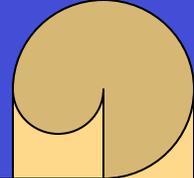


# Chapter 6 – Work and Energy



We have studied motion in terms of force, now we consider **energy and momentum – CONSERVED** quantities

This approach is helpful when dealing with many objects and considering all forces involved become very difficult.

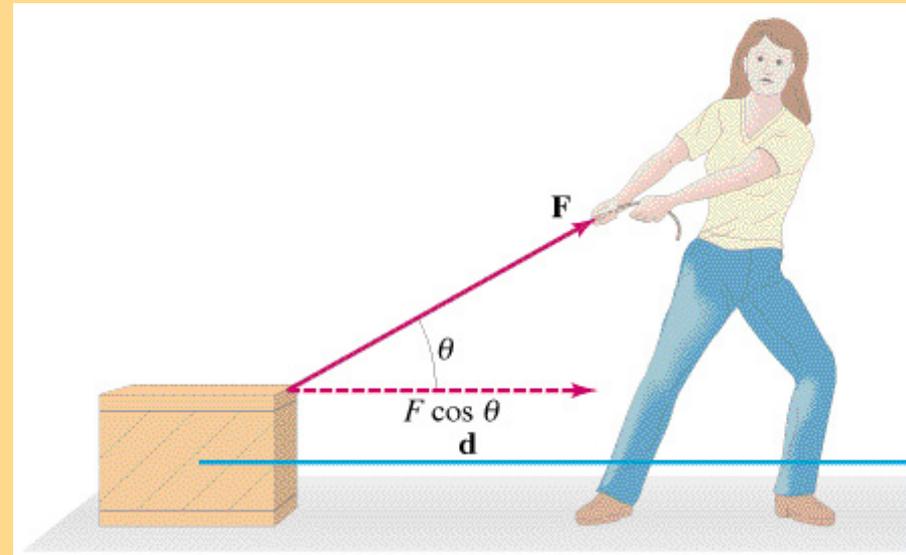
In this chapter we study  
**WORK and ENERGY**  
both are SCALARS

$$W = F_{\parallel} d$$

$$W = Fd \cos \theta$$

$F_{\parallel}$  component of force  
parallel to the displacement

*NO displacement – NO work*

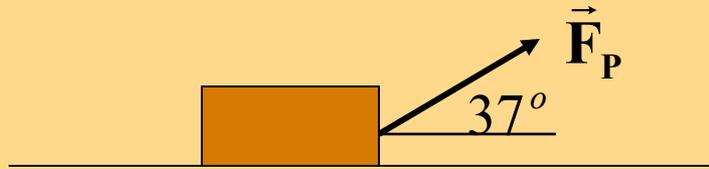


## Units

$$1 \text{ N.m} = 1 \text{ J (joule)}$$

$$1 \text{ dyne.cm} = 1 \text{ erg}$$

# Exercises



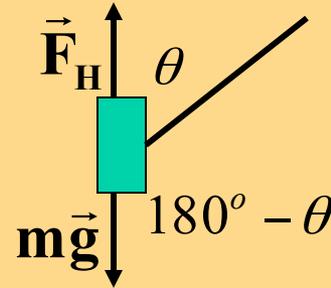
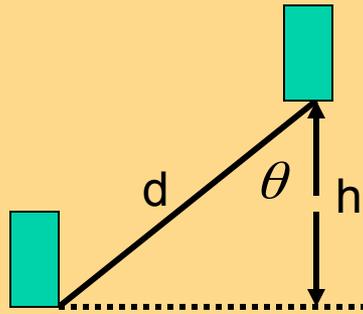
Ex. 6-1 A person pulls a 50 kg crate 40m along a horizontal floor by a constant force  $F_p=100\text{N}$ , which acts at a 37 degree angle.  $F_{fr}=50\text{ N}$ .

- What is the work done by each force acting on the crate?
- What is the net force done on the crate?

$$W_G=0, \quad W_N = 0, \quad W_P=3200\text{ J}, \quad W_{fr}=-2000\text{J}$$
$$W_{net}=1200\text{J}$$

Ex. A A box is dragged across a floor by a force as in the figure. If the angle is increased from 0 to 90 degree, what happens to the work done to the box?

