



## **FERKAUF GRADUATE SCHOOL OF PSYCHOLOGY**

### **ACADEMIC CATALOG**

**2020-2021**



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Welcome to Ferkauf Graduate School of Psychology. This *Academic Catalog* provides statements about policies and procedures which are currently operative, and it is intended primarily as a source of information for graduate students. The School, however, reserves the right to change policy and procedures without prior notice and to notify all parties of such changes. Regarding curriculum requirements, students will be governed by the *Academic Catalog* in the year in which they entered the program.

Further information about the substance and subject matter of the specific Ferkauf programs may be expressed in one or more separate subprogram handbooks. Please note that in the event of a conflict between any of the Ferkauf handbooks, the procedures listed in this *Academic Catalog* will govern.

Students are ultimately responsible for knowing and observing all regulations and degree requirements that may affect their status at Ferkauf Graduate School of Psychology and paying all fees. For this reason, students should meet with academic advisors and the Office of the Registrar on a regular basis as well as read thoroughly the contents of this catalog.

## **YESHIVA UNIVERSITY**

Now in its second century, Yeshiva University is the oldest and most comprehensive educational institution under Jewish auspices in America. It is an independent university that ranks among the nation's leading academic research institutions and, reflecting the time-honored tradition of Torah Umadda, provides the highest quality Jewish and secular education of any Jewish university in the world. Since its inception the University has been dedicated to melding the ancient traditions of Jewish law and life with the heritage of Western civilization, and each year we celebrate as future leaders make YU their home.

In June 2017, Ari Berman was inaugurated as Yeshiva University's fifth president, succeeding Richard M. Joel, who had held the office since 2003. President Ari's three other predecessors were Norman Lamm, President from 1976-2003, Samuel Belkin, who served from 1943 to 1975, and Bernard Revel, president from 1915 to 1940.

Yeshiva University is accredited by the following agencies:

- Commission on Higher Education Middle States Association of Colleges and Schools
- New York State Board of Regents
- The Association to Advance Collegiate Schools of Business - AACSB
- American Bar Association (for YU professional programs in Law)
- American Psychological Association (for YU professional programs in Psychology)
- Association of Institutions of Higher Learning for Jewish Education (for YU professional programs in Jewish Education)
- Council on Social Work Education (for YU professional programs in Social Work)
- Liaison Committee on Medical Education of the American Medical Association - LCME (for YU professional programs in Medicine)



Ferkauf Graduate School of Psychology doctoral programs are accredited by the American Psychological Association (Office of Program Consultation and Accreditation American Psychological Association; 750 First Street NE; Washington DC 20002-4242 – Tel #: (202) 336 5979 - <http://www.apa.org/ed/accreditation/>).

## **FERKAUF GRADUATE SCHOOL OF PSYCHOLOGY**

Ferkauf Graduate School of Psychology, located on Yeshiva University's Jack and Pearl Resnick Campus, developed from the University's School of Education and Community Administration (1948-1957) and Graduate School of Education (1957-1965). The School was named in 1965 to honor the vision and generosity of Eugene and Estelle Ferkauf. It later became Ferkauf Graduate School of Humanities and Social Sciences (1966-1977), and Ferkauf Graduate School (1977-1982). Development as a school of Psychology began in 1975 with the joining of the Departments of Psychology and Educational Psychology to form the University-wide Department of Psychology. The School of Professional Psychology was established at Ferkauf Graduate School in 1979 in response to changing patterns of training in psychology and new patterns of student demand for such training.

The New York State Board of Regents approved the granting of the degree of Doctor of Psychology in clinical psychology and school psychology in October 1980.

Collaborations with urban and rural schools, and health and mental health institutions are well established for all programs. Ferkauf has affiliations with the AECOM department of pediatrics and the Rose F. Kennedy Center for Research in Mental Retardation and Developmental Disabilities that provide interdisciplinary training for students.

### **Mission**

The educational mission of Ferkauf Graduate School is to train highly qualified professional psychologists in the fields of clinical and school-clinical child psychology for the Doctor of Psychology degree; and to train skilled researchers and clinicians in the field of clinical health psychology for the Doctor of Philosophy degree. To these ends, students receive training in the specialty fields to prepare them to apply established knowledge toward prevention and healing, and to advance knowledge in those fields.

### **Program Codes**

All programs are registered by the New York State Education Department and meet its educational requirements. Graduates are eligible for New York State licensure in the discipline of psychology. Students in the school-clinical child psychology program are also eligible for New York State certification as a school psychologist and the bilingual extension to the certificate.

<b>Hegis Code</b>	<b>Program #</b>	<b>Title</b>	<b>Degree</b>
2104.10	29849	Mental Health Counseling (60 credits)	Master of Arts

2003	80360	Clinical Psychology	Doctor of Psychology
2099	80361	School-Clinical Child Psychology	Doctor of Psychology
2099	11055	School Psychology	Master of Science
2099	90326	Clinical Health Psychology	Doctor of Philosophy
2001.00	07396	General Psychology Masters	Master of Arts

## ADMISSIONS

At [Ferkauf Graduate School of Psychology](#), our nationally respected education programs, dedicated faculty and international study body (representing 64 countries) have earned us an outstanding reputation.

We offer three doctoral (PsyD and PhD) and one master's (MA) programs for a diverse group of students in an intimate setting and excel in training the next generation of psychologists and counselors who will effect positive changes in the lives of others. If this sounds like a path you would like to pursue, please read more to learn about our admissions requirements, how to apply, application deadlines and other relevant information.

### Admissions Requirements

Ferkauf accepts applications from students of various academic backgrounds; however, undergraduate (bachelor's) degrees must reflect a balanced curriculum including liberal arts and science components.

### Required Examinations

1. All applicants are required to take the General Graduate Record Examination (GRE). Please visit the Electronic Testing Services (ETS) Web site for testing locations and dates in your area, [www.ets.org](http://www.ets.org). The Institution Code for the General and Subject GREs is **2995**.
2. The GRE Psychology Subject Test is a recommendation for applicants who will be earning or have earned a bachelor's and/or master's degree in psychology **but is not a requirement**. Applicants will not be penalized if they choose not to take this exam.
3. If you are an international student and English is not your primary language, we recommend that you take the Test of English as a Foreign Language (TOEFL). The Institution Code for the TOEFL is **2883**. Please send two copies of your TOEFL score record. Applicants will not be penalized if they choose not to take this exam.

*It is the responsibility of all applicants to have applications and supporting materials, including the GRE and TOEFL scores, submitted by the deadlines listed below.*

### **Prerequisite Course Requirements (for non-psychology majors or minors)**

Applicants are expected to have had at least 15 undergraduate credits in psychology, including courses in general/introductory, statistics, experimental, abnormal and physiological psychology. Courses in related fields such as mathematics, natural sciences, and social sciences are also highly recommended.

If you are not a psychology major, you must take 5 prerequisites in an accredited institution before the fall semester begins. We will need to see official transcripts showing that these courses were taken. Courses can be taken at any accredited institution (state, city, or private college). Exclusively online institution credits are not accepted.

### **For applicants to the Clinical Psychology with Health Emphasis, PhD program and Combined School Clinical Child, PsyD program, please see prerequisite list below:**

- Introduction to Psychology/ Fundamentals of Psychology
- Statistics
- Abnormal Psychology
- Experimental Psychology (Clinical Psychology with Health Emphasis, PhD applicants) or Developmental Psychology (Combined School-Clinical Child, PsyD applicants)
- Theories of Personality or Physiological Psychology

### **For applicants to the Clinical Psychology, PsyD program, please see prerequisite list below:**

- Introduction to Psychology/Fundamentals of Psychology
- Statistics for Psychology Students
- Abnormal Psychology/Psychopathology
- Research Methods or an advanced research course
- Theories of Personality or Social Psychology or Developmental Psychology
- Physiological/Experimental Psychology (Brain and Behavior, Cognition and Learning, Cognitive Science, Sensation, Perception and Motivation, Cognitive Psychology, Human Memory)

### **Application Deadlines for Ferkauf Programs**

#### **Fall Admissions Only**

Applications, including all related documents, must be received by the following dates:

- Clinical Psychology Program (PsyD): **January 1**
- School-Clinical Child Psychology Program (PsyD): **January 15**
- Clinical Psychology Health Emphasis Program (PhD): **January 15**
- Mental Health Counseling Program (MA): **February 15 & May 15**

## Applying to Ferkauf Programs

### **Applications for Fall admission are available through PSYCAS.**

<https://psycas.liaisoncas.com/applicant-ux/#/login> (PSYCAS is the common application module sponsored by the American Psychological Association (APA). For general information on PSYCAS, please visit the APA official website at <https://psycas.liaisoncas.com/applicant-ux/#/login> .) If you encounter a problem in completing the online application, please contact the Ferkauf Admissions Office at 646.592.4380 or [ferkaufadmissions@yu.edu](mailto:ferkaufadmissions@yu.edu) before submitting your application.

Once an application is submitted to the program of choice (applicants can only submit an application to one doctoral program per admissions year), faculty of the corresponding program review applications and contact applicants for interviews. Applicants selected to be interviewed are invited to attend one interview day on the Ferkauf campus. After interviews are concluded, the program will make decisions on the applicants they have reviewed. Those applicants offered acceptance are required to respond with an answer to the offer on or before April 15<sup>th</sup>. Applicants are asked to submit a \$500.00 tuition deposit in order to officially secure their place in program for the Fall semester.

There is no opportunity to defer an offer of admission for a later time. If applicants forgo their initial admissions offer, they must re-apply to the program when they are ready to attend.

### Visiting students and requests for non-matriculation

Undergraduate and Graduate students who are degree candidates in good standing at other universities may be granted permission to attend courses at Ferkauf Graduate School of Psychology upon submitting an application to take a course/s as a Non-Matriculated student. Once the applicant submits the application to the Office of Admissions, authorization must be granted to enroll the student as a non-matriculated student in the course/s. Once registered, the Office of Student Accounts will work with the student on tuition fees.

Ferkauf Graduate School does not offer the ability to audit a course for visiting students. Students must be either fully enrolled in a Ferkauf program or apply for non-matriculated status.

### Re-Admission for Returning Students

Students that have withdrawn from the program can be re-admitted with authorization from their former program and the Dean. Once authorization has been granted, students are asked to fill out a Re-Admission Application and submit that to the Office of Admissions for processing and re-admittance into the student database, Banner.

## **STUDENT LIFE STANDARDS AND POLICIES**

Please visit <https://www.yu.edu/student-life/resources-and-services/Standards-Policies> and review the following University policies on student conduct and student rights:

- Alcohol Policy for Graduate Student Events
- Athlete Protection Policy
- Anti-Bullying and Hazing Policy for Students
- Credit Card Marketing Policy
- Drug and Alcohol Policy
- Medical Form
- Requirements for Working with Minors
- Romantic Relationships Policy
- Sexual Assault Student Bill of Rights
- Title IX (Non-Discrimination and Anti-Harassment Policy)

Additional student consumer information can be found at: <https://www.yu.edu/oir/student-consumer-information>.

### **Accommodations for Students with Disabilities**

The Office of the Dean assists students with documented disabilities or medical conditions in obtaining reasonable accommodations. A student who wishes to request accommodations for a disability that affects his/her academic performance should contact the Ferkauf Dean's Office at (646)-592-4390.

Students seeking reasonable accommodations should bear in mind that they are responsible for the following:

- Advising the Office of the Dean of the exact nature of the accommodation(s) desired
- Providing supporting documentation in a timely manner
- Submitting a Request for Reasonable Accommodations form to the Office of the Dean and receiving the form back from the Office of Disability Services
- Discussing accommodation implementation with the Professor(s) and obtaining signature of Professor(s)
- Returning completed form to the Program Director
- Meeting all academic responsibilities and deadlines, considering any agreed-upon accommodations
- Bringing any problems to the immediate attention of the Program Director

No accommodations will be given retroactively. Supporting documentation should be recent and come from an appropriate, licensed professional who is not a member of the student's family. The documentation must be dated, signed and on the letterhead of the professional. The documentation must be submitted to the Office of the Dean, along with the attached "Request for Accommodations" form. The adequacy of the documentation will be determined by the Office of the Dean, or by consultants whom the Office may engage. At times, additional documentation may be required. All documentation will be kept confidential as required by law.

For more information, please visit the Ferkauf Student Resources website:  
[www.yu.edu/ferkauf/student-resources](http://www.yu.edu/ferkauf/student-resources).

## **PRIVACY RIGHTS**

### **Federal Family Educational Rights and Privacy Act (FERPA)**

Yeshiva University strictly follows the privacy regulations outlined in the Federal Family Educational Rights and Privacy Act of 1974 which regulates a wide range of privacy related activity including:

- Management of student records maintained by the University
- Regulations regarding who has access to student records
- For which purposes access to student records is granted

The act also generally:

- Permits the University to release limited directory information (see below)
- Guarantees students access to their records and limits such access to others

### **Directory Information**

Please note that the following types of information are considered “Directory Information” by Yeshiva University:

- Name
- YU email address
- Photograph
- Academic major(s) and minor(s)
- Dates of attendance at Yeshiva University
- School, department, division, or institution attended
- Degrees and awards received and their dates
- Titles of masters and doctoral dissertations
- Participation in officially recognized activities (including positions held)
- High school and class year (for those participating in any officially recognized intercollegiate athletic team only)
- High school, class year, height, and weight classifications (for those on intercollegiate basketball or volleyball teams only)

The University may disclose directory information to anyone without the student’s consent unless the student, within ten days of registration each semester, informs the Office of the Registrar in writing on the [Request to Prevent Disclosure of Directory Information Form](#) that any or all such information about the student is not to be made public without his or her written permission. A new form for non-disclosure must be completed each year. You may also make this indication online through MY YU.

The official University policy on FERPA can be found [here](#).

## **HIPAA**

In line with HIPAA regulations concerning protected health information, it is important that you understand that any case information you present from your work will need to be deidentified, unless authorized by the client. This means that any information that would allow another to identify the person must be changed or eliminated. This includes obvious information like names and birth dates but may also contain other protected health information that is so unique to that person that it would allow for identification. This includes diagnosis, race/ethnicity, or gender. If diagnosis, race/ethnicity, or gender is directly related to the case presentation, it can be included if it will not allow for identification.

The following individually identifiable data elements, when combined with health information about that individual, make such information protected health information (PHI):

- Names
- All geographic subdivisions smaller than a state
- All elements of dates (except year) for dates directly related to an individual including birth date, admission date, discharge date, date of death
- Telephone numbers
- Fax numbers
- Electronic mail addresses
- Social security numbers
- Medical record numbers
- Health plan beneficiary numbers
- Account numbers
- Certificate/license numbers
- Vehicle identifiers and serial numbers, including license plate numbers
- Device identifiers and serial numbers
- Web Universal Resource Locators (URLs)
- Internet Protocol (IP) address numbers
- Biometric identifiers, including finger and voice prints
- Full face photographic images and any comparable images; and
- Any other unique identifying number, characteristic, code, or combination that allows identification of an individual.

## **ACADEMIC STANDARDS AND EXPECTATIONS**

### **Time Limitations**

A student must complete the requirements for the mental health counseling master's degree within four (4) years of admission to the school. Requirements for a doctoral degree must be completed within ten (10) years of admission. Continuation in the program beyond the time limit is grounds for dismissal.

## **Evaluation of Performance**

Evaluation of performance in the program is ongoing throughout a student's academic tenure and is based on, but not limited to, the following criteria:

1. Coursework
2. Faculty Evaluation
3. Assessments
4. Interpersonal Skills
5. Professional and Ethical Behavior

In addition to the factors above, students are required to gain and demonstrate a sense of multicultural sensitivity throughout their academic tenure. Students are expected to become aware of themselves as cultural beings and examine their own biases and prejudices. They should acquire (1) An awareness of their own cultural worldview, (2) An accepting attitude towards cultural differences, (3) Knowledge of different cultural practices and worldviews, and (4) The skills to understand, communicate and effectively interact with people from different cultures in their own clinical work. Most importantly, students must develop multicultural humility, recognizing that developing multicultural sensitivity and competence is a lifelong process that is challenging and anxiety provoking.

The program director reviews the student's progress with the faculty regularly. Strengths and weaknesses are considered to ensure maximal development and to avoid potential problems.

Students who are unfit/unqualified to continue may be dismissed from the doctoral program.

Please refer to “**Academic Performance**”, “**Unsatisfactory Academic Performance**”, **Academic Warning**, “**Academic Probation**”, and “**Dismissal**” sections for more information.

## **Certification of Doctoral Degree Candidacy**

Admission to the doctoral programs is provisional and must be certified. Certification occurs when the student meets the requirements for and receives his/her individual program's master en route degree. Typically, this includes completing two (2) years of required coursework or its equivalent and competency assessments (i.e. master's thesis, research project I, and comprehensive/competency examinations) as well as completing a year-long externship.

Please refer to the “**Programs of Study**” section for more information regarding individual curriculum and program requirements.

## **Minimum Residency Requirement**

All reading, directed study, and doctoral research credits must be taken at the school.

## **Transfer of Credit**



Any student who wishes to transfer credit from another institution must submit a Transfer of Credit Form to the Office of the Registrar. This form must be approved and signed by the Ferkauf faculty member who teaches the equivalent Ferkauf course, by the program director, and by the dean. Students must also include an official transcript showing the course they wish to transfer with a final grade and syllabus for the course. All forms should be submitted during the student's first semester, and it is at the discretion of the program director to decide which courses may transfer.

Only graduate coursework will be accepted as transfer credit. Credit will not be granted for any course transferred from another institution with a grade below B or for a P/F course, nor for any subject that is technical or commercial or in any way not ordinarily classified as a liberal arts subject. Courses that are transferred will not factor into the student's Ferkauf GPA.

Students may transfer a maximum of twelve (12) credits towards the Master of Arts degree and the Doctor of Psychology and Doctor of Philosophy degrees. The one exception to this is for students who are admitted into the Master of Arts program and subsequently transfer to one of Ferkauf's doctoral programs. In this case, students may transfer selected credits toward their doctoral degree. These courses must first be approved for transfer by the doctoral program director. Transfer credits cannot be used to reduce the required five-year full-time residency training requirement.

Credit will not be granted for coursework completed more than ten (10) years before the date of application for transfer credit.

### **Student Status**

Students must follow the per semester credit requirements established by their individual program curriculum. In addition, students are expected to maintain full-time status, defined as a minimum of nine (9) credits per semester, for the duration of their academic tenure. Any exceptions must be approved by the program director.

Please refer to the “**Programs of Study**” section for more information regarding individual curriculum and program requirements.

### **Satisfactory Academic Performance and Standards**

Satisfactory academic performance and standards are comprised of a student's performance of academic, clinical and research activities. Academic performance and standards include overall course grades as well as critical analytic skills, written communication skills, intellectual engagement, class participation, academic progress (meeting deadlines), appropriate professional and ethical behavior, interpersonal skills, multicultural sensitivity, and teaching and/or other scholarly activities. Clinical performance includes the demonstration of clinical competencies in clinical coursework, on the comprehensive examinations, and in practicum settings as evaluated by faculty and supervisors. Research performance includes the demonstration of research competencies in research coursework, in the active participation in the mentor's research, in the

design and execution of doctoral research projects/dissertations, and in research- related scholarly activities.

**For doctoral programs,** students are required to maintain a satisfactory level of academic performance in each academic semester as defined by, but not limited to, the following criteria: 1) Minimum semester and cumulative GPA of 3.25; 2) Timely completion of ALL course work and in meeting deadlines and academic progress standards for academic, clinical, interpersonal skills, and professional and ethical requirements; 3) Passing the comprehensive/competency exams (any student who fails an exam is given one (1) more opportunity to retake the exam after receiving remediation. If the student does not pass the re-take he/she will not be permitted to continue in the program); 4) Satisfactory evaluations from clinical settings and satisfactory evaluations from clinical supervisors; 6) Satisfactory evaluations from research supervisors, 7) Maintenance of competent interpersonal skills as evaluated by program faculty; and 8) Maintenance of professional and ethical behavior as evaluated by program faculty.

Students in the **mental health Master of Arts** program are required to maintain a semester and cumulative GPA of 3.0 and are allowed a maximum of one (1) grade of *C* during their academic tenure.

Failure to meet or progress in any academic, clinical, research, interpersonal skills or professional and ethical requirements may prevent the student from moving ahead in the program and may be grounds for academic warning, probation or dismissal. Please refer to the “**Unsatisfactory Academic Performance**”, “**Academic Warning**”, “**Academic Probation**”, and “**Dismissal**” sections for more information.

### **Registration**

Registration takes place through MY YU ([www.yu.edu/myyu](http://www.yu.edu/myyu)) twice a year: May for the fall semester and December for the spring semester. Students are expected to register each semester during the specific registration period. Students must meet with their assigned academic advisor beforehand to review course requirements and obtain their RAC (registration access code).

**Maintenance of Matriculation:** Students must maintain continuous full-time registration until graduation – including registering for research requirements (as specified by individual programs) each semester until the oral defense is complete. This includes registration for Research Project I and II or Dissertation Planning. Any student who neither registers nor secures an official leave of absence for any semester will be considered withdrawn from the school.

**Cross-Registration:** In certain cases, and with the permission of the program director, students may be eligible to take a course at another Yeshiva University school. The student would be responsible for paying tuition to the host school unless a previous agreement has been arranged between the host and home school and has been approved by the Office of Student Finance. Any student who wishes to take a course at another YU school must notify the Office of the Registrar prior to the beginning of the semester and receive written approval from his/her program director and from the dean or instructor of the course at the host school. The program director should indicate if the course will count towards the student’s Ferkauf degree requirements, and if so,

which requirement it fulfills. Only graduate level courses can be applied toward the Ferkauf degree requirements. The host school may require the completion of additional forms.

**Course Auditing Policy:** Apart from the Mental Health Counseling Program, Ferkauf students are not eligible to audit another Ferkauf course. For students enrolled in the Mental Health Counseling Program, permission to audit a class should come from the program director and the dean. Classes that are audited will earn a grade of an “L” and such audited courses will not grant credit towards a degree. Charges may be applicable to audited courses.

**Independent Study:** An independent study is an individualized project/course conducted under the guidance and supervision of a faculty advisor. A request to take an independent study may be granted only under the following circumstances:

1. To pursue a specialized topic that is not offered under Ferkauf’s course listings,
2. When a student is prevented from graduating because a required course is no longer offered.

Students interested in completing an independent study must submit the Application for Independent Study and a course syllabus or course outline to the Office of the Registrar. The form should be filled out by both the student and the faculty advisor and signed by the program director. Students may not use an independent study as an opportunity to do additional research on their current research projects or dissertations.

**Waiver or Substitution of a Required Course:** In some cases, where students can show proof of relevant work experience, a program director may allow a student to waive a required course.

Students who wish to waive a course requirement or substitute a Ferkauf elective for a required course must submit a Waiver or Substitution of Credit Form to the Office of the Registrar by the end of the student’s first semester. Students who are waived from a required course will not receive credit for the course but will no longer have to fulfill that course to meet graduation requirements. The student will still be required to maintain the five-year, full-time status residency requirement.

**Withdrawal from a Course:** Students may drop classes through MY YU from the start of the designated registration period until the “last day to drop a course” as listed on the academic calendar. This date is usually about a month after the start of classes. Typically, it is not permitted for students to drop courses after this date; however, in some cases, withdrawal from courses after the deadline is approved. Students will be required to fill out an Add/Drop Form and have it signed by their advisor. If permission is granted to withdraw from a course after the allowed date, the course is listed on the permanent record with a grade of “W”.

Students should be aware of the refund dates each semester. Students may not receive a full refund for courses dropped even if they are dropped before the “last day to drop a course without a W”.

The refund schedule is listed below. Please note that fees will not be refunded.

<u>Course withdrawn by:</u>	<u>Percent of tuition refunded</u>
1 <sup>st</sup> week of semester	100%
2 <sup>nd</sup> week of semester	75%
3 <sup>rd</sup> week of semester	50%
4 <sup>th</sup> week of semester	25%
After 4 <sup>th</sup> week	0%

## **Grading Policy**

The work of each student is graded on the following basis:

<u>Letter Grade</u>	<u>Numerical Value*</u>	<u>Description of Grade</u>
A+	4.334	Outstanding
A	4.0	Excellent
A-	3.667	Very Good
B+	3.334	Good
B	3.0	Adequate
B-	2.667	Just Adequate, Borderline
C	2.0	Well Below Level
F	0.0	Failing

\*When the numerical value is multiplied by the credit value of the course, the resulting figure is known as the number of quality points. The student's average is computed by dividing the number of quality points earned by the number of credits completed, including courses failed. The average is rounded to the third decimal place. Grades achieved at other institutions are not averaged in with the student's record at Ferkauf Graduate School; only credit is granted for transfer courses.

**I** (incomplete) may be given by faculty to accommodate unavoidable delays in the completion of course requirements and to allow for excused medical emergencies. A student is given until the end of the following semester to receive a grade; otherwise, the *I* will automatically become an *F* grade. An Incomplete Contract must be completed by the student and the professor.

**P** (pass) is used for courses bearing less than one and a half (1.5) credit and for approved externships and internships.

**R** (repeat) is typically used for Dissertation Planning and Research Project I and II when students are required to register for the course continuously until they defend. Students will not receive earned credits for any course in which they are given an *R* grade.

**S** (satisfactory completion) is used as the final grade for Dissertation Planning, which is earned during the semester the student passes his/her oral defense.

**W** is given when a student drops a course without prejudice or penalty.

Y is used for the fall semester of a year-long course. The student will receive a letter grade during the spring semester. In some cases, students will be graded during both the fall and spring semesters.

Please refer to the “**Academic Performance**”, “**Academic Warning**”, and “**Academic Probation**” sections for information regarding minimum GPA requirements, academic warning, academic probation, and academic dismissal.

### **Competency Examinations**

Candidates in the clinical psychology (PsyD) program are required to successfully pass eight competency exams before they can graduate: (1) Two assessment competency exams in their first and second year that assess competency in assessment, and related competencies in ethics and diversity; (2) four clinical competency exams in their third, fourth and fifth years (including internship) that assess their competency in relationship and intervention skills, as well as in related competencies in ethics and diversity; and (3) two research competency exams in their third and fifth year that assess competency in research, as well as in related competencies such as ethics and diversity. These competency exams are based on program goals and objectives.

Candidates in the clinical health psychology doctoral program are required to pass competency examinations in assessment, clinical skills, and research.

Students in the school-clinical child psychology program demonstrate are required to demonstrate competency in assessment, psychotherapy, and research. They must pass three (3) competency examinations. The examinations focus on: (a) Administration of cognitive and personality assessment instruments; (b) Scoring of cognitive and personality assessment instruments; (c) Integrating assessment data in written format for professional use.

Any student who fails a part or all comprehensive/competency exams must pass the second time it is taken, or at the decision of the program faculty and dean, may be dismissed from the School.

### **Eligibility for Graduation**

To be eligible for a degree, students must complete all required coursework, externships, professional seminars, pre-doctoral internship, pass their oral defense, complete all revisions, and submit a research project or dissertation to the appropriate offices by the degree date. Students who fail to complete all requirements before the date of degree conferral will need to re-apply for the next possible degree date. Any student who is on probation or does not meet the satisfactory academic performance standards will not be eligible to receive a degree (including the master’s en route degrees).

Degrees are conferred September 30<sup>th</sup>, January 15<sup>th</sup> (Mental Health Master’s Program, Marriage and Family Therapy Master’s program), January 31<sup>st</sup>, June 30<sup>th</sup>, and August 31<sup>st</sup> each year. A student applies for a degree by filing an Application for Graduation form in the Office of the Registrar. Applications for the January degree are due November 1<sup>st</sup> while applications for the

June, August, and September degrees are due March 1<sup>st</sup>. Students will not be eligible to receive a degree unless they have submitted the Graduation Application by the appropriate deadline.

Should the degree not be awarded during that term, a new application must be filed every term until the degree is awarded. Graduation fees paid initially remain valid for two (2) years and need not be paid again unless more than two (2) years elapses between payment and award of degree.

Students are bound by the curriculum that was in effect during the year they enrolled in the program. Students are responsible for meeting regularly with their academic advisors and checking their unofficial transcripts to ensure they are on track to graduate.

### **Commencement Exercises**

Commencement exercises take place each year at the end of May or the beginning of June. Students who graduated during the previous year are invited back to participate in the diploma ceremony. Students who plan to graduate in June, August, or September may walk in that year's ceremony if they have completed all graduation requirements (including oral defense) except for their pre-doctoral internship. Eligibility to walk in the commencement exercises is at the discretion of the program director. Students who wish to participate in the ceremony must submit any required commencement paperwork, documentation, or materials prior to the diploma ceremony.

Diplomas will be mailed to the address students list on the Graduation Application within eight (8) weeks of the degree date. The last name on the student's diploma must match the last name on the student's record at the School.

### **Unsatisfactory Academic Performance**

Students who exhibit deficiencies regarding their academic performance, supervisor or faculty evaluations, academic progress, interpersonal skills, and professional and ethical behavior are informed of such deficiencies by faculty after faculty review. Academic performance is comprised of performance of academic, clinical, and research activities. Students with unsatisfactory performance in these areas are placed on "academic warning," "academic probation" or are subject to dismissal. A student does not first have to be placed on academic warning to be placed on academic probation and does not need to be placed on warning or probation before she can be dismissed from the program.

