CREATIVE ARTS IN SOCIAL WORK

Instructor: Heidi Landis, RDT-BCT, LCAT, TEP, CGP
Class Meetings: Sundays September 15, 2019- December 15, 2019
Time: 2:30-4:30 SEE ADDENDEUM FOR MODIFIED CLASS TIMES
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COURSE DESCRIPTION

This survey course explores the current uses of the creative arts in social work practice, including music, drama, art and dance. This course will utilize both lecture and experiential exercises to explore the therapeutic value of creative approaches. Students will also be encouraged to express their own creativity and apply these approaches to practice.

COURSE OBJECTIVES

Through the completion of their assignments, students will:

- Learn about the history and theoretical underpinnings of creative art interventions.
- Become familiar with evidence-based applications of creative arts in social work practice.
- Identify the relationship between creative art approaches and social work practice.
- Begin to apply the use of creative arts in direct practice with clients.
- Understand the application of creative arts for enhancing social awareness and social change.

INSTRUCTIONAL METHODS

This course will explore a range of expressive arts therapies and projective techniques. There is an emphasis on clinical applications as well how to use these techniques alongside and integrated social work interventions. The class will be both experiential and didactic in nature. Required articles are available on-line from the electronic reserves of the Pollack library. The course password to access them is ________

COURSE EXPECTATIONS AND GRADING

Attendance
Students are expected to attend all sessions of courses and complete all assigned work on time. Whenever unusual circumstances make regular attendance impossible, the student should consult with the instructor on how to make up work. Missed classes may result in a lowering of the student’s final grade by one letter grade (e.g., a final grade of B would be lowered to a B-).
Main Texts


ASSIGNMENTS

Class Participation 40%

Class participation enriches knowledge and learning. Student’s learning and skill development is enhanced through class participation. Class participation is highly valued in this course. Students are expected to attend all classes and be on time.

Written Assignment 1- Reflection Papers 30%

During the course, you will be asked to reflect on your thoughts, feelings, ideas, and reactions to the course content and readings through 3 reflection papers and art responses. These responses can be done in any art form i.e., poetry, music, art, film etc... Creativity is encouraged! **Reflection papers will be due on October 20th, November 3rd and November 24th.**

Presentation/Written Assignment 2  Creative Arts in Direct Practice 30%

Each student will choose one of the modalities explored to research further. Students will create a presentation consisting of a 20-minute experiential, in which one area of the chosen modality is used to demonstrate the presenters understanding in this area through their own scope of practice. In addition, students will be required to write a protocol and justification paper using the intervention that is presented focusing on a group, individual or community from your practice.

Protocol and justification paper will include:

Paper (4-5 pages)

1. Provide a brief psychosocial evaluation of the client (individual, group, community)
2. How has creative arts approaches informed your assessment and intervention with this case? Make sure to connect theory to practice.
3. Include any ethical dilemmas that were inherent in this case.
4. Protocol

For any citations, use APA 6th Edition citation format throughout your paper, including in your reference section. The paper should make use of 5-10 citations, half of which may be taken from course readings. A limited bibliography is required. Late papers will be graded down. (Half a grade a week).
STUDENTS WITH DISABILITIES

Students with Disabilities

Students with disabilities who are enrolled in this course and who will be requesting documented disability-related accommodations are asked to make an appointment with the Office of Disability Services, Rochelle Kohn, Beren Campus, (646) 592-4132, rkohn1@yu.edu, Abby Kelsen, Wilf Campus, (646)592-4280, akelsen@yu.edu, during the first week of class. After approval for accommodations is granted, please submit your accommodations letter to Disability Services Office immediately.

E-Reserves

What is eReserve?

eReserve (Electronic Reserve) is Yeshiva University’s on-line web based system used to provide access to journal articles, book excerpts, and other course materials. Most articles listed in each syllabus are available on eReserve. You can access full text articles from your home or from a university computer.

How do I use eReserve?

1. Go to the library’s online resources page: http://www.yu.edu/libraries/
2. Click on online resources.
3. Click on eReserves
4. If you are off-campus, at this point you will be prompted for your Off Campus Access Service login and password (obtain this from the library).
5. In the ‘search for Courses’ box, type in the name of your course.
6. Click on the link to your course.
7. Enter the password given to you by your instructor (ALL UPPERCASE).
8. Locate and click on the item you wish to view. Titles beginning with "A", "An", or "The" are alphabetized under "A" and "T" respectively.
9. When the article text or book record appears on the screen, you can print, email, or save it to disk.
10. If you have any problems, please contact - eres@yu.edu.

