

Clinical Program Core Sequence Requirements

Foundation Requirements

- 1) Cognitive and Affective Bases of Behavior
- 2) Lifespan Development
- 3) Social Psychology
- 4) History and Systems of Psychology
- 5) Physiological Psychology
- 6) Issues in Professional Practice

Assessment Sequence Requirements (to be taken in this order)

- 1) Clinical Interviewing with Practicum
- 2) Cognitive Assessment with Practicum
- 3) Personality Assessment with Practicum
- 4) Clinical Assessment with Practicum I
- 5) Clinical Assessment with Practicum II

Research Sequence Requirements (to be taken in this order)

- 1) Statistics
- 2) Integrating Clinical Practice and Research
- 3) Research Methods and Design
- 4) Two Research Seminars
 - Psychodynamic Process Research I & II (Aafjes-van Doorn)
 - Emotions, Psychopathology, and Socio-Economic Contexts: Theories and Concepts I & II (Arsenio)
 - Psychodynamic Processes and Trauma Narrative I & II (Békés)
 - Effective Psychotherapists: An Integrative Approach I & II (Eubanks)
 - Moral Foundations of Self Change I & II (Gorlin)
 - Vulnerability, Prevention and Treatment of Anxiety and Depression, and Related Disorders (ADAPT) I & II (McGinn)
 - Cognitive Processes in Depression and Anxiety I & II (Quigley)
 - Grief, Loss & Meaning I & II (Roberts)
 - Mindfulness and Eating Disorders Lab (MEAL) I & II (Sala)
 - Research in Depression and Personality Disorder in Older Adults I & II (Zweig)
- 5) Research Project I
- 6) Research Project II
- 7) Data Analysis or Introduction to Qualitative Research

Psychotherapy Sequence Requirements (to be taken in this order)

- 1) Multicultural and Diversity Issues
- 2) Issues in Professional Practice
- 3) Category A (*two required*)
 - Evidence Based Psychodynamic Therapies

- Interpersonal and Relational Psychotherapy **or** Self Psychology **or** Object Relations Theory and Therapy
- 4) Category B (*both required*)
 - Cognitive Therapy
 - Behavior Therapy
 - 5) Category C (*one required*)
 - Psychological Assessment and Treatment of Older Adults
 - Couples and Family Therapy
 - Principles of Group Therapy
 - 6) CBT Practicum Sequence or Psychodynamic Practicum Sequence (*see details below*)
 - 7) CBT Practicum Sequence or Psychodynamic Practicum Sequence (*see details below*)

CBT Practicum Sequence (Two Years)

- 1) Cognitive Therapy
- 2) Behavior Therapy
- 3) Treating 3-4 patients in the Parnes Clinic (3rd and 4th year – CBT)
- 4) Weekly 1 hour of individual supervision (3rd and 4th year – CBT)
- 5) CBT for Anxiety and Depression I & II (*Cognitive Therapy **and** Behavior Therapy are required pre-requisites, CBT Individual Psychotherapy Practicum I & II is a co-requisite*)
- 6) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a co-requisite*)
- 7) Advanced CBT Psychotherapy Practicum I & II (*CBT Individual Psychotherapy Practicum I & II is a pre-requisite*)

Psychodynamic Practicum Sequence (Two Years)

- 1) Evidence Based Psychodynamic Therapies
- 2) Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology (*Evidence Based Psychodynamic Therapies is a pre-requisite*)
- 3) Treating 3-4 patients in the Parnes Clinic (3rd and 4th year – Psychodynamic)
- 4) Weekly 1 hour of individual supervision (3rd and 4th year – Psychodynamic)
- 5) Psychodynamic Individual Psychotherapy Practicum (*Evidence Based Psychodynamic Therapies is a pre-requisite; Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology are pre- or co-requisites*)
- 6) Advanced Psychodynamic Individual Psychotherapy Practicum (*Psychodynamic Individual Psychotherapy Practicum is a pre-requisite*)

Mixed Practicum Sequence (CBT Practicum 3rd Year, Psychodynamic Practicum 4th Year)

- 1) Cognitive Therapy
- 2) Behavior Therapy
- 3) Evidence Based Psychodynamic Therapies
- 4) Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology (*Evidence Based Psychodynamic Therapies is a pre-requisite*)

- 5) Treating 3-4 patients in the Parnes Clinic (3rd year – CBT; 4th year – Psychodynamic)
- 6) Weekly 1 hour of individual supervision (3rd year – CBT; 4th year – Psychodynamic)
- 7) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a co-requisite*)
- 8) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a co-requisite*)
- 9) Psychodynamic Individual Psychotherapy Practicum (*Evidence Based Psychodynamic Therapies is a pre-requisite; Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology are pre- or co-requisites*)

Mixed Practicum Sequence (Psychodynamic Practicum 3rd Year, CBT Practicum 4th Year)

- 1) Cognitive Therapy
- 2) Behavior Therapy
- 3) Evidence Based Psychodynamic Therapies
- 4) Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology (*Evidence Based Psychodynamic Therapies is a pre-requisite*)
- 5) Treating 3-4 patients in the Parnes Clinic (3rd year – Psychodynamic; 4th year – CBT)
- 6) Weekly 1 hour of individual supervision (3rd year – Psychodynamic; 4th year – CBT)
- 7) Psychodynamic Individual Psychotherapy Practicum (*Evidence Based Psychodynamic Therapies is a pre-requisite; Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology are pre- or co-requisites*)
- 8) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a co-requisite*)
- 9) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a co-requisite*)