### **Academic Warning**

Academic Warning status is an initial indication of serious academic, interpersonal, or ethical deficiencies. If a student meets any of the requirements below, a faculty committee or the joint program faculty will meet to determine a remediation plan for the student. The student is required to meet with his/her academic advisor prior to the following semester to develop a schedule for the completion of the remediation plan. If, at the end of the subsequent semester, the

student has not met the requirements of remediation, he/she will be placed on academic probation.

Academic warning occurs in (but is not limited to) the following circumstances:

- a. When a student receives a semester or cumulative GPA below 3.25, receives one (1) or more grades of *B-* within a semester, receives one (1) *C* grade within a semester, and/or receives two (2) incomplete (*I*) grades within a semester;
- b. Any student who receives a grade of *C* or below in any course (required or elective) must retake that course.
- c. When a student receives an unsatisfactory evaluation of his/her clinical performance (interviewing, assessment, or treatment) as indicated by a poor practicum/supervisory evaluation (or *B-* or below grade) during the semester.
- d. When a student receives an unsatisfactory evaluation of his/her research performance as indicated by a poor supervisory evaluation (or *B-* or below grade) during a semester.
- e. When a student fails any comprehensive/competency examination. Should they fail the retake examination, they will be dismissed from the program.
- f. When interpersonal skills are judged to be unsatisfactory as defined by individual program standards.
- g. When professional and ethical behaviors are judged to be unsatisfactory as defined by individual program standards.
- h. When a student falls more than one (1) semester behind in his/her progress in the program as defined by individual program standards.

### **Academic Probation**

For students in a **doctoral program**, “academic probation” is an indication of very serious or persisting academic, behavioral, or professional deficiencies and occurs in the following instances:

- a. When a student receives a semester or a cumulative GPA below 3.0, receives two (2) *C* grades or more within a semester, receives a grade of *F* in a course, or receives more than two (2) incomplete grades (*I*) in each semester.

PLEASE NOTE: All incompletes (*I*) will convert to *F*'s after one (1) semester. It is the student's responsibility to ensure the work is completed in a timely fashion.

If a student receives an *F* grade, a committee consisting of program faculty appointed by the program director will be assembled to review the reason for receiving the *F* grade. A decision

will be made as to whether the appropriate action will be to place the student on academic probation or to dismiss the student.

b. When a student persistently fails to meet academic progress standards as defined by individual program standards. If unsatisfactory progress is made in meeting programmatic deadlines for clinical, research or academic activities and the problem persists, the student will be placed on academic probation.

c. When a student demonstrates serious or persisting deficiencies in clinical performance, which are defined as follows: When a student who received a B- or lower in a clinical practicum course (from any supervisor) or an unsatisfactory evaluation from an externship supervisor AND shows evidence of continued unsatisfactory performance following remediation efforts, or fails or is terminated from a training site, such deficiencies will constitute a basis for probation.

d. When interpersonal skills are judged to be unsatisfactory as defined by individual program standards.

e. When professional and ethical behaviors are judged to be unsatisfactory as defined by individual program standards.

f. When a student fails to meet the requirements of remediation after being placed on academic warning.

Students who meet any or all the criteria above will be placed on academic probation immediately and/or for the following semester (depending on the reason for the probation). Students who are placed on academic probation are not permitted to apply for their next externship or internship or attend an externship or internship they already received while they are on probation. If the problems above persist after the following semester, the student will be dismissed from the program.

### **Procedure for Faculty/Students**

If a student is placed on academic warning or academic probation, the student must meet with his/her academic and research advisor prior to the following semester to develop a remediation plan and/or schedule for the completion of remaining degree requirements. Elements of a remediation plan may include, but are not limited to, academic performance benchmarks, deadlines for completing requirements, closer supervision of clinical responsibilities, etc. If the student misses a subsequent deadline, he/she risks the consequence of being dismissed from the program. If a student wishes to change a deadline, he/she must submit a request in writing to the appropriate advisor at least one (1) month prior to the deadline. Only one (1) request per year will be granted. Students are allowed one (1) probationary period during their academic tenure.

If probation or a leave is decided, the student shall receive a letter from the program director that outlines the reason for academic probation, specifies a remediation plan, and provides a timeline for remedying the issues.



The student must sign and return the letter acknowledging that it will be the student's responsibility to communicate his or her understanding of the identified problem, respond to communications and engage in the remediation plan or grievance procedure in a timely manner. The student's response to the feedback and his/her willingness to engage in remediation will also be considered in the evaluation process.

## **Therapy for Students**

Knowing oneself is critical to becoming a successful psychologist. While not a requirement, all students are encouraged to be in their own psychotherapy as the faculty believe it enhances one's ability to become an effective clinician. The faculty sees entering one's own personal therapy as an asset, not a deficit. Understanding and being open to the process of psychotherapy and learning to differentiate one's own difficulties from one's patients are important to one's development as a professional psychologist. Under certain circumstances, a student may be required by the faculty to enter therapy when it is felt that there are professional or personal problems/behaviors that interfere with the student's ability to provide services and interact in a professional setting.

## **CHANGES OF STATUS, LEAVES AND DISMISSAL**

### **Leave of Absence**

Students who are not taking any coursework or working on research but who expect to return at some future time should file a Request for Leave of Absence Form, available in the Office of the Registrar. The leave of absence must be approved by both the program director and the dean and should be signed and returned to the Office of the Registrar prior to the start of classes for the given semester. Students are only eligible for a leave of absence after the completion of one (1) semester of coursework. The leave of absence must not exceed a total of 180 days in any 12-month period. The dean will evaluate all requests for leave of absence and give the final approval.

PLEASE NOTE that under current Immigration and Naturalization Service regulations, foreign students in F-1 classification are not permitted to be on leave of absence.

### **Involuntary Leave Policy**

#### **Introduction**

When students are experiencing emotional difficulties, or find themselves going through a personal crisis, they are strongly encouraged to seek out the relevant support services on campus. Depending on the campus and the specifics of the situation, counseling, guidance and/or outside referrals can be provided. While the University strives to help all students succeed academically, socially, and emotionally, there are times that safety concerns regarding a student's health and well-being need to be considered. It is for this situation that the following guidelines apply.

#### **Policy**

Yeshiva University reserves the right to place a student on an involuntary leave of absence when the student:

- a. Poses a direct threat to the health and safety of themselves or others. The University should determine whether a student warrants involuntary leave only from a student's observed conduct, actions, and statements, and not from mere knowledge or belief that the student is an individual with a disability, and
- b. Is not able or willing to temporarily withdraw from the University.
- c. The student demonstrates unsatisfactory academic, interpersonal, or ethical performance in the program. If a student meets the requirements for academic warning or academic probation, the program director can determine that the student must take a leave of absence as part of the student's remediation plan.

This policy may not be used in lieu of previously codified student discipline procedures.

The University will maintain the confidentiality of information regarding involuntary leaves in accordance with federal, state, and local law.

### **Procedures for Removal**

- When it comes to the attention of any member of the University community that a student may pose a threat to the health and safety of themselves and/or others, the individual should immediately take reasonable steps to notify their supervisor, a program director and/or the dean of the school. The program director should take immediate action to assess the nature and magnitude of the threat to the student and to others, which may involve consultation with others including counseling and other relevant support services. In accordance with the U.S. Department of Education's Office of Civil Rights, procedures should be followed to ensure that a student considered for involuntary leave under this policy is not be subject to an adverse action based on unfounded fears, prejudice, or stereotypes.
- A psychological, psychiatric, or medical evaluation by a healthcare provider may be necessary to determine if a leave of absence is necessary or appropriate. The student may be asked to provide relevant psychological or medical records from his/her healthcare provider.
- A student whose involuntary leave is under consideration will be informed in person, if practical, or in writing, and will be provided with an opportunity to be heard in an interview with the appropriate counseling staff and/or administrative official.
- Students will be informed in person, if practical, to be followed by written notification from the School, or the School's decision regarding their student status.
- A student who is placed on involuntary leave may appeal the decision to the dean within ten (10) business days of the decision. The appeal should be in writing and set forth the basis for the appeal. The dean or his or her designee will review the appeal and his or her decision will be considered final.
- In cases of a safety emergency, a student may be removed from the University campus, provided the student is given notice and an opportunity to be heard, pending a decision regarding the student. The student is still offered the option for an appeal prior to the rendering of a final decision.

- The University reserves the right to make appropriate arrangements regarding the health and safety of the student.
- A student placed on involuntary leave must remain off campus for the duration of their leave.
- A student on involuntary leave may not visit the campus or any other facility owned by the University without written approval from a University official.
- The School will notify all relevant parties of the leave of absence.

### **Readmission**

A student who neither registers nor secures an official leave of absence for any semester will be considered to have withdrawn from the School. A student who wishes to resume studies will be required to apply for “readmission.” Students who withdrew from the School and wish to apply for readmission must follow the regular admissions procedures. Their admission will be subject to the usual admissions criteria in effect at the time of application for readmission.

### **Official Withdrawal**

Students who wish to withdraw must submit the Application for Official Withdrawal Form, available in the Office of the Registrar. The form should be signed by both the program director and the dean and returned to the Office of the Registrar. Students who are registered for courses at the time of their withdrawal will be subject to the tuition refund rates in effect on the date of their withdrawal. Students are responsible for contacting the Office of Student Finance regarding deadlines for tuition reimbursement.

### **Dismissal**

Students accepted into Ferkauf Graduate School of Psychology are expected to be able to complete the program requirements successfully. When a student’s academic performance, supervisor or faculty evaluations, academic progress, interpersonal skills, or professional and ethical behavior is unsatisfactory, faculty provide timely feedback and offer students an opportunity to remedy deficiencies. The program director or the dean of the Graduate School may counsel voluntary withdrawal or recommend termination from the Graduate School under conditions including, but not limited to, the following:

- a. Violations of American Psychological Association (APA) ethical principles, legal statutes, or University or Graduate School codes and policies as described in this academic catalog;
- b. Persisting or marked unsatisfactory academic performance, as evidenced by:
  - Failure to satisfactorily meet remediation requirements when on academic probation;
  - Students on academic probation who, in the subsequent semester, receive a *C* grade, an *Incomplete* grade or a *F* grade;
  - Obtaining GPA below 3.0 for any two (2) semesters;
  - Failure to pass the retake of the competency or comprehensive examinations;

- Failure to complete academic or research requirements within a timeframe specified by the student's academic or research advisor or program director;
- c. Ethical violations including, but not limited to, cheating, exercising dishonesty or plagiarizing.
- d. Consumption, influence or possession of alcohol or illicit drugs in class or on the Yeshiva University premises.
- e. Failure to meet generally accepted standards of personal integrity, professional conduct or emotional stability, or inappropriate or disruptive behavior toward colleagues, faculty or staff, or any other individual.
- f. Failure to make satisfactory progress toward a degree within the time frames detailed in the "Time Limitations" provision.
- g. A pattern of unsatisfactory clinical performance, despite remediation efforts, including but not limited to the following: i) more than one (1) unsatisfactory evaluation of a psychotherapy or assessment lab or clinical training experience; ii) failure to complete the required number of year-long approved externship experiences, or an approved internship training experience, within timeframes specified by the program.
- h. A pattern of unsatisfactory research performance, despite remediation efforts, including but not limited to the following: i) more than one (1) unsatisfactory evaluation of a research course or experience or ii) failure to meet research deadlines within the timeframes specified by the program.
- i. A pattern of unsatisfactory interpersonal skills and professional behavior, evidenced despite remediation efforts, including but not limited to the following: i) inappropriate interpersonal or professional behavior. This refers to conduct in classes and on campus, in private meetings with faculty, and to behavior in our Clinic and at externship or internship sites. In all venues with which the students may have contact with patients and supervisors, students are expected to conduct themselves in a manner which adheres to ethical and professional standards; ii) psychological problems that impair professional functioning, academic performance, or progress throughout the program; iii) failure to evidence compliance with faculty recommendations for remediation of impaired interpersonal skills or professional behavior.

In the **Mental Health Counseling master's program**, two (2) *C* grades and/or a failure to maintain a semester or cumulative GPA of 3.0 will result in dismissal from the program.

## **CODE OF ETHICS/STUDENT CONDUCT**

Maintenance of good standing while a student is at the School is partially dependent on developing and maintaining standards of ethical and professional conduct.

### **Academic Integrity**

Academic integrity is the guiding principle for all that students do during their academic tenure; it includes their integrity in fulfilling academic, research, and clinical responsibilities and in their interpersonal and professional behavior. It requires that students recognize and acknowledge information derived from others and take credit only for ideas and work that are their own. It is a violation of the principle of academic integrity to:

- Cheat on an examination.
- Submit the same work for two different courses without permission from the professors.
- Receive help on a take-home examination that calls for independent work.
- Plagiarize
- Falsify or fabricate data

Plagiarism is the appropriation of another person's ideas, processes, results, or words without giving appropriate credit. A student who presents someone else's work as his or her own work is stealing from the authors or persons who did the original thinking and writing. Plagiarism occurs when a student directly copies another's work without citation; when a student paraphrases major aspect of another's work without citation; and when a student combines the work of different authors into a new statement without reference to those authors. It is also plagiarism to use the ideas and/or work of another student and present them as his/her own. It is not plagiarism to formulate your own presentation of an idea or concept as a reaction to someone else's work; however, the work to which you are reacting should be discussed and appropriately cited.

Fabrication is making up data or results and recording or reporting them. Falsification is manipulating research materials, equipment, or processes, or changing or omitting data or results such that the research is not accurately represented in the research record.

A student's affirmation of any examination, course assignment, or degree requirement is assumed by the School to guarantee that the thoughts and expressions therein not expressly credited to another are literally the student's own. Evidence to the contrary may result in failure in the course, dismissal, or such other penalties as deemed proper.

### **Ethical Violations**

Violations of APA ethical principles, legal statutes, or University or Ferkauf Graduate School codes and policies regarding strict standards of conduct may take many forms including, but not limited to, the following:

- Plagiarism.
- Cheating.
- Legal infractions including, but not limited to, theft and possession of illegal drugs or weapons.
- Deliberate actions causing harm to others, including but not limited to unlawful harassment, failure to respect others' rights and dignity, and failure to fulfill professional responsibilities.
- Misuse of University property.

- False representation, including false or misleading statements on admission, registration, scholarship application, or other School forms, or records dealing with outside employment, attendance at other institutions, financial status, departmental or degree requirements, or any other items of student information.
- Utilization of work submitted to fulfill one's course requirements in a second course, unless expressly permitted by the second course's instructor.
- Coercion, any form of abuse of others, misuse of influence, or engagement in exploitative relationships.
- Other proscribed professional activities, including but not limited to: practicing outside the boundaries of one's competence; offering of any psychological services by an individual not licensed as a psychologist unless these services are delivered in the context of a supervised clinical training setting; engaging in sexual intimacies with current or former clients or their significant others, engaging in dual role relationships, etc.

### **Procedure for Ethical Violations**

If a student is involved in behaviors that are thought to be unethical, the following procedure is to be followed:

- a. Once a complaint has been presented in writing or otherwise, the director of the program meets with the complainant and the student to discuss the issues.
- b. When the initial discussion is completed, the director may inform the program's faculty and then form a subcommittee of the program faculty – usually two (2) members – to meet with the student and access all relevant information about the charges and clarify all issues. The student will have the opportunity to present his/her own views on all points. The subcommittee will report to the program's faculty and a recommendation will be forthcoming.
- c. The program director will meet with the student to discuss the recommendation. This procedure is not a litigious one.
- d. The recommendation may be forwarded to the dean who has the option to review the issues or to form a faculty committee to advise him about the problem.

### **Social Media Use**

Students are required to adhere to the Social Media Policy established by the University.

*YU Student Technology Resources Use Handbook:*

[https://www.yu.edu/sites/default/files/legacy//uploadedFiles/Offices\\_and\\_Services/Information\\_Technology/Home/Yeshiva%20University%20Student%20Technology%20Resources%20Use%20Handbook.pdf](https://www.yu.edu/sites/default/files/legacy//uploadedFiles/Offices_and_Services/Information_Technology/Home/Yeshiva%20University%20Student%20Technology%20Resources%20Use%20Handbook.pdf)

*YU General Guidelines for Use of Social Media:*

<http://www.einstein.yu.edu/docs/administration/communications-public-affairs/social-media-general-guidelines.pdf>

Any student who posts content (on a personal or University website) that is deemed inappropriate and/or a violation of Ferkauf's code of ethics will be subject to disciplinary action.

## **STUDENT GRIEVANCES AND DISCIPLINE**

### **Student Complaint/Grievance Procedure**

#### **Policy**

Yeshiva University's Ferkauf Graduate School of Psychology is committed to a policy of resolving all student grievances through a set of appeal procedures designed to resolve the student's issue or concern fairly. Students may appeal evaluation decisions by instructors or supervisors when they believe they were subject to harassment, discrimination, or unsubstantiated claims of unsatisfactory performance that deviate significantly from standard evaluation procedures used by that faculty member. Harassment or discrimination represent an infringement on individual rights based on sex, religion, age, race, socio-economic status, disability, marital status, color, national or geographical origin, or sexual orientation. If a student has a grievance against a faculty member, a student, or as a result of any program procedure, he/she is assured of all due process, respect, and confidentiality.

#### **Procedure**

The following procedure should be initiated within the semester in which the problem or incident occurs and no later than thirty calendar days beyond the final day of classes in any given semester.

#### **Step 1: Informal Level**

Students should first discuss their issue(s) or concern(s) with the primary instructor, supervisor, or faculty advisor who provided the evaluation or formal action recommendation. The purpose of this meeting is to clarify the reasons for the evaluation decision or formal action and to provide the student with an opportunity to respond to the decision or action. The meeting also provides an opportunity for the student and faculty member to reach a common understanding of the identified problem(s) and clarify recommendations and the expected timeframe within which problems will be remedied. A follow-up meeting is often scheduled to evaluate the student's compliance with these recommendations. Every effort should be made to resolve disagreements at this level and safeguard confidentiality by involving only essential parties.

#### **Step 2: Meet with Program Director**

When the student thinks that his/her issue or concern is still unresolved by his/her primary instructor, supervisor, or advisor and can demonstrate that there is a basis for suspecting

unsubstantiated claims of unsatisfactory performance, harassment, or discrimination, they may arrange a meeting to discuss the issue or concern with the program director. Students are expected to submit written documentation of evidence for their complaint within thirty (30) days of the evaluation or incident, or by the final day of classes of the semester in which the problem occurred. The program director will review all documentation and testimony and will notify the student and relevant faculty of their decision to grant or deny the appeal.

### Step 3: Departmental Committee

If the program director cannot resolve the student's issue, or the student files (within thirty (30) days) a written appeal of a decision made by the program director, then the program director asks the dean to appoint a committee of faculty to address the student's concern. The faculty on the committee cannot be faculty members from the student's program. The student will have the opportunity to orally present the nature of his/her appeal to the committee. The committee will review all documentation and testimony and will notify the dean and the student of their decision to grant or deny the appeal.

### Step 4: Review by Dean

Should the department committee not be able to resolve the student's issue, or the student wishes to appeal a decision by the departmental committee, the student must submit in a written request (within thirty (30) days of the decision) that the dean review the action, clearly stating the reasons for such a review. The dean may grant or deny the request. If the dean grants the request, he will evaluate all the available materials as to the facts and circumstances, including any recommendation from the departmental committee, and may request a personal interview with the student. The dean's decision shall be final as to whether to review the determination, and, if so, whether to adhere to the committee's recommendation.

### Student Discipline

A student's admission, continuance on the rolls of the School; the receipt of academic credits, honors, and awards; graduation; and the conferring of any degree, diploma, or certificate upon the student are entirely subject to the disciplinary powers of the School and to the student maintaining high standards of ethical and academic conduct. The School is free to dismiss the student at any time for infringement on these standards.

Areas of school disciplinary jurisdiction include, but are not limited to: 1. Ethical violations or violations of academic integrity, e.g. cheating, plagiarism, and forgery of academic documents; 2. Disruption of the academic process and/or academic facilities, including interference with access to facilities and disruption of the classroom; 3. Library violations, including failure to return books or destruction of library materials; 4. Physical detention or restraint of a student, instructor, staff member, or administrator while that person is attempting to exercise his/her duties.



If there are questions about the capacity, performance, or the continuation of a student in the program, these concerns will be brought by a member of the University's administration, faculty, staff, or student body to the attention of the student's advisor and the program director.

## **PROGRAMS OF STUDY**

Ferkauf Graduate School offers the following programs:

Doctor of Psychology in Clinical Psychology

Doctor of Psychology in School-Clinical Child Psychology

Doctor of Philosophy in Clinical Psychology with Health Emphasis

Master of Arts in Mental Health Counseling

Students in each of the doctoral programs are required to receive the en route Master's degree (see individual program information for degree requirements).

## **CLINICAL PSYCHOLOGY – Psy.D – 116 credits**

### **Program Philosophy**

Students have received doctoral training in the Clinical Program at the Ferkauf Graduate School of Psychology of Yeshiva University for more than 50 years. The Clinical Program (PsyD), which was established in 1979, has been fully accredited by the American Psychological Association (APA) since 1985. The committee on Accreditation conducted a review of the clinical program in 2015 and granted reaccreditation to the program for another seven (7) years. The next accreditation visit will occur in 2022. The mission of the program is to train highly effective professional psychologists who are knowledgeable, thoughtful academic scholar-practitioners, and committed to life-long learning in clinical psychology. We seek to produce clinical psychologists who integrate scientific foundations, inquiry, theory and research into clinical practice and are well prepared for careers in a variety of settings. The program is designed to educate students in the conceptual and empirical foundations of clinical psychology, train them to become knowledgeable and thoughtful scientific scholars, and train them intensively in a variety of assessment, research, and therapeutic approaches. This training is accomplished through an integrated and sequential program that is graded for complexity and one that includes didactic, practicum, and supervised experiences in diverse settings. The program emphasizes scholarly and conceptual thinking, empirical research, and values diversity of thought in clinical psychology.

The clinical program was last reviewed by the New York State Department of Education for licensure-qualifying status and was re-registered as a licensure-qualifying doctoral program in January 1, 2002. This registration will be extended annually until the program is reviewed in the future.

## **Curriculum**

The curriculum is a five (5) year, 116 credit program that consists of a four (4) year academic sequence followed by a University-approved internship. The academic coursework consists of foundation courses in psychology and clinical psychology, a research sequence culminating in Doctoral Research Projects I and II, an assessment sequence, and a psychotherapy sequence. Students are required to see patients through the Parnes Clinic as part of the practicum components of the assessment (beginning first year) and therapy sequence (beginning third year). Beginning in the second year, students also receive practicum training at competitive external placements each year. Students may also elect to receive training in a variety of areas such as anxiety and depressive disorders, OCD, trauma and PTSD, eating disorders, grief and bereavement, cognitive and behavioral therapies, psychodynamic therapy, gero-psychology, neuropsychology, psychotherapy process and outcome, cognitive, emotional, and behavioral vulnerability, prevention, and moral, epistemic, and psychological foundations of adaptive self-change.

### **Required Courses (101 credits):**

#### ***General Foundation Courses***

PSA	6930	Physiological Psychology
PSA	6515	Lifespan Development
PSA	6472	Cognitive & Affective Bases of Behavior
PSA	6071	Psychopharmacology
PSA	6405	Social Psychology

#### ***Clinical Foundation Courses***

PSA	6181	Multicultural & Diversity Issues
PSA	6371	Issues in Professional Practice
PSC	6813	Lifespan Psychopathology I
PSC	6814	Lifespan Psychopathology II
PSA	6601	History & Systems of Psychology
PSC	6191	Concepts in Psychotherapy

PSC	6436L	Basic Psychotherapy Lab
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#### ***Assessment Sequence***

Students are required to complete a rigorous, 5-didactic course and 5-practicum assessment sequence where they receive didactic training and intensive supervision in assessment. At the end of the sequence, students will have administered, scored, interpreted and written in-house at least one (1) intake report, completed two (2) cognitive assessment and two (2) personality practice batteries, five (5) practice batteries that integrate multiple cognitive and personality assessment

measures and at least two (2) integrative testing reports. Students may also elect to receive further training in assessment by enrolling in the neuropsychology minor or by taking additional assessment courses in the school-clinical child program.

PSC	6435	Clinical Interviewing with Practicum
PSC	6441	Cognitive Assessment with Practicum
PSC	6442	Personality Assessment with Practicum
PSC	6446	Clinical Assessment I with Practicum
PSC	6447	Clinical Assessment II with Practicum

### ***Research Sequence***

Students learn the skills to become critical consumers and producers of research during their graduate studies in the clinical program. Students learn the strengths and limitations of different study designs, are trained in statistical methods, and learn how to critically evaluate the research literature. Students are also required to produce two (2) original doctoral research projects (Research Project I and Research Project II). Using principles or evidence-based practice, students are trained and supervised in the application of scientific thinking to practice by applying the research literature to the care of their clients.

PSA	6280	Statistics I
PSC	6287	Research Methods & Design
PSC	6288	Integrating Clinical Practice and Research
PSC	6537	Data Analysis (option A)
PSA	6289	Introduction to Qualitative Research (option B)
PSC	Research Seminar I and II ( <i>taken Fall and Spring</i> ) – see <b>Research Seminar</b> section below	
PSC	6915	Research Project I
PSC	6916	Research Project II
PSC	6572	Advanced Research Seminar I
PSC	6573	Advanced Research Seminar II

### ***Theory of Intervention Courses***

Students receive intensive training in theories, research and applications of clinical practice and are taught skills to integrate clinical practice with research. Students are trained in all aspects of the evidence cycle: 1) development of searchable questions based on a client's presenting problem; 2) searching of the literature to find the highest quality evidence for their clinical question; 3) critical appraisal of the literature; and 4) understanding and applying the results of those studies to the care of their clients.

They are required to successfully complete a course in Concepts of Psychotherapy and a Basic Individual Psychotherapy Practicum course in their first year (see *Clinical Foundation Courses*). They are also required to successfully complete two (2) courses in psychodynamic psychotherapy (Category A courses) and two (2) courses in cognitive behavior therapy (Cognitive Therapy and

Behavior Therapy). They are also required to take a course in other modalities (group, couple or family) or populations (child, older adults).

*Intervention Course Category A – students must take PSC 6486 Evidence Based Psychodynamic Therapies plus choose one (1) course from below*

PSC 6498 Interpersonal Psychotherapy  
PSC 6175 Object Relations Theory  
PSC 6491 Self Psychology

*Intervention Course Category B – both required*

PSC 6478 Behavior Therapy  
PSC 6497 Cognitive Therapy

*Intervention Course Category C – choose one (1)*

PSC 6463 Concepts in Couples and Family Therapy  
PSC 6448 Assessment & Treatment of Older Adults  
PSC 6485 Evidenced Based Treatment for Children and Adolescents  
PSS 6610 Beginning Work with Children, Parents, and Families

*In some instances, students may take a pre-approved course from another program to count towards their Intervention C requirement. Students interested in courses outside of their program must receive permission from the instructor prior to registration and must send email notification to the Registrar's Office explaining that they received permission to take an Intervention C course outside of their program.*

### ***Psychotherapy Sequence***

Once students have completed their intervention course requirements, students are required to enroll in two (2) years (4 semesters) of in-house individual psychotherapy practicum in either Psychodynamic or Cognitive Behavior Therapy. Students may complete two years in the same theoretical orientation or do one year of the CBT practicum and one year of the psychodynamic practicum. Through this practicum, students treat three to four (3-4) patients a year in the in-house training clinic, receive one (1) hour of weekly supervision, and two (2) hours of weekly group supervision in which they present their cases to a licensed clinical psychologist. Altogether, students enroll in four (4) practicums ("labs") with each lab worth 1.5 credits.

### ***Psychodynamic Practicum***

PSC 6492A Psychodynamic Individual Psychotherapy Practicum I \*  
PSC 6493A Psychodynamic Individual Psychotherapy Practicum II  
PSC 6494A Advanced Psychodynamic Individual Psychotherapy Practicum I  
PSC 6495A Advanced Psychodynamic Individual Psychotherapy Practicum II

*\*Students taking PSC6492A/PSC 6493A are also required to take the remaining two (2) of the three (3) courses from the Category A courses listed on the previous page.*

### ***CBT Practicum***

- PSC 6502A CBT Individual Psychotherapy Practicum I \*
- PSC 6503A CBT Individual Psychotherapy Practicum II \*
- PSC 6504A Advanced CBT Individual Psychotherapy Practicum I
- PSC 6505A Advanced CBT Individual Psychotherapy Practicum II

*\*Students taking PSC 6502A/PSC 6503A are also required to take the two (2) semester class, CBT for Anxiety and Depressive Disorders I and II.*

### ***Proseminar, Externship & Internship***

- PSC 6551A Proseminar I
- PSC 6551B Proseminar I
- PSC 6552A Proseminar II
- PSC 6552B Proseminar II
- PSC 6553A Proseminar III
- PSC 6553B Proseminar III
- PSC 6554A Proseminar IV
- PSC 6554B Proseminar IV
- PSC 6944 Clinical Psych Externship I
- PSC 6945 Clinical Psych Externship II
- PSC 6946 Clinical Psych Externship III
- PSC 6947 Clinical Psych Externship IV
- PSC 8941A Doctoral Internship
- PSC 8942A Clinical Psych Doctoral Internship

### **Elective Courses (up to 9 credits):**

Students work with their academic advisor and program director to choose electives. Students may select from a variety of different elective courses or may wish to pursue a minor (see Doctoral Program Minors or concentrations (see below).

