



Are you passionate about making a difference by providing mental health care?

Our mission is to create brighter futures for individuals and families throughout the Lower Hudson Valley.

We have locations in Tarrytown, Valley Cottage, White Plains, and Yonkers.

Scan to view
our open
positions!



We empower individuals and families on their unique journeys to recovery, honoring their rights to self-determination, choice, and collaboration.

With evidence-based practices and a focus on trauma-responsive care, our dedicated team provides comprehensive services to thousands and fosters independence and resilience within our community.