CREATIVE ARTS IN SOCIAL WORK

Instructor: Heidi Landis, RDT-BCT, LCAT, TEP, CGP
Class Meetings: Sundays September 16, 2018- December 16, 2018
Time: 2:30-4:30 (September 23 and 30 modified schedule: 12:25-2:00)
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COURSE DESCRIPTION

This survey course explores the current uses of the creative arts in social work practice, including music, drama, art and dance. This course will utilize both lecture and experiential exercises to explore the therapeutic value of creative approaches. Students will also be encouraged to express their own creativity and apply these approaches to practice.

COURSE OBJECTIVES

Through the completion of their assignments, students will:

• Learn about the history and theoretical underpinnings of creative art interventions.
• Become familiar with evidence-based applications of creative arts in social work practice.
• Identify the relationship between creative art approaches and social work practice.
• Begin to apply the use of creative arts in direct practice with clients.
• Understand the application of creative arts for enhancing social awareness and social change.

INSTRUCTIONAL METHODS

This course is taught with didactic lecture, class discussion, movement, play and theatre. Required articles are available on-line from the electronic reserves of the Pollack library. The course password to access them is ________

COURSE EXPECTATIONS AND GRADING

Text
ASSIGNMENTS

Class Participation 30 points

Class participation enriches knowledge and learning. Student’s learning and skill development is enhanced through class participation. Class participation is highly valued in this course.

Written Assignment 1 30 points

During the course, you will keep a journal reflecting your thoughts, feelings, ideas, and reactions to the course content. Creativity is encouraged! You may also want to use your journal to explore modalities that we have not covered in class that you wish to learn about. Additionally, use journals to reflect on the integration of readings, classroom learning and field practice. You will also be asked to have at least two art responses in addition to your written journal entries. These responses can be done in any art form i.e., poetry, music, art, film etc...

You will need at least six journal entries and at least two creative responses over the fourteen weeks of the course.

Written Assignment 2 Creative Arts in Direct Practice 40 points

Each student must develop a written assignment (8-10 pages) on assessment and intervention of a case from your practice as informed by creative therapy approaches (you can focus on one or more approaches). A detailed outline follows:

1. Each student must develop a final paper (8-10pgs) on a client(s) that they have worked with using major concepts from this class.
2. Provide a brief biopsychosocial evaluation of the client (individual, group, community)
3. How has creative arts approaches informed your assessment and intervention with this case? Make sure to connect theory to practice.
4. Include excerpts from your practice to illustrate integration of creative approaches into your work
5. Include any ethical dilemmas that were inherent in this case.

For any citations, use APA 6th Edition citation format throughout your paper, including in your reference section. The paper should make use of 5-10 citations, half of which may be taken from course readings. A limited bibliography is required. Late papers will be graded down. (Half a grade a week).

STUDENTS WITH DISABILITIES

Students with Disabilities

Students with disabilities who are enrolled in this course and who will be requesting documented disability-related accommodations are asked to make an appointment with the
Office of Disability Services, Rochelle Kohn, Beren Campus, (646) 592-4132, rkohn1@yu.edu, Abby Kelsen, Wilf Campus, (646)592-4280, akelsen@yu.edu, during the first week of class. After approval for accommodations is granted, please submit your accommodations letter to Disability Services Office immediately.

**E-Reserves**

What is eReserve?

eReserve (Electronic Reserve) is Yeshiva University’s on-line web based system used to provide access to journal articles, book excerpts, and other course materials. Most articles listed in each syllabus are available on eReserve. You can access full text articles from your home or from a university computer.

