

# PREPARING FOR THE MCAT

Lolita Wood-Hill, MS

Sam Miodownik

Yoni Sacknovitz

Alexei Antonov



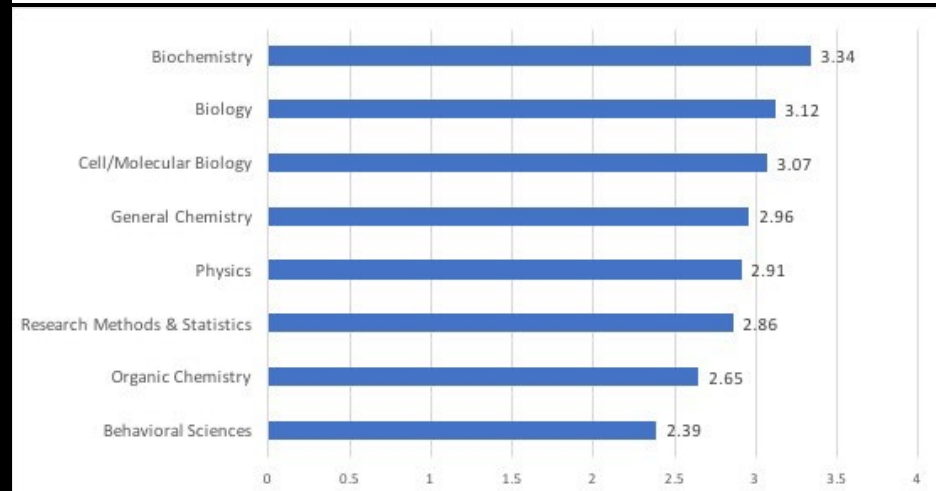
# OVERVIEW

- Quick Facts of the MCAT
- Contents of Exam
- Preparation for the MCAT
- Skills Tested
- What Scores Do I Need?

# Quick Facts of the MCAT

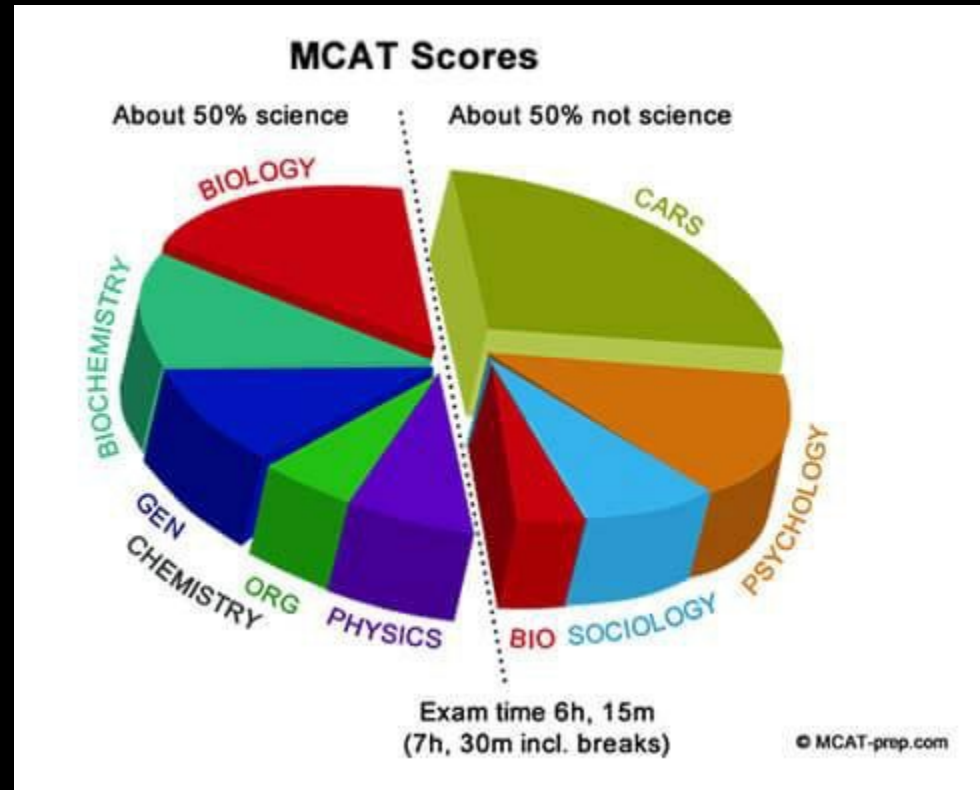
- Standardized & Multiple choice exam.
- 240 Hours studying = Average score (500)
- Net range of scores (472 - 528)
- Average score 500 (125 per section)
- Maximum score 528
- Sections of the exam scores in the range of 118 - 132
- Many test dates on Fridays! Be aware.