# Exercises



Ex. 6-2 (a) Determine the work a hiker must do on a 15.0kg backpack to Carry it up a hill of height  $h=10.0\text{m}$  with constant speed.  
Determine also (b) the work done by gravity on the backpack,  
(c) the net work done on the backpack

$$W_H=1470\text{J} \quad W_G=-1470\text{J} \quad W_{\text{net}}=0$$

Ex.6-3 Does Earth do work on the Moon?

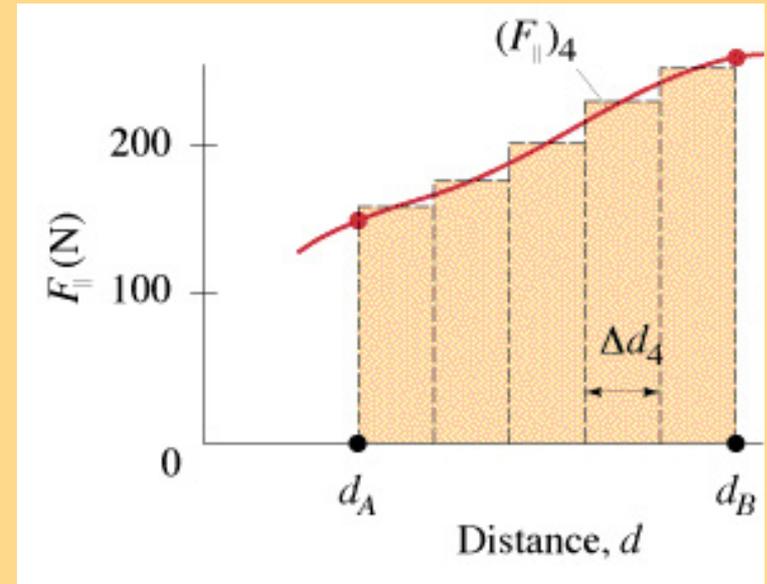
NO, because the radial force is perpendicular to tangential motion of the Moon

# Work done by a Varying Force

Divide the distance into small segments and indicate for each the average  $F_{\parallel}$

$$W \approx \sum_i F_{\parallel i} \Delta d_i$$

In the limit of very small segments, this sum becomes the **area** under the curve  
(integral)



# Energy

There are different kinds of energy.

Kinetic energy and potential energy are examples of mechanical energy.

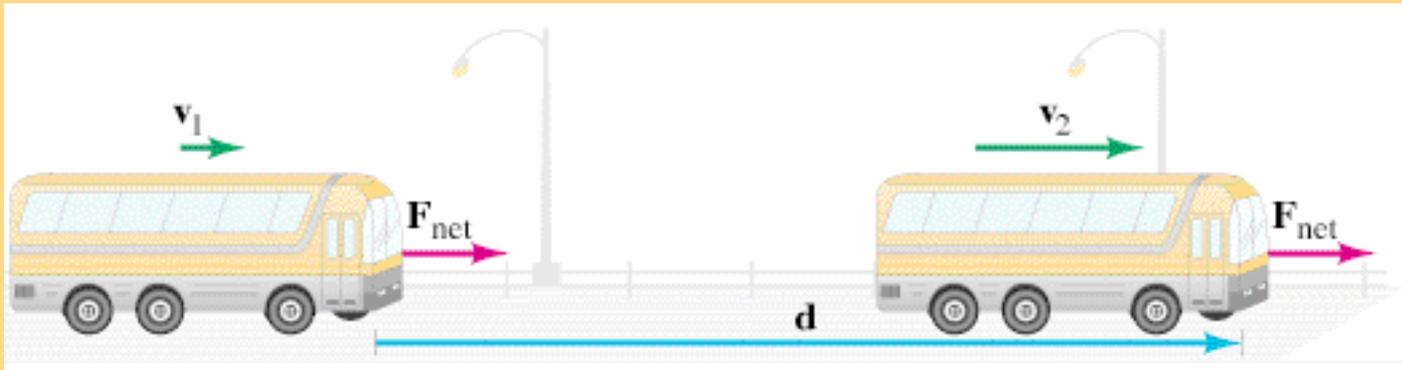
An object in motion has *kinetic energy*.

