

#### HOW TO STUDY

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### Apply active reading strategies...

- Consider reading the chapter summary for an overview of the main ideas.
- Turn chapter headings into questions.
- Apply concepts by providing examples.

# Reading Does Not Mean Studying!

#### STUDY THE **BOLD** TERMS IN THE TEXT

- Create flash cards; go to www.Quizlet.Com to make index cards online.
- Use textbook's online companion site for self-testing.
- Provide examples of definitions to help with memory.
- Use mnemonics to help remember difficult or confusing terms.

#### **COME TO CLASS PREPARED**





Read textbook chapter or assigned reading before class.

Listen during lecture for clarification of information.

Stay current with readings to avoid cramming for exams.

# BECOME AN ACTIVE LISTENER IN CLASS

- Come prepared with questions from the readings.
- Listen for answers to your questions.
- Take notes on what professor emphasizes in class.
- Ask questions or meet with professor after class or during office hours.



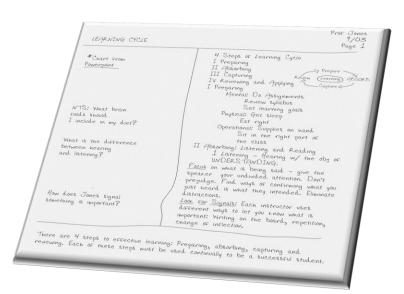
# PLAN YOUR STUDY TIME

- Plan to study two hours for every hour spent in class.
- Study in a location that has few distractions.
- Set specific goals for each study session.
- Build in breaks in order to remain focused.
- · Remember to self-test for mastery.



# STUDY YOUR LECTURE NOTES

- Write questions in the margins and use to self-test.
- Practice paraphrasing your notes.
- Try to predict test questions based on your notes.



#### SELF TEST FOR MASTERY

- Use quizzes at the end of each chapter, in the on-line companion or on quizlet.com to test your knowledge.
- Self-test from your notes.
- Analyze your errors and adjust your preparation accordingly.

### IF YOU WOULD LIKE TO LEARN MORE ABOUT HOW TO STUDY

Visit the Wilf Learning Success Center 646-592-4285 wilflearningsuccesscenter@yu.edu

