Yeshiva University

YU Assessment Tip of the Month!
July 2016

Please share with your faculty:

The Power of Self-Assessment

- **What is self-assessment?** Self-assessment is the systematic process of assessing one's own learning progress. It is a type of formative assessment because its purpose is to provide on-going feedback to the learner and the instructor about the extent of one's learning.

- **Why is self-assessment important?** Self-assessment is important because it promotes self-awareness about one's own learning. This in turn encourages students to take ownership over their own learning processes, and in turn can increase students' motivation for further learning and mastery of material. Self-assessment not only leads to more self-awareness among students, but also provides instructors with valuable feedback on areas in which greater instructional support or clarity is needed.

- **What are some examples of self-assessment techniques?**

    - **Writing a minute paper:** Have students at the end of class to spend a minute jotting down the key points learned during class, and questions that still remain.
    - **Identifying the muddiest point:** Ask students to jot down the most unclear, or confusing point in the lecture, assignment, or reading.
    - **Using of rubric:** Provide students with a rubric that you will be using to evaluate their completed assignment. Ask students to evaluate their assignment with the rubric and hand in their self-evaluation with their completed assignment. Compare students' self-evaluation to your evaluation.

Check Out: [Andrade, H. and Valtcheva, A. (2009). Promoting Learning and Achievement Through Self-Assessment. Theory Into Practice, 48, 12-19.](#)

Please share examples of how you are encouraging students to self-assess their learning progress: If you have examples that you would like to share of self-assessment practices in your own courses or programs please email them to me, and I will feature those examples on [YU's Learning Assessment Website](#).