



# HOW TO STUDY

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# HOW TO APPLY ACTIVE READING STRATEGIES

- Read the chapter summary for an overview of the main ideas.
- Turn chapter headings into questions.
- Apply concepts by providing examples.

Reading Does  
Not Mean  
Studying!

# STUDY THE BOLD TERMS IN THE TEXT

- Create flashcards; go to [www.quizlet.com](http://www.quizlet.com) to make index cards online.
- Use the textbook's online companion site for self-testing.
- Provide examples of definitions to help with memory.
- Use mnemonic devices to help remember difficult or confusing terms.

# COME TO CLASS PREPARED

- Read the textbook chapter or assigned reading before class.
- Listen during the lecture for clarification of information.
- Stay current with course readings to avoid cramming for exams.

# BECOME AN ACTIVE LISTENER IN CLASS

- Come prepared with questions from the readings.
- Listen for answers to your questions.
- Take notes on what professor emphasizes in class.
- Ask questions or meet with professor after class or during office hours.



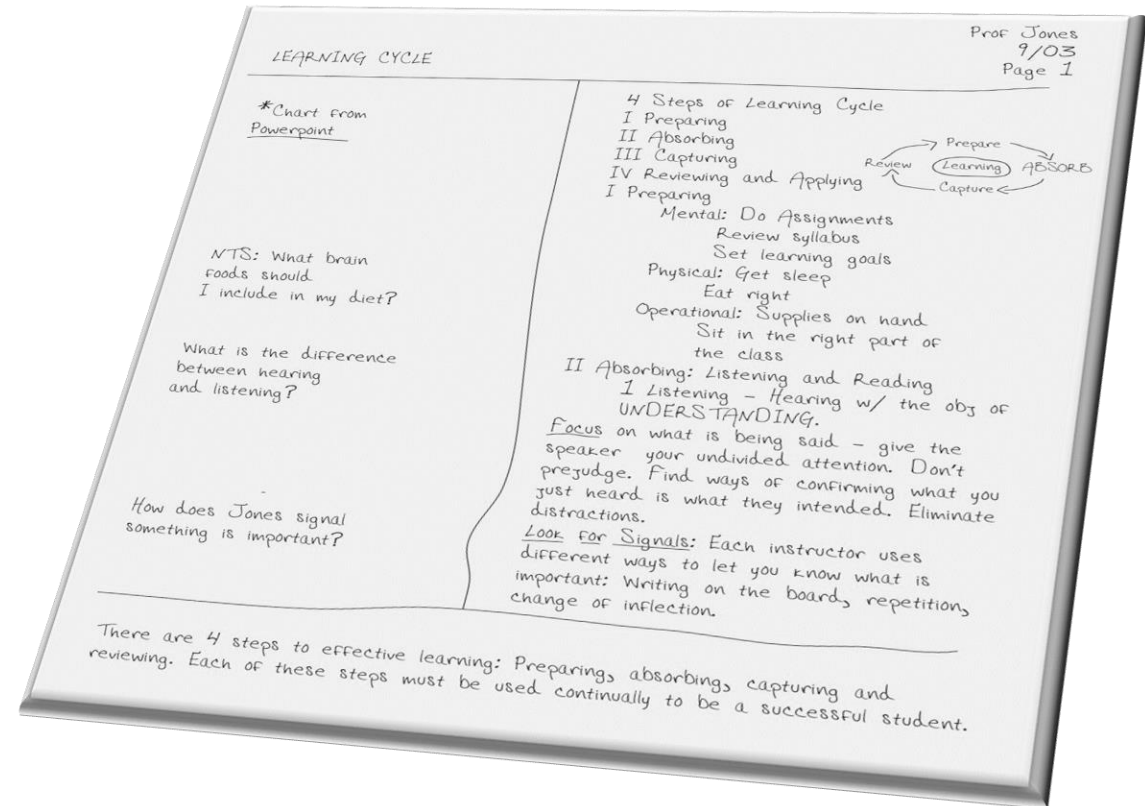
# PLAN YOUR STUDY TIME

- Plan to study two hours for every hour spent in class.
- Study in a location that has few distractions.
- Set specific goals for each study session.
- Build in breaks in order to remain focused.
- Remember to self-test for mastery.



# STUDY YOUR LECTURE NOTES

- Write questions in the margins and use those questions to self-test.
- Practice paraphrasing your notes.
- Try to predict test questions based on your notes.



# SELF TEST FOR MASTERY

- Use questions or quizzes at the end of each chapter, in the on-line companion or on [quizlet.com](http://quizlet.com) to test your knowledge.
- Self-test from your notes.
- Analyze your errors and adjust your preparation accordingly.



# IF YOU WOULD LIKE TO LEARN MORE ABOUT HOW TO STUDY

Visit the Office of Academic Support

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