Students may elect to enroll in either the CBT practicum or the psychodynamic therapy practicum or elect to do one year of each. All classes within each therapy practicum are required. Students who enroll in two years of either the CBT or the psychodynamic practicum can choose 9 additional credits for electives. Students who enroll in one year of the CBT practicum and one year of the psychodynamic practicum can choose 3 credits for electives.

### **Clinical Psychology Concentrations**

In addition to taking minors (see section on Doctoral Program Minors), clinical Psychology students are given the option of completing areas of more concentrated study. A concentration is an intensive study in which students take a group of courses in a specific area of interest beyond what may be required by the program. Students who are pursuing concentrations may also elect to focus their externship experiences in the same area of study. In addition, students may choose to concentrate their elective studies in areas offered by the other programs in the school. Finally, students are free to select individual elective courses in any area and are not required to concentrate in any area of study.

The following is a list of areas in which the Clinical program offers concentrated study (note that some of the courses also fulfill requirements noted above):

**CBT Concentration:**

- 1) Cognitive Therapy (PSC 6497)
- 2) Behavior Therapy (PSC 6478)
- 3) CBT for Anxiety & Depression I & II (PSC 6470/PSC 6471)
- 4) CBT Individual Psychotherapy Practicum I & II (PSC 6502A/PSC 6503A)
- 5) Advanced CBT Individual Psychotherapy Practicum I & II (PSC 6504A/PSC 6505A)
- 6) Research in cognitive behavioral principles or strategies
- 7) Externships in CBT

**Psychodynamic Therapy Concentration:**

- 1) Evidence Based Psychodynamic Therapies (PSC 6486)
- 2) Interpersonal Psychotherapy (PSC 6498)
- 3) Object Relations Theory (PSC 6175)
- 4) Self-Psychology (PSC 6491)
- 5) Psychodynamic Individual Psychotherapy Practicum I & II (PSC 6492A/PSC 6493A)
- 6) Advanced Psychodynamic Individual Psychotherapy Pract. I & II (PSC 6494A/PSC 6495A)
- 7) Research in psychodynamic principles or strategies
- 8) Dreams (PSC)
- 9) Externships in Psychodynamic Therapy

**Clinical Gero-Psychology Concentration:**

The **Gero-psychology Concentration** follows the guidelines of the APA Council of Specialties' definition of a "Major Area of Study". The concentration thus requires completion of two research seminar courses, a total 12 credits of coursework; and a clinical aging empirical research project, in addition to fulfilling the requirements for the geropsychology minor (which includes an approved geropsychology externship).

Required Coursework (12credits):

- 1) Assessment & Treatment w/ Older Adults (PSC 6448)
- 2) Depression and Personality Disorders in Older Adults I & II (PSC 6529/PSC 6530)

- 3) Gero Psychology Practicum I & II (PSC 6449/PSC 6450)
- 4) Science of Cognition and Affective Function (PSH 6014)
- 5) Geriatric Neuropsychology Practicum I & II (PSC 6449L/PSC 6450L) \*
- 6) Introduction to Clinical Neuropsychology I & II (PSH 6011/PSH 6012) \*\*

\*Please note that 5 is open to participants in the FOAP gero-psychology externship ONLY

\*\*Please note that 6 is only open to students pursuing the [Neuropsychology](#) minor.

### Research Seminar

In addition to the research methodology courses, each student is required to register for two (2) semesters (6 credits) of faculty research seminars beginning during their second year of study. These seminars are taught by core faculty and will directly facilitate the development of the student's doctoral research projects. The faculty members will serve as research advisors for students who participate in their seminar

Research seminars offered include:

Psychodynamic Process Research I & II (PSC 6574/PSC 6475)  
 Effective Therapists I & II (PSC 6520/PSC 6528)  
 Vulnerability, Prevention and Treatment of Anxiety and Depression, and Related Disorders (ADAPT) I & II (PSC 6474/PSC 6475)  
 Depression and Personality Disorders in Older Adults I & II (PSC 6529/PSC 6530)  
 Psychodynamic Processes and Trauma Narrative I & II (PSC 6576/PSC 6577)  
 Moral Foundations of Self Change I & II (PSC 6578/PSC 6579)  
 Cognitive Processes in Depression and Anxiety I & II (PSC 6580/PSC 6581)  
 Grief, Loss & Meaning PSC 6601  
 Mindfulness, Eating Disorders and Acceptance Lab PSC 6600

### Research Project I

The first part of the doctoral research project is a comprehensive critical review of the literature in an area of interest to the student (typically around a research seminar). It is anticipated that the review will lead to the Research Project II. The final draft of the Research Project I is due on December of the student's third year in the program.

Students should register for Research Project I while they are working on this part of their doctoral research project.

### Research Project II & Oral Defense Examination

Research Project II is usually an outgrowth of the first project and may take the form of any one of a wide spectrum of possibilities including an original quantitative or qualitative empirical study, replication of an empirical study, development of an instrument, evaluation outcome

research, treatment integrity, single case experimental design, or a meta-analysis. Students will work closely with their research advisors to create a proposal due at the end of the third year and prepare the research project. The Research Project II should be prepared in a peer-reviewed journal article format. Copies are submitted to the student's research advisor and two (2) outside readers.

Students are expected to present their Research Project II work during the Oral Examination. They will receive a grade for Research Project II during the semester in which they pass their oral defense. Students will also be required to complete any revisions and submit two electronic copies of the project and other files noted in the PsyD completion form to the Psychology Office before a degree can be conferred.

Students are responsible for maintaining continuous contact with their research advisor every semester that they are working on the second part of their research project. Once they begin work on this part of the project, they must register for Research Project II each semester until they successfully complete their oral defense.

### **Externship**

Students are required to complete a minimum of two (2) year-long externships (at two (2) different sites) and have an option of completing a third year of training. Students begin their first externship during the Fall of their second year. Students typically work two (2) days a week for a minimum of 16 hours per week. While students are on externship, they should register for the appropriate externship course each semester. At the end of each externship, students will be required to submit attestation forms signed by their externship supervisors.

### **Pre-Doctoral Internship**

Students are required to complete a pre-doctoral internship, typically during their fifth year. Usually, the internship will consist of a twelve (12) month, full-time experience. Students should obtain an internship at an APA accredited training facility if possible. While students are on internship, they should be registered for Doctoral Internship for each semester. Students are eligible to apply for internship upon completion of the first three years of curricular requirements of the Psy.D program, successful completion of the Comprehensive Examination, acceptance of Research Project I, and accepted submission of a proposal for Research Project II. At the end of the internship, students will be required to submit attestation forms signed by their internship supervisors. Students are evaluated by supervisors at the middle and end of the year.

### **Competencies**

Beyond coursework, students must demonstrate competency in the following areas in order to graduate from the clinical program:

- Assessment Competency:
  - ACER- I (at the end of spring semester, first year end of the spring semester, second year)



- ACER II (at the end of the spring semester, second year)
- Research Competency:
  - Research Project I (December 1<sup>st</sup>, third year)
  - Research Project II Proposal (June 15<sup>th</sup>, end of third year)
  - Research Project II (end of spring semester, fifth year)
- Clinical Competency:
  - Clinical Competency I (Review of Video December of third year)
  - Clinical Competency II (Comprehensive Clinical Report, end of spring semester third year)
  - Clinical Competency III (Review of Video, December of fourth year)

### **Master of Arts en Route**

Students are required to successfully complete the first two years of curricular requirements and research project I to obtain the Master of Arts degree en route to the doctoral degree. Students who do not apply for and obtain the MA en route are not eligible to continue in the program. In order to receive a Master of Arts en route to the doctoral degree, students must successfully complete the first two (2) years of coursework (57 credits) and successfully complete Research Project I. Students are also required to submit a MA Degree Completion form signed by various advisors and the program director. The degree is not automatically conferred. Students must also submit a Graduation Application to the Office of the Registrar by the deadline (see “**Graduation Eligibility**” section for dates) to be considered for the MA en route degree.

### **Clinical Program (PsyD) Procedures for Graduation**

In order to receive the Clinical Psychology PsyD degree, students must meet all academic, research, and clinical training requirements and complete the PsyD Degree Completion Form and Graduation Application by obtaining the necessary signatures attesting to successful completion of these requirements. In order to meet the academic requirements for graduation, students must successfully complete Research Projects I & II, including the oral defense and completion of all changes/revisions required by the oral defense committee. Clinical training requirements include successful completion of two (2) years of externship, two (2) years of in-house training at the Parnes Clinic, and one (1) year of internship. Students are also required to submit copies of their research projects in electronic form to their research advisors and the Psychology Office along with a variety of associated materials (listed in the PsyD Completion Form).

## **SCHOOL-CLINICAL CHILD PSYCHOLOGY – Psy.D –116 credits**

### **Program Philosophy**

The program's mission is to provide doctoral-level training through an interdisciplinary model that concentrates on both school and clinical child psychology. Students are prepared to deliver psychological and psycho-educational services to adults, children, adolescents and their families in mental health settings, urban and suburban schools, early childhood centers and other related environments.

The training model is that of Practitioner-Scholar, with an emphasis on the integration of clinical child psychology and school psychology, built on a foundation in developmental psychology. Students gain more than 3,500 hours of supervised school/clinical field experiences in diverse schooling environments, hospitals, and mental health facilities, usually in urban centers with largely multicultural populations. The program also provides specialized training in infancy/early childhood, and in bilingual school psychology.

We also adhere to a combined-integrative model, as delineated by the Council of Directors of Combined-Integrated Doctoral Programs in Psychology. The disciplines of school psychology and clinical psychology are integrated throughout the coursework. Concurrently, the program provides students with a pedagogical orientation that is eclectic in both theory and practice. Faculty members are experts in applying and researching psychodynamic, cognitive-behavioral and family orientations to working with children, adolescents (0-18) and young adults. Students are taught to respect the value of each approach and to integrate theory and practice across these orientations. It is understood that eclecticism also has a hierarchical structure to it. We recognize that a value of this type of program is the high regard for each orientation, in its own right, that permits students to integrate an approach that is truly their own, but one that is also respectful of empirically supported treatments from all orientations.

This program is accredited by the American Psychological Association as a Combined Clinical-School Psychology Program. It was accredited in 2017 for a maximum ten-year period and will be site visited in 2027. The Program is also approved by the National Association of School Psychologists. Students are eligible to sit for the NYS Licensing Examination upon graduation.

## **Curriculum**

The school-clinical child psychology program, Psy.D (five-year program; 117 credits), provides students with the knowledge and skills to assume the role of a professional psychologist who can work in diverse settings across the lifespan. The Program provides a full-time sequence of training that consists of four years of coursework, practica and field, culminating in full-time internship in the fifth year.

Because the program is accredited as a combined school-clinical psychology program, it requires students to complete one foundation course in adult psychopathology and encourages students to gain an externship experience that includes working with adults and caregivers.

### **Required Courses (102 credits):**

PSS 6131 Cognitive Assessment I

PSS 6131L Cognitive Assessment I Lab (*1 credit*)

PSS 6132 Psychoeducational Assessment

PSS 6132L Psychoeducational Assessment Lab (*1 credit*)

PSS	6199	Integrating Race and Gender in Multiculturalism
PSS	6801	Professional and Ethical Issues in Health Service Psychology
PSS	6399	Biological Bases of Behavior
PSS	6400	Neurodevelopmental Disorders
PSA	6515	Lifespan Development
PSA	6472	Cognitive and Affective Bases of Behavior
PSS	6153	Appraisal of Personality
PSA	6280	Statistics I
PSS	6191	Child Assessment w/ Practicum I
PSS	6191L	Child Assessment I Lab ( <i>1 credit</i> )
PSS	6192	Child Assessment w/ Practicum II
PSS	6192L	Child Assessment II Lab ( <i>1 credit</i> )
PSS	6221	Consultation and Supervision
PSS	6222	Consultation-Based Interventions
PSS	6610	Beginning Work with Children, Parents & Families
PSS	6213	Cognitive Behavioral Psychotherapy for Youth I
PSS	6449	Evidence Based Interventions for Youth II
PSS	6250	Developmental Psychopathology
PSS	6611	Practicum Child Therapy I: Psychodynamic
PSS	6625	Practicum Child Therapy I: CBT
PSS	6612	Practicum Child Therapy II: Psychodynamic
PSS	6626	Practicum Child Therapy II: CBT
PSS	6118	Psychodynamic Therapy for Youth
PSS	6119	Psychodynamic Therapy for Youth

PSS 6286 Research Methods in Professional Practice

PSS 6197 Contemporary Issues in School Psychology

PSS 6814 Adult Psychopathology & Assessment

PSA 6071 Psychopharmacology

PSA 6405 Social Psychology

PSA 6601 History and Systems of Psychology

PSS 6915 Research Project I

PSS 6916 Research Project II

PSS 8943A School-Clinical Externship I (*1 credit*)

PSS 8944A School-Clinical Externship II (*1 credit*)

PSS 8945A School-Clinical Externship III (*1 credit*)

PSS 8946A School-Clinical Externship IV (*1 credit*)

PSS 8947A School-Clinical Externship V (*1 credit*)

PSS 8948A School-Clinical Externship VI (*1 credit*)

PSS 8941A School-Clinical Internship (*1 credit*)

PSS 8942A School-Clinical Internship (*1 credit*)

### **Elective Courses (15 credits):**

Students work with their academic advisor and program director to choose electives. Students who wish to pursue a concentration may use elective courses to follow a specific track (see below).

### **Bilingual School Psychology Extension**

Future employment in New York City and other urban public schools may be contingent upon having a Bilingual School Psychology Certificate in addition to the regular School Psychology Certificate the State awards. Students are encouraged to pursue this course of study if they have fluency in another language and if their career aspirations are to work in schools.

The requirements for the Bilingual School Psychology Extension are:

- Completion of the requirements for the NYS School Psychology Certificate
- Completion of 15 credits of coursework (listed below)
  - Family Systems Theory – 3 credits
  - Integrating Gender and Race in Multiculturalism – 3 credits
  - Contemporary Issues in School Psychology – 3 credits
  - Assessment of Bilingual and Multicultural Populations (offered every three years) – 3 credits
  - Integrating Multiculturalism into Clinical Practice – 3 credits
  - Bilingual School Psychology Internship I-II – 3 credits
- Demonstrated competency in a foreign language as measured by a standardized examination administered by ETS

### **School-Clinical Child Psychology Concentrations**

Although the notation does not appear on a student's transcript, School-Clinical Child Psychology students are required to complete concentrations in Cognitive Behavior Therapy and Psychodynamic Psychotherapy.

**Cognitive Behavior Therapy:** All students are required to complete two (2) didactic CBT courses and a year-long practicum in CBT with children/adolescents. The required courses (twelve (12) credits) are: *Evidence-Based Interventions for Youth I & II* and *Practicum in Child Therapy: CBT I & II*. This year long sequence is conducted through the Parnes Clinic and provides both group and individual supervision. The latter is provided by independent practitioners with expertise in CBT with children, adolescents, and families.

**Psychodynamic Psychotherapy:** All students are required to complete two (2) didactic psychodynamic courses and a year-long practicum in psychodynamic treatment with children/adolescents. The required twelve (12) credits are: *Psychodynamic Theory*, *Evidence-Based Psychodynamic Therapy for Youth*, and *Practicum in Child Therapy: Psychodynamic I-II*. This year long sequence is conducted through the Parnes Clinic and provides both group and individual supervision. The latter is provided by independent practitioners with expertise in psychodynamic psychotherapy with children, adolescents, and families.

### **Research Seminars**

Students take research seminars conducted by full-time faculty that facilitate completion of Research Project I and II.

The seminars are 1 credit each and are:

*PSS6500 Assessment & Consultation Research Lab*

*PSS6501 Ferkauf Anxiety Lab*

*PSS6502 Early Childhood Research Lab*

*PSS6503 Research of Study and Support of Youth at Risk*

*PSS6504 Research Lab: Graduate Training in the Schools*

*PSS6505 Research Lab: Religion and Psychodynamic Psychotherapy*

*PSS6506 Research Lab: Applied Research*  
*PSS 6507 Community Partnered Research*

Students can take the research seminars for 2-3 semesters.

### **Research Projects I & II and the Oral Defense Examination**

Research Projects I & II are required for graduation. Students begin to work on their research in the first semester of their second year. Both projects are completed under the supervision of full-time faculty. It usually takes two to three years to complete the research requirements. Research Project I is a focused review of the literature that leads to Research Project II, which is the empirical study.

Students are responsible for maintaining continuous contact with their research advisor every semester that they are working on their research project. Students should register for the appropriate Research Project I section each semester they work on the literature review portion of the project. Once students are ready to begin work on the second part, they must register for Research Project II each semester until they successfully complete their oral defense.

Students are expected to submit a written copy of their doctoral research two weeks prior to the oral examination and to complete an oral defense of their research study during the Oral Examination. They will receive a grade for Research Project II for the semester during which they pass their oral defense. Students are required to complete any revisions and submit two (2) copies of the project on CD to the Psychology Office before a degree can be conferred.

### **Externship**

Students are required to complete a minimum of 500 hours of supervised experience in the second year and 600 hours in the third- and fourth-year placements. The second-year placement occurs in a schooling facility. This requirement meets standards set by the Council of Directors of School Psychology Programs. The third year may be in a mental health facility, medical center, early childhood center, hospital, or special-needs school. The fourth-year placement can be in a school or any of the alternatives mentioned above. At the end of the fourth year, the student will have acquired the equivalent of one (1) full year of experience - approximately 1500-1800 hours.

While students are on externship, they should register for the appropriate externship course each semester. Faculty members monitor externship experiences on site and in class.

### **Pre-Doctoral Internship**

Assuming all other program requirements have been successfully completed, the full-time internship can commence in the fifth year of the program. The internship can occur in a school, hospital, early childhood center, medical center, rehabilitation center, community, or mental health agency. The internship is the culminating educational experience for students and provides an opportunity to advance their skills and knowledge base and to demonstrate the high

level of competence that they have achieved across all skills and knowledge domains during the prior four years of training. While many student's complete internships at APA-approved clinical settings, it is not a requirement to do so.

A full-time internship, in facilities other than schools, consists of a minimum of 35 hours per week, for a full year (12 months) or 1750 hours. In the case of a school placement, a full-time internship usually lasts about ten (10) months – approximately 1500-1600 hours. In accordance with New York State regulations, internships can be completed over a two (2) year period.

While students are on internship, they should be registered for Doctoral Internship for each semester.

### **Master of Science en Route**

Students are required to obtain a Master of Science en-route to the doctorate degree upon completion of the first two (2) years of required coursework (60 credits). In addition, students are required to pass their first- and second-year competency examinations and their school-based externship to be eligible for the master's degree. The degree is not automatically conferred. Students must submit a Graduation Application to the Office of the Registrar by the deadline (see “**Graduation Eligibility**” section for dates) to be considered for the MS en route degree.

### **Certification in School Psychological Services**

Students are eligible to apply for New York State Certification as a School Psychologist after they have completed a prescribed 60-credit course of study and externship experiences approved by the school-clinical child psychology faculty. Application is made online to the State Education Department, Division of Teacher Certification. Students who wish to be certified in other states need to request information from the individual state's Department of Education. Information about national certification is also available from the program director. It is recommended that students not apply for certification until the end of the fourth year of study.

## **CLINICAL PSYCHOLOGY (HEALTH EMPHASIS) – Ph.D. – 106 credits**

### **Accreditation status:**

The Clinical Psychology (Health Emphasis) Ph.D. Program is accredited by the American Psychological Association (accreditation received October 2005). The committee on Accreditation conducted the most recent review of the program in 2016 and granted reaccreditation to the program for seven (7) years. The next accreditation review will occur in 2023.

### **Program Overview and Training Philosophy**

The Program is designed for full-time students only. This is a 99-credit, five- to six-year program. In addition to the four to five years of coursework, we require one year of full-time predoctoral internship. The length of in-residence training can be completed in four years, but the rate of progress varies among students. Moreover, it is not uncommon for students who make satisfactory progress to extend the duration of in-residence training to bolster their research and

publications portfolio.

The primary goal of the Program is to train doctoral-level (Ph.D.) students in the ethical science and practice of clinical psychology with an additional emphasis on the interaction of physical and mental health. The program espouses the scientist/practitioner model, which places equal emphasis on clinical and research training. Furthermore, in our view, research and clinical practice are highly integrated and mutually informative.

The Program follows a junior colleague model for education, training, and socialization among the faculty and students. This model posits that clinical, research, and professional psychological skills are best developed through modeling and observational learning. This model emphasizes mutual respect and courtesy between faculty and students and hopes to instill the value of lifelong learning.

**The program has identified four overarching training goals:**

**Goal 1:** Provide sequential and cumulative training of increasing complexity in evidence-based psychological and healthcare assessment, intervention, and consultation services.

**Goal 2:** Produce independent researchers capable of contributing to the scientific body of knowledge in the field of clinical psychology as it is applied to diverse health issues, and able to educate and mentor future researchers in the field.

**Goal 3:** Train effective clinical providers and researchers through comprehensive training that is cumulative and graded in complexity in psychological theories, clinical practice, and research with clinical health psychology as an emphasis.

**Goal 4:** Provide comprehensive training in the professional values, attitudes, standards and ethics of clinical work and research with diverse individuals and groups.

Our training process is sequential, graded in complexity and cumulative. Upon entering the program, each student is assigned a core faculty member as an academic advisor, who meets with the student at least twice per year to address academic and program-related issues. During the first month of the program, each student collaboratively identifies a research mentor, a core faculty member who provides individual supervision to students in her/his lab about research and career development mentorship throughout the student's tenure in the program. Academically, students first complete core courses and emphasis is placed on achievement of foundational knowledge.

**Clinical Training**

Clinical training begins in the spring semester of the first year with our in-house training clinic, the Parnes Clinic, as part of the program's Behavioral Medicine Practicum sequence. In the second year and throughout their tenure in the program students are placed in year-long externships, which are formal external clinical training sites typically located in medical centers, hospitals, and outpatient clinic settings. After the students satisfactorily achieve all academic and clinical requirements during in-residence training, they are required to complete a full-time predoctoral internship.

**Research Training**



The program's robust training in research is focused on the application of clinical psychology to diverse health conditions and populations. The research lab courses, which are required throughout the tenure of the students in the program, serve as platforms for students to learn core concepts related to the specific research area and to develop, implement and successfully complete their research projects. The student is required to achieve two research milestones, the predoctoral project and doctoral dissertation.

### **Assessment of Competence**

Students are expected to demonstrate competencies in all areas of training. Our assessment of competencies is based on academic performance, direct observations of expected skill sets, indirect evaluations including but not limited to students' evaluations by clinical supervisors as well as procedures developed by the program faculty to directly observe and evaluate core clinical and research competencies. In addition, the program has developed two independent procedures that assess competency in a manner consistent with the APA competency benchmark system. During the first year's assessment sequence, students are required to demonstrate specific competencies in the administration, scoring and interpretations of cognitive and personality tests. The comprehensive clinical and research examinations begin in the spring semester of the second year and may continue until the end of the fall semester of the third year depending on whether and the degree to which remedial processes are required.

### **Curriculum**

The curriculum is a five-year, 106 credit hour program. Coursework declines in the third and fourth years to allow time for increased clinical work and research.

### **Required Courses (106 credits):**

- PSA 6280 Statistics I
- PSH 6191 Concepts in Psychotherapy
- PSH 6371 Research Methods: Clinical Health Psychology
- PSH 6435 Clinical Interviewing
- PSH 6431 Intellectual & Cognitive Assessment
- PSH 6431L Intellectual & Cognitive Assessment Lab (*1.5 credits*)
- PSH 6363 Externship Planning (*1 credit*) - *taken for 2 semesters*
- PSA 6283 Statistics II
- PSA 6371 Issues in Professional Practice
- PSH 6543 Behavioral Medicine Therapy & Practicum I

PSH 6432 Personality Assessment

PSH 6432L Personality Assessment Lab *(1.5 credits)*

PSH 6464 Psychopathology & Illness

PSA 6601 History & Systems of Psychology

PSH 6544 Behavioral Medicine Therapy & Practicum II

PSH 6938 Physiological Health Psychology

PSH 6014 Science of Cognitive & Affective Function

PSH 6500 Cognitive Behavior Therapy

PSA 6405 Social Psychology

PSH 6935 Social & Behavioral Dimensions of Public Health I

PSA 6515 Lifespan Development

PSA 6181 Multicultural & Diversity Issues

PSA 6472 Cognitive & Affective Bases of Behavior

PSH 6321 Test Construction

PSA 6071 Psychopharmacology

PSH 8931 Dissertation Planning

PSH 8943A Clinical Health Externship I *(1 credit)*

PSH 8944A Clinical Health Externship II *(1 credit)*

PSH 8945A Clinical Health Externship III *(1 credit)*

PSH 8946A Clinical Health Externship IV *(1 credit)*

PSH 8947A Clinical Health Externship V *(1 credit)*

PSH 8948A Clinical Health Externship VI *(1 credit)*

PSH 8941 Clinical Health Internship *(1 credit)*

PSH 8942 Clinical Health Internship (*1 credit*)

PSH XXX Specialty Research Lab - *taken 8 semesters – course numbers vary*

### **Elective Courses:**

Students are not required to complete electives but may do so if they wish to take additional classes beyond the credit requirements for graduation. Students should speak with their advisors before registering for elective courses.

### **Research Labs**

Each student is required to participate in a faculty member's research lab. By doing so, students develop close links with a member of the clinical health psychology core faculty and senior students working with that faculty member via common research interests. Research labs provide exposure to each faculty member's research area including background information, research, clinical and theoretical aspects, research methods, methods of analyses, potential career options, and preparation for careers in specific areas of interest. The professor of the research lab will serve as the student's research mentor for his/her master's thesis and dissertation projects.

Students are required to register each semester for a faculty member's research lab. Options include: Psychology of Asthma, Psychology of Diabetes, Psychology of Multiple Sclerosis, Psychology of Obesity, Systems Neuroscience, Headache and Adherence, Smoking Dependence Research, and Neuropsychology & Cognition Research.

### **Comprehensive Examination**

All students are required to pass the comprehensive examination in order to progress through the program. The exam takes place between the second and third year of graduate training. The exam covers the research and clinical knowledge base that was covered during the first two years of training in the program.

### **Master's Thesis**

Work on the master's thesis begins during the first year of graduate studies. It is expected that students will complete their thesis during the second or third year in the program and submit the final document no later than December 15<sup>th</sup> of their third year. The master's project must be developed in collaboration with and under the close supervision of the student's research mentor. The master's project should be an empirical study with clearly stated rationale, aims and hypotheses. The methods and statistical analyses should be clearly articulated and specifically designed to test the study hypotheses. The format of the research document should be consistent with the most recent version of the American Psychological Association style for a peer-reviewed journal article. Once the final version has been written and approved by the research advisor, the student should submit a master's Thesis Approval Form to the Office of the Registrar.

## **Doctoral Dissertation & the Oral Defense Examination**

The dissertation must be developed in collaboration with and under the close supervision of the student's research mentor. The dissertation project should be an empirical study with clearly stated rationale, aims and hypotheses. The methods and statistical analyses should be clearly articulated and specifically designed to test the study hypotheses. A committee that consists of three faculty members must approve the dissertation project during a formal proposal meeting. It is noted that revisions to the proposal may be required prior to approval. Students who are ready to begin working on their dissertation should meet with their research advisor to discuss the procedures for establishing the committee, creating the proposal, and writing the document. Once approved, the student can proceed and conduct the dissertation study.

Students are responsible for maintaining continuous contact with their research advisor every semester that they are working on their dissertation research. Once they begin work on the project, they must register for Dissertation Planning each semester until they successfully complete their oral defense and submit the final document, with any required final modifications, to the registrar's office.

Students are expected to write a complete dissertation document and present their work during the Oral Examination. A dissertation committee, which consists of the three faculty members who originally approved the project and two additional readers, then determines whether the student's written document and oral defense pass or fail.

Students will receive a grade for Dissertation Planning during the semester in which they pass their oral defense. They are required to complete any revisions and submit their dissertation for binding before a degree can be conferred. Please contact the Registrar for information regarding submitting a dissertation for binding.

## **Clinical Externship**

Students are required to complete supervised clinical experience in approved externship sites in the second, third and fourth years of training. Training in a typical externship site consists of two full days per week at the site. Students must complete a minimum of 1200 externship hours before they apply for a pre-doctoral internship.

The year before students begin externship, they are required to take the Externship Planning course. Then, students should register for the appropriate externship course for each semester they are working at a site accruing clinical hours.

## **Pre-Doctoral Internship**

Students are required to complete a pre-doctoral internship during their fifth year or later depending on their progress in graduate school. Students are eligible to apply for internship upon completion of the curricular requirements of the Ph. D program, successful completion of the Comprehensive Examination, and approval of the dissertation proposal. In addition, students are required to meet

with the Director of Clinical Training to determine readiness and plan and prepare their application materials.

Typically, the internship will consist of a twelve (12) month, full-time experience. Students should obtain an internship at an APA accredited training facility, if possible. Therefore, students are also strongly encouraged to apply nationwide to maximize their chances of matching with APA accredited internships. Typical placements include rehabilitation hospitals, medical centers and psychiatric hospitals that have specialty tracks in health psychology, rehabilitation, behavioral medicine or neuropsychology. Students are evaluated by supervisors at the middle and end of the year. While on internship, students should be registered for Doctoral Internship for each semester. At the end of the internship, students will be required to submit attestation forms signed by their internship supervisors.