Survey of Medical Schools:  
Importance of Science Concepts



# Contents of Exam

- Physical Sciences/Physics
- Biology
- Biochemistry
- General Chemistry
- Organic Chemistry
- Psychology/Sociology
- Biological Foundations of Behavior
- Critical Analysis and Reasoning Skills (CARS)



# Preparation for the MCAT

- Study 3-6 Hours daily for 3-6 Months.
- Memorizing every detail won't help...
- 1/3 Reviewing.
- 1/3 Practice Questions (understanding?).
- 1/3 Full Length MCAT Practice Exams.
- Build Stamina

## MCAT PREP? 4 TIPS YOU MUST FOLLOW

MCAT is one test that needs more planning and scheduling than actual studying. Studypal.co brings to you tips for better scores in MCAT

### Attempt full length Practice Exams

This will help your brain cope up with the stress during the real time exam and will act as a stimulator for the actual test



### Hone Data Interpretation Skills

It is very common to loose marks in easy question due to misinterpretation of given data. Practice enough to make your data interpretation skills perfect.

### Get a study partner

Having a study partner to help with your prep is the best option during your MCAT prep. You can help each other with remembering the facts and understanding the concepts

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two heads are better than one



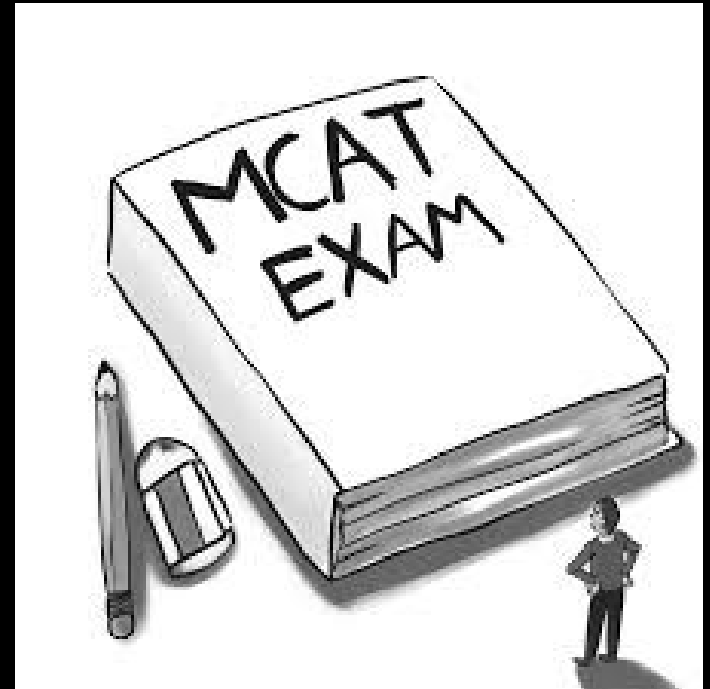
### Build a schedule and stick to it

MCAT prep takes a long time and it is absolutely essential that you keep a study schedule and stick to it. Dedication is crucial to a good MCAT score

