

Curricula: Mental Health Counseling

The following is a typical program for students beginning in Fall.

Year I – 25.5 credits / academic year

Fall – Year I	Spring – Year I
*Basic Principles of Counseling	*Assessment and Appraisal of Individuals, Couples, Families and Groups & MHC Assessment Lab
*Developmental Psychology <i>(human growth and development)</i>	*Psychopathology: Child, Adolescent & Adult
* Counseling Skills Development	* Counseling Practicum
*Substance Abuse & Treatment	*Multicultural and Diversity Issues in Counseling
	*Supervised Field Placement I <i>1.5 credits</i>

Year II - 24 credits / academic year

Fall – Year II	Spring – Year II
*Advanced Issues in Mental Health Counseling	*Lifestyle & Career Development Counseling
*MHC: Ethics & Issues in Professional Practice	* Concepts and Techniques in Mental Health Counseling <i>(Clinical Instruction)</i>
* Advanced Issues in Psychopathology and Diagnosis	*Principles in Group Counseling
*Statistics, Research and Program Evaluation <i>(Evidence Based Treatments)</i>	*Supervised Field Placement III <i>1.5 credits</i>
*Supervised Field Placement II <i>1.5 credits</i>	

Year III – 10.5 credits minimum

Fall – Year III	
	*Social Psychology
	*Supervised Field Placement IV <i>1.5 credits</i>

*** Counseling Electives**

Specialty areas include:

PSM 6012	Neuropsychology Basic Principles
PSM 6622	Counseling in Community Mental Health Settings
PSM 6485	Crisis Counseling
PSM 6170	Sexuality and Gender Counseling
PSM 6510	Cognitive and Behavioral Therapy Principles for Counseling
PSM 6194	Principles of Psychodynamic Psychotherapy for Counseling
PSM 6440	Couples and Family Counseling
PSM 6450	Counseling with Children and Adolescents
PSM 6484	Grief, Loss and Bereavement Counseling
PSM 6182	Attachment Across the Lifespan
PSM 6183	The Resilient Counselor
PSA 6601	History and Systems of Psychology
PSH 6930	Physiological Psychology
PSA 6071	Psychopharmacology