### **Master of Arts en Route to Doctoral Degree**

Students are required to complete requirements for and obtain the Master of Arts degree en route to the doctorate degree. Students who do not apply for and obtain the MA en route are not eligible to continue in the program. In order to receive a Master of Arts en route to the doctorate degree, students must complete the first two years of required coursework, pass their competency and comprehensive examinations, and successfully complete a master's thesis. The degree is not automatically conferred. Students must submit a Graduation Application to the Office of the Registrar by the deadline (see “**Graduation Eligibility**” section for dates) to be considered for the MA en route degree.

### **Clinical Psychology Ph.D. Program (Health Emphasis) Procedures for Graduation**

In order to receive the Clinical Psychology PhD degree, students must meet all academic, research, and clinical training requirements and complete the PhD Attestation Form and Graduation Application by obtaining the necessary signatures attesting to successful completion of these requirements. Specifically, in order to meet the academic requirements for graduation, students must successfully complete all the required coursework, pass the competency and comprehensive examinations, complete their master's project, and successfully defend their dissertation (written and oral components) including all changes/revisions required by the five-member dissertation committee. In addition, the dissertation document must be submitted by the student for binding before a degree can be conferred. Clinical training requirements include successful completion of in-house training at the Parnes Clinic and approved externship sites as well as one year of internship.

## **MENTAL HEALTH COUNSELING – M.A. – 60 credits**

### **Program Philosophy**

The program provides students with the knowledge and skills to assume the role of a mental health counselor in diverse settings. Its mission is to provide graduate-level training through an interdisciplinary model that concentrates on core counseling requirements and a diverse set of electives for students to choose from as they begin to explore potential specializations and niche areas. Students are prepared to deliver counseling services to adults, children, adolescents and their families in urban mental health settings, hospital psychology departments, university counseling centers, and other mental health service environments.

The training model is that of Practitioner-Scholar, with an emphasis on the major required areas that are generally accepted as national standards for all counselors. Students are required to gain more than 600 hours of supervised field experiences in diverse environments, hospitals, substance abuse treatment centers, and mental health facilities, usually in urban centers with largely multi-cultural populations. The program also provides specialized training in Substance Abuse Treatment and a rotating array of electives in specialized areas such as, Cognitive Behavior Therapy Principles for Counseling, Crisis Counseling, Sexuality and Gender Counseling, Couples and Family Counseling, Counseling with Children and Adolescents, and Grief, Loss and Bereavement Counseling.

The program provides students with a pedagogical orientation that is eclectic in both theory and practice. The program's faculty members are trained in psychodynamic, cognitive behavioral and family systems approaches for working with children, adolescents, and adults and the students are taught to work with all these approaches. Students are taught to respect the value of each approach and to integrate theory and practice across orientations. We recognize that a value of this type of program is the high regard for each orientation, in its own right, that permits students to integrate an approach that is truly their own, but one that is also respectful of empirically supported treatments from all orientations.

The program has been approved by the New York State Education Department as licensure qualifying in Mental Health Counseling (LMHC).

### **Curriculum**

The Mental Health Counseling program is a full-time sequence of training that consists of two and one-half years of coursework, practica, and field placement.

#### **Required Courses (42 credits):**

PSM 6515 Developmental Psychology Across the Lifespan

PSM 6405 Social and Cultural Foundations of Counseling

PSM 6120 Basic Principles in Counseling

- PSM 6815 Psychopathology: Child, Adolescent, & Adult
- PSM 6461 Principles in Group Therapy
- PSM 6503 Lifestyle and Career Development
- PSM 6225 Assessment and Appraisal of Individuals, Families, Couples, and Groups
- PSM 6430 Statistics, Research, and Program Evaluation
- PSM 6371 Ethics & Issues in Professional Practice (includes New York State required syllabus on identification and reporting of child abuse and maltreatment)
- PSM 6181 MHC: Multicultural and Diversity Issues
- PSM 6500 Advanced Issues in Mental Health Counseling
- PSM 6191 Concepts and Techniques in Mental Health Counseling (Clinical Instruction)
- PSM 6943 Supervised Field Placement I (*1.5 credits*)
- PSM 6944 Supervised Field Placement II (*1.5 credits*)
- PSM 6945 Supervised Field Placement III (*1.5 credits*) (includes Proseminar on Professional Identity Development, and Comprehensive Exam Part 1)
- PSM 6046 Supervised Field Placement IV (*1.5 credits*) (includes Comprehensive Exam Part II)

**Other Program Required Courses (12 credits):**

- PSM 6193 Counseling Skills Development
- PSM 6816 Advanced Issues in Psychopathology and Diagnosis
- PSM 6945 Counseling Practicum
- PSM 6483 Substance Abuse and Treatment (graduates qualify for 5-credit CAC certification)

**Electives (6 credits):**

Choose a minimum of two (2) from the following additional coursework acceptable upon approval of the program director.

PSA 6071 Psychopharmacology

PSA 6601 History and Systems of Psychology

PSA 6930 Physiological Psychology

PSM 6100 Neuropsychology Basic Principles

PSM 6170 Sexuality and Gender Counseling

PSM 6182 Attachment across the Lifespan

PSM 6194 Principles of Psychodynamic Psychotherapy for Counseling

PSM 6195 The Resilient Counselor

PSM 6440 Couples and Family Counseling

PSM 6450 Counseling with Children and Adolescents

PSM 6484 Grief, Loss and Bereavement Counseling

PSM 6485 Crisis Counseling

PSM 6486 Play Therapy

PSM 6510 Cognitive and Behavioral Therapy Principles for Counseling

PSM 6622 Counseling in Public Settings

### **Field Placement**

Students are required to complete a minimum of 600 hours in supervised field placement before graduation. The program's field placement options span the New York metropolitan area, and many of the long-established community mental health centers, hospitals and agency affiliates are willing to accept students as externs to fulfill this requirement. The program maintains an active directory of field placements that is frequently updated. Students will also work with the program director and faculty members in choosing a field placement.



## DOCTORAL PROGRAM MINORS

Students in the doctoral programs have the option to complete requirements for minors in the following areas:

Students are eligible to declare a minor once they have completed all courses required for the minor and any required externships and/or research projects. A Minor Declaration Form should be signed by the minor's coordinator and returned to the Office of the Registrar. A grade of *B+* or higher is required in all minor-related courses in order to satisfy the requirements of the minor.

### **Addictions Minor**

Students in all doctoral programs have the option of completing a minor in Addictions. The Addictions Minor requires the completion of the three courses (listed below) which will provide the students with training related to clinical work in addictions (e.g., assessment, treatment), research (statistical analysis of addiction-related data), and the association of addictions to health. To fulfill the requirements of the minor, students must also complete one of the following: (1) a clinical externship with an emphasis on clinical work in addictions or (2) a research project focused on addictions. The externship and research project must be approved by the minor advisors.

The following courses are required to complete the Addictions Minor:

- 1) Assessment and Treatment of Substance Use Disorders (PSC 6484) – Students in this course will learn about the prevalence of substance use disorders (SUDs) and comorbid conditions in population-representative, community, and clinical samples. Students also will learn about biopsychosocial correlates of SUDs as well as a wide variety of evidence-based treatment approaches for SUDs including harm reduction approaches, motivational interviewing approaches, and community-based approaches.
- 2) Health and Addictions (PSH 6421) – Students in this course will learn about the relationship between a range of addictive substances and physical health (e.g., health consequences of substance use; the association of use to the development, course, and outcomes of health conditions).
- 3) Applied Statistics in Health (PSH 6284) – This course is designed to review basic concepts of quantitative methods in psychology, as well as introduce advanced topics in biostatistics and epidemiology, with a focus on applying these quantitative methods to scenarios commonly encountered in health care settings. Projects for this class must have an emphasis on addictions research and should be approved by one of the minor advisors.

Co-Directors: Dr. Kate Walsh and Dr. Andrea Weinberger

### **Clinical Neuropsychology Minor**

Students in the doctoral programs have the option of completing the requirements for a minor in Clinical Neuropsychology. The training in Clinical Neuropsychology is consistent with the educational and training guidelines recommended by Division 40 of the APA and the Houston Conference. Core courses in assessment, psychopathology, therapy, statistics, and biological basis of behavior must be completed before students begin their training in the Clinical Neuropsychology Concentration. Successful completion of the courses “Neuroscience of Human Behavior Cognition and Affect” and “Physiological Health Psychology” or “Physiological Psychology” also serves as a pre-requisite for admissions to the minor. Then, concurrent with the two-semester didactic sequence (Introduction to Clinical Neuropsychology I and II) students are required to complete a formal year-long externship in Clinical Neuropsychology. The course in Psychopharmacology may be taken in parallel or subsequent to completion of the above year-long didactic sequence.

As discussed above, the following courses are required for the minor:

1. PSA 6938 Physiological Health Psychology or PSA 6930 Physiological Psychology
2. PSH 6014 Neuroscience of Human Behavior Cognition and Affect
3. PSH 6011 Clinical Neuropsychology I
4. PSH 6012 Clinical Neuropsychology II
5. PSA 6071 Psychopharmacology

Director: Dr. Roe Holtzer

### **Clinical Health Psychology Minor**

Students in the Psy.D doctoral programs are eligible to take a minor in Clinical Health Psychology. This requires taking three courses: PSH 6371 Research Methods in Clinical Health Psychology; PSH 6421 Health and Addictions; and PSH 6935 Social Psychology in Health. A health psychology externship (minimum experience of 9 months of applied supervised training for at least 10 hours per week) or a research project completes the requirements.

The objectives of study in the minor are to:

1. Introduce the student to the field of Clinical Health Psychology;
2. Cover the basic principles, concepts, and methodological issues in research and practice in Clinical Health Psychology;
3. Introduce the student to the major conditions in which Clinical Health Psychologists have been active; and
4. Gain experience in research or clinical practice in Health Psychology.

Director: Dr. Charles Swencionis

### **Gero-Psychology Minor**

The Ferkauf Older Adult Program (FOAP) offers a minor in the newly emerging field of Clinical Geropsychology comprised of didactic coursework and clinical training experiences.

Didactic Training Requirement: Students who seek a minor in Clinical Geropsychology must complete 6 credits (see below) to meet the didactic coursework requirement; one of these must include PSC6448 Assessment and Treatment of Older Adults, an overview of issues critical to the diagnosis and psychological treatment of psychological problems in older adults.

Required Coursework:

1. PSC 6448 Assessment and Treatment of Older Adults

2. One of the following courses:

PSH 6014 Science of Cognitive and Affective Function

PSC 6449, 6450 Gero-psychology Lab I&II

PSC 6529 Research in Depression & Personality Disorders in Older Adults I

PSC 6530 Research in Depression & Personality Disorders in Older Adults II

PSH 6011, 6012 Clinical Neuropsychology I & II\*\*

PSC 6449L/6450L Geriatric Neuropsychology Practicum I & II\*

\*Please note that PSC6449L/6450L is open to participants in the FOAP gero-psychology externship ONLY

\*\*Please note that PSH 6011/6012 are only open to students pursuing the Neuropsychology concentration

Advanced Clinical Training Requirement: Students who seek the minor may satisfy the advanced clinical training requirements through participation in an approved geropsychology externship that emphasizes clinical work with older adults (minimum experience of nine (9) months of applied supervised training for at least ten (10) hours per week) supervised by a trained geropsychologist.

Advisor: Dr. Richard Zweig

### **Research Methodology and Statistics Minor**

The Research Methodology and Statistics Minor will give students an opportunity to gain advanced didactic and applied training in research methodology and statistics in the behavioral sciences. Students must take PSA6280 Statistics I and PSH6283 Statistics II as prerequisites to the concentration. Students will then take coursework in advanced statistics (PSH6284), building upon their background in statistics, Social Psychology in Health (PSH6935), qualitative research (PSA6289), and test construction (PSH6321). Students will also practice advanced research methodology and statistics skills through an applied project consisting of either an academic research project, an abstract submitted to a conference, or a peer-reviewed publication, and a paper describing the methodology used in the study.

Director: Dr. Elizabeth Seng

## **STUDENT LIFE**

### **Campus and Associated Services**

The Ferkauf Graduate School of Psychology is located on the campus of the Albert Einstein College of Medicine. The campus and associated services encompass a variety of educational facilities including the Belfer Educational Center for Health Sciences, the Sue Golding Graduate Division of Medical Sciences, the Chanin Institute for Cancer Research, the Rose F. Kennedy Center, Fisher Landau Center for the Treatment of Learning Disabilities, the Center for Educational & Rehabilitation Services (CERC), the Jack Weiler Hospital of the Albert Einstein College of Medicine, and Jacobi Medical Center. In addition to these major teaching and health service centers, there are several other Yeshiva University affiliated teaching hospital facilities located in proximity. These include Montefiore Medical Center, North Central Bronx Hospital, the Soundview-Throgs Neck Community Mental Health Center, Bronx Psychiatric Center (for adults), Bronx Children's Psychiatric Center, and Bronx-Lebanon Hospital. a

There are special advantages to our students in psychology due to the presence of these teaching medical facilities. These advantages include the availability of training facilities where students may have access to externships and internships. These resources also act as practicum facilities that are used in connection with academic coursework. Basic and applied research play an important role in all these facilities and participation in ongoing research projects is available. The availability of research study samples within the AECOM system facilitates data collection for advanced students engaged in research.

### **Max & Celia Parnes Family Psychological & Psychoeducational Services Clinic**

The Max and Celia Parnes Family Psychological & Psychoeducational Services Clinic is the training setting within which graduate students in Clinical Psychology, Clinical Health, and School-Clinical Child Psychology obtain the in-house, supervised practicum experience that is required for their degrees. The clinic provides a wide range of assessment, evaluation, and therapeutic services for children, adolescents, and adults in the community, as well as consultation services to the local schools. In this setting, students at every level of their programs see clients under the supervision of licensed psychologists. Client contact is, in all cases, in conjunction with didactic courses teaching a variety of theoretical and practical issues intrinsic to clinical practice.

The clinic is an integral part of the teaching and training programs at Ferkauf Graduate School. It provides individual adult psychotherapy, child/adolescent therapy, family therapy, and evaluation, services to community residents. The clinic offers both CBT and dynamic training. Psychoeducational evaluations for school-aged children and young adults are available, as well as psychological testing for adults. A behavioral medicine practicum services individual with chronic medical conditions or psychophysiological disorders and those undergoing medical

procedures. There is significant collaboration between the Clinical Health Psychology program and various medical departments at Albert Einstein College of Medicine.

### **D. Samuel Gottesman Library**

The D. Samuel Gottesman Library, located on the first floor of the Forchheimer Building, houses state-of-the-art resources to serve the information needs of faculty, students, and staff on the Jack and Pearl Resnick Campus. The Library's web site <http://www.library.einstein.yu.edu> is the gateway to our print and electronic collections. All Ferkauf students are assigned a User ID and Password at orientation. (The User ID is the ten-digit number located on the bottom of your student identification card).

Current holdings include access to 1,800+ electronic full-text journals, 2,100 print journals, and over 100,000 volumes. All Ferkauf dissertations are housed in the library. Ferkauf users can search PsycINFO, PsycArticles, HaPI, and ERIC in addition to MEDLINE and other biomedical databases. Access is available both on and off campus. Remote access requires only an Internet connection and browser from wherever you may be. To begin, simply log in to the Library's web site.

The Reference staff provides individual and group instruction on the use of print and electronic resources, database searching, and consultations to aid patrons in managing their information needs. A schedule of classes is listed on the Library's web site. Librarians participate in the orientation for incoming students and work with individuals by appointment. The Reference department may be contacted in person, by phone, or by email.

The Interlibrary Loan Department processes requests for books and journal articles not owned or licensed by the Library. Requests may be submitted in person or by using an electronic form on the Library's web site.

Photocopying and online printing are available for 10¢ per page on an account connected to your University ID card. Stations to add value to your account are in the library near the printing and copying stations.

The library staff provides a high level of service in helping all patrons satisfy their information needs.

**LIBRARY HOURS** *(Changes in hours for holidays will be posted on the D. Samuel Gottesman Library web site. For info call (718) 430-3108*

<b>Monday–Thursday</b>	<b>8:30am-midnight</b>
<b>Friday</b>	<b>8:30pm-5pm</b>
<b>Saturday</b>	<b>10:30am-2am (study only hours)</b>
<b>Sunday</b>	<b>10:30am-10:30pm</b>

## **Computing Facilities**

The Jack and Pearl Resnick Campus has several computer rooms for student and faculty use. The Ferkauf Computer Lab includes Dell desktops, which are equipped with Internet Explorer and Microsoft Office applications, such as Word, Excel, and PowerPoint. In addition, the newer and more powerful desktops include the statistical program SPSS as well as test scoring software for select psychological assessments. Students also have access to multiple on-line databases including PsycINFO, MEDLINE, and ERIC as well as over 1,000 full-text online journals. The computers are connected to a printer in the lab, and each student has \$60 in free printing per semester (copies are 10¢ per page), and a station for adding value to one's account is in the computer lab.

Students may also use other nearby computer labs including the Gottesman Computing Room that includes 12 Pentium-based PC's loaded with SPSS, Microsoft Office, WordPerfect Office Suite and other educational software. Lastly, the Sonia Gruen Computing Room consists of 15 PowerMac 7600 computers that are loaded with Microsoft Office Professional, Delta Graph, SPSS, Netscape, Telnet, and other educational programs.

## **Recreation and Dining Facilities**

The University operated dining hall, on the ground floor of the Block Building, is open on days when Einstein classes are held from 11:30am – 1:30pm.

The Anne and Isidore Falk Recreation Center houses a swimming pool, gymnasium, racquetball and squash courts, exercise equipment and weight training rooms, saunas and steam baths, and a suspended jogging track. Tennis, volleyball, softball, and touch football areas are on campus or nearby.

Student lounges are available in the Roussio building as well as other buildings on campus.

## **Organization of Psychology Students (OPS)**

The Organization of Psychology Students (OPS) is the student organization at Ferkauf Graduate School. Each Ferkauf student is a member of the organization and “dues” are collected automatically each semester with tuition. These dues, called “student activity fees,” constitute the budget of OPS.

OPS is led by an executive committee that currently consists of 8 students. Executive committee members are chosen through an election, held each Spring, open to all students. At least one representative from each program serves on the Board. Officers are president, secretary, and treasurer; remaining executive committee members chair various committees. Committees are established annually based on the varying needs and goals of Ferkauf students in that year. The executive committee meets regularly to establish and implement a student agenda, coordinate programming, oversee the execution of specific projects handled by individual committees, and respond to special requests or problems raised by students. The structure of OPS encourages maximum participation by all students.

## **Graduate Teaching and Research Assistantships**

Each year, there are several TA positions available in the Office of the Program Director, the Parnes Clinic, the Admissions Office, and with faculty members. Teaching Assistants (TA's) are selected from among graduate students in good standing. Faculty members make recommendations to the Dean of the Graduate School who makes appointments. Several positions are available each semester, usually for eight (8) hours per week.

Teaching Assistants are expected to help the class instructor with library research, reading papers, preparation of instructional materials, and a myriad of administrative, clinical, and research tasks. The tasks vary with the project. TA positions in the Program Director's office involve coordinating all activities of the program. TA positions in the Parnes Clinic involve coordinating the provision of clinical services to clients by student-therapists from all clinical programs within Ferkauf. TA positions in the Admissions Office include coordinating all activities related to the admissions office. Opportunities also exist for students to participate in the research of advanced students, which provides valuable opportunities for data sharing and small group interaction.

Students interested in a TA position should speak to the faculty member with whom they would like to work, or they may contact the program director to indicate a general interest in serving as a TA and the nature of tasks they may be able to perform. TA selections are usually made in the spring semester and go into effect during the following academic year.

### **Office of Student Finance**

The Office of Student Finance is located at, Furst Hall, 500 West 185<sup>th</sup> Street Room 121, New York, NY 10033. The hours of operation are Monday – Thursday 9:00am – 5:30pm and Friday 9:00am – 2:30pm. The financial Aid Office number is (212)960-5399 and Student Accounts (212)960-5269.

The staff is available to assist students with applying for financial aid, learning how to create a budget for the school year, understanding aid options, answering billing or refund questions, and a variety of other financial issues.

Domestic students who are interested in applying for Financial Aid must submit a Fafsa application by May. International Students interested in applying for financial aid must submit their international application by May.

For more information, please visit the Student Finance website at <https://www.yu.edu/osf>

### **Canvas**

Canvas is Yeshiva University's web-based Learning Management System. It is used by YU instructors to supplement classroom learning and field work. Canvas can be used to post course files and syllabi, to host discussion forums and live chats, to share resources, to facilitate course announcements and communication, and to collect and assess student work.

To access Canvas, you can visit <https://yu.instructure.com>.

Students log in to Canvas using their YUAD usernames and passwords (this may be different from GMAIL username and password). To find your YUAD information, please visit <http://yu.edu/findid/> For more information, including links to tutorials and dedicated 24 x7 Canvas support, visit <https://yu.instructure.com/courses/4135/pages/student-canvas-faq>

## **MY YU**

MY YU is Yeshiva's self-service student system. Students can use it to search offered classes, register, find textbook information, check unofficial transcripts, print enrollment verifications, order transcripts, and many more.

To log in to MY YU, students should visit [www.yu.edu/myyu](http://www.yu.edu/myyu). Students who are logging in for the first time will need to click on "Faculty, Students and Staff" and then "Reset my Pin". They will be prompted to enter their username, which is their 800 or 999 #, and their email address. A temporary pin will be sent to the email address, and students will then be able to log back in and change their pin.

## **YU Email Address**

All students are granted a university sponsored Google Apps account. The features of the account include a Yeshiva branded Gmail account, Calendar, Docs, Sites and more. Each school has its own mail domain and some brands are shared amongst several schools. Upon graduation, students will be granted an alumni account associated with Ferkauf.

There are 2 ways to log into your YU Gmail account.

1. Visit [www.gmail.com](http://www.gmail.com) . Your username is the entire email address,
2. Visit a YU Gmail portal. Your username will be your **First. Last name**.

Please follow the instructions below for linking your YU Gmail account to your personal email account.

<https://www.yu.edu/ITS/Academic-Computing/student-computing/yu-gmail/tips/>

Students may visit the Academic Computing website for more information and helpful tools:  
<http://www.yu.edu/ITS/Academic-Computing/student-computing/yu-gmail/>

## **Liability Insurance**

The doctoral programs strongly recommend that students carry their own professional liability insurance through APA. Please visit their website at <http://www.apa.org/membership/insurance.aspx>

## **Identification Cards**



All students are required to have their YU Student ID on hand while on campus. Incoming students will have their ID card pictures taken on Fall Orientation Day and card will be produced by the Yeshiva University Wilf Campus Office.

If you lose your ID card, please stop by the Admissions Office for further details. Students will be charged a fee for a replacement card.

### **Records and Transcripts**

Students may generate unofficial transcripts online at [www.yu.edu/myyu](http://www.yu.edu/myyu). Current or former students who want official transcripts can order them online by following the instructions listed at [www.yu.edu/transcript](http://www.yu.edu/transcript).

A transcript is not issued without the student's written request, except in a few circumstances in which the law allows or requires a transcript to be sent without the student's permission.

The issuance of transcripts, and general release of any information about a student, is subject to the provisions of the federal Family Educational Rights and Privacy Act of 1974 (FERPA). Yeshiva University has adopted regulations to implement the act. A copy of these regulations is available upon written request, accompanied by a self-addressed envelope, in the Office of the Registrar.

Records of students are sent only in the form of a complete transcript. No partial records are sent, nor are records listing only courses without grades.

Transcripts will only be issued to students whose financial records with the University are completely clear.

### **Change of Name and Address**

A student who wishes to change either a first or last name on school records must file a Request for Change of Name Form in the Office of the Registrar. The form must be submitted with a copy of appropriate documentation (i.e. state issued ID, divorce documentation, passport).

Students who change their residences are required to update their records within 10 days. Students may update addresses and phone numbers online through MY YU ([www.yu.edu/myyu](http://www.yu.edu/myyu)). A student is responsible for all mail sent to old addresses if the address has not been updated.

Students should also notify their program director when their name, address, or telephone number changes.

### **Duplicate Diplomas**

The following services are available online through our official diploma vendor, the Michael Sutter Company (<https://www.michaelsutter.com/yu>).

Order a replacement diploma. There is a \$50.00 charge for each diploma replacement. You will be able to choose Standard Delivery or Express Overnight Delivery. Your Diploma will be printed and mailed within 1-2 days of your order.

**Use of University Name**

No student or organization may use the name of the University or Ferkauf Graduate School in print for any purpose, including identification, without written permission from the Dean's Office.

## **FACULTY**

### **Dean & Assistant Dean**

Leslie Halpern, Ph.D.  
Dean, Ferkauf Graduate  
School

Michael Gill, MA, LMHC  
Assistant Dean, Ferkauf  
Graduated School  
Mental Health Counseling  
Program Director,  
Coordinator, & Supervised  
Field Placement

### **Full-Time Faculty**

Katie Aafjes-van Doorn,  
Ph.D.  
Clinical Psychology  
Assistant Professor

William Arsenio, Ph.D.  
Clinical Psychology  
Professor

Jordan Bate, Ph.D.  
School -Clinical Child  
Psychology  
Assistant Professor

Vera Bekes, Ph.D.  
Clinical Psychology  
Assistant Professor

Jennifer Cooper, Ph.D.  
School -Clinical Child  
Psychology  
Assistant Professor

### **Program Directors**

Roe Holtzer, Ph.D.  
Clinical Health Psychology  
Program Director & Professor

Lata McGinn, Ph.D.  
Clinical Psychology  
Program Director & Professor

Melanie Wadkins, Ph.D.  
School-Clinical Child Psychology  
Program Director & Associate Professor

Leanne Quigley, Ph.D.  
Clinical Psychology  
Assistant Professor

Margaret Sala, Ph.D.  
Clinical Psychology  
Assistant Professor

William Salton, Ph.D.  
Director of Parnes Clinic  
Professor

Jamie Schumpf, PsyD  
Clinical Psychology  
Director of Clinical Training  
Assistant Director of CBT Training Program

Elizabeth Seng, Ph.D.  
Clinical Health Psychology  
Associate Professor

Greta Doctoroff, Ph.D.  
School- Clinical Child  
Psychology  
Associate Professor

Esther Stavrou, Ph.D.  
School-Clinical Child Psychology  
Associate Clinical Professor

Catherine Eubanks, Ph.D.  
Clinical Psychology  
Associate Professor

Charles Swencionis, Ph.D.  
Clinical Health Psychology  
Director, Research Training & Associate  
Professor

Jonathan Feldman, Ph.D.  
Clinical Health Psychology  
Professor

Kailey Roberts, Ph.D.  
Clinical Psychology  
Assistant Professor

Frederick Foley, Ph.D.  
Clinical Health Psychology  
Professor

Andrea Weinberger, Ph.D.  
Clinical Health Psychology  
Associate Professor

Jeffery Gonzalez, Ph.D.  
Clinical Health Psychology  
Professor

Vance Zemon, Ph.D.  
Clinical Health Psychology  
Professor

Eugenia Gorlin, Ph.D.  
Clinical Psychology  
Assistant Professor

Richard Zweig, Ph.D.  
Clinical Psychology  
Professor

Elizabeth Hirky, Ph.D.  
Clinical Health Psychology  
Assistant to Program Director  
& Director of Clinical  
Training

Sophia Hoffman, Ph.D.  
School Clinical Psychology  
Assistant Director of Clinical  
Training, Associate Professor

Ana Ortin Peralta, Ph.D.  
School -Clinical Child  
Psychology Assistant  
Professor

Tracy Prout, Ph.D.  
School- Clinical Child  
Psychology  
Associate Professor

**Adjunct Faculty**

Carl Auerbach, Ph.D.  
Clinical Psychology

Ruthie Israeli, LCSW  
Clinical Psychology

Ronald Avriam, Ph.D.  
Clinical Psychology

Dimitris Kiosses, Ph.D.  
Clinical Psychology

William Baker III, Psy.D.  
Clinical Psychology

Gene Lubow, Ph.D.  
Clinical Psychology

Alison Baren, Ph.D.  
All Programs

Zeb Labins, MD  
All Programs

David Bergstein, MA,  
LMHC, PC  
Mental Health Counseling

Patricia Marino, Ph.D.  
Clinical Psychology

Jill Brickman, Psy.D.  
Clinical Psychology

David Masur, Ph.D.  
Clinical Health Psychology

Jennifer Buchwald, Psy.D.  
Clinical Psychology

Casey O'Brien, PsyD  
Clinical Psychology

Alexander Carmargo, Psy.D.  
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Vicki Passman, Ph.D.  
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Michelle Chu, Psy.D.  
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Erica Silberstein, Psy.D.  
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Raquel Crespo, MA, LMCH  
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Karen Somary, Ph.D.  
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Irit Felsen, Ph.D.  
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Kate Termini, Psy.D.  
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Leslie Warfield, Psy.D.  
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Stephen Glicksman, Ph.D.  
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Danielle Weisfeld, Psy.D.  
Clinical Psychology

Yelena Goldin, Ph.D.  
Clinical Health Psychology

Erica Weiss, Ph.D.  
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Shana Grover, Ph.D.  
School-Clinical Child  
Psychology

Wen Gu, Ph.D.  
School-Clinical Child  
Psychology

Karen Hazel, Psy.D.  
School-Clinical Child  
Psychology

Claire Hoogendoorn, Ph.D.  
Clinical Health Psychology

## **COURSE DESCRIPTIONS**

### **General Psychology Courses**

#### **PSA 6071 Psychopharmacology (3 credits)**

The course is designed to provide an operational introduction to the principles and practice of psychotherapeutic medication with the hopes that it will enhance the future clinician's clinical knowledge and theoretical understanding of the use and misuse of psychological active medications. Emphasis is placed on specific indications, mechanisms of action, adverse and therapeutic effects of agents prescribed for mood, anxiety, and personality disorders, as well as psychosis. The integration of psychopharmacology and psychotherapy will be explored.