**How do I use eReserve?**

1. Go to the library’s online resources page: http://www.yu.edu/libraries/
2. Click on online resources.
3. Click on eReserves
4. If you are off-campus, at this point you will be prompted for your Off Campus Access Service login and password (obtain this from the library).
5. In the ‘search for Courses’ box, type in the name of your course.
6. Click on the link to your course.
7. Enter the password given to you by your instructor (ALL UPPERCASE).
8. Locate and click on the item you wish to view. Titles beginning with "A", "An", or "The" are alphabetized under "A" and "T" respectively.
9. When the article text or book record appears on the screen, you can print, email, or save it to disk.
10. If you have any problems, please contact - eres@yu.edu.

**PLAGIARISM:**

Students should remember that the School will not condone plagiarism in any form and will sanction acts of plagiarism. A student who presents someone else's work as his or her own work is stealing from the authors or persons who did the original thinking and writing. Plagiarism occurs when a student directly copies another's work without citation; when a student paraphrases major aspects of another's work without citation; and when a student combines the work of different authors into a new statement without reference to those authors. It is also plagiarism to use the ideas and/or work of another student and present them as your own. It is not plagiarism to formulate your own presentation of an idea or concept as a reaction to someone else's work; however, the work to which you are reacting should be discussed and appropriately cited. Any student who can be shown to have plagiarized any part of any assignment in this course will automatically **FAIL** the course and will be referred to the Associate Dean for disciplinary action, which may include expulsion.

**HIPAA ALERT:**
In line with the new HIPAA regulations concerning protected health information, it is important that you understand that any case information you present from your work will need to be de-identified. What this means is that any information that would allow another to identify the person needs to be changed or eliminated. This includes obvious things like names and birth dates but may also contain other information that is so unique to the person that it will allow for identification, including diagnosis, race/ethnicity, or gender. If diagnosis, race/ethnicity, gender is directly related to the case presentation it can be included if it will not allow for identification.

CONFIDENTIALITY

Given the nature of classroom discussion and the presentation of case materials and at times personal revelation in class, students are reminded that the same commitment to confidentiality with clients extends to classmates. What is shared in class stays in class.

COURSE OUTLINE

Unit 1: Introduction to the Healing Power of Creative Art Approaches-Session: 1,2 (9/16, 9/23)
- History and Philosophy
- Fundamentals of Therapeutic Intervention
- Neuroscience and Creative Arts

Required Readings:
Text: Chapter 1


Unit 2: Art Therapy-Session: 3,4 (9/30, 10/7)
- Theory & Practice of music therapy
- Application of music therapy to individual & group practice
- Application of music to specialized populations

Required Readings:
Text: Chapter 2

CAT Workbook: Chapters 1, 3, 5

Recommended Readings:


Unit 3: Drama Therapy-Sessions 5, 6 (10/14, 10/21)
  o  Theory & Practice of drama therapy
  o  Application of drama therapy to individual & group practice
  o  Application of drama to specialized populations

Required Readings:
Text: Chapter 5

CAT Manual – Chapters 22, 23, 24


Recommended Readings Drama Therapy


**Unit 4: Dance/Movement Therapy (DMT)-Session: 7,8 (10/28, 11/4)**

- Theory & Practice of DMT
- Application of DMT to individual & group practice
- Application of DMT to specialized populations

**Required Readings:**
Text: Chapter 4

CAT workbook: Chapters 22,23, 24


**Recommended Readings Dance Movement Therapy:**


**Unit 5: Music Therapy Session: 9, 10 (11/11, 11/18)**

- Theory & Practice of MT
- Application of MT to individual & group practice
- Application of MT to specialized populations

**Required Readings:**

Text: - Chapter 3

CAT Manuel: Chapters 17-19

**Recommended Readings Music Therapy:**


Unit 6: Psychodrama Session, 11 (11/25)
- Theory & Practice of Psychodrama
- Introduction to psychodrama principals

Required Reading:

CAT Manual: Chapters 26


Unit 7: Integration of Creative Art Approaches: 12,13,14 (12/2, 12/9, 12/16)
- Intermodal panel
- Application of CATS to current practice
- Ethics of CATS and credentialing

Required Reading:


Bibliography