There are also thermal energy (heat), nuclear energy, etc.

The sum of all types of energy is **CONSERVED**.

***Energy is not destroyed, only transformed.***

# Kinetic Energy



An object moving has kinetic energy and it can do work on another object.

$$F_{\text{net}} = ma_x; \quad a_x = \frac{v_2^2 - v_1^2}{2d} \quad W_{\text{net}} = F_{\text{net}}d = ma_x d = \frac{mv_2^2}{2} - \frac{mv_1^2}{2}$$

$$K = \frac{mv^2}{2}$$

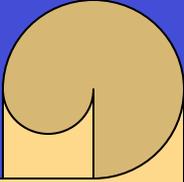
**(translational kinetic energy)**

Rotational kinetic energy – ch.8

$$W_{\text{net}} = K_2 - K_1 = \Delta K$$

Work-kinetic energy principle:

The net work done on an object is equal to the change in the object's kinetic energy



# Exercises

Ex. 6-4 A 145-g baseball is thrown so that it acquires a speed of 25m/s

(a) What is its kinetic energy?

(b) What was the net work done on the ball to make it reach this speed, if it started from rest?

$$K=45J \quad \text{and} \quad W_{\text{net}}=45J$$

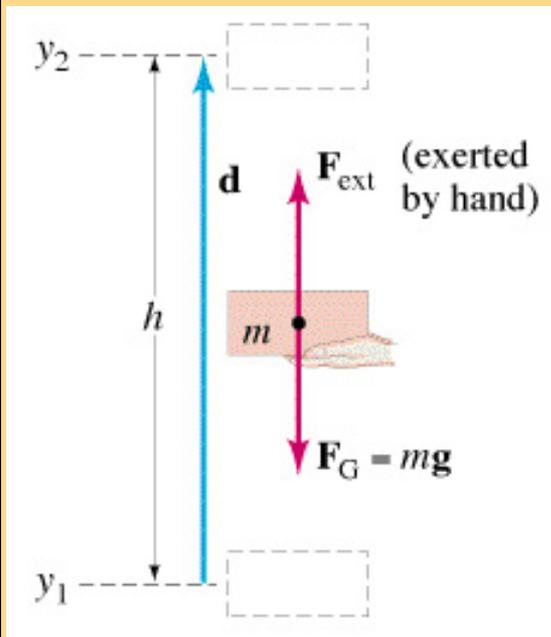
Ex. 6-5 How much work is required to accelerate a 1000-kg car from 20m/s to 30m/s

$$W_{\text{net}} = 2.5 \times 10^5 J$$

# Potential Energy

Potential energy – energy associated with forces that depend on position or configuration of an object with respect to the surroundings

Examples: Gravitational potential energy (object at a certain height)  
Elastic potential energy (spring)



Gravitational potential energy:

- 1) Hand does work on the brick  
exerted force:  $F_{\text{ext}}$

$$W_{\text{ext}} = F_{\text{ext}} d \cos 0 = mg(y_2 - y_1) = mgh$$

- 2) Gravity does work on the brick  
(against the motion),  $F_G$

$$W_G = F_G d \cos 180^\circ = -mg(y_2 - y_1) = -mgh$$

$$P_{\text{grav}} = mgy$$

gravitational potential energy

# Gravitational Potential Energy

$$P_{grav} = mgy$$

The higher an object is above the ground the more gravitational potential energy it has

Work done by an external force to move the object from point 1 to 2 ( $a=0$ )

$$W_{ext} = mg(y_2 - y_1) = P_2 - P_1$$

Work done by gravity as the object moves from point 1 to 2 ( $a=0$ )

$$W_G = -mg(y_2 - y_1) = -(P_2 - P_1)$$

If the object is released, *the potential energy is transformed into kinetic energy*