#### **PSA 6181 Multicultural & Diversity Issues (3 credits)**

Statistics on the utilization of counseling services by minority ethnic groups; models of racial/cultural identity development; impact of the therapist's and client's identity development stages on the therapy process; identifying individual and institutional racism; readings and assignments include working with clients of various ethnic and cultural backgrounds and with gender and sexual orientation problems, and with clients who are physically challenged. The course strongly encourages the student to explore his or her own biases regarding these populations.

#### **PSA 6280– Statistics I (3 credits)**

This course emphasizes mastery of basic statistical concepts and utilization of statistical software (SPSS) to conduct and interpret appropriate statistical analyses. This course will cover both descriptive and inferential statistics (parametric and nonparametric). The statistical concepts will be introduced in lecture, and students will learn how to enter, analyze and interpret data using SPSS during class demonstrations and through the completion of homework assignments.

#### **PSA 6280 Statistics I -separate section for Ph.D. students only (3 credits)**

The theoretical basis of univariate statistics is presented along with applications to psychology and health-related fields. Topics include probability theory, descriptive statistics, t-tests, analysis of variance, power analysis, correlation, regression analysis and nonparametric techniques. An introduction to the SPSS statistical package is covered and quizzes, homework assignments, and tests are based on this software.

#### **PSA 6283 Statistics II (3 credits)**

The theoretical basis of multivariate statistics is presented along with applications to psychology and health-related fields. Topics include data screening, matrix algebra, multiple regression, the general linear model, multivariate analysis of variance and covariance, principal component analysis, and logistic regression. The SPSS statistical package is covered, and quizzes and tests are based on this software.

*Pre-requisites: PSA 6280 Statistics I*

### **PSA 6289 Introduction to Qualitative Research (3 credits)**

The course is geared to students training to be practicing clinical, school, or health psychologists, who want to learn how to do qualitative research. The aim of this course is to introduce them to qualitative, hypothesis-generating research. The course is organized to present the qualitative alternative to the more standard quantitative research process, beginning with defining a research problem and proceeding to writing up the results.

### **PSA 6290 Advanced Qualitative Research (3 credits)**

The course objective is to enable students to achieve competence in coding qualitative research and to use the resulting analysis to create a doctoral dissertation or a Research Project II document. This involves coding qualitative data, using both a bottom up and, a top-down approach. For those students who are motivated, they can work toward creating a publishable manuscript.

*Pre-requisites: PSA 6289 Introduction to Qualitative Research*

### **PSA 6371 Issues in Professional Practice (3 credits)**

This is a broad-based course that covers a wide range of issues confronting the professional psychologist. Ethical principles that guide professional conduct as a psychologist-in-training, practitioner, scientist, teacher, and consultant are emphasized. Case examples will accompany lecture and discussion. The course is designed to expose students to the ethical questions and challenges that psychologists are facing in their current work.

### **PSA 6405 Social Psychology (3 credits)**

This course explores the theories, findings, and methods of social psychology. The central question in social psychology is how people's thoughts, feelings, and behaviors are influenced by the real, implied, or imagined presence of others. You will gain understanding of classical and modern research in the field of social psychology and the broader implications of the field's findings for understanding social behaviors and how they are shaped by social situations.

### **PSA 6472 Cognitive & Affective Bases of Behavior (3 credits)**

This class provides an overview of the major cognitive and affective influences on human behavior, with specific attention to some of the ways in which cognition and affect interact.



Malcolm Gladwell's book *Blink* must be read prior to the first class, and the first two classes address *Blink* and the empirical research underlying it. Initial issues include the nature of "thin-slicing" and the interplay of conscious and unconscious processes in decision making and behavior. Three subsequent blocks of lectures present an overview of: a) basic cognitive structures and processes (e.g., attention, memory, rationality, etc.); b) the functional and dysfunctional aspects of emotions (e.g., psychoevolutionary theory, emotion recognition, expression, and regulation, and emotions in psychopathology); and c) some of the theories and research on how cognition and affect interact during both typical and atypical functioning.

### **PSA 6501, 6502 Eating Disorders I & II (3 credits each)**

This introductory course is designed to provide students with a broad overview of the field of eating disorders (ED) its prevention and treatment. Topics include historical, clinical, epidemiological, etiological and treatment perspectives of anorexia nervosa, bulimia nervosa, binge eating disorders, night eating syndrome and Eating Disorders-Not Otherwise Specified. This course is highly interactive in nature, and students will be expected to share their views on the readings and discussion topics at each class meeting. This course includes readings, student's presentations, movies and lectures.

### **PSA 6515 Lifespan Development (3 credits)**

This class provides an overview of developmental issues across the life span. The overall goal is to explore the social-emotional and cognitive psychological underpinnings of human functioning from infancy to old age. Among the topics that will be covered are life-span attachment issues (e.g., early parent-child relationships); developmental psychopathology (i.e., risk and resilience); normative and atypical emotional development; personality development; different approaches to cognitive functioning; and a general focus on developmental continuities and discontinuities.

### **PSA 6601 History & Systems of Psychology (3 credits)**

The course presents a historical survey of the development of contemporary psychological theory, beginning with classical antiquity and moving up to the present day. Emphasis is placed on understanding both past and present clinical theories in their cultural context.

### **PSA 6930 Physiological Psychology (3 credits)**

This course provides a broad and general background into the biological aspects of behavior by covering a range of topics in physiological psychology (e.g., basic cellular mechanisms, neuroanatomy, neurophysiology, neuropharmacology, neural systems and diseases that affect these systems).

### **PSA 6939 Neuropsychology (3 credits)**

This course will cover the basic topics of Child Clinical Neuropsychology. An introduction to the course will contain a brief overview of the history of mind that led up to the science of brain-behavior relationships. The foundations of neuropsychology will include research methods and

applications, theoretical foundations, and an overview of functional neuroanatomy. The body of the course will focus on neuropsychological functions, the neuropsychological evaluation, and neurodevelopmental disorders. Additionally, professional issues in neuropsychology will be addressed.

### **PSA 6961 Readings in Psychology (3 credits)**

This course is used for students pursuing an independent study.

## **Clinical Psychology Courses**

### **PSC 6175 Object Relations Theory (3 credits)**

The Object Relations Theory and Therapy course will familiarize students with the major theories that developed primarily by the British Independent group of psychoanalysts in the first half of the twentieth century. These object relations theories influenced the evolution of psychoanalysis. A major contemporary trend known as relational psychoanalysis is a direct outgrowth of the writings of those early psychoanalysts. The course will discuss the early contributors to Object Relations Theory, including Melanie Klein, Wilfred Bion, W.R.D. Fairbairn, Harry Guntrip, D.W. Winnicott, and John Bowlby. Each class will integrate clinical material that will be discussed in the context of that day's reading material. In addition to the early contributors to object relations theory, we will read and discuss the work of contemporary writers who have been directly influenced by the early object relations psychoanalysts. These writers include Christopher Bollas, Thomas Ogden, David Scharff and Jill Savage Scharff, and Stephen Mitchell. We will continuously try to understand how theory influences our clinical applications using clinical material from recent and ongoing cases.

### **PSC 6191 Concepts of Psychotherapy (3 credits)**

This course will explore principles of change in psychotherapy. Students will be introduced to empirically based principles that are common across theoretical orientations. They will also be introduced to major themes and concepts from the four main psychotherapy traditions: psychodynamic, cognitive-behavioral, experiential/humanistic, and systemic. Students will be encouraged to reflect on similarities and differences across the approaches. Students will also reflect on their own personal theories of how people change, and actively engage with the course material to develop a thoughtful, informed perspective on how therapy works.

### **PSC 6287 Research Methods and Design (3 credits)**

This course will review basic elements and concepts that underlie the utilization and design of scientific research in the field of psychology. The most common study design paradigms will be reviewed with respect to their applicability to research questions and implications for causal inference. Throughout the course, attention is paid to issues of clinical application. Students generate a topic of clinical interest at the beginning of the course that represents the focus of structured homework assignments in which concepts discussed in class are applied.

*Pre-requisites: PSA 6280 Statistics I*

### **PSC 6288 Integrating Clinical Practice and Research (3 credits)**

This course will build on the knowledge gained in Research Methods I & II; students will learn to apply empirical evidence to their clinical practice by articulating answerable questions, reviewing, and evaluating the research, and determining appropriate action. Lessons will focus on developing effective ways to draw information from available resources, evaluating the evidence, and applying evidence to practice through assessment, treatment, and outcome measurement. Students will be evaluated on their ability to integrate evidence-based practice into their clinical work; course work will require students to create a portfolio of best practices for a specific disorder and to present a case including information on assessment, treatment, and expected outcomes.

*Pre-requisites: PSA 6280 Statistics I, PSC 6287 Research Methods & Design*

### **PSC 6289 Dreams in Psychotherapy**

The Dreams in Psychotherapy course will familiarize students with the major theories that developed to understand and work with dreams in psychotherapy. These theories contribute to the clinical practice of clinicians from diverse theoretical perspectives. The course will discuss the early contributions to understanding how to work with dreams, including Sigmund Freud, Fritz Perls, and Aaron Beck. We will discuss specific types of dreams that clinicians encounter, including dreams about therapists, nightmares, and recurring dreams. Each class will intergrade clinical material that will be discussed in the context of the day's reading material. We will continuously try to understand how theory influences our clinical applications using clinical material from recent and ongoing cases.

### **PSC 6435 Clinical Interviewing w/ Practicum (3 credits)**

This course is designed to teach first year doctoral students' basic skills in clinical interviewing. It is expected that by the end of the semester the students will have begun to develop skills in the following areas: development of a psychotherapeutic stance, interviewing and diagnostic skills, mental status evaluation, SCID administration, case disposition, as well as case presentation, conceptualization and report writing. Material in the course will be presented without emphasis on any one theory or orientation. However, case formulation and treatment planning skills are essential and will be understood from various perspectives.

### **PSC 6436L Basic Individual Psychotherapy Practicum (0 credits)**

This course is a lab for the Concepts in Psychotherapy course (PSC 6191). This course is designed to provide first year clinical psychology (Psy.D.) graduate students with an introduction to basic psychotherapy skills including but not limited to listening, empathic reflection, exploring, clarifying, providing support, fostering awareness, giving feedback, and providing psychoeducation in a responsive and culturally sensitive manner. This is an experiential lab in

which students will practice skills by participating in role plays and other exercises with each other and with more experienced students.

### **PSC 6441 Cognitive Assessment with Practicum (3 credits)**

This course will provide the basic knowledge necessary for the administration, scoring, and interpretation of standard cognitive assessment batteries. The course will introduce the psychometric issues guiding test construction and usage as well as empirical examinations of the function and parameters of the intelligence construct. Students will be guided through the administration and scoring procedures of the Wechsler intelligence scales while completing exercises to ensure the avoidance of common errors associated with these steps. Students will then consider common procedures for interpreting test results and synthesizing these results with information from multiple data sources. The eventual goal is to answer the referral question and present a complete evaluation of the individual in a comprehensive and cohesive assessment report. Students will also be introduced to other areas of cognitive assessment such as executive skills, memory, and learning.

*Co-requisite: Cognitive Assessment Practicum*

### **PSC 6442 Personality Assessment w/ Practicum (3 credits)**

This course provides an overview of personality assessment using projective measures with adults. This course will focus primarily on basic administration, scoring, and interpretation of the Rorschach, as well as other personality assessment tools such as the TAT and the House-Tree-Person (HTP) tests. In addition, the course will review the criteria for referral for testing, test selection, and initial integration of cognitive performance, as measured by the WAIS-IV in a psychological report.

*Pre-requisites: PSC 6441 Cognitive Assessment w/ Practicum*

### **PSC 6446, PSC 6447 Clinical Assessment I & II w/ Practicum (3 credits each)**

This year-long course provides an overview of the interpretation and integration of measures of cognition, personality, and psychopathology. Basic interpretation of traditional measures (e.g. WAIS-IV, Rorschach, MMPI-2) and their integration will be reviewed. Students are also exposed to less traditional measures (self-report, projective, interview-based, etc.) and techniques for integrating data from quantitative and qualitative measures. The course will emphasize procedures for drawing inferences from interview and test data, analyzing individual differences, integrating results, and writing reports that summarize findings. Labs include supervision in administration and interpretation of psychological test batteries for patients referred for testing by externship or the Parnes Clinic.

*Pre-requisites: PSC 6441 Cognitive Assessment w/ Practicum & PSC 6442 Personality Assessment w/ Practicum*

### **PSC 6448 Psychological Assessment & Treatment of Older Adults (3 credits)**

This course provides a didactic overview of issues critical to the diagnosis and psychotherapeutic treatment of psychological problems in older adults, as well as a forum for case discussion of psychotherapy with the older patient. Theoretical and empirical research in gero-psychology will be reviewed, including topics such as: The psychology of normal aging & diversity in the aging process; Foundations of gero-psychological assessment; Psychopathology in older adulthood; Consultation with families and in interdisciplinary settings; Psychotherapeutic treatment models, modalities, and approaches for older adults in varied treatment settings. The goal is to provide students with an understanding of the conceptual and empirical underpinnings of the practice of Clinical Gero-psychology.

*Pre-requisites: PSC 6435 Clinical Interviewing w/ Practicum & PSC 6446 Clinical Assessment w/ Practicum I*

### **PSC 6449, PSC 6450 Gero Psychology Practicum I & II (1.5 credits each)**

Year-long advanced seminar & group supervision lab for gero-psychology practicum trainees and students seeing older adults in the University clinic, covering topics which may include: (a) Biological, cognitive, developmental, and social psychological aspects of aging; (b) Prevalence, course, and outcome of psychopathology in later life; (c) Special issues bearing on the diagnostic and psychological assessment of older adults; (d) Special issues regarding the application of psychotherapeutic interventions to older adults of diverse racial/ethnic backgrounds; (e) Gero-psychology consultation liaison within a primary care setting. This course (lab) is intended to have an applied focus and has as its premise is that what makes working with older adults distinct is not the techniques you would employ, but the knowledge that informs your choices regarding assessment and psychotherapeutic interventions.

*Co-requisites: PSC 6502A/6503A CBT Psychotherapy Practicum I & II OR PSC 6504A/6505A Advanced CBT Psychotherapy Practicum I & II OR PSC 6492A/6493A Psychodynamic Psychotherapy Practicum I & II OR PSC 6494A/6495A Advanced Psychodynamic Psychotherapy Practicum I & II*

### **PSC 6449L, PSC 6450L Geriatric Neuropsychology Practicum I & II (1.5 credits each)**

Geriatric Neuropsych Lab/Supervision as part of the Ferkauf Older Adult Program

*Co-requisites: PSC 6502A/6503A CBT Psychotherapy Practicum I & II OR PSC 6504A/6505A Advanced CBT Psychotherapy Practicum I & II OR PSC 6492A/6493A Psychodynamic Psychotherapy Practicum I & II OR PSC 6494A/6495A Advanced Psychodynamic Psychotherapy Practicum I & II*

### **PSC 6452 Clinical Psychology Advanced Assessment (0 credits)**

This course provides students with advanced training in administration, interpretation, and integration of measures of cognition, personality, and psychopathology. There will be an emphasis on deepening students' knowledge in interpretation and integration of measures of cognitive, personality, and psychopathology. Assessment competencies to be addressed include

procedures for drawing inferences from interview and test data, test selection, integrating results, and report writing." The revised document is attached.

### **PSC 6463 Concepts in Couples and Family Therapy I (3 credits)**

Students in this intensive seminar move from the oft certainty of thought to the insecurity of practice and emerge with a sense of familiarity with systemic theory and technique. They learn several systemic approaches in the treatment of families and couples.

### **PSC 6464 Couples and Family Therapy (3 credits)**

This seminar in family and couples therapy will focus primarily on the specific therapeutic problems and systemic issues presented in family and couples' cases. We highlight general theory and practice problems, while delving into specific areas of focus on family and couples therapy. The goal of this course is for students to gain an understanding of current issues facing families today. This will allow them to become more comfortable in the treatment of family and couples. Additionally, by delving into specifics areas of presenting problems in families it will increase their knowledge and preparedness for specific challenging problems that might arise in their cases.

### **PSC 6461 Principles of Group Therapy (3 credits)**

This course is an introduction to group psychotherapy that spans both theory and practice. It will cover the history and theoretical underpinnings behind group psychotherapy, review current models and empirical evidence of group therapies, and discuss group process variables and outcome research. Approaches to enhancing group leadership skills, evaluating group process and patient outcomes, and designing groups for specific populations and problems are highlighted.

### **PSC 6470, PSC 6471 Cognitive Behavior Therapy in Anxiety & Depressive Disorders I & II (3 credits each)**

This two-semester course combines didactic course work and applications of treatment in the assessment and cognitive behavioral treatment of anxiety and depressive disorders: panic disorder, agoraphobia, social phobia, post-traumatic stress disorder, obsessive compulsive disorder, generalized anxiety disorder, specific phobia, and depression. Students will (a) learn how to comprehensively assess anxiety and depressive disorders (b) learn to implement and conduct cognitive behavior strategies for anxiety and depressive disorders using simulated exercises, role-plays, illustrative case examples and videotapes; cognitive behavior strategies include cognitive restructuring, breathing retraining, deep muscle relaxation, exposure, activity scheduling, problem solving, contingency procedures, and skills training.

*Pre-requisites: PSC 6497 Cognitive Therapy & PSC 6478 Behavior Therapy*  
*Co-requisites: PSC 6502A, 6503A CBT Psychotherapy Practicum I & II*

### **PSC 6474 Anxiety and Depression: ADAPT Lab I (Research Seminar) (3 credits)**

Students will gain an understanding into the nature and theoretical underpinnings of anxiety and depression. Major etiological theories including evolutionary, psychological, and biological models will be reviewed and integrated. Students will learn to critically evaluate research in anxiety and depression.

### **PSC 6475 Anxiety and Depression: ADAPT Lab II (Research Seminar) (3 credits)**

This class is a follow-up to theory and research in Anxiety and Depression I and is intended to facilitate the development of a research proposal in the area of anxiety or depression. Students will develop and design a research project, initiate class presentations, participate in group discussions, and provide a critical analysis of empirical research.

*Pre-requisites: PSC 6474 Anxiety and Depression: ADAPT Lab I*

### **PSC 6478 Behavior Therapy (3 credits)**

This course will systematically review the principles of classical and operant conditioning and consider the ways in which they can be applied to the mental health disorders. Students will first consider those cases with a clear stimulus-response link (e.g., the anxiety disorders) before moving on to consider the ways in which these basic principles can inform the treatment of more complicated presenting problems. Although discrete behavioral techniques will be covered, students will also learn that behavior therapy is best conceptualized as an empirically informed set of principles that guide many treatment approaches, even those usually considered apart from behavior therapy (e.g., psychodynamic, experiential approaches). The course will also introduce the so-called “third wave” behavioral approaches, including Acceptance and Commitment Therapy (ACT), Functional Analytic Psychotherapy (FAP), and Dialectical Behavior Therapy (DBT).

### **PSC 6486 Evidence-Based Psychodynamic Therapies (3 credits)**

This course will focus on the existing outcome research for psychodynamic psychotherapy, compared to other non-psychodynamic models. We will critically analyze evidence-based therapy models for different symptomatology, including anxiety, depression, trauma, obsessiveness, self-esteem, fear of abandonment. Approaches that will be reviewed include transference focused psychotherapy (Yeomans, 2002) and mentalization-based treatment (Fonagy & Bateman, 2006) for borderline personality disorders, supportive-expressive dynamic psychotherapy for depression (Luborsky et al., 1995), panic-focused psychodynamic psychotherapy (Milrod et al. 1997), 2 experiential dynamic therapy (McCullough et al., 2003), and other short-term dynamic psychotherapies (e.g. Abbass, 2009). The discussion of the evidence base of different psychodynamic therapies will take the format of Oxford-style debates in which the students prepare arguments for and against psychodynamic psychotherapy

approaches based on the critical reading of empirical studies and meta-analyses of psychodynamic psychotherapy. Following this course, students will have gained a basic knowledge of the range of evidence-based psychodynamic psychotherapies that have been tried and tested and will be able to consider what/if a psychodynamic psychotherapy approach might be appropriate in the formulation and treatment of their patients.

### **PSC 6601 Grief, Loss and Meaning I (Research Seminar) (3 credits)**

This course will cover key topics on loss, grief, and trauma, and the application of existential psychotherapy approaches (e.g., Meaning-Centered Psychotherapy) to treating associated distress. Specific topic areas to be covered include: existential psychology; death across the lifespan and contextually (e.g., life-limiting illness, unexpected death, suicide); psycho-oncology; palliative care and hospice; grief and bereavement assessment and intervention; and service-related trauma (e.g., military service, 9/11 responders). Students will be encouraged to consider topics from an intersectional lens as well as engage in reflection on their own beliefs about loss, meaning in life, and death. Students will also be introduced to clinical research methods, including qualitative study design and analysis, mixed methods in psychotherapy research, and psychometrics. Students will assist with participant recruitment, consenting, database management, data analysis, grant application preparation, literature reviews, IRB applications and conference presentations.

### **PSC 6601 Grief, Loss and Meaning II (Research Seminar) (3 credits)**

This course will cover key topics on loss, grief, and trauma, and the application of existential psychotherapy approaches (e.g., Meaning-Centered Psychotherapy) to treating associated distress. Specific topic areas to be covered include: existential psychology; death across the lifespan and contextually (e.g., life-limiting illness, unexpected death, suicide); psycho-oncology; palliative care and hospice; grief and bereavement assessment and intervention; and service-related trauma (e.g., military service, 9/11 responders). Students will be encouraged to consider topics from an intersectional lens as well as engage in reflection on their own beliefs about loss, meaning in life, and death. Students will also be introduced to clinical research methods, including qualitative study design and analysis, mixed methods in psychotherapy research, and psychometrics. Students will assist with participant recruitment, consenting, database management, data analysis, grant application preparation, literature reviews, IRB applications and conference presentations.

### **PSC 6600 Mindfulness, Eating Disorders, and Acceptance Lab (MEAL) I (Research Seminar) (3 credits)**

This course focuses on research on eating and weight disorders, with an emphasis on acceptance and mindfulness-based treatments for these pathologies. The major goals of this seminar are to provide a foundation on mindfulness and eating and weight disorders research literature and learn how to plan and carry out research in this area. Students will gain exposure to the instructor's program of research and will have the opportunity to join ongoing lab research



projects. Students will also begin to develop their own research question within the instructor's area of expertise.

### **PSC 6600 Mindfulness, Eating Disorders, and Acceptance Lab (MEAL) II (Research Seminar) (3 credits)**

This course focuses on research on eating and weight disorders, with an emphasis on acceptance and mindfulness-based treatments for these pathologies. The major goals of this seminar are to provide a foundation on mindfulness and eating and weight disorders research literature and learn how to plan and carry out research in this area. Students will gain exposure to the instructor's program of research and will have the opportunity to join ongoing lab research projects. Students will also begin to develop their own research question within the instructor's area of expertise.

### **PSC 6509 Supervision and Consultation (3 credits)**

This course will explore models of supervision and consultation and the research support for them. Students will learn about consultation models and practices. Students will be introduced to basic principles of individual and group supervision from multiple perspectives, including cognitive behavioral, psychodynamic, multicultural, and alliance focused. Students will be encouraged to reflect on their own experiences in supervision to help them develop and strengthen their own skills as supervisors. Students will have the opportunity to practice supervision and consultation skills via role plays with each other, as well as by engaging in peer supervision. Students will also have the opportunity to gain hands-on experience by supervising first year students in the Basic Individual Psychotherapy Practicum (PSC 6346L).

### **PSC 6491 Self Psychology (3 credits)**

Self-psychology, a form of psychoanalytic theory developed by Heinz Kohut, focuses on the vicissitudes and disturbances of self-experience in therapy and in life. One of its major concepts is the self-object, a term referring to other people on whom the person's self-experience depends. The following topics will be examined in the course: (1) How Kohut modified classical psychoanalytic theory to create self-psychology. (2) How Kohut's initial formulations were further developed by important contemporary theorists including Stolorow, Atwood & Orange; Shane & Shane; and Lichtenberg. (3) Self psychological approaches to psychotherapy. (4) Criticisms of self-psychology within contemporary psychoanalysis. (5) Application of self-psychological concepts to areas such as addiction, trauma, and personality disorders. Students taking the course should have some acquaintance with psychoanalytic theory and some experience doing psychotherapy.

### **PSC 6492A, PSC 6493 A Psychodynamic Individual Psychotherapy Practicum I & II (1.5 credits each)**

Students enrolled in the Individual Psychodynamic Psychotherapy Lab are either in their third year at Ferkauf or are fourth year students taking a psychodynamic lab for the first time. They

are assigned three individual psychotherapy patients from the Parnes Psychology Clinic, which is located at Ferkauf. Prerequisites for this lab, sometimes called the third year/first timer lab, include Psychoanalytic Theory, as well as a psychodynamic theory of intervention course such as Interpersonal Therapy, Self-Psychology, or Object Relations. Individual Psychodynamic Psychotherapy Lab enrollment includes participation in a one hour fifty-minute weekly group supervision on site where students present their individual cases to their lab. All lab students are also assigned an individual supervisor for one hour weekly off-site supervision. With few exceptions, the clinical professors and adjunct clinical supervisors associated with the psychodynamic labs have received extensive postdoctoral training and are graduates of highly esteemed psychoanalytic institutes. These include, for example, The William Alanson White Institute, the New York University Post-Doctoral Program in Psychoanalysis and Psychotherapy, The Institute for Psychoanalytic Training and Research, and the National Institute for the Psychotherapies.

Individual Psychodynamic Psychotherapy Labs address issues common to students starting their first intensive, relatively long term (potentially two year) psychodynamic treatments, including but not limited to anxieties related to beginning treatments, case conceptualization, how to maintain good boundaries while connecting well, when to refer for a psychopharmacological consultation, how to interact with other psychological professionals in the patient's life (the first year testing student or a disability agency, for example), and transference/countertransference phenomena. The issues related to the individual patient often prompt readings as well as discussion for the lab, for example in the areas of race, culture, and sexual orientation. Students who are in their third year in the Individual Psychotherapy Lab prepare for their Clinical Comprehensive Exam with the help of the lab cohort, instructor, and adjunct supervisor. Once a patient is picked from the student's caseload, the student is helped towards being able to formulate a case conceptualization, which forms the main body of the comps. Comps are due at the end of the third year.

*Pre-requisites: PSC 6491 Self Psychology or PSC 6498 Interpersonal Psychotherapy OR PSC 6175 Object Relations Theory*

### **PSC 6494A, PSC 6495A Advanced Psychodynamic Individual Psychotherapy Practicum I & II (1.5 credits each)**

Fourth year students in the Psychodynamic Track are placed in the Advanced Psychodynamic Lab. The pre-requisites for this lab are that the student must have taken Psychoanalytic Theory and either Interpersonal Therapy, Self-Psychology, or Object Relations, and taken the Individual Psychodynamic Psychotherapy Lab in the third year. Students in the Advanced Lab meet as a group of five or six once weekly for one hour and fifty minutes on site, as well as going to supervision with a clinical adjunct supervisor for an hour, usually off site in that supervisor's private practice office. The Advanced Psychodynamic Lab offers the students an experience of deepening what they have gained in the third year about their abilities to trust their instincts for their use of transference/countertransference; exploring anger, fear, love and other strong emotions that arise as a function of the relationship with the patient. Students expand on the ability to know what questions to ask by investigating their implicit negative or positive expectations of the answers. The cohesiveness that grows over the course of the year in these

labs support great emotional and intellectual growth for all, particularly as the members go through application to internships, mock internship case presentations, and finally termination issues with their patients as the students prepare to leave the academic portion of their degree requirements. A particularly distinctive feature of the Advanced Lab is the unique opportunity to attend small group discussions with contemporary leaders in the field in their offsite offices. Some of our recent discussants have included Mark Blechner, Ph.D., author of *Sex Changes: Transformations in Society and Psychoanalysis*, Edgar Levenson, M.D. author of *The Purloined Self*, and Darlene Ehrenberg, Ph. D, author of *The Intimate Edge*.

*Pre-requisites: PSC 6492A, 6493A Psychodynamic Psychotherapy I & II & PSC 6491 Self Psychology OR PSC 6498 Interpersonal Psychotherapy OR PSC 6175 Object Relations Theory*

### **PSC 6497 Cognitive Therapy (3 credits)**

This course will review the cognitive revolution in clinical psychology, the development of the cognitive model of depression, and the application of cognitive therapy to a variety of mental health disorders. In addition, students will be introduced to therapeutic approaches that are informed by the cognitive model and will discuss the ways in which these approaches expand upon and/or challenge the cognitive model. The course will also explore future directions for cognitive therapy and research.

