<table>
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<th>Clinical Program</th>
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<td>Core Sequence Requirements</td>
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**Foundation Requirements**
1) Cognitive and Affective Bases of Behavior  
2) Lifespan Development  
3) Social Psychology  
4) History and Systems of Psychology  
5) Physiological Psychology  
6) Issues in Professional Practice

**Assessment Sequence Requirements (to be taken in this order)**
1) Clinical Interviewing with Practicum  
2) Cognitive Assessment with Practicum  
3) Personality Assessment with Practicum  
4) Clinical Assessment with Practicum I  
5) Clinical Assessment with Practicum II

**Research Sequence Requirements (to be taken in this order)**
1) Statistics  
2) Integrating Clinical Practice and Research  
3) Research Methods and Design  
4) Two Research Seminars  
- Psychodynamic Process Research I & II (Aafjes-van Doorn)  
- Emotions, Psychopathology, and Socio-Economic Contexts: Theories and Concepts I & II (Arsenio)  
- Psychodynamic Processes and Trauma Narrative I & II (Békés)  
- Effective Psychotherapists: An Integrative Approach I & II (Eubanks)  
- Moral Foundations of Self Change I & II (Gorlin)  
- Vulnerability, Prevention and Treatment of Anxiety and Depression, and Related Disorders (ADAPT) I & II (McGinn)  
- Cognitive Processes in Depression and Anxiety I & II (Quigley)  
- Grief, Loss & Meaning I & II (Roberts)  
- Mindfulness and Eating Disorders Lab (MEAL) I & II (Sala)  
- Research in Depression and Personality Disorder in Older Adults I & II (Zweig)  
5) Research Project I  
6) Research Project II  
7) Data Analysis or Introduction to Qualitative Research

**Psychotherapy Sequence Requirements (to be taken in this order)**
1) Multicultural and Diversity Issues  
2) Issues in Professional Practice  
3) Category A *(two required)*  
- Evidence Based Psychodynamic Therapies
- Interpersonal and Relational Psychotherapy or Self Psychology or Object Relations Theory and Therapy

4) Category B (both required)
   - Cognitive Therapy
   - Behavior Therapy

5) Category C (one required)
   - Psychological Assessment and Treatment of Older Adults
   - Couples and Family Therapy
   - Principles of Group Therapy

6) CBT Practicum Sequence or Psychodynamic Practicum Sequence (see details below)
7) CBT Practicum Sequence or Psychodynamic Practicum Sequence (see details below)

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**CBT Practicum Sequence (Two Years)**
1) Cognitive Therapy
2) Behavior Therapy
3) Treating 3-4 patients in the Parnes Clinic (3rd and 4th year – CBT)
4) Weekly 1 hour of individual supervision (3rd and 4th year – CBT)
5) CBT for Anxiety and Depression I & II (Cognitive Therapy and Behavior Therapy are required prerequisites, CBT Individual Psychotherapy Practicum I & II is a co-requisite)
6) CBT Individual Psychotherapy Practicum I & II (CBT for Anxiety and Depression I & II is a co-requisite)
7) Advanced CBT Psychotherapy Practicum I & II (CBT Individual Psychotherapy Practicum I & II is a pre-requisite)

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**Psychodynamic Practicum Sequence (Two Years)**
1) Evidence Based Psychodynamic Therapies
2) Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology (Evidence Based Psychodynamic Therapies is a pre-requisite)
3) Treating 3-4 patients in the Parnes Clinic (3rd and 4th year – Psychodynamic)
4) Weekly 1 hour of individual supervision (3rd and 4th year – Psychodynamic)
5) Psychodynamic Individual Psychotherapy Practicum (Evidence Based Psychodynamic Therapies is a pre-requisite; Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology are pre- or co-requisites)
6) Advanced Psychodynamic Individual Psychotherapy Practicum (Psychodynamic Individual Psychotherapy Practicum is a pre-requisite)

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**Mixed Practicum Sequence (CBT Practicum 3rd Year, Psychodynamic Practicum 4th Year)**
1) Cognitive Therapy
2) Behavior Therapy
3) Evidence Based Psychodynamic Therapies
4) Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology (Evidence Based Psychodynamic Therapies is a pre-requisite)
5) Treating 3-4 patients in the Parnes Clinic (3rd year – CBT; 4th year – Psychodynamic)
6) Weekly 1 hour of individual supervision (3rd year – CBT; 4th year – Psychodynamic)
7) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a corequisite*)
8) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a corequisite*)
9) Psychodynamic Individual Psychotherapy Practicum (*Evidence Based Psychodynamic Therapies is a pre-requisite; Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology are pre- or co-requisites*)

**Mixed Practicum Sequence (Psychodynamic Practicum 3rd Year, CBT Practicum 4th Year)**

1) Cognitive Therapy
2) Behavior Therapy
3) Evidence Based Psychodynamic Therapies
4) Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology (*Evidence Based Psychodynamic Therapies is a pre-requisite*)
5) Treating 3-4 patients in the Parnes Clinic (3rd year – Psychodynamic; 4th year – CBT)
6) Weekly 1 hour of individual supervision (3rd year – Psychodynamic; 4th year – CBT)
7) Psychodynamic Individual Psychotherapy Practicum (*Evidence Based Psychodynamic Therapies is a pre-requisite; Interpersonal Psychotherapy, Object Relations Theory and Self-Psychology are pre- or co-requisites*)
8) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a corequisite*)
9) CBT Individual Psychotherapy Practicum I & II (*CBT for Anxiety and Depression I & II is a corequisite*)