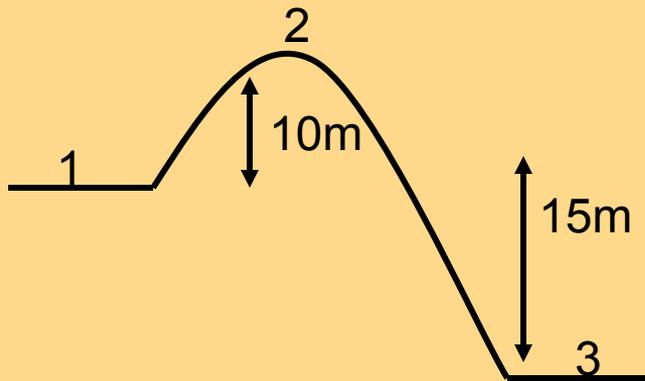
$$v^2 = 2gh$$

$$\frac{1}{2}mv^2 = mgh$$

# Exercise

Reference point for zero gravitational potential energy is arbitrary

Ex.6-7 A 1000-kg roller-coaster car moves from point 1 to point 2 and then to point 3. (a) What is the gravitational potential energy at 2 and 3 RELATIVE to point 1? That is, take  $y=0$  at point 1. (b) What is the change in potential energy when the car goes from point 2 to point 3? (c) Repeat parts (a) and (b) but take the reference point ( $y=0$ ) to be at point 3.



$$P_2 = 9.8 \times 10^4 J \quad P_3 = -1.5 \times 10^5 J$$

$$P_3 - P_2 = -2.5 \times 10^5 J$$

$$P_2 = 2.5 \times 10^5 J \quad P_3 = 0$$

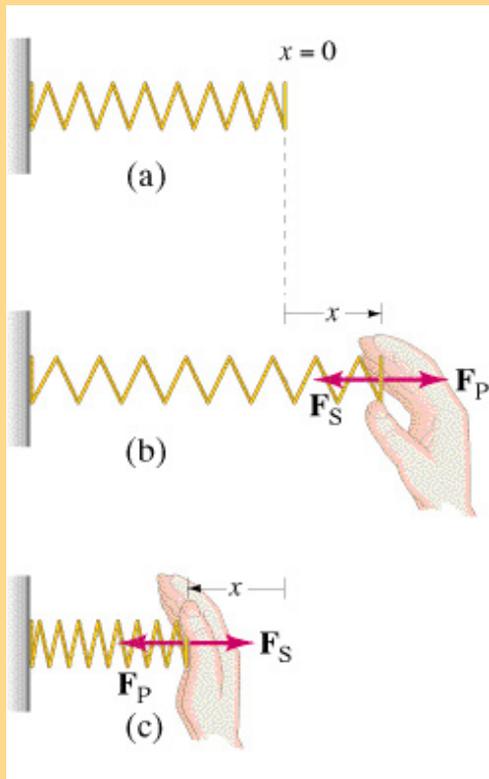
$$P_3 - P_2 = -2.5 \times 10^5 J$$

What is physically important is the CHANGE in potential energy, because this is what is related to work and this is what can be measured.

# Elastic Potential Energy

Each form of potential energy is associated with a particular force.

The change in potential energy is the work required of an external force to move the object without acceleration between two points.



Elastic materials:

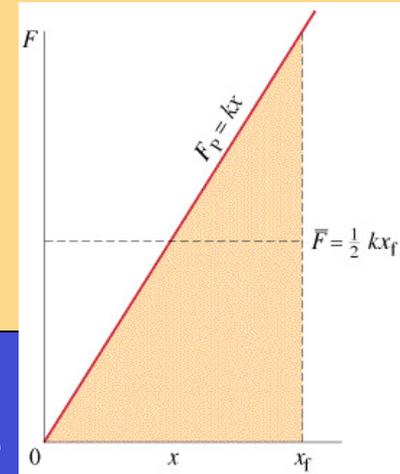
Force by the hand on the spring  $F_P = kx$   
(k – spring stiffness constant)

Force by the spring on the hand (Hooke's law)  $F_S = -kx$

Work done BY the hand to compress or stretch the spring.  
This force is NOT constant!

$$W = P_{el}^f - P_{el}^i$$

$$W = \frac{1}{2} (kx_f) x_f = \frac{1}{2} kx_f^2$$



Elastic potential energy

$$P_{el} = \frac{1}{2} kx^2$$

Reference point for zero potential energy is the spring's natural position

# Comments

In the examples of potential energy: object has the *POTENTIAL* to do work even though it is not actually doing it.