### **PSC 6498 Interpersonal Psychotherapy (3 credits)**

Survey of the interpersonal approach to the conception and conduct of psychotherapy and therapeutic engagement, the therapeutic relationship, transference, and countertransference, the analysis of dreams, and the process of supervision. Comparison and contrast of the interpersonal approach with other therapeutic models.

### **PSC 6502A, PSC 6503A CBT Psychotherapy Individual Practicum I & II (1.5 credits each)**

This course consists of group supervisory sessions for students providing individual Cognitive Behavioral Therapy (CBT) for the first time to University clinic patients. Students will learn and practice various interventions and present case conceptualizations in the group.

*Pre-requisites: PSC 6497 Cognitive Therapy & PSC 6478 Behavior Therapy*

*Co-requisites: PSC 6470, PSC 6471 Cognitive Behavior Therapy in Anxiety & Depressive Disorders I & II*

### **PSC 6504A, PSC 6505A Advanced CBT Psychotherapy Individual Practicum I & II (1.5 credits each)**

This course consists of group supervisory sessions for students providing individual Cognitive Behavioral Therapy (CBT) for the second year to University clinic patients. Students will continue to learn and practice various interventions and present case conceptualizations in the group.

*Pre-requisites: PSC 6502A, 6503A CBT Psychotherapy Practicum I&II & PSC 6470, PSC 6471 Cognitive Behavior Therapy in Anxiety & Depressive Disorders I & II & PSC 6497 Cognitive Therapy*

### **PSC 6511 Positive Psychology (3 credits)**

In this seminar we will take an in-depth look at current theory, research, and practice in the field of positive psychology; the study of emotions, traits, and institutions that promote adaptive and healthy psychological functioning. We will explore some of the emerging research on the psychological and physiological effects of positive emotions, and on the efficacy of attempts to improve and modify existing mood states. In addition to the primary focus on class readings, we will also examine some of the specific techniques used in this field to modify emotional states and traits, such as meditation, guided writing exercises, etc.

### **PSC 6520 Effective Therapists I: An Integrative Approach (Research Seminar) (3 credits)**

This seminar will explore the question of what makes a therapist effective. This question will be approached from an integrative perspective, with the goal of identifying therapist skills, characteristics, and behaviors that are related to good outcome across different theoretical orientations. After gaining a background in psychotherapy research and psychotherapy integration, students will be introduced to research on therapist effects and the debate over the extent to which therapists contribute to psychotherapy outcome above and beyond the treatments they are administering. Students will examine therapist skills and characteristics that may be related to therapeutic effectiveness, as well as therapeutic interventions that facilitate common principles of change. Students will use the information covered in this course to develop their own hypotheses and plans for testing them empirically.

### **PSC 6528 Effective Therapists II: An Integrative Approach (Research Seminar) (3 credits)**

Building upon material covered in the first semester course Effective Psychotherapists I, this seminar will focus on how to conduct research on therapeutic effectiveness. Students will use their knowledge of therapist effects and common principles of change to deepen their understanding of the psychotherapy process and outcome literature and to refine their own research ideas. They will also learn methodological and statistical skills that will enable them to carry out their research proposals.

*Pre-requisites: PSC 6520 Effective Therapists I: An Integrative Approach (Research Seminar)*

### **PSC 6529 Research in Depression and Personality Disorders in Older Adults I (Research Seminar) (3 credits)**

The first half of this year-long research seminar reviews theoretical models and empirical research on the transaction between depression and personality disorder in the elderly. Students learn to identify core issues in the diagnostic assessment of depression and personality disorder in older adults, describe the interaction of biological, psychological, and social factors in

contributing to psychopathology in older adulthood, and to develop enhanced critical thinking skills in the evaluation of clinical research.

### **PSC 6530 Research in Depression and Personality Disorders in Older Adults II (Research Seminar) (3 credits)**

The second half of this year-long research seminar focuses on broadening understanding of personality in later life as viewed from developmental and social-cognitive perspectives, as well as research methods used to examine personality traits, processes and disorders. Students continue to hone skills in the critical analysis of empirical research and develop a comprehensive review of research in the areas of depression, personality disorder, or social/interpersonal functioning in older adulthood.

*Pre-requisites: PSC 6529 Depression & Personality Disorders in Older Adults I*

### **PSC 6537 Research III: Data Analysis (3 credits)**

This advanced statistics course will review the major types of statistical methods commonly used in clinical psychology research, including t-tests, ANOVAs, correlation, regression, nonparametric tests, and factor analysis. Students will first gain a solid conceptual understanding of statistical principles and methods; they will then build upon this understanding by conducting analyses of data related to their research interests.

*Co-requisites: PSC 6287 Research Methods and Design*

### **PSC 6539 Advanced Research Seminar (3 credits)**

The Advanced Research Seminars are individual by professor and are likely a continuation of the students "Research Seminar" Courses.

### **PSC 6542 Psychopathology & Socio-Economic Contexts I (Research Seminar) (3 credits)**

The first half of this year-long seminar explores modern theoretical approaches to how socio-economic contexts affect the nature of individuals' emotions and risk for psychopathology, and/or more adaptive psychological outcomes. Initial readings address whether income inequality, per se, has consequences for children's and adults' well-being and the possible mechanisms for those influences. Subsequent readings explore a range of related topics including how biological processes affect the links between socio-economic conditions and connections, and the role of subjective well-being in these literatures. The focus throughout is on how clinical science interacts with socio-economic conditions and how subjective well-being underlies these connections.

*Permission from instructor required for registration*

### **PSC 6543 Psychopathology & Socio-Economic Contexts II (Research Seminar) (3 credits)**

This second half of this year-long research seminar continues the exploration how socio-economic contexts affect individuals' risk for psychopathology and/or more adaptive psychological outcomes. Relevant approaches from behavioral economics, community psychology, and moral psychology are described and critiqued. The focus this semester is on examining research methodologies and developing reviews of the literature that will become the basis of each students' Research Project I requirement.

### **PSC 6544 Working with Asylum Seekers and Refugees (3 credits)**

Millions of people throughout the world are forced to flee their native country as a result of persecution. Many of them seek refuge in the United States where they may be granted protection in the form of asylum. For the United States to grant asylum, refugees must demonstrate a "well-founded fear" of future persecution based on race, religion, nationality, political opinion, social group or sexual orientation should they return to their home country. The decision to grant asylum is made at an "asylum hearing" at which asylum seekers, represented by their attorneys, present their case. The attorney will often use a psychological assessment of the asylum seeker to strengthen the argument for granting asylum. This course trains students to perform these psychological assessments under the supervision of a licensed psychologist. Course content involves the legal, medical, and psychological aspects of doing psychological assessments, as well as didactic material on refugees, refugee stress, and refugee trauma. Instructional methods involve case presentations, didactic materials, and lectures by outside medical and legal experts.

### **PSC 6551A, PSC 6551B Proseminar I (.75 credits)**

These courses are designed as an introduction to the clinical psychology program with a focus on helping students become oriented to the expectations of the program and their role as members of the Ferkauf community. The course also serves to familiarize students with relevant issues in the field of clinical psychology. Guidance and preparation for the externship process will be a focus.

### **PSC 6552A Proseminar II, PSC 6552B Proseminar II, PSC 6553A Proseminar III, PSC 6553B Proseminar III, PSC 6554A Proseminar IV, PSC 6554B Proseminar IV (.75 credits each)**

These courses serve as a forum to discuss all aspects of externship experience, familiarize students with current research on clinical supervision and professional consultation in clinical psychology. The class allows for group supervisions of externship cases and discussion of issues that arise at students' externship sites.

### **PSC 6574 Psychodynamic Process Research I (Research Seminar) (3 credits)**

In depth examination of the change processes in psychodynamic psychotherapies, based on theoretical, clinical, and empirical evidence.

### **PSC 6575 Psychodynamic Process Research II (Research Seminar) (3 credits)**

Practice course in Psychodynamic Process. Evaluating/experimenting with different ways to operationalize and measure change processes within psychodynamic psychotherapy.

**PSC 6576 Psychodynamic Process and Trauma Narrative I (Research Seminar) (3 credits)**

Reviews theoretical models and empirical research on the processes underlying the development of PTSD, as well as defensive processes during and after trauma through the examination of trauma narratives, with a special focus on Holocaust trauma.

**PSC 6577 Psychodynamic Process and Trauma Narrative II (Research Seminar) (3 credits)**

Based on the theoretical models and empirical research the research seminar focused during the previous semester, we are going to focus on learning to use some of the rating systems we have learnt about and applying them to trauma narratives.

**PSC 6578 Moral Foundations of Self-Change I (Research Seminar) (3 credits)**

This course provides an introductory overview of literature pertaining to the broad question of whether, when, and how human beings can change themselves for the better. For instance, what allows some people to overcome their drug or alcohol addictions; pursue a meaningful new career after decades of stagnating under the weight of severe depression; or go out and make new friends after a lifetime of crippling social anxiety? And how do we help the many others who struggle to make these changes? In starting to grapple with these questions, students will become acquainted with a range of theories and evidence from the psychotherapy process and outcome literature, as well as the broader philosophical and psychological literature on moral and epistemic responsibility, self-regulation, identity, and personality change.

**PSC 6579 Moral Foundations of Self-Change II (Research Seminar) (3 credits)**

This course builds on the theoretical foundation provided in Moral Foundations of Self-Change I, affording students the opportunity to specialize in advanced topics pertaining to the overall question of what enables adaptive self-change. Students will review and present on topics selected in consultation with the instructor, which may include (but are not limited to) mechanisms of change in psychotherapy for a particular clinical population or disorder, varying psychological perspectives on the nature and limits of human agency, topics at the intersection of clinical psychology and philosophy, or themes related to current ongoing empirical projects within the laboratory.

**PSC 6580 Cognitive Processes in Depression and Anxiety I (Research Seminar) (3 credits)**

This course will provide an overview of the cognitive processes (e.g., executive functioning, attention, memory) that are theoretically and empirically implicated in depression and anxiety.

Students will learn about theoretical models of and research in cognitive biases in depression, anxiety disorders, and obsessive-compulsive and related disorders.

### **PSC 6581 Cognitive Processes in Depression and Anxiety II (Research Seminar) (3 credits)**

Building on knowledge learned in Cognitive Processes in Depression and Anxiety I, this course will focus on advanced topics in research on cognitive processes in depression and anxiety. Students will acquire applied knowledge of experimental psychopathology research through participation in ongoing research projects related to cognitive mechanisms of depression vulnerability. Students will also select a specialized topic within the area of cognitive processes in depression and anxiety to develop their own research projects.

### **PSC 6813, 6814 Lifespan Psychopathology I & II (3 credits each)**

This course focuses on the etiology, epidemiology, phenomenology, and course of psychopathology across the lifespan. Specific emphasis will be placed on the empirical evidence for the cognitive, behavioral, affective, genetic, neurobiological, and psychosocial bases of psychopathology. Specific emphasis will be placed on reviewing the empirical evidence for the cognitive, behavioral, affective, genetic, neurobiological, and psychosocial bases of psychopathology.

### **PSC 6915 Research Project I (3 credits)**

Students must write a comprehensive literature review (Research Project I; RPI) on a topic approved by the research adviser. Different research advisers may have different views regarding the length and content of the project. Therefore, it is important for students to clarify the expectations of their specific adviser.

### **PSC 6916 Research Project II (3 credits)**

Research Project II is often an outgrowth of Research Project I and may take the form of any one of a wide spectrum of possibilities including the following: An original quantitative or qualitative empirical study, a replication of an empirical study, development of an instrument, evaluation-outcome research (of a program or intervention), an evidence-based case study, a meta-analysis. Advisers vary on how they work with students to decide on a project for RPII. Some advisers will direct students to focus on a component of a larger study that the adviser is conducting. Alternatively, advisers may encourage students to work in pairs or small groups to develop and carry out projects. Some advisers have access to databases at other institutions, and those institutions may require students to spend time contributing to data collection efforts before the students can use the data for their own research. Finally, advisers may encourage students to develop their own research ideas and collect their own data independently. The data may be quantitative, qualitative, or a mixed-methods approach. As each adviser approaches research differently, it is incumbent on students to ascertain their advisers' expectations and requirements.

### **PSC 6944 Clinical Psychology Externship I, PSC 6945 Clinical Psychology Externship II, PSC 6946 Clinical Psychology Externship III, PSC 6947 Clinical Psychology Externship IV,**



### **PSC 6948 Clinical Psychology Externship V, PSC 6949 Clinical Psychology Externship VI (0 credits)**

The Clinical Externship is a training experience in which the student works two to two and a half days (depending on year in program) per week under close supervision of a licensed psychologist in a service setting such as a general hospital, psychiatric hospital, community mental health center or college counseling center.

### **PSC 8941A, 8942A Doctoral Internship (1 credit each)**

The pre-doctoral Clinical Internship is a formal requirement of the program. It is considered an essential component of doctoral training in Clinical Psychology. Accreditation of training facilities by the APA is considered as desirable as it is for academic clinical training programs. Therefore, students should make every effort to obtain placement in an APA approved internship setting that is part of the APPIC Match. The internship will usually consist of twelve months of fulltime experience, although this program makes provision for and fully recognizes the need of some students for halftime training over a two-year period. The program will fully endorse such halftime internships for those students for whom it is necessary and appropriate, but it is the student's responsibility to find settings that are hospitable to such an approach to Internship training.

### **Clinical Health Psychology Courses**

#### **PSH 6007, 6008 Psychology of Obesity I & II (3 credits each)**

This course focuses on teaching the assessment and treatment of obesity, as well as the scientific understanding of its etiology and consequences. For students who are new to the class, evaluation is by periodic exams. For students who have taken the class before or are in the Obesity lab, this is a research and practicum class. Students plan and carry out research on obesity and eating disorders. Students will see obesity patients in the Parnes Clinic. Group supervision of clinical work and student research comprises the bulk of the class after we have learned enough of the assessment, treatment, and etiology to work with patients. Evaluation is by Case Reports, Treatment Plans, Progress Notes, research progress, and publication.

#### **PSH 6009, 6010 Psychology of Asthma I and II (3 credits each)**

This course will emphasize the study of asthma from a behavioral perspective with an emphasis on intervention research. Topics will include improvement of asthma symptom perception and medication adherence, and the role of psychiatric disorders in asthma outcomes. Students will receive training on the physiology of asthma, current treatment for asthma, and research methodology for assessment of pulmonary function, asthma symptom perception, and medication adherence. Trainings will be conducted on devices and equipment used in conducting asthma research. Current readings in the field of asthma will be discussed in class.

Course Objectives:

- Clinical Supervision: Group supervision will be conducted based on clinical interviews and clinical interventions with ethnically diverse, asthma patients from research studies. Students are expected to improve their diagnostic and clinical skills in working with medical patients to foster behavior change.
- Research Supervision: Students will be trained to develop research proposals in the field of asthma. Students will present their research proposals and receive feedback from their fellow students and Dr. Feldman. Students are expected to enhance their research presentation and conceptualization skills.

### **PSH 6011, 6012 Clinical Neuropsychology I & II (3 credits each)**

The two-semester didactic sequence constitutes an integral component of The Minor in Clinical Neuropsychology. Concurrent with the course work students are required to complete a formal year-long externship in Clinical Neuropsychology. Specifically, the first course is designed to introduce the student to the field of Adult Clinical Neuropsychology. Emphasis will be placed on both theoretical and practical aspects of neuropsychological assessment. With respect to theory, the course will cover historical aspects, basic concepts and principles, and methodological issues inherent in neuropsychological assessment. Additionally, students will learn how administer neuropsychological tests, score, conceptualize and write neuropsychological reports. The goal of the second-semester course in clinical neuropsychology is to build upon and extend the knowledge gained in the first course of the sequence. The student will learn how neuropsychological tests are used to help diagnose and delineate the course of various disorders that affect the central nervous system. Such disorders include but are not limited to neuro-degenerative diseases, vascular disorders, traumatic brain injuries, and infectious and inflammatory brain disorders. Some of the class time on both semesters will be devoted to supervision and case presentations of clinical cases. Upon completion of this sequence, the student is expected to have acquired a solid theoretical knowledge base in clinical neuropsychology and basic clinical skills in neuropsychological assessment.

### **PSH 6013, 6016 Diabetes Research I & II (3 credits each)**

This course sequence provides intensive exposure to psychosocial research and behavioral science related to the prevention and control of diabetes mellitus.

#### **Course Objectives:**

- Through a research seminar with group discussion of assigned readings, students will receive training in the physiology of diabetes, current treatment paradigms, problems related to prevention and control of diabetes, with a focus on treatment adherence and self-management among adults living with diabetes. Seminars will also cover mental health and quality of life in diabetes. Readings will range from psychological theory, clinical trials of diabetes treatments and prevention interventions, and clinical and research controversies.
- Students will be trained to develop research proposals in the field of behavioral research in diabetes and other illnesses, as relevant to the activities of Dr. Gonzalez's research lab. Students will present their research proposals and receive feedback from their fellow students

and Dr. Gonzalez. Students are expected to enhance their research presentation and conceptualization skills.

- Participation in ongoing research projects, under Dr. Gonzalez's supervision is an additional required component of this course. Through this experience, students will develop competence in the ethical and effective conduct of health psychology research in diabetes and other chronic illnesses.

### **PSH 6014 Neuroscience of Human Behavior Cognition and Affect (3 credits)**

The course will provide overview of the neuroscience of behavior *cognitive* and *affective* function in humans by reviewing the structure and function of the central nervous system. Integrating different disciplines including cognitive psychology, neuropsychology and the cognitive neurosciences to examine classic and current literature pertaining to normal and abnormal behavior cognitive and affective function. The course will cover complex cognitive functions including but not limited to attention, memory, language, and executive control as well as the neuroanatomical substrate underlying these functions. In addition, mechanisms involved in regulation of emotions and affect in normal and diseased populations will be covered.

### **PSH 6017, 6018 Systems Neuroscience I & II (3 credits each)**

This is a research seminar course that covers topics in psychology and systems neuroscience relevant to design and implementation of scientific projects that involve behaving humans (either those with normal nervous systems or those with neural dysfunction) directed toward successful completion of masters and doctoral thesis requirements.

### **PSH 6019, 6020 Headache and Adherence I & II (3 credits each)**

This course is designed to introduce topics studied in the Seng lab, including psychosocial factors and behavioral treatment of headache and related disorders, and medication adherence. This course is also designed to provide a forum for developing your skills as a junior investigator in health psychology.

#### **Course Objectives:**

- To understand the scientific methods used to study behavioral factors in headache and related disorders and medication adherence.
- To gain competency in analytic techniques necessary for research in behavioral medicine.
- To have a basic working knowledge of the literature relevant to topics studied in lab.
- To gain competency in presenting programmatic scientific work to colleagues.
- To gain competency in providing constructive scientific feedback to colleagues.

### **PSH 6021, 6022 Smoking and Nicotine Dependence Research I & II (3 credits each)**

This research seminar covers topics related to smoking and nicotine dependence research including assessment of smoking behaviors, research methods for studying smoking and nicotine dependence, pharmacological and behavioral treatments for smoking and nicotine dependence, and special populations of smokers (e.g., women, persons with comorbid psychiatric, substance use, and medical disorders). Students will develop skill related to critically evaluating research, conducting research, developing research study proposals, and presenting research findings.

### **PSH 6191 Concepts of Psychotherapy (3 credits)**

The course introduces the student to the major theories of psychotherapy in current practice with case examples. Similarities and differences between the various perspectives are discussed. The importance of learning multicultural perspectives in case formulation will be integrated throughout the course. Topical issues in psychotherapy process and outcome research are delineated.

#### **Course Objectives/Goals**

- to learn about different psychotherapy orientations, including psychodynamic therapies, cognitive-behavior therapies, and family therapies.
- to learn the basic elements in case conceptualization. Greater emphasis will be placed on cognitive-behavioral case conceptualization, which is in keeping with the program's primary orientation.
- to learn how demographic and cultural factors influence the therapist's ability to understand and empathize with patients, as well as how culture influences the patient's communication with the therapist.

### **PSH 6284 Applied Statistics in Health (3 credits)**

This course is designed to review basic concepts of quantitative methods in psychology, as well as introduce advanced topics in biostatistics and epidemiology, with a focus on applying these quantitative methods to scenarios commonly encountered in health care settings.

*Prerequisites: PSA 6280 Statistics I, PSA 6283 Statistics II*

### **PSH 6321 Test Construction (3 credits)**

Students learn the principles and practice of test construction, reliability, and validity. Students construct their own tests, write test items, collect data from at least 50 participants, calculate test statistics, revise and eliminate items, and produce a final version with an associated report.

### **PSH 6371 Research Methods: Clinical Health Psychology (3 credits)**

This course focuses on teaching an introduction to the body of knowledge of Clinical Health Psychology, including research methods, basic theories, and clinical applications. It is taught through current journal articles and a text. Students will develop critical reading and writing skills,

to more effectively evaluate research and become able to write critical reviews. The final project is a review paper in a content area chosen by the student.

### **PSH 6420 Clinical and Experimental Hypnosis (3 credits)**

This introductory course on hypnosis examines clinical and experimental applications. The educational objectives are that the student be able to describe: the domain of hypnosis; dissociation, cognitive, social-cognitive, neurobiological and psychoanalytic theories of hypnosis; research on individual differences, hypnotizability scales, suggestibility, brain participation, and mind-body effects; psychoanalytic, cognitive-behavioral, and Ericksonian clinical approaches; applications to pain, anxiety, depression, health-related behaviors, children, medical illness, conversion and somatization, trauma, and sports; and the evidence base.

### **PSH 6431 Intellectual Cognitive Assessment w/ Practicum (3 credits)**

This course is designed to introduce the basics of intellectual assessment and give you a theoretical and practical foundation in the most used intellectual assessment measures.

Course Objectives:

- To understand how tests are constructed and interpreted
- To understand basic psychometric theory
- To gain a basic understanding of the constructs encompassed by the term “intelligence” and how these constructs are commonly measured
- To gain the basic skills of administering, scoring, and interpreting a WAIS, RBANS, and Trail-Making Test, and to be able to generalize these skills to the administration, scoring and interpretation of other measures of cognitive abilities encountered in future settings
- To have a passing knowledge of other commonly used measures of cognitive abilities

### **PSH 6432 Personality Theory and Assessment w/ Practicum (3 credits)**

This course is the second in the two-course assessment sequence. The course is designed to provide foundational knowledge in major theories of personality and provide a theoretical and practical introduction to the most used personality assessment measures (Minnesota Multiphasic Personality Inventory – 2 – RF, Rorschach Inkblot Method, Personality Assessment Inventory). Building upon the first assessment course, students will practice writing integrated assessment reports with potential mood or other psychopathology combined with cognitive/intellectual findings that are further complemented by more subtle interpretations of personality traits and styles. Integrated report writing will also emphasize basic functioning and experience of the individual person, and incorporate realistic recommendations based on the referral question and setting within which assessment occurs.

*Prerequisites: PSH 6431 Intellectual Cognitive Assessment w/ Practicum*

*Corequisite: PSH 6432L Personality Theory and Assessment Lab*

### **PSH 6464 Psychopathology and Illness (3 credits)**

This course attempts to provide the student with a rigorous overview of the field of abnormal psychology. We will cover historical, cultural, theoretical, (e.g., biological, cognitive, behavioral and psychodynamic) phenomenological and some research-based perspectives on cognitive and affective function and dysfunction, and the links between them. As an integral part of the course, the students will be expected to become familiar with the Diagnostic and Statistical Manual of Mental Disorders, 5<sup>th</sup> edition and learn to administer the Structured Clinical Interview for the DSM-5 (SCID-5). Emphasis will be placed on understanding the advantages and limitations of the DSM-5 in terms of classification accuracy, construct validity, cultural sensitivity and general utility in the practice of clinical psychology. The major goal of this course is that students begin to get an understanding of what it is like to encounter, assess, diagnose, and work with patients with these pathologies. In addition, since this is a core course in the Clinical Psychology (Health Emphasis) program, the issue of co-morbidity among psychiatric and medical disorders will be covered in detail, particularly in course assessments.

### **PSH 6469 Multiple Sclerosis I (3 credits)**

Multiple Sclerosis I is a laboratory-based class in which students learn about MS as a model of chronic disease. Working together with more advanced students in teams, students will learn about the current research projects being conducted by lab members, and develop their own research ideas, ultimately culminating in a predoctoral research project, a dissertation, and other optional research projects.

### **PSH 6470 Multiple Sclerosis II (3 credits)**

Multiple Sclerosis II is a laboratory-based class in which students learn about MS as a model of chronic disease. It is a continuation of the Fall semester Multiple Sclerosis I. Working together with more advanced students in teams, students will learn about the current research projects being conducted by lab members, and develop their own research ideas, ultimately culminating in a predoctoral research project, a dissertation, and other optional research projects.

*Prerequisites: Multiple Sclerosis I*

### **PSH 6500 Cognitive Behavior Therapy (3 credits)**

This course combines didactic coursework and applications of treatment in the assessment and cognitive behavioral treatment of anxiety and depressive disorders, with a focus on individual outpatient treatment approaches for adults.

Course Objectives:

- Learn cognitive and behavioral theory underpinning CBT treatment approaches
- Learn how to comprehensively assess anxiety and depressive disorders
- Learn to implement and conduct cognitive behavior strategies for anxiety and depressive disorders using simulated exercises, role-plays, illustrative case examples and videotapes;

cognitive behavior strategies include cognitive restructuring, breathing retraining, deep muscle relaxation, exposure, activity scheduling, problem solving, contingency procedures, and skills training. Adapting CBT for delivery in various health-care settings and to tailored work with adults living with chronic illness will be emphasized.

- Learn to critically evaluate the evidence base for CBT and other empirically supported approaches to psychotherapy.

### **PSH 6543, 6544 Behavioral Medicine Practicum I and II (3 credits each)**

This seminar introduces the practical experience of behavioral medicine. All students are assigned individual supervisors (licensed psychologists) and clinical case referrals through the Parnes Clinic. Clinical cases include patients preparing for bariatric surgery and patients with chronic medical diseases for psychological assessment and treatment.

#### **Course Objectives:**

- Assessment: Students will be trained in psychological assessment techniques used in behavioral medicine. Training will include suicide risk assessment, differential diagnoses, and overlap between psychiatric and medical conditions.
- Report Writing: Students will learn how to write psychological reports based on their evaluations. This course will emphasize the differences between full-length, psychological reports and brief reports used in medical charts. Ethical concerns in report writing will also be discussed.
- Case Presentation: Students will be trained in case presentation and conceptualization skills. Instruction will include how to communicate findings to medical care providers and serve as a consultant-liaison.
- Treatment: Students will develop skills used in short-term psychotherapy to facilitate health behavior change.
- Supervision: Students will learn about the process of supervision and how to effectively use supervision time. Class time will also be devoted to discussion of cases and provide an opportunity for students to provide feedback to each other.

### **PSH 6935 Social Psychology in Health (3 credits)**

This course is designed to expose students to the major social and behavioral theories and methodologies that guide health psychology science.

#### **Course Objectives:**

- To understand and be able to apply the major social and behavioral theories related to health psychology
- To be able to critically evaluate studies in health psychology
- To be able to produce independent, social and behavioral theory-driven proposals for research in the arena of health psychology using appropriate methodologies

### **PSH 6938 Physiological Health Psychology (3 credits)**

This course provides a broad and general background into the biological aspects of behavior by covering a range of topics in both human physiology and physiological psychology (e.g., basic cellular mechanisms, neuroanatomy, neurophysiology, neuropharmacology, neural systems and diseases that affect these systems).

### **PSH 6939 Human Neuroanatomy**

This course is designed to provide an overview of neuroanatomy of the brain. During the course, the general structure and function of the central nervous system will be discussed; subsequently, each brain structure will be discussed in the detail, along with the brain vasculature and functional systems (senses, movement, emotion, etc.). The course includes lectures where students will study different brain dissections in which the discussed structures will be represented. Finally, the students will actively participate in the course by presenting the clinical aspect of the discussed brain structures.

### **PSH 6941, 6944 Neuropsychology and Cognition Research I and II (3 credits each)**

The goal of this course is to introduce the student to research in cognitive aging. This course will cover theoretical and practical issues relevant to cognitive assessment and prevention in normal aging and in dementia. Moreover, a main objective is to provide the student a platform to present ideas for pre-doctoral and dissertation projects. Hence, each student is expected to, depending on the juncture of his/her graduate studies, to design a project that will satisfy the requirements for either a pre-doctoral or dissertation research. My premise is that the development of a research project is a time consuming and demanding process which requires continuous exchange of ideas among research team members. Accordingly, it is expected that students will provide rigorous and thoughtful feedback to each other during the course.

### **PSH 8930 Advanced Research (1 credit)**

The advanced research seminar is only available to students who are still in residence but have completed all research requirements including their dissertation. An individually tailored syllabus must be approved by the student's research mentor.

### **PSH 8931 Doctoral Dissertation Planning (3 credits)**

This individually tailored course is designed to provide research mentorship that is specific to the student's dissertation project. Students must pass the research comprehensive examination and successfully completed their pre-doctoral project in order to register for this course.

### **PSH 8941, 8942 Doctoral Internship (1 credit each)**

Students are required to register for Doctoral Internship each semester of the year-long clinical psychology internship training year.



