LEARNING STYLES

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“Every student can learn, just not on the same day or in the same way.”

George Evans
What are learning styles?

• We process information in three ways: seeing, hearing and doing.
• Your preferred learning style is the one you use the most.
• Most often one style is dominant, but people use a combination of all three styles.
• Do you consider yourself
  • A visual learner?
  • An auditory learner?
  • A kinesthetic (tactile) learner?
Visual Learners

• Prefer to see information such as graphics, charts and PowerPoints
• Visualize what they hear
• Can become distracted in lectures when visual aids are not used

“When I see it, then I understand”
Visual learners may benefit from:

• Visiting textbook on-line companion sites, bringing PowerPoint presentations to class and taking notes alongside them

• Reading the chapter ahead of time and taking notes while reading

• Taking notes during class and revising them as soon as possible after class

• Color coding main ideas and subtopics

• Creating study aides such as note cards, drawing diagrams and making charts
Auditory Learners

- Prefer to hear information out loud
- May not need extensive notes
- May read aloud
Auditory learners may benefit from:

- Lecture-style classes
- Study groups in order to hear others discuss concepts
- Taping lectures and listening to them after class
- Reading aloud
Kinesthetic (or Tactile) Learners

- Prefer to take interactive classes where learning takes place while “doing”
- Learn through experience and physical activity
Kinesthetic (or Tactile) learners may benefit from:

• Creating charts, diagrams and graphs
• Taking notes
• Making flash cards
• Transcribing hand-written notes onto the computer
• Completing practice problems when applicable
• Participating in demonstrations such as labs and group presentations
Applying your preferred learning style to lecture style classes:

- **Visual** and **kinesthetic** learners should take detailed notes during a lecture.
- **Kinesthetic learners may also benefit from rewriting or typing notes or making flashcards.**
- **Auditory** learners who prefer lecture classes should work on strengthening their visual and tactile skills by taking notes.
Applying your preferred learning style to visual presentations:

- **Kinesthetic** and **auditory** may benefit by sitting in the front of the class. They should also take notes during the presentation, and soon after class make additions to class notes.

- **Auditory** learners may benefit from study groups to reinforce information that was delivered through visual presentations.

- **Kinesthetic** learners should recreate visuals to connect with new material.
Applying your preferred learning style to labs:

- Works well for kinesthetic learners
- Visual and auditory learners can enhance their abilities by taking notes on class procedures and using lab time for additional practice
IF YOU WOULD LIKE TO LEARN MORE ABOUT LEARNING STYLES

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SOURCES