Energy can be *STORED* in the form of potential energy.

There is a single formula for kinetic energy, but the mathematical form for the potential energy depends on the force involved.

## **Conservative Forces:**

forces for which the work done does *NOT* depend on the *PATH* taken, but only on the final and initial position (Ex.: gravity, elastic force).

An object that starts at a point and returns to the same point under the action of a conservative force has no net work done on it.

## **Nonconservative Forces:**

forces for which the work done *DEPENDS* on the *PATH* taken (Ex.: friction, force exerted by a person, tension in a rope).

# Work-Energy Principle

Suppose several forces, conservative and nonconservative, act on an object

$W_C$  – work done by conservative forces

$W_{NC}$  – work done by nonconservative forces

$$W_{\text{net}} = W_C + W_{NC}$$

$$W_{\text{net}} = \Delta K$$

$$W_C + W_{NC} = \Delta K$$

$$W_{NC} = \Delta K - W_C$$

Remember that the work done BY a *conservative force* (gravitational, elastic) is

$$W_C = -\Delta P$$

$$W_{NC} = \Delta K + \Delta P$$

Work done by nonconservative forces acting on an object is equal to the total change in kinetic and potential energies.

# Conservation of Mechanical Energy

If all forces acting on an object are conservative:  $W_{\text{NC}} = \Delta K + \Delta P = 0$

$$\Delta K + \Delta P = 0$$

$$(K_2 - K_1) + (P_2 - P_1) = 0$$

Define a quantity  $E$  called **total MECHANICAL energy**:  $E = K + P$

$$K_2 + P_2 = K_1 + P_1$$

$$E_2 = E_1 = \text{Const}$$

Principle of conservation of mechanical energy:

**If only conservative forces are acting, the total mechanical energy is conserved**

# Problems: Cons. of Mechanical Energy

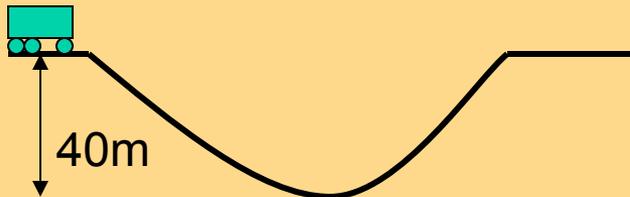
Gravitational Potential Energy

$$K_1 + P_1 = K_2 + P_2$$
$$\frac{mv_1^2}{2} + mgy_1 = \frac{mv_2^2}{2} + mgy_2$$

Ex. 6-8 A rock at 3.0 m from the ground is dropped. Calculate the rock's speed when it has fallen to 1.0 m above the ground.

$$v=6.3 \text{ m/s}$$

Ex. 6-9 Assume that a roller-coaster at 40m above the ground starts from rest. Calculate (a) the speed it has at the bottom of the hill; (b) at what height it will have half this speed. Take  $y=0$  at the bottom of the hill.