## **Clinical Health Professional Development Seminars**

These courses are designed to prepare and guide students through the clinical externship process, and, eventually, the internship application process. Academic readings and class discussion serve both to familiarize students with relevant issues in clinical and clinical health psychology (with special emphasis on clinical supervision and professional consultation) and to provide a forum for group supervision regarding externship cases and professional issues that may arise at externship placements.

### **PSH 8943A Clinical Health Professional Development Seminar I, PSH 8944A Clinical Health Professional Development Seminar II (1 credit each)**

Students register for this course in the Fall and Spring of their first year to discuss relevant academic literature and to prepare for their first year-long externship experience which begins during their second year.

### **PSH 8945A Clinical Health Professional Development Seminar III, PSH 8946A Clinical Health Professional Development Seminar IV (1 credit each)**

Students register for this course in the Fall and Spring of their second year to discuss externship experiences, training goals, relevant academic literature, and plans for their next externship.

### **PSH 8947A Clinical Health Professional Development Seminar V, PSH 8948A Clinical Health Professional Seminar VI (1 credit each)**

Students register for this course in the Fall and Spring of their third year to discuss externship experiences, training goals, relevant academic literature, and plans for their next externship.

### **PSH 8949A Clinical Health Professional Development Seminar VII, PSH 8950A Clinical Health Professional Development Seminar VIII (1 credit each)**

Students register for this course in the Fall and Spring of their fourth year to discuss externship experiences, training goals, relevant academic literature, and to prepare for internship applications, interviews, ranking, and the internship match. Those deferring internship applications also register for these sections.

## **School-Clinical Child Psychology Courses**

### **PSS 6117 Professional Practice with Infants and Young Children (3 credits)**

This survey course introduces the student to the practice of psychology with infants, young children and their caregivers. It reviews the legal mandates for intervention, service delivery settings, being on a team, assessment methods, home visits and work with the family as well as intervention strategies and research findings. Three modules structure the course. The first covers broad theoretical and practice principles unique to working with infants and young children. The second examines the autistic spectrum in some depth and the third is devoted to DIR and other

treatment models used with young children with autistic spectrum disorder. The unique dimensions of the work are underscored, and the integration of early intervention and mental health is emphasized. Visits to selected settings are scheduled.

### **PSS 6118, 6119 Psychodynamic Therapy for Youth I & II (3 credits each)**

This course will further develop students' understanding of psychodynamic psychotherapy with children and families, including the historical and theoretical foundation for this type of work. Core principles of psychodynamic psychotherapy and the varieties of psychodynamic practice will be covered, with an emphasis on work with children, adolescents, and families. Students will also be introduced to the empirical support for certain types of psychodynamic psychotherapy and will consider the complexity of pursuing a research agenda for constructs that are not directly observable. Manualized psychodynamic treatments for children, adolescents, and child-parent dyads will be covered. Emphasis will be on developing a psychodynamic perspective and an appreciation for the importance of theoretical integration.

*Pre-requisite: PSS 6610 Introduction to Child Therapy*

### **PSS 6214 Parent Child Interaction Therapy**

This course will provide clinicians with didactic and role play practice of skills essential for PCIT implementation. The course will focus on child direction and parent directed interaction to treat early childhood behavior problems.

### **PSS 6120 Basic Principles of Counseling**

“Less than 30% of psychologists report familiarity with transgender and gender nonconforming (TGNC) clients' needs. The clients, in turn, report a lack of support in their gender journeys. There is clearly a large gap in knowledge, skill, and competence in this area of practice.” (Singh, & dickey, 2017). This course represents an advanced training on developing clinical competence and affirmative counseling skills with Transgender, and Gender Expansive communities. Student will learn about gender development from a Gender Authentic Model (GAM), exploring how gender assigned at birth does not always result in cisgender identities. Exploration of personal biases and beliefs related to gender norms, gender identity, and the ability to claim an authentic gender identity then one assigned at birth will be discussed.

Developing clinical skills and cultural humility in working with trans and gender expansive people is a primary goal of this course. Furthermore, the course will explore current theories, lived experiences of gender diverse people, empirical data, and ethical and legal rights of transgender and gender expansive people. This course requires students to reflect on their own biases and prejudices and engage in conscious rising discussions about gender beliefs and norms to develop competence in counseling and providing care to transgender and gender expansive people

### **PSS 6131, Cognitive Assessment I (3 credits)**

This course introduces the use of intelligence tests in the process of psychological assessment. The Wechsler Scales serve as a foundation along with other scales to follow. Theoretical foundations and issues of intelligence testing are presented leading to a grounding in test administration, scoring and interpretation. The basic structure, principles and procedures in creating a written psychological test report become the focus of the skills developed in the course.

*Only open to School-Clinical Child Psychology students*  
*Materials Fee*

### **PSS 6132, Psychoeducational Assessment (3 credits)**

Assessment and intervention with children and adults are complex and highly interdependent processes. Assessment has no practical meaning unless it helps guide intervention. Within this framework, this course focuses upon the following three critical aspects:

1. The selection, use, and adaptation of appropriate comprehensive batteries of measures to delineate everyone's range of functional capabilities and individual differences across the age range.
2. The use of diagnostic reports as the primary vehicles for facilitating a bridge between psychoeducational diagnosis and individualized instructional goal-planning.
3. An overview of assessment procedures employed with children from varying backgrounds and a broad spectrum of exceptionalities.

*Only open to School-Clinical Child Psychology Students*  
*Pre-requisites: PSS 6131 Cognitive Assessment*  
*Materials Fee*

### **PSS 6153 Personality Appraisal (3 credits)**

This course is an introduction to personality assessment, emphasizing the use and clinical application of the Rorschach Inkblot Method (RIM). The RIM is taught using Exner's Comprehensive System (CS). As such, students are required to use the primary Exner texts to learn administration, scoring, and interpretation of the RIM. The history, theory, psychometric properties, and clinical application of the RIM-CS will be discussed and critically evaluated. We will also briefly review the new Rorschach Performance Assessment System (R-PAS™). The Thematic Apperception Test (TAT), projective drawing methods [House-Tree-Person (HTP) and Kinetic Family Drawing], and Sentence Completions will also be reviewed. A brief overview of objective measures of personality assessment [e.g., Millon Adolescent Clinical Inventory (MACI) and Minnesota Multi-Phasic Personality Inventory – A (MMPI-A)] will be provided. This is a skills-based course, in which you will be required to develop facility with administration, coding, and scoring of the Rorschach, along with the ability to effectively write about your findings and integrate them into a psychological evaluation report. There will be

many opportunities to practice these skills in class and during lab, and all students will be required to administer the RIM to individuals outside of class.

*Pre-requisites: PSS 6132 Psychoeducational Assessment and PSS 6131 Cognitive Assessment I Materials Fee*

### **PSS 6156 DIR Model and Floortime Practice (3 credits)**

This course examines the component modules of the DIR (Developmental-Individual Difference-Relationship Based) approach to working with young children on the autistic spectrum and their families. Analysis, interpretation and intervention strategies related to functional emotional development, the sensory profile, language acquisition and family dynamics will be explored in depth. The student is introduced conceptually and practically to floortime methodology conceptualized as a downward extension of play therapy for the pre-symbolic child. Skills are refined through the viewing of master clinicians conducting floortime sessions (via tapes and DVDs) and when possible the analysis and critique of the students' own taped floortime sessions.

### **PSS 6161 Advanced Seminar in Assessment (3 credits)**

For those already proficient in the basics of child assessment. Theoretical and assessment issues of various clinical syndromes of childhood psychopathology; case material used extensively; emphasis on integration of test data including projective techniques and objective assessment

### **PSS 6189 Assessment of Linguistically and Culturally Diverse Populations (3 credits)**

Students will develop knowledge and skills needed to assess linguistically and culturally diverse populations.

### **PSS 6191, 6192 Child Assessment with Practicum I and II (3 credits each)**

This is a yearlong course designed to develop advanced skills in diagnosis and evaluation. Assessment is conceptualized as a comprehensive process whereby data from observations, interviews and psychometric instruments are integrated for the development of an appropriate psychoeducational evaluation. The most recent research on the reliability and validity of the common procedures being used to evaluate educational and psychological performance will be discussed in detail. Students will provide services to families through referrals received from the University's Center for Psychological and Psychoeducational Services. They will also receive experience in reporting back to parents and/or guardians, school personnel, and other referral sources. This feedback will be in the form of both face to face contact, and formal written reports.

*Prerequisites: PSS 6132 Psychoeducational Assessment and PSS 6153 Personality Appraisal. This is a year-long course (second semester requires the first as a prerequisite) Materials Fee*

### **PSS 6198 Contemporary Issues in School Psychology (3 credits)**

This course will focus on building the functional competencies of (a) data-based decision making and accountability and (b) systems-based service delivery as outlined in NASP's Blueprint for Training and Practice III. Through the examination of current research in school psychology, students will be exposed to evidenced based strategies intended to prevent problems and promote student academic and behavioral success. In addition, school wide interventions and strategies for designing and maintaining safe and effective schools will be discussed. The role of the school psychologist as a leader for improvement and change will be emphasized.

*Permission from instructor required for registration*

### **PSS 6199 Integrating Race and Gender in Multiculturalism (3 credits)**

This course represents the curriculum's introduction to developing multicultural sensitivity. It focuses on how class, race, gender, and sexual orientation construct power and privilege. It introduces empirical data illustrating the presence of racism, sexism and homophobia in contemporary U. S. society. It requires students to reflect on their own biases and prejudices.

*Permission from instructor required for registration*

### **PSS 6200 Seminar in Projectives (3 credits)**

This is an upper level course for students who have already completed a course in Rorschach administration and scoring and a yearlong practicum in assessment of children. This course focuses on deepening an understanding of the theoretical foundations, interpretations and clinical applications of projective assessment from a developmental and psychodynamic point of view. Emphasis is on object relational theory. The applicability of projective assessment for school practice and for children with different disorders will be discussed. Specific scales for assessing object relations on the TAT and Rorschach are introduced. Students will work with data from projective assessments they have conducted.

### **PSS 6204 Advanced Issues in Clinical Child Psychology (3 credits)**

For fourth year students with prior clinical experience in child therapy. Advanced seminar examining treatment with children, adolescents, adults and families through the lenses of psychodynamic psychotherapy, CBT and systems theory. The emphasis is on the functional integration of psychotherapies. Class serves as a theoretical discussion group, with focus on student-presented material.

### **PSS 6212 Working with Parents of Children in Psychotherapy (3 credits)**

Working effectively with the parents of our child patients is an extremely difficult, yet essential part of the treatment. In this seminar, we will begin by examining the various feelings we have towards the parents of our patients and the powerful ways that these feelings can affect the treatment. We will then discuss three different approaches to dealing with our reactions to

parents in order to keep the therapy on track. These approaches include: Siskind's Psychodynamic framework, Jacobs and Wachs' "Parent Therapy", and Cipiani's Cognitive Behavioral Interventions. Finally, we will explore specific issues in which working with the parents of our patients can be particularly challenging, such as divorce and custody, adoption, physical disability, and the potential for child abuse. Students will also be asked to share their own clinical experiences in working with parents.

### **PSS 6213 Cognitive Behavioral Psychotherapy for Youth I (3 credits)**

This course will introduce Cognitive Behavior Therapy (CBT), including theoretical underpinnings, core assumptions of CBT, and the definition of empirically supported practice. Students will learn about the content and therapeutic process of evidence-based approaches targeting externalizing disorders and additional problems from early childhood to adolescence with a focus on Behavioral Parent Training. We will emphasize issues arising as treatment begins, such as assessment, case formulation, and treatment planning, and on issues relating to providing evidence-based treatments. The course will include didactic lecture, case discussion and experiential learning. Students are encouraged to present case material from their own caseloads.

*Prerequisites: PSS 6250 Developmental Psychopathology*  
*Permission from instructor required for registration*

### **PSS 6215 Early Childhood Development and Treatment (3 credits)**

This seminar introduces research on the development of social-emotional and academic competence in early childhood. Topics will include socioeconomic disadvantage, children's social and emotional development, the development of behavior problems, parenting and family interactions in cultural context, and innovative prevention and treatment programs delivered in home and school settings. The goal of this seminar is to provide a foundation for students to pursue research in this area. With this goal in mind, students will gain exposure to the instructor's research program, have the opportunity to join existing and developing research projects in the Early Childhood Research Lab, and begin to develop a focused research question within the instructor's area of expertise. Only students interested in early childhood research should take this course.

*Permission from instructor needed for registration*

### **PSS 6220 Psychoeducational Practices in Schools (3 credits)**

Students will learn about and have experiential activities related to individual and group interventions and assessments in the schools and school-based facilities. Taken concurrent with externship in schools or clinical facilities. Modules will include group work, bullying, RTI, problem-solving approaches and counseling

### **PSS 6221 Consultation and Supervision (3 credits)**

This course is designed to provide students with an introduction to consultation as a model of service delivery in educational settings. Major consultation theories (e.g., mental health, behavioral, organizational/process, instructional) will be discussed. An integrated problem-solving model of consultation will be applied to problems in school/agency settings. The practice of consultation with school personnel and families will be explored along with school culture, and skills for effective consultation. This course will also introduce the fundamental issues of clinical supervision in health service psychology (e.g., models of supervision, supervisor competence, relationships). Supervision of psychologists in school settings will be highlighted. Considerations for cross-cultural practice and work with culturally and linguistically diverse supervisees, clients, and consultees will be discussed and integrated throughout the course.

### **PSS 6222 Consultation-based Interventions (3 credits)**

Focuses on training students to change the way that schools/clinics relate to families at an organizational level. Students will be trained to establish systemic programs that cement family-school partnerships. Each student develops a specific project on the externship site that increases the systemic contact between families and school/clinic setting. There is a strong emphasis on understanding families from multiple ethnoracial backgrounds. This course expands the student's definition of the role of a psychologist beyond someone who works with individual children and families, to include the role of organization change agent.

*Prerequisites: PSS 6221 Consultation and Supervision*

### **PSS 6224 Integrating Multiculturalism into Clinical Practice (3 credits)**

Developing multicultural sensitivity is a developmental journey. As difficult as it is to develop multicultural sensitivity, integrating that knowledge into clinical practice is even more challenging. This course builds on content and process issues that students have explored in earlier classes. The objective of the course is to help students develop a multicultural therapeutic alliance with clients that can be implemented within any theoretical orientation.

### **PSS 6250 Developmental Psychopathology (3 credits)**

This core course will focus on current theory and research in developmental psychopathology. Students will gain exposure to different approaches to understanding and conceptualizing childhood and adolescent disorders, with a focus on a developmental psychopathology framework. Topics will include biological, developmental, familial, and sociocultural factors relevant to the development of psychopathology. We will critically examine the current knowledge base for the etiology and developmental course of childhood and adolescent disorders. Students will become familiar with the major characteristics, uses, and limitations of the DSM-V. We will discuss case examples and consider the implications for clinical practice.

### **PSS 6286 Research Methods in Professional Practice (3 credits)**

This course is designed to increase familiarity with the general principles of psychological research design as they pertain to research conducted with clinical samples or on clinically relevant topics. Over the term, we will review issues related to internal and external validity, the generalizability of research, meta-analysis, and the clinical significance and clinical application of research results. Throughout the course, the emphasis will be on the application of sound methodological principles to concrete research problems. Each class will focus on a specific methodological design or domain, and the readings will provide a general background on the topic. For most classes, at least one of the readings will provide an empirical example of the design or domain. Thoughtful consideration of the impact of human diversity on psychological phenomena is necessary in the planning and interpretation of research. Accordingly, many of the readings include some aspects of human diversity (e.g., age, gender, ethnicity, and sexual orientation). We will also discuss research ethics and sensitivity to cultural diversity issues intermittently throughout the semester.

*Permission from instructor needed for registration*

### **PSS 6296 Case Conceptualization (3 credits)**

Clinical case material always needs to be organized in a meaningful way in order to proceed most effectively with treatment. This course will focus on ways to organize the great variety of facts clinicians are confronted with when they encounter and learn about their cases. Although clinicians often develop an implicit or intuitive grasp of a given clinical situation, in many instances they may find it difficult to articulate their theoretical understanding. The course is intended to stimulate theoretical understanding of clinical material, and to make more explicit an appreciation of the relationships between psychological theory, case conceptualization, and psychotherapy technique.

### **PSS 6311 Adolescent Psychopathology and Treatment (3 credits)**

This course will provide a comprehensive introduction to both the psychopathology of adolescence and contemporary approaches to psychotherapy. The theoretical orientation will be broadly psychodynamic, however readings in short term interpersonal and cognitive behavioral approaches to treatment of specific adolescent issues will also be included. Requirements include extensive readings, participation in class discussions, and completion of a final examination.

### **PSS 6315 Working with Young Adults (3 credits)**

In this course, we will explore the developmental, psychopathological, and clinical issues that become particularly relevant when doing psychotherapy with the older adolescent who is becoming a young adult. This shift from adolescence into adulthood is a period of great complexity in our contemporary culture. Difficulty in completing the developmental tasks of adolescence, which often include struggles with identity consolidation, may lead to a myriad of problems as the teenager enters the “adult world.” The necessities of making occupational choices, establishing intimate relationships, and assuming new roles, along with the difficulties they entail often comprise the manifest content of psychotherapy sessions with people in this age group. Because of the complexity of these issues, this course encompasses a wider focus than



just *adolescent* or *young adult* development, psychopathology, and treatment. Instead, it is my hope to combine these subjects into a wider “gestalt” so that you will be able to understand and effectively work with this population.

### **PSS 6399 Biological Bases of Behavior (3 credits)**

This course will cover the basic topics of the biological basis of behavior. The course will focus on how the nervous system gives rise to complex human behaviors. These behaviors will range from basic functions like movement and sleep to more complex mental abilities such as language and memory. The foundations of this exploration will include the studies of neurophysiology, neuroanatomy and neuropsychology. The course will culminate in lectures on the biological basis of two neurodevelopmental disorders, specifically Reading Disability and Attention Deficit Hyperactivity Disorder. Additionally, professional issues in neuropsychology will be addressed.

### **PSS 6400 Neurodevelopmental Disorders (3 credits)**

This course introduces students to the most current research in the symptomatology, developmental course, etiology, and treatment options for childhood neurodevelopmental disorders. Neurodevelopmental disorders include a broad spectrum of developmental disorders whose origins are thought to have a neurobiological, genetic, cognitive, psychosocial and/or environmental component. In addition to the diagnostic entities traditionally viewed as neurodevelopmental in origin, this course will focus in depth on specific learning disorders, their new reorganization as outlined in the DSM-V and interventional strategies. Recent changes within the field will be explored, including a new conceptual framework for autism, nomenclature and criteria change for intellectual disabilities as well as the addition of new disorders, such as “social communication disorder.” Students will be expected to integrate theory with practice, using differential diagnostic strategies to evaluate clinical cases and assessment data.

### **PSS 6402, 6402L Neuropsychological Assessment and Lab (3 credits, 1 credit lab)**

This course is designed as a practicum with the purpose of developing advanced skills in neuropsychological assessment. Topics will include the neuropsychology of attention, visual-spatial processes, language, memory and learning, sensory motor and executive functions. Students will be required to complete comprehensive neuropsychological evaluations for children referred through the University’s Center for Psychological and Psychoeducational Services. Assessment is conceptualized as a comprehensive process whereby data from observations, interview and psychometric instruments are integrated to develop a neuropsychological evaluation that provides insight to the referral source regarding diagnosis and intervention. Students will be exposed to a broad array of neuropsychological instruments, understand their potential utility in the assessment process and learn to interpret the significance of test data. Additionally, students will receive supervision and guidance in test administration, interpretation and report writing. Lectures, in-class demonstrations and case presentations will be used to assist the student in developing his or her skills in neuropsychological assessment.

*Prerequisites: PSS 6191, 6192 Child Assessment w/ Practicum I & II*

*Students must be recommended for this course by their Child Assessment and Cognitive Assessment professors.*

**PSS 6447 Foundations and Applications of Evidence Based Practice (3 credits)**

This course will introduce Cognitive Behavior Therapy (CBT), including the history and theoretical underpinnings, core assumptions of CBT, and a survey of CBT techniques commonly used in practice, with an emphasis on child and adolescent therapy. Students will also be introduced to the definition of empirically supported therapies, and the evidence base for cognitive behavior therapies for children and adolescents.

**PSS 6448 Behavior Therapy in the School (3 credits)**

This course reviews behavioral and cognitive-behavioral models, strategies and techniques that are applicable for working with children, adolescents, parents and teachers.

**PSS 6449 - Evidence Based Interventions for Youth II (3 credits)**

This course will provide advanced training in treatment of many childhood internalizing disorders. Students will learn empirically supported treatment programs for treating anxiety disorders, depression, bipolar disorder, eating disorders, emotional dysregulation, and suicidality. The treatment approaches covered will include Cognitive Behavior Therapy (CBT), which includes Exposure with Response Prevention, Interpersonal Psychotherapy, Family-based treatment, and Dialectical Behavior Therapy. We will focus on issues arising as treatment begins, such as assessment, case formulation, and treatment planning, and on current issues relating to providing evidence-based treatments. The course will include didactic lecture, case discussion, and experiential learning. Students are encouraged to present case material from their own caseloads.

*Prerequisites: PSS 6213 Cognitive Behavioral Psychotherapy for Youth I & PSS 6250 Developmental Psychopathology*

**PSS 6450 Research Seminar: Treatment of Internalizing Disorders (3 credits)**

This course is designed to cover advanced topics in the treatment of internalizing disorders by way of reviewing the most current empirical literature. Additionally, students will be introduced to concepts and challenges in designing and conducting psychological research. The major goal of this course is for the students to collaboratively design research projects which address a topic in internalizing disorders.

*Pre-requisites: PSS 6449 Evidence-Based Interventions for Youth II.  
Permission from instructor needed for registration*

**PSS 6451 Evidence Based Practice: Dissemination and Implementation for Youth in Mental Health Settings (3 credits)**

Implementation research is the study of processes for integrating empirically supported treatments (ESTs) into usual care and holds high promise for reducing the well-documented and concerning gap between treatment research and community practice. This course will first familiarize students with the evidence base for youth mental health treatments, paying attention to meta-analyses of randomized clinical trials, both efficacy and effectiveness. Attention will also be given to research that examines the current conditions of youth mental health services in the United States, both in terms of its effectiveness and descriptive characteristics. Students will learn about the challenges and barriers to transporting evidence-based practices into usual care settings and will be exposed to innovative approaches to extending the use of scientifically supported practices into community-based settings of care. Among other topics, we will discuss the importance of organizational context and systems-level interventions, the role of training and supervision in the scaling up of evidence-based practices, common elements approaches to ESTs, and the importance of “practice-based” research in the dissemination and implementation of mental health treatments with proven efficacy.

*Permission from instructor needed for registration*

### **PSS 6500A Research Seminar: Assessment and Consultation (1 credit)**

This course focuses on research methods in school psychology with emphasis on psychoeducational assessment and school consultation. Specific topics include test bias, assessment of special populations, improving the utility of psychoeducational reports, and factors that facilitate treatment acceptability/adherence in school consultation.

### **PSS 6500B Research Seminar: Early Childhood (1 credit)**

This course is designed to provide an introduction to research in early childhood in two areas. First, research that increases understanding of how to best support young children’s (ages 2-5) social-emotional, behavioral, and early academic competence in preschool contexts. This research focuses on parenting and teaching practices, development of early academic skills, and prevention programs. Second, we will focus on how to best support developmental care and family-centered care in the Neonatal Intensive Care Unit (NICU) for babies born prematurely. Students will have the opportunity to review the current empirical literature. Students will be introduced to key concepts and methodology in designing community-based research in early childhood. Students will assist in research tasks for ongoing lab projects including literature reviews, IRB applications, data collection, data analysis and interpretation. The major goal of this course is for the students to collaboratively design research projects that address a topic in early childhood research related to the instructor’s area of expertise.

### **PSS 6500C Research Seminar: OCD and Anxiety (1 credit)**

This course is designed to introduce research in early childhood in two areas. First, research that increases understanding of how-to best support young children’s (ages 2-5) social-emotional, behavioral, and early academic competence in preschool contexts. This research focuses on parenting and teaching practices, development of early academic skills, and prevention programs. Second, we will focus on how to best support developmental care and family-centered

care in the Neonatal Intensive Care Unit (NICU) for babies born prematurely. Students will have the opportunity to review the current empirical literature. Students will be introduced to key concepts and methodology in designing community-based research in early childhood. Students will assist in research tasks for ongoing lab projects including literature reviews, IRB applications, data collection, data analysis and interpretation. The major goal of this course is for the students to collaboratively design research projects that address a topic in early childhood research related to the instructor's area of expertise.

### **PSS 6500D Research Seminar: Psychodynamic Psychotherapy (1 credit)**

This course is designed to cover advanced topics in psychodynamic psychotherapy with children and the relationship between religion and mental health. Based on project assignments, students will be introduced to concepts and challenges in designing research in one or both of these areas. The major goal of this course is for the students to collaboratively design research projects which address a topic in psychodynamic psychotherapy research and/or religion and mental health. Additional topics related to early childhood, attachment theory, and religious groups may also be covered. Students will also assist in research tasks for ongoing lab projects including literature reviews, IRB applications, screening subjects, data collection, and data analysis and interpretation.

### **PSS 6500E: Research Seminar: Attachment & Psychotherapy Process (1 credit)**

This course will cover the clinical applications of attachment theory, and research methods to study the therapeutic process in psychodynamic psychotherapies with children and families. Students will develop research projects applying attachment theory to understand the therapeutic relationship.

### **PSS 6500F Research Seminar: School Mental Health (1 credit)**

This course focuses on key concepts in school-based mental health research. Students will collaboratively engage in all stages of the research process to advance evidence-based practices in early identification and intervention for youth experiencing social emotional and behavioral difficulties in schools.

### **PSS 6500G: Research Seminar: Youth Suicide (1 credit)**

This course focuses on the identification of suicide risk factors for children and adolescents from a life-course perspective. Students will collaborate on the design and implementation of research projects, including literature reviews, grant and manuscript writing, and presentation at conferences.

### **PSS 6500H: Research Seminar: Graduate Training (1 credit)**

This course focuses on research methods. Specific topics include: graduate training issues; externship and internship evaluation; student characteristics; issues related to stigma in the Jewish community; Conscience Clause.

### **PSS 6500I- Research Seminar: Community Partnered Research (1 credit)**

This course is designed to cover advanced topics in the implementation of evidence-based interventions in schools and community settings, issues related to disparities in service use and outcome, and issues related to trauma interventions and supports in schools. This will be accomplished by way of reviewing the most current empirical literature. Additionally, students will be introduced to concepts and challenges in designing research in implementation and services research. The major goal of this course is for the students to collaboratively design research projects which address a topic in services or implementation research. Students will also assist in research tasks for ongoing lab projects including literature reviews, IRB applications, data collection, and data analysis and interpretation.

### **PSS 6520 Interventions for Infants and Young Children (3 credits)**

Intervention with infants and young children is examined in a relational, family-centered and transdisciplinary framework. Current theory, models and best practices for intervention with infants, young children and their families are examined. Strategies suited to the treatment of both developmental and psychosocial disorders will be covered. Neuromotor, sensory, cognitive/developmental and play-based approaches, including play therapy, Floor Time, and Supportive Play Model (SPM), Applied Behavior Analysis (ABA), parent-infant psychotherapy, Sensory Integration (SI), Neurodevelopmental Treatment (NDT) and curriculum-based methods will be introduced. The role of the psychologist on the early intervention team will be emphasized.

### **PSS 6610 Introduction to Psychodynamic Child Therapy (3 credits)**

This course is an introduction to child-focused psychotherapy theory and practice models. Emphasis is placed on play therapy techniques, particularly those based in psychodynamic theory. A brief review of various theoretical approaches and integrative models will also be presented. We will discuss the importance of conceptualization, treatment planning, and psychotherapy process and outcomes, within a developmental context. The importance of establishing therapeutic relationships with children and their families will also be emphasized.

*Permission from instructor needed for registration*

### **PSS 6611, 6612 Practicum Child Therapy I & II: Psychodynamic (3 credits each)**

This course is a year's sequence that accompanies your work as a therapist at the Parnes Clinic. The course focuses on the application of psychodynamic principles with preschool and school-aged children, adolescents and their parents. This will be accomplished through students'

presentations of their work with their patients. During the first semester, the focus is on the beginning phase of therapy. This will include Clinic intake procedures, clinical assessment of the child and family—the family’s cultural heritage and its effects on the child in school and therapy, neuropsychological or learning issues the child may have, and social/emotional functioning of the child and family. Other common topics that emerge are anxiety in the early work and engaging parents in the treatment. During the second semester, issues in ongoing therapy will be discussed, including using play for increasing symbolization, transference and countertransference, and intersubjectivity. Termination of the therapy will also be discussed, with a focus on transfer of children to other therapists as appropriate.

Collateral work with the school is integrated throughout as appropriate for the case.

Each student is assigned a therapy supervisor for weekly supervision meetings.

