (or college students) and this is a great way for us to show the local Hispanic community what we represent as college students and as members of the Jewish community. It's also a great experience as a volunteer, to interact with younger students and feel that you have a real impact on their education.

For more information, please e-mail Joshua Levy at [jmljosh@gmail.com](mailto:jmljosh@gmail.com)

## **TEACH**

Today TEACH empowers a dynamic cohort of over 1000 volunteers and counting to bring educational, hands-on science activities to children facing medical conditions in 17+ hospitals and medical centers worldwide. In the past year alone, over 90 modules have brought smiles to over 650 children. Our volunteers are committed university and medical students who devote their free time to TEACH. They develop ideas for modules, translate these ideas into practical design- fun and educational science experiments- and implement the modules for eager patients and their accompanying family members.

For more information, please contact Isaac Snyder at [isaac.snyder@mail.yu.edu](mailto:isaac.snyder@mail.yu.edu).

## **COLLEGE EDGE**

Founded by students of Yeshiva University (NY), College EDge, Inc. assists underrepresented public high school students to attain a post-secondary education. With a primary focus on promoting college and college awareness among its targeted students, College EDge, Inc. enables them to begin their path to college through educational seminars and workshops, networking events, college fairs, and mentorship programs. Programs are also run for students who prefer trade school, certification programs, and other college alternatives.

For more information, please contact Briana Friedman at [briana.friedman@mail.yu.edu](mailto:briana.friedman@mail.yu.edu)

## **PROJECT START: (STUDENTS, TEACHERS, AND RESEARCHERS TEACH) SCIENCE!**

Project START Science is a fully undergraduate-run initiative in which students from Yeshiva University teach interactive experiment based science modules at local public elementary schools, which are largely populated with students who have traditionally been underrepresented in the sciences, and show the students that science can be exciting, fun, and engaging in ways that they had never considered. We run weekly modules consisting of topics ranging from Biology and Chemistry to Physics and Engineering, with everything in between.

For more information, please contact Dani Edelman at [dedelman21@gmail.com](mailto:dedelman21@gmail.com)

## **HEIGHTS HEALTH INITIATIVE**

The Heights Health Initiative is a new program coordinated by Yeshiva University students in association with the ACDP (The Community Association of Progressive Dominicans). The program involves two after-school programs at three local elementary schools in Washington Heights. Volunteers can help coordinate an after-school basketball league or help facilitate an after-school running program in partnership with the New York Runners "Might Miles Program." The aim of the Heights Health Initiative is to encourage healthy lifestyle choices and team-work in a safe and fun environment.

## **MUSIC VS.**

The program aims to use the universal language of music as a bridge to form connections with those less fortunate and to lay the foundation for lasting relationships. "What's unique about Music Vs. is that it seeks to transcend the impersonal atmosphere of large scale events in an attempt to create long term relationships with the people we visit."

For more information, please contact Yonatan Mehlman at [yonatan.mehlman@mail.yu.edu](mailto:yonatan.mehlman@mail.yu.edu)

## **GLOBAL HEALTH CLUB**

The Global Health Club is a club on both Wilf and Beren Campuses. The goals of the club are to raise awareness about global health issues, as well as try to make a difference in our local communities. Some of the events that we have planned for this semester include an event about technology and healthcare, an information session about the Red Cross, going to a soup kitchen, and more!

For more information, contact Sarit Zaret. You can reach her at [saritzaret@gmail.com](mailto:saritzaret@gmail.com)

## **ENTREPRENEURSHIP AND BIOTECHNOLOGY CLUB**

The Entrepreneurship and Biotechnology Club is the premiere club at YU for students to delve into the interdisciplinary practice of medicine. In conjunction with public health, management and entrepreneurship a plethora of interesting and fulfilling careers have recently emerged as promising. The EBC has hosted/co-hosted more than half a dozen events in its short but very exciting existence. Also with the aim of encouraging future healthcare practitioners to be educated activists of the a burgeoning industry, the EBC publishes a monthly newsletter and is available to advise students and connect them with professionals.

For more information, please contact Nathaniel Paley at [Nathaniel.paley@mail.yu.edu](mailto:Nathaniel.paley@mail.yu.edu)

## **YESHIVA UNIVERSITY CLUBS**

Below is a partial list of other clubs which pre-health students would be interested in joining—

- American Chemical Society Association for Psychological Science
- Biology Club
- Center for Healthy Living Health & Wellness
- Math Club
- Neuroscience Club
- Physics and Engineering
- Undergraduate Student Research Project

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