HOW TO STUDY

Office of Academic Support
Furst Hall 412
646-592-4285
academicsupport.wilf@yu.edu
HOW TO APPLY ACTIVE READING STRATEGIES

- Read the chapter summary for an overview of the main ideas.
- Turn chapter headings into questions.
- Apply concepts by providing examples.
STUDY THE BOLD TERMS IN THE TEXT

• Create flashcards; go to www.quizlet.com to make index cards online.
• Use the textbook’s online companion site for self-testing.
• Provide examples of definitions to help with memory.
• Use mnemonic devices to help remember difficult or confusing terms.
COME TO CLASS PREPARED

• Read the textbook chapter or assigned reading before class.
• Listen during the lecture for clarification of information.
• Stay current with course readings to avoid cramming for exams.
BECOME AN ACTIVE LISTENER IN CLASS

• Come prepared with questions from the readings.
• Listen for answers to your questions.
• Take notes on what professor emphasizes in class.
• Ask questions or meet with professor after class or during office hours.
PLAN YOUR STUDY TIME

• Plan to study two hours for every hour spent in class.
• Study in a location that has few distractions.
• Set specific goals for each study session.
• Build in breaks in order to remain focused.
• Remember to self-test for mastery.
STUDY YOUR LECTURE NOTES

• Write questions in the margins and use those questions to self-test.
• Practice paraphrasing your notes.
• Try to predict test questions based on your notes.
SELF TEST FOR MASTERY

• Use questions or quizzes at the end of each chapter, in the on-line companion or on quizlet.com to test your knowledge.
• Self-test from your notes.
• Analyze your errors and adjust your preparation accordingly.
IF YOU WOULD LIKE TO LEARN MORE ABOUT HOW TO STUDY

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