

Cigna DHMO Dental Plan

Dental coverage is provided through Cigna. You have two dental plans from which to choose from: the Cigna DPPO Plan or the Cigna DHMO Plan.

Cigna DHMO Plan

The Cigna DHMO is a dental plan is a managed care dental plan in which you must choose a general dentist who will manage your overall dental care. Covered family members can choose their own network general dentist near home, work or school. Cigna's nationwide Dental Care (DHMO) network is the largest in the United States. You can change your dental office at any time and for any reason and our change will effective the 1st of the following month.

If you require specialty care (except pediatric or orthodontic), your network dentist will refer you to a network specialist. (You do not need a referral for children under seven years old to visit a network pediatric dentist).

The Cigna DHMO may be right for you because there are:

- No deductibles
- No dollar maximums
- Easy to understand costs – the amount you are responsible for any given procedure is clearly listed on your Patient Charge Schedule (PCS)
- No claim forms

Important: If you receive covered services from a dentist who does not participate in the DHMO network, your plan will not pay except in the case of an emergency.

Click here for the [DHMO Enrollment Form](#) which must be completed in addition to the Medical and Dental enrollment form.

Click here to access the [Cigna Dental Care DHMO](#) brochure.

Click here for information on [finding a network dentist](#).

Click here for [Frequently Asked Questions about the DHMO](#).

Click here to review the [Patient Charge Schedule](#).

Click here to review the [Dental Fee Overview](#).

Cigna's Oral Health Integration Program (OHIP) – Cigna provides more coverage for medical conditions associated with oral health. The following medical conditions are covered under this program, cardiovascular disease, stroke, diabetes, chronic kidney disease, organ transplants, head and neck cancer radiation and pregnancy.

Click here for more information on [Cigna's Oral Health Integration Program](#).

For more information, go to <http://www.cigna.com>, or for more personalized information you can create an account on mycigna.com.