PLAGIARISM:

Students should remember that the School will not condone plagiarism in any form and will sanction acts of plagiarism. A student who presents someone else's work as his or her own work is stealing from the authors or persons who did the original thinking and writing. Plagiarism occurs when a student directly copies another's work without citation; when a student paraphrases major aspects of another's work without citation; and when a student combines the work of different authors into a new statement without reference to those authors. It is also plagiarism to use the ideas and/or work of another student and present them as your own. It is not plagiarism to formulate your own presentation of an idea or concept as a reaction to someone else's work; however, the work to which you are reacting should be
discussed and appropriately cited. Any student who can be shown to have plagiarized any part of any assignment in this course will automatically **FAIL** the course and will be referred to the Associate Dean for disciplinary action, which may include expulsion.

**HIPAA ALERT:**

In line with the new HIPAA regulations concerning protected health information, it is important that you understand that any case information you present from your work will need to be deidentified. What this means is that any information that would allow another to identify the person needs to be changed or eliminated. This includes obvious things like names and birth dates but may also contain other information that is so unique to the person that it will allow for identification, including diagnosis, race/ethnicity, or gender. If diagnosis, race/ethnicity, gender is directly related to the case presentation it can be included if it will not allow for identification.

**CONFIDENTIALITY**

Given the nature of classroom discussion and the presentation of case materials and at times personal revelation in class, students are reminded that the same commitment to confidentiality with clients extends to classmates. What is shared in class stays in class.

**COURSE OUTLINE**

**Unit 1: Introduction to the Healing Power of Creative Art Approaches-Session:** (9/15 2:30-4:30)
- History and Philosophy
- Fundamentals of Therapeutic Intervention
- Neuroscience and Creative Arts

**Required Readings:**
**Text:** Chapter 1


**Unit 2: Intro continued and Poetry Therapy:** (9/22-2:30-4:30, 9/25 (12:25-2:00- Modified class)

**Required Readings:**
**Text:** Chapter 6

Creative Arts Therapies Manual Chapter 27 & 29
Recommended Readings:


Unit 3: Drama Therapy: (10/6, 2:30-5:30- extended class)

- Theory & Practice of drama therapy
- Application of drama therapy to individual & group practice
- Application of drama to specialized populations

Required Readings:
Text: Chapter 5

CAT Manual – Chapters 22, 23, 24


Recommended Readings Drama Therapy


**Unit 4: Art Therapy (10/20 12:25-2:00- modified class)**

- Theory & Practice of art therapy
- Application of art therapy to individual & group practice
- Application of art to specialized populations

**Required Readings:**
- Text: Chapter 2
- CAT Workbook: Chapters 1, 3, 5

**Recommended Readings:**


**Unit 4: Music Therapy (10/27 2:30-4:30)**

*Guest Lecturer: Tara L. Davis, MA, MT-BC*

- Theory & Practice of MT
- Application of MT to individual & group practice
- Application of MT to specialized populations

**Required Readings:**
Text: - Chapter 3

CAT Manuel: Chapters 17-19

**Recommended Readings Music Therapy:**


**Unit 5: Psychodrama - (11/3) Extended Class 2:30-6:00**

- Theory & Practice of Psychodrama
- Introduction to psychodrama principals

**Required Reading:**
CAT Manual: Chapters 26

**Recommended Readings**


**Unit 6: Sand Tray (11/17)**

- Theory & Practice of ST
- Application of ST to individual & group practice
- Application of ST to specialized populations

**Required Reading:**
Text: Chapter 8

CAT Manual – Chapters 6 - 8

**Recommended Readings Sand Play/Sand Tray**


**Unit 7: Dance/Movement Therapy (DMT)- (11/24-2:30-4:30)**

**Required Readings:**
Text: Chapter 4

CAT workbook: Chapters 22, 23, 24


**Recommended Readings Dance Movement Therapy:**


12/1- Individual meetings re final projects

Final Presentations- 12/8 Extended Class 2:30-6:00

Closure and Integration of Creative Art Approaches: 12/15
  - Application of CATS to current practice
  - Ethics of CATS and credentialing

Required Reading:


Bibliography


Creative Arts in Social Work Class Schedule

1. September 15: 2:30-4:30 (Intro to CATS)
2. September 22: 2:30-4:30 (intro moving into Poetry Therapy)
3. September 29: Modified class Rosh Hashanah 12:25- 2:00 (Poetry Therapy)
4. October 6th: Extended Class 2:30-6:00 (Drama Therapy)
5. October 13th: No class
6. October 20th: Modified Class Eve Shimini 12:25-2:00 (Art Therapy) Reflection 1 Due
7. October 27th: 2:30-4:30 (Music Therapy)
8. November 3rd: Extended Class 2:30-6:00 (Psychodrama) Reflection 2 Due
9. November 10th- No class
10. November 17th: 2:30-4:30- Sand Tray
11. November 24th 2:30-4:30- Dance Movement Therapy Reflection 3 Due
12. December 1st- No Class
13. December 8th Extended Class 2:30-6:00- Final Presentations