(a)  $V_2=28 \text{ m/s}$

(b)  $y_2=30 \text{ m}$

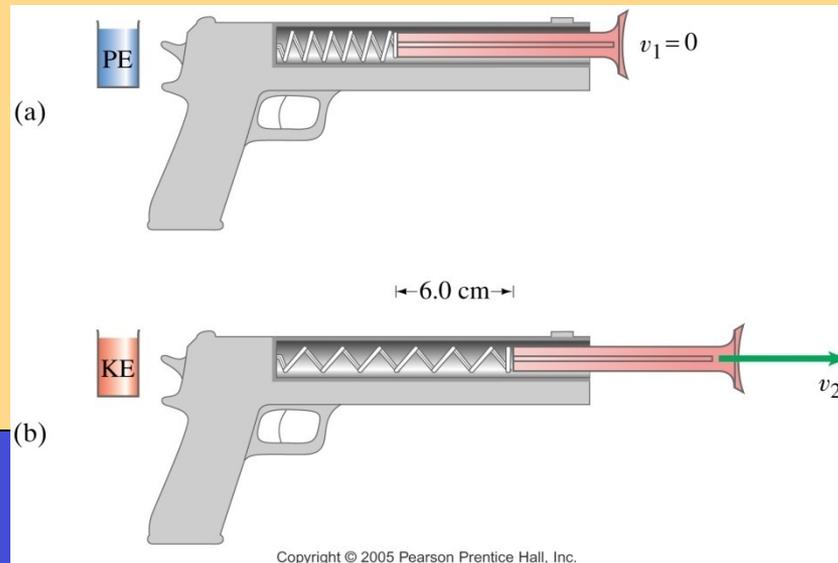
# Problems: Cons. of Mechanical Energy

Elastic Potential Energy

$$K_1 + P_1 = K_2 + P_2$$

$$\frac{1}{2}mv_1^2 + \frac{1}{2}kx_1^2 = \frac{1}{2}mv_2^2 + \frac{1}{2}kx_2^2$$

Ex. 6-11 A dart of mass 0.100 kg is pressed against the spring of a toy dart gun. The spring (with spring stiffness constant  $k=250\text{N/m}$ ) is compressed 6.0 cm and released. If the dart detaches from the spring when the spring reaches its natural length ( $x=0$ ), what speed does the dart acquire?

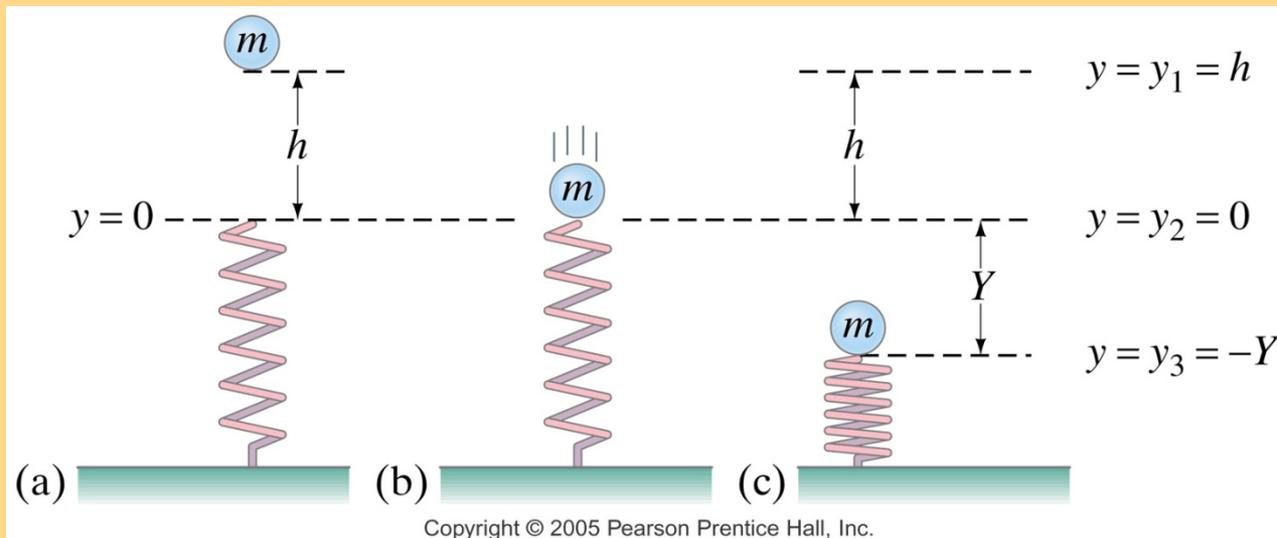


$$v=3.0\text{m/s}$$

# Problems: Cons. of Mechanical Energy

Ex. 6-12 A ball of mass  $m=2.60$  kg, starting from rest, falls a vertical distance  $h=55.0$  cm before striking a vertical coiled spring, which it compresses an amount  $Y=15.0$  cm. Determine the spring stiffness constant of the spring. Assume the spring has negligible mass and ignore air resistance.

$$k = \frac{2mg(h + Y)}{Y^2} = 1590 \text{ N / m}$$



# Conservation of Energy

Electric energy, nuclear energy, thermal energy, chemical energy.