*Only open to School-Clinical Child Psychology students*

### **PSS 6617 Clinical Work with Children, Parents and Families**

Nearly all theoretical orientations consider the family environment central to the development of the individual, although the extent to which and how these are addressed in treatment may vary. Working with children and adolescents necessarily involves working with their parents, and very often the family (in which the child is the identified patient) needs help. Furthermore, the therapeutic alliance with parents has been shown to be predictive of child outcomes. Yet individual psychotherapy and family psychotherapy are often considered distinct approaches with separate training paths. To bridge this gap, this course will provide an overview of theories and research related to treating children and their families, including attachment-based, psychodynamic, cognitive behavioral, and family systems approaches. We will discuss key issues around assessment of family history and dynamics, when and how to include parents and siblings in treatment, working with transference and countertransference, techniques and tasks for intervening, and psychoeducational and behavioral strategies for parents. Finally, we will explore specific issues that may be addressed in treatment, including mourning and loss, child abuse and neglect, foster care and adoption, high expressed emotion, disordered eating, and marital conflicts.

### **PSS 6621 Principles and Techniques of Group Therapy with Children and Adolescents (3 credits)**

This course examines theoretical and practical issues in running therapy groups for children and adolescents. Multiple therapeutic orientations will be discussed along with ways of integrating different perspectives. The nuts and bolts of maintaining groups will also be address. Although primarily a didactic course, class participation in discussion and exercises is expected

### **PSS 6622 Trauma in Children and Adolescents (3 credits)**

In this course we will explore theory and clinical interventions around trauma in infants, children and adolescents. Topics will include effects of trauma on self and relationships with others, dissociation, intergenerational transmission of trauma, and traumatic dreams. We will study examples of both relational trauma (i.e. sexual or physical abuse, traumatic bereavement) and event trauma (i.e. natural or man-made disasters). Clinical interventions will include working with parents, sensorimotor psychotherapy with children and adolescents, and community prevention programs. Students will be encouraged to present their clinical material.

### **PSS 6625, 6626 Practicum Child Therapy I & II: CBT (3 credits each)**

Students participating in the practicum will treat child and adolescent cases in the Parnes Clinic using CBT. The practicum will include weekly supervision from an experienced CBT therapist in the community; small group didactic training, including role-play; and group supervision, including case presentations and review of therapy recordings. This course will use a treatment team approach, so students benefit from faculty supervision and peer support for their clinical work. Each student will be assigned to an instructor for small group meetings, and this instructor will complete the grading for this student. Full group and small group meetings will be scheduled as needed during the semester. Through closely supervised experience treating clients in the Parnes Clinic using CBT approaches, students will put into practice concepts learned in the CBT course sequence. Students will learn to conceptualize cases from a CBT framework, tailor evidence-based treatment for diverse families, and use assessment from intake through termination to support treatment outcomes. With supervision, students will administer, score, interpret, and provide feedback on diagnostic interviews, observations and/or behavior rating scales to consider home and school functioning. A core battery of assessments will be administered to all clients with domain-specific measures used, as appropriate. Assessment and treatment will vary somewhat to provide the best fit to the client's and family's presenting concerns and culture. Building on student experience in the CBT course sequence, students will continue learning CBT principles and techniques in this course and will draw from relevant treatment protocols and research to guide their work with children and families.

*Pre-requisites: PSS 6213, PSS 6449 Cognitive Behavioral Psychotherapy for Youth I and II  
Only open to School-Clinical Child Psychology students*

### **PSS 6801 Professional and Ethical Issues in Health Service Psychology (3 credits)**

This course is designed to provide students with an orientation to the role and function of the school psychologist. An overview of the ethical and legal issues affecting the professional practice of psychology in the schools and clinical settings will also be provided.

*Only open to School-Clinical Child Psychology students*

### **PSS 6802 Role and function of School Psychologist (3 credits)**

This course will focus on the everyday realities of working in a school setting as a member of an interdisciplinary team. Emphasis will be on the **practical** applications of theory and expanding your knowledge of the changing role of the school psychologist in the 21<sup>st</sup> century.

### **PSS 6810 Advanced Educational Psychology (3 credits)**

Focuses on psychological principles of learning and instruction and their transfer to the classroom. Addresses these questions: What is learning? What processes are involved in the acquisition of new information? What principles govern the learning process and how are they applied to instruction and education? What evidence exists for the efficacy of various educational practices?

### **PSS 6814 Adult Psychopathology and Assessment (3 credits)**

This course introduces the student to defining features of adult psychopathology. The student will acquire: (a) a practically-focused introduction to the use of the DSM-V diagnostic system in the contemporary health care system; (b) a grasp of central concepts important in the description and classification of psychopathology, including relevant aspects of the historical and cultural context of these concepts; (c) an introduction to substantive scientific theories accounting for most important categories of psychopathology; (d) an awareness of the wider human context of diagnosis, including both the individual client's psychosocial setting and the larger social contextual factors, such as population dynamics, social structure, and the like. While treatment will be surveyed and theory will be discussed, the primary focus of Adult Psychopathology is descriptive, with an emphasis on psychopathology rather than intervention. One of the most relevant and crucial aspects of this course is that students will also learn how people who suffer from various adult psychopathologies can affect the lives of their children and families. There are no prerequisites or co-requisites for this course.

### **PSS 6915 Research Project I (3 credits)**

Research Project I provide independent mentoring with a faculty advisor and culminates in a document that represents an approved review of a well-defined topic that is determined between student and research advisor. After RPI has been approved the student registers for RPII.

The course entails individual or small group meetings that focus on: 1. Development of a research topic; 2. Outlining literature related to topic; 3. Discussions that focus literature review; 4. Submission of literature review drafts; 5. Editing of documents; 6. Final approval by Faculty Research Advisor

### **PSS 6916 Research Project II (3 credits)**

Students register for Research Project II in the semester after completing RPI and continue to register for this course, in future semesters, until all requirements – including the oral



examination – have been completed. (No research project can begin until the AECOM IRB has approved the proposal.)

Research Project II provides independent mentoring with a faculty advisor and culminates in a document that may take the form of any one of a wide spectrum of possibilities including the following: an original quantitative or qualitative empirical study; a replication of an empirical study; development or validation of an instrument; evaluation-outcome research (of a program or intervention); A case study or N=1 research; meta-analysis; Needs assessment

Since this research project is part of the curriculum for the professional degree, it is anticipated that the student will focus on professional practice in contrast to theoretical issues. RPII is an actual study including statistical analyses and/or qualitative analysis and culminates in a reviewed document

### **PSS 8941A, 8942A School-Clinical Child Doctoral Internship (1 credit each)**

This is the fifth year culminating educational experience. It is a full-time, supervised experience in a medical center, hospital, community based mental health facility or a school. The student completes a minimum of 1750 hours in a clinical facility or 1500 hours in a school during ten to twelve months. The experience must be supervised by a licensed psychologist

### **PSS 8943A-8948A School-Clinical Child Externship I-VI (1 credit each)**

The second-year externship (PSS 8943A-44A) takes place in a school setting and is supervised by an appropriately credentialed professional. The student is required to complete approximately 500-600 hours during the year. Students meet weekly in group supervision at Fekauf. This course is designed to support your school psychology externship experience. As described in the Ferkauf Student Handbook, the second year Externship “requires the student to work in a school, or school related facility under supervision of a licensed psychologist-who should also be a credentialed school psychologist-for a minimum of two days a week for ten months (approximately 500 hours). While supervision of externship activities will occur primarily at the externship site, this course will be used as a means to provide additional support and guidance.

The third-year externship (PSS 8945A-46A) takes place in a clinical setting and is supervised by an appropriately credentialed professional. The student is required to complete approximately 600 hours during the year. Students meet weekly in group supervision at Fekauf. PSS 8945 provides oversight and group supervision of the third-year externship experience. The course also focuses on developing a greater understanding of the parental/caretaker experience through readings and small group discussions related to the externship. PSS 8946 provides group supervision, review of externship experiences in third year clinical settings. Students will lead a class dialogue about selected readings that depict psychological factors that underpin current treatment – such as temperament, bases of behavioral treatment, intervention with parents and alternative treatment. Case conceptualization in preparation for next year’s internship process will be discussed and modeled. The fourth-year externship (PSS 8947-48) takes place in a clinical setting or a school setting and is supervised by an appropriately credentialed

professional. The student is required to complete a minimum of 600 hours during the year. Students meet in group supervision at Fekauf.

The fourth-year externship (PSS 8947A-48A) takes place in a clinical setting or a school setting and is supervised by an appropriately credentialed professional. The student is required to complete a minimum of 600 hours during the year. Students meet in group supervision at Fekauf.

### **PSS 8949, 8950 Bilingual School-Clinical Child Psychology Externship I and II (3 credits each)**

Students who are qualifying for the Bilingual extension to the School Psychology Certificate must complete at least one semester of this course. The experience must be supervised by an appropriately credentialed professional who is bilingual.

### **Mental Health Counseling Courses**

#### **PSM 6100 Neuropsychology Basic Principles (3 credits)**

This course is designed to provide an overview of neuropsychological principles. Basic structures and functions of the central nervous system are covered. Classic and current interdisciplinary literature examines constructs such as attention, memory, language, and executive control as well as their neuroanatomical substrates. This course is intended to:

1. Provide an overview of the central nervous system, especially as it pertains to cognitive and affective functions in humans
2. Provide a comprehensive study of normal and abnormal cognitive and affective functions in humans
3. To accomplish the above two objectives, the course is specifically designed to integrate information from classic and current literature in psychology and related fields

#### **PSM 6120 Basic Principles of Counseling (3 credits)**

This course is designed to familiarize the master's level student with the theory, practice, methods, principles, and concepts of mental health counseling.

Course Objectives: 1) to examine and discuss the characteristics of the effective counselor; 2) to review counseling theories and conceptual approaches; 3) to examine basic counseling skills; 4) to understand and conceptualize cases from intake to termination; and 5) to examine the role of your own personality in your development as a counselor.

#### **PSM 6170 Sexuality and Gender Counseling (3 credits)**

This course will address issues related to counseling gay, lesbian, bisexual, transgender and 'queer' identified clients. Topics include historical, religious, social, political concerns, sexual identity and gender development, coming out across the lifespan, homophobia, homo-prejudice, hetero-sexism, family and relationships, career, multicultural issues, youth, aging, HIV/AIDS,

substance abuse, bullying and gay bashing.

### **PSM 6181 Multicultural and Diversity Issues (3 credits)**

This course will address issues related to developing culturally competent counseling practices when dealing with multi-cultural and diverse client groups. Discussions will include investigations into race, class, ethnicity, age, disability, LGBTQ, military, women, etc. and the counseling process.

### **PSM 6182 Attachment across the Lifespan (3 credits)**

To familiarize students with the historical roots and contemporary models for attachment theories. The course will be presented in two modules by Professor Resko and Professor Javors. The first meeting, both instructors will be present to discuss the overall course outline and requirements. Subsequently, the course will be taught in 7-week modules with Professor Resko teaching sessions 1 through 7 and Prof. Javors teaching sessions 8 through 15. The two modules include 1) attachment theories and 2) application of theory to clinical practice.

1. Students will learn the relationship between developmental theories and attachment theories.
2. Students will become familiarized with the major theorists of attachment theory including Bowlby, Ainsworth, Fonagy, etc.
3. Students will become knowledgeable of current neuropsychological theories related to attachment.
4. Student will learn how to integrate attachment into their clinical practice.
5. Students will learn how to integrate diagnostics within an attachment theoretical framework.

### **PSM 6191 Concepts and Technology in MHC (3 credits)**

For most of your training as counselors, you have focused on learning about theory. In this course, we will focus on the interaction of theory with practice. Our concern this semester is to learn and apply the various concepts and techniques needed in clinical practice. The primary goal of this course is to learn about the interplay between theory and technique within the ‘real world’ of clinical work. We will study various schools of therapy and their techniques including: Person-centered psychodynamic, gestalt, existential, behavioral, eclectic, integrated, etc. Students will gain many skills for inclusion in their ‘therapeutic toolbox.’

### **PSM 6193 Counseling Skills Development (3 credits)**

The course is designed as an introduction to the profession of mental health counseling. Our discussions will range from an overview of the profession to professional skills building with emphasis on personal growth and development. Students will become familiar with the scope of practice of the mental health counselor.

### **PSM 6194 Principles of Psychodynamic Psychotherapy (3 credits)**

The goal of the course is to re-introduce basic principles of psychodynamic psychotherapy in a present-day context. That is, we shall focus on short-term psychodynamic psychotherapy. Issues reviewed in class will be: Working alliance, transference, resistance, working through and termination. We shall review their original meaning and follow their development and implementation in counseling.

### **PSM 6195 The Resilient Counselor (3 credits)**

Counselors work in highly demanding environments and they can suffer from burnout, compassion fatigue and secondary stress. This course is designed to help students learn to strike an optimal balance between self-care and other care. We will discuss the benefits and hazards of this work, the journey from novice to senior practitioner, and the factors that contribute to burnout and compassion fatigue. Our focus will be to teach novice counselors ways to maintain professional and personal self-care through developing a self-care action plan.

- 1) students will learn the signs of burnout and compassion fatigue
- 2) students will learn about secondary stress
- 3) students will come to understand the need for balance between self-care and other care
- 4) students will learn the steps in the journey from novice to seasoned practitioner
- 5) students will learn the skills necessary to develop a self-care action plan

### **PSM 6225 Assessment and Appraisal of the Individual (3 credits)**

Appraisal of Individuals, Couples, Families, and Groups examines the use, selection, administration, scoring and interpretation of standardized inventories/tests (e.g., personality inventories) related to the field of counseling. This course is designed to provide students with the experience of using various quantitative assessment tools related to treatment planning. By the end of this course, students will understand individual and group approaches to assessment and evaluation, including all the following:

- a. historical perspectives concerning the nature and meaning of assessment.
- b. basic concepts of standardized and non-standardized testing and other assessment techniques including norm referenced and criterion-referenced assessment, environmental assessment, performance assessment, individual and group test and inventory methods, behavioral observations, and computer-managed and computer-assisted methods.
- c. statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations.
- d. reliability (i.e., theory of measurement error, models of reliability, and the use of reliability information);

- e. validity (i.e., evidence of validity, types of validity, and the relationship between reliability and validity).
- f. age, gender, sexual orientation, ethnicity, language, disability, culture, spirituality, and other factors related to the assessment and evaluation of individuals, groups, and specific populations.
- g. strategies for selecting, administering, and interpreting assessment and evaluation instruments and techniques in counseling.
- h. an understanding of general principles and methods of case conceptualization, assessment, and/or diagnoses of mental and emotional status; and
- i. ethical and legal considerations.
- j. presenting testing results both verbally and in written form in relationship to treatment goals.
- k. reading, evaluating, and understanding test manuals to be able to assess the appropriateness of an assessment tool for a population.

#### **PSM 6225L MHC Labs (0 credits)**

This is a required lab that supplements the material for the Appraisal of Individuals, Couples, Families, and Groups course (PSM 6225, 3 credits). In Lab students will work with Teaching Assistants in small groups to examine, practice and use the various assessment instruments that were discussed in class. This lab is designed to provide students with practical experience of using various quantitative assessment tools related to treatment planning.

#### **PSM 6371 Issues in Professional Practice (3 credits)**

This is a broad-based course that covers a wide range of issues confronting the professional counselor. Ethical principles that guide professional conduct as counselor-in-training, practitioner, teacher, and consultant are emphasized. Case examples will accompany lecture and discussion. The course is designed to expose students to the ethical questions and challenges that professional counselors are facing in their current work. This course includes training on the New York State required Syllabus on Identification and Reporting of Child Abuse and Maltreatment.

#### **PSM 6405, Social and Cultural Foundations of Counseling (3 credits)**

This course explores the theories, findings, and methods of social psychology. The central question in social psychology is how people's thoughts, feelings, and behaviors are influenced by the real, implied, or imagined presence of others. You will gain understanding of research in the field of social psychology and the broader implications of the field's findings for understanding social behaviors and how they are shaped by the social situations.

#### **PSM 6430 Stats, Research, and Program Evaluation (3 credits)**

This research seminar will focus on readings and discussions of evidence-based treatment and practices. This is a crucial area all too often overlooked by clinicians who hold the belief that psychotherapy research is virtually irrelevant to their clinical practice. Research and program evaluation have much to teach us and is essential and crucial to the viability of clinical practice today. This seminar will spend a good deal of time on the methods as well as the findings of research.

Course Objectives: To gain an appreciation of evidence-based research and program evaluation. Students will demonstrate the ability to research an area of interest, critique the research studies, and comprehend the importance and clinical application of the findings.

### **PSM 6440 Couples and Family Counseling (3 credits)**

The course will focus on the practice of couples and family counseling. The early lectures will provide a discussion of the foundations of family therapy, including the major models of couples and family counseling. The second part of the course will have a strong emphasis on clinical interventions and treatment.

Throughout the course, attention will be directed to cultural and individual diversity in families, and to what we as people and as counselors bring to our professional practice.

### **PSM 6450 Counseling Children and Adolescents (3 credits)**

This course provides a didactic foundation to conduct individual oriented child and adolescent counseling. After developing an awareness of the unique challenges that are involved in working with children and adolescents, we will review relevant treatment techniques and helping strategies.

Course Objectives: 1) gain an understanding of intervention strategies to effectively counsel youth; 2) acquire an awareness of the importance and development of prevention and intervention programs to address the problems of youth; 3) explain the systems theories and relationship of influences such as parents, schools, communities on the lives of children, 4) recognize unique developmental issues related to children and adolescents; 5) demonstrate the counseling process and skills in individual counseling with children and adolescents; and 6) explain and defend their personal approach to counseling children.

### **PSM 6451 Counseling Older Adults (3 credits)**

In addition to highlighting the practices in counseling older adults in the traditional areas, this course provides insight into new and emerging areas of geropsychology. The field of counseling psychology is characterized by long roots in prevention, primary interventions, advocacy, and an emphasis on a growing aging population. The field's fundamental philosophical approach has historically emphasized human strengths, well-being, and prevention. Over the years, this approach has led to emerging emphases on cultural context, dimensions of diversity, the role of work in people's lives, and expanded roles for counseling psychologists in new settings,

contexts, and with new populations. This course will further examine all these concepts as they apply to older adults.

### **PSM 6461 Principles in Group Therapy (3 credits)**

This course will expose you to the basic theory and practice of group psychotherapy. The course work will illustrate differences between group and individual therapy, highlight the value of group therapy as an effective intervention, and provide students with the necessary tools for forming and conducting groups.

1. Academic Learning: Through textbooks, journals articles, lectures and discussion.
2. Experiential Learning: Through participation in this class students will have to opportunity to examine their role in a group context. This will be part of class discussions. Experiential learning can also come from your own therapy. Whether you decide to choose group, individual or family therapy is a question worth exploring.
3. Observational Learning: Through videos and role playing in class. Your placements hopefully will provide opportunities to observe groups being run by those in the field.

### **PSM 6483 Substance Abuse and Treatment (3 credits)**

This course will provide an overview of the current theories of substance abuse and its treatment. Methods of assessment, intervention and prevention will be explored. We will review the eleven classes of substances according to the DSM IV and specific aspects of dependence, abuse, intoxication and withdrawal for each. Through weekly reading and writing assignments, class discussions and presentations, students will gain a deeper understanding of the issues and complexities of addiction.

### **PSM 6484 Grief Counseling (3 credits)**

Regardless of the practice settings, counselors will inevitably work with clients who are coping with loss (death and non-death related), grief and bereavement. This course is designed to (1). Introduce students to contemporary theories on loss, grief and bereavement and (2). Demonstrate how these theories are applied to clinical practice.

1. Students will become familiar with loss and grief terminology.
2. Students will learn contemporary theories on loss, grief, and bereavement.
3. Students will become knowledgeable of critical guidelines for conceptualizing loss, grief and bereavement.
4. Students will learn the different meanings of loss and the impact of loss on those grieving and on caregivers.

5. Students will examine how race, religion, ethnicity, socio-economic status, gender, age, immigration status and sexual orientation may influence the experience of loss, grief and bereavement.
6. Students will become familiar with the concepts: complicated grief and mourning as well as come to understand the effects of multiple losses, traumatized loss, disenfranchised or stigmatized loss, genocide and the historical transmission of loss on an individual; learning to identify PTSD.
7. Students will learn about companion animal loss.
8. Students will learn skills to help avoid compassion fatigue

### **PSM 6485 Crisis Counseling (3 credits)**

An examination of diverse crisis situations and the assessment and treatment strategies used by mental health professionals to assist individuals, groups and organizations manage and resolve those crises. The purpose of this course is to prepare you for dealing with the inevitable crisis you will encounter as a mental health professional. We will spend time reflecting on how people deal with crises, exploring your own crisis experiences, and starting to develop your skills in crisis intervention. However, your major focus throughout the course will be on learning the practical skills of helping people in crisis.

### **PSM 6486 Play Therapy (3 credits)**

This purpose of this lecture-experiential course is to provide you with an introduction and an understanding of the fundamentals of play therapy. Students will learn about the rationale behind the use of play therapy as well as various major theoretical approaches to play therapy. Students will be taught basic principles and skills of play therapy, including reflective listening, recognizing and responding to children's feelings, therapeutic limit setting, building children's self-esteem, and structuring therapeutic play sessions. Focus will be given on trying to understand the factors that bring about change in play therapy.

### **PSM 6500 Advanced Issues in Mental Health Counseling (3 credits)**

This course is designed to familiarize students with advanced issues involving the structural and theoretical 'nuts and bolts' of mental health counseling. Students are encouraged to critically think about various approaches to the counseling process, develop their own 'world view' of counseling, and integrate their world view into their conceptualization of a case.

### **PSM 6503 Lifestyle and Career Development (3 credits)**

The course covers the major theories of career development and how to apply these theories in working clients. Topics include gender and multiculturalism, the use of assessment instruments in career counseling, and the role of technology. The course is highly participatory. This semester we will work together in person and online to create understandings of career



counseling and career assessment. Using hands-on methods, we will put into practice career theories, assessments, techniques, and the career counseling process that we learn about in class (CACREP II.K.4.h, CACREP II.4.f, CACREP II.K.4.a.). We will develop an understanding of multicultural considerations and issues in career counseling (CACREP II.K.4.d, h). Utilizing career development models and theories we will learn to identify internal (e.g., self-esteem) and external (e.g., various life roles, work environment) forces that impact career choice and work adjustment (CACREP II.K.4.d). Additionally, we will develop familiarity with computer assisted career guidance systems and online assessments (CACREP II.4.f). As a culminating activity, we create career education development interventions specific to the student's future populations including schools, community and addiction programs and higher education environments (CACREP II K.4.e).

### **PSM 6510 CBT Principles for Counseling (3 credits)**

This course will introduce Cognitive Behavior Therapy (CBT), including the history and theoretical underpinnings of CBT and the evidence base for its effectiveness. Lectures and exercises will emphasize case conceptualization and application. Students will learn to apply some of the most used CBT techniques with their clients in the context of counseling.

### **PSM 6515 Lifespan Development (3 credits)**

This class provides an overview of developmental issues across the life span. The overall goal is to explore the social-emotional and cognitive psychological underpinnings of human functioning from infancy to old age. Among the topics that will be covered are life-span attachment issues (e.g., early parent-child relationships); developmental psychopathology (i.e., risk and resilience); normative and atypical emotional development; personality development; different approaches to cognitive functioning; and a general focus on developmental continuities and discontinuities.

### **PSM 6622 Counseling in Public Settings (3 credits)**

Students will become knowledgeable about cross-cultural and socio-political issues and controversies in the intellectual/cognitive and personality/psychodiagnostic assessment of racially, ethnically, and culturally diverse settings where mental health services are provided to the community. Students will be able to interpret and score psychological test measures in a culturally sensitive way and learn to write integrative psychological reports.

### **PSM 6815 Psychopathology: Child, Adolescents, and Adults (3 credits)**

This course provides a framework for exploring the range of psychopathology as presented in the Diagnostic and Statistical Manual of Mental Disorders (American Psychiatric Association, 2000). The class will focus on description, etiology, assessment, and diagnosis of major categories of mental illness across the lifespan (child, adolescent and adult). The student will become familiar with multi-axial assessment and diagnosis. Developmental, environmental, and dynamic elements of etiology will be considered in the context of case studies. Evaluation and management of high-risk clients and the preparation of mental status exams and intake summaries will be covered.

At the end of the course, students will be able to:

1. Demonstrate an understanding of the concept of psychopathology and apply critical thinking to questions of diagnosis in mental health counseling.
2. Demonstrate a working knowledge of the current edition of the Diagnostic and Statistical Manual of Mental Disorders.
3. Demonstrate knowledge of multiaxial assessment and differential diagnosis.
4. Demonstrate an understanding of etiology and diagnosis for all major diagnostic categories.
5. Demonstrate an empathic awareness of a typical client's experience with at least one major pathology.
6. Demonstrate an ability to complete mental status exams and to prepare intake summaries.
7. Demonstrate an ability to screen for suicidal and homicidal intent and to effectively manage suicidal, homicidal and other high-risk clients.

### **PSM 6816 Advanced Issues in Psychopathology (3 credits)**

This course provides students an opportunity to explore issues of psychopathology and diagnosis beyond the categorical approach presented in the *Diagnostic and Statistical Manual of Mental Disorders* (American Psychiatric Association, 2000). Psychodynamic, cognitive and person-centered theories of pathogenesis will be studied and applied to case material. Developmental levels of mental organization will be outlined and their relation to psychopathology discussed. Pathological character and personality will be studied and its relationship to categorical diagnosis examined. Time will be taken for special topics such as neuropsychology, trauma, sexual addiction, eating disorders, borderline personality; etc.

At the end of the course, students will be able to:

8. Demonstrate an understanding of the major psychodynamic, cognitive, and person-centered theories of psychopathology and pathogenesis.
9. Demonstrate an understanding of pathological character and personality beyond the DSM.
10. Demonstrate an understanding of defense mechanisms and their implication for understanding a client's pathology and mental organization.
11. Understand the basic neuropsychological theories of trauma and traumatic brain injury.
12. Demonstrate an in-depth understanding of various specific pathologies including anorexia nervosa, sex addiction, borderline personality, etc.
13. Be able to diagnose and understand clients in a complex, multi-modal way.

### **PSM 6943, 6944 Supervised Field Placement I, II (1.5 credits each)**

This year-long proseminar and part-online course is designed to provide a forum in which the numerous aspects of counseling fieldwork and professional identity can be explored and integrated. Students are expected to be actively engaged in a field placement in which this class will also serve as a point for individual and group supervision (this course monitors the New York State Education Department's pre-graduation requirement for 600 supervised contact

hours). This course includes the group supervision requirement which includes discussion of pertinent aspects of your field placement. This process includes intense supervision and critiques from your peers.

The readings will include topics such as: clinical supervision models and techniques, establishing the therapeutic relationship with the client, identifying one's own orientation and therapeutic style, working within different mental health settings, when to make referrals, ethics, the process of terminating clients, multicultural and diversity issues, and numerous other clinical issues that arise. An emphasis will also be placed on the importance of a professional orientation and identity as a Mental Health Counselor including the steps required for licensure. We emphasize a focus on the ethical standards of the American Counseling Association (ACA) as they relate to your experiences in the field and your growth as counselors-in-training.

The class is designed to stimulate discussion in an open format style rather than be a purely didactic experience and students are strongly encouraged to learn from each other through critiques and open feedback. Many clinical issues and topics will be explored, and class discussions and group supervision will reflect the diversity of the class and the work each of you are doing.

This course will involve familiarizing you with important online professional information and documents, part seminar, part skills training, and part clinical experience in supervision.

### **PSM 6945 Counseling Practicum I (3 credits)**

This course will provide the student with the opportunity to practice and refine interviewing techniques through the process of in vivo interviewing, videotaping, feedback and discussion. Different interviewing styles and techniques will be presented and practiced. In addition, ways of establishing rapport and how to do a complete mental status exam will be reviewed. The course will focus on developing different interviewing styles, written case presentations.

### **PSM 6946, 6947 Supervised Field Placement III, IV (1.5 credits each)**

The Integrative Proseminar is a one-year long capstone course required for graduating MA students. It is an opportunity for students to have a guided experience in integrating their learning and demonstrate their ability to apply their knowledge, skills, and abilities in clinical practice. The course fulfills Ferkauf's requirement to complete a final experience that includes use of content from all core courses prior to graduation. Students attend a proseminar which includes applying skills in work with individuals, families, and groups. Students must attend all classes, participate in group supervision, and take two exams to pass the course. Grading for the course will be "P" or "F". Students cannot pass this course unless they meet all other program requirements. SFP III: A presentation on a clinical case. Students must describe their theoretical orientation to counseling and include in their presentation a discussion of their own personal theory of change. The presentation also must include a short role play and/or re-enactment on audio tape of an example of when they demonstrated a successful therapeutic interaction (e.g. one that led to positive results for their client) and one example of when they did something in the counseling session that did not result in a positive interaction (e.g. a situation where they

“wished they had done something differently.”) They must explain what alternative interventions might have been more productive. The goal is to identify helpful (or not helpful) stylistic interventions so they can be either embellished or minimized as they develop counselor skills. SFP IV: The final project which serves as the critical competency examination for our Mental Health Counseling program will consist of a video presentation of them conducting a counseling session of one of their cases in Ferkauf Graduate School of Psychology’s Parnes Psychological Clinic. The typical case will involve 2-3 sessions with a client in the Ferkauf Psychological Training Clinic. The first session will involve an intake; the 2nd session will be administering assessments and the 3rd providing feedback to the client. The video should not exceed a total of 50 minutes – including footage from all three sessions.