



LEARNING STYLES

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**“Every student can learn, just not on the same day or
in the same way.”**

George Evans

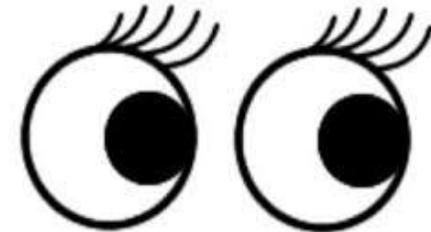
What are learning styles?

- We process information in three ways: seeing, hearing and doing.
- Your preferred learning style is the one you use the most.
- Most often one style is dominant, but people use a combination of all three styles.
- Do you consider yourself
 - A visual learner?
 - An auditory learner?
 - A kinesthetic (tactile) learner?



Visual Learners

- Prefer to see information such as graphics, charts and PowerPoints
- Visualize what they hear
- Can become distracted in lectures when visual aids are not used



"When I see it, then I understand"

Visual learners may benefit from:

- Visiting textbook on-line companion sites, bringing PowerPoint presentations to class and taking notes alongside them
- Reading the chapter ahead of time and taking notes while reading
- Taking notes during class and revising them as soon as possible after class
- Color coding main ideas and subtopics
- Creating study aides such as note cards, drawing diagrams and making charts

Auditory Learners

- Prefer to hear information out loud
- May not need extensive notes
- May read aloud



Auditory learners may benefit from:

- Lecture-style classes
- Study groups in order to hear others discuss concepts
- Taping lectures and listening to them after class
- Reading aloud



Kinesthetic (or Tactile) Learners

- Prefer to take interactive classes where learning takes place while “doing”
- Learn through experience and physical activity



Kinesthetic (or Tactile) learners may benefit from:

- Creating charts, diagrams and graphs
- Taking notes
- Making flash cards
- Transcribing hand-written notes onto the computer
- Completing practice problems when applicable
- Participating in demonstrations such as labs and group presentations

Applying your preferred learning style to lecture style classes:

- **Visual** and **kinesthetic** learners should take detailed notes during a lecture.
- **Kinesthetic** learners may also benefit from rewriting or typing notes or making flashcards.
- **Auditory** learners who prefer lecture classes should work on strengthening their visual and tactile skills by taking notes.



Applying your preferred learning style to visual presentations:

- **Kinesthetic** and **auditory** may benefit by sitting in the front of the class.
They should also take notes during the presentation, and soon after class make additions to class notes.
- **Auditory** learners may benefit from study groups to reinforce information that was delivered through visual presentations.
- **Kinesthetic** learners should recreate visuals to connect with new material.



Applying your preferred learning style to labs:

- Works well for **kinesthetic** learners
- **Visual** and **auditory** learners can enhance their abilities by taking notes on class procedures and using lab time for additional practice



IF YOU WOULD LIKE TO LEARN MORE ABOUT LEARNING STYLES

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SOURCES

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