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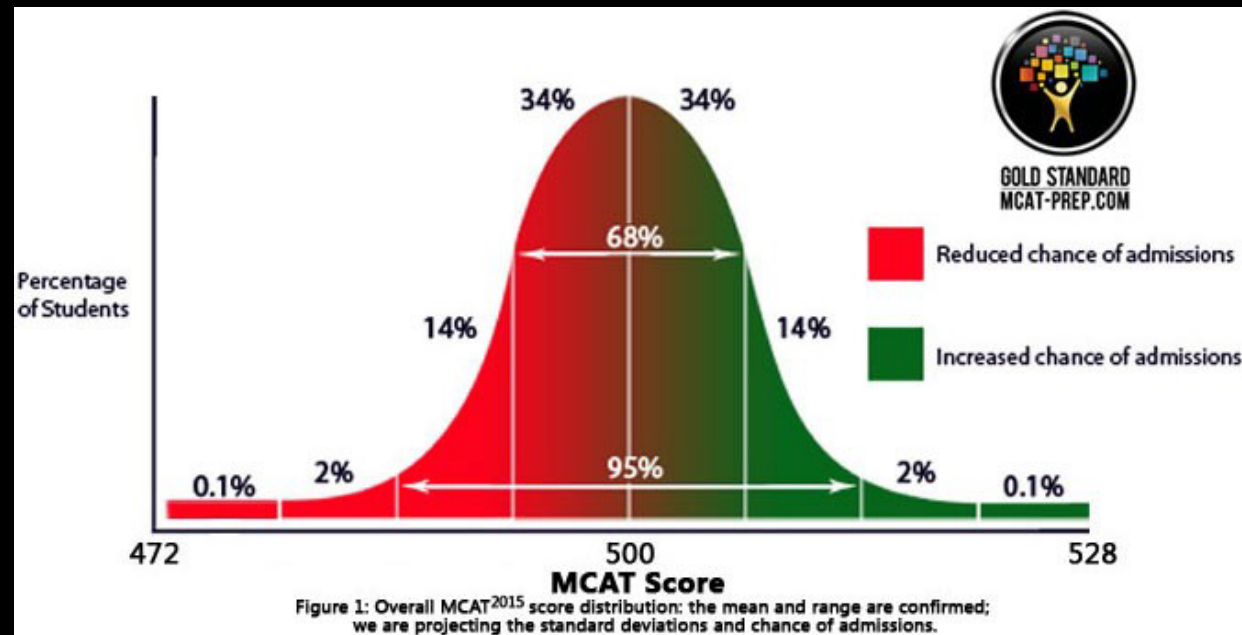
# Where / How can I take it?

- \$325 To take the MCAT
- 2-7 Exams Conducted/Month
- Register online with Association of American Colleges (AAMC).
- Time allotted (7.5 Hours)
- 1 hour 15 minutes of breaks
- No Formula sheet :- (
- No Calculators allowed
- Cannot take more than 3 times in a year, 4 in two consecutive years.
- 7 in a Lifetime



# Skills Tested

- Critical Thinking
- Reasoning Skills
- Mathematics Skills
- Recall
- Recognition



**Table A-16: MCAT Scores and GPAs for Applicants and Matriculants to U.S. MD-Granting Medical Schools, 2018-2019 through 2021-2022**



The table below displays MCAT scores and GPAs for applicants and matriculants from 2018-2019 through 2021-2022 by mean and standard deviation (SD). Please email [datarequest@aamc.org](mailto:datarequest@aamc.org) if you need further assistance or have additional inquiries.

Applicants		2018-2019	2019-2020	2020-2021	2021-2022
MCAT CPBS	Mean	126.3	126.4	126.5	126.3
	SD	2.7	2.8	2.8	2.9
MCAT CARS	Mean	125.9	125.9	125.9	125.7
	SD	2.7	2.7	2.7	2.8
MCAT BBLS	Mean	126.6	126.7	126.8	126.7
	SD	2.7	2.7	2.7	2.8
MCAT PSBB	Mean	126.8	127.1	127.2	127.3
	SD	2.7	2.7	2.7	2.8
Total MCAT	Mean	505.6	506.1	506.4	505.9
	SD	9.3	9.3	9.2	9.7
GPA Science	Mean	3.47	3.48	3.49	3.48
	SD	0.43	0.43	0.42	0.44
GPA Non-Science	Mean	3.71	3.72	3.74	3.74
	SD	0.28	0.28	0.28	0.28
GPA Total	Mean	3.57	3.58	3.6	3.59
	SD	0.34	0.33	0.33	0.34
<b>Total Applicants</b>		<b>52,777</b>	<b>53,370</b>	<b>53,030</b>	<b>62,443</b>



QUESTIONS??