In atomic physics, they are seen as kinetic or potential energy at the atomic level.

Thermal energy – kinetic energy of moving molecules

Energy stored in food and fuel – energy stored in the chemical bounds.

Work is done when energy is transferred from one object to another.

(spring to ball, water at the top of a damn to turbine blades, person to cart, etc)

***Accounting for all forms of energy, we find that the total energy neither increases nor decreases.***

***Energy as a whole is conserved.***

# Dissipative Forces

Frictional forces reduce the total **mechanical** energy,  
**but NOT the total energy**

They are called **dissipative forces**.

Where do kinetic and potential energies go? – **they become heat**

$$W_{\text{NC}} = \Delta K + \Delta P = -F_{fr} d$$

$$-F_{fr} d = \frac{1}{2} m v_2^2 - \frac{1}{2} m v_1^2 + m g y_2 - m g y_1$$

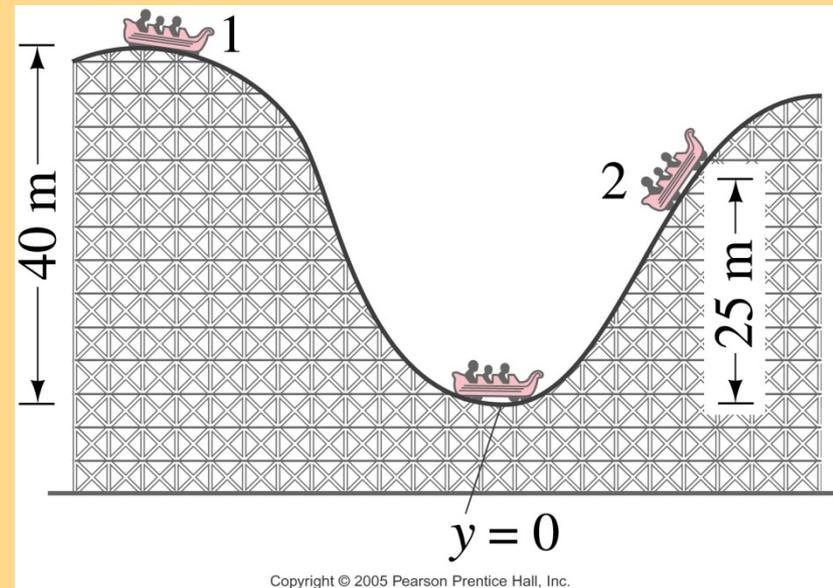
$$\frac{1}{2} m v_1^2 + m g y_1 = \frac{1}{2} m v_2^2 + m g y_2 + F_{fr} d$$

Example: in the roller-coaster the initial total energy will be equal to K+P at any subsequent point along the path PLUS the thermal energy produced.

# Example

Ex. 6-9 Assume that a roller-coaster of 1000 kg at 40m above the ground starts from rest. It reaches only 25m at the second hill before coming to a momentary stop. It traveled a total distance of 400 m. Estimate the average friction force.

$$\frac{1}{2}mv_1^2 + mgy_1 = \frac{1}{2}mv_2^2 + mgy_2 + F_{fr}d$$
$$F_{fr} = 370N$$



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# Power

Power is the rate at which work is done

$$\bar{P} = \text{average power} = \frac{\text{work}}{\text{time}} = \frac{\text{energy transformed}}{\text{time}}$$

In the SI system, the units of power are watts:

$$1 \text{ W} = 1 \text{ J/s}$$

The difference between walking and running up these stairs is power – the change in gravitational potential energy is **the same**.

Ex. 6-14 Compare the power of a 60-kg person to climb 4.5 m in 2.0s and in 4.0 s

$$\bar{P} = \frac{W}{t} = \frac{mgy}{t}$$

in 4.0s: power=660W

in 2.0s: power=1320W



# Power

Power is also needed for acceleration and for moving against the force of gravity.

The average power can be written in terms of the force and the average velocity:

$$\bar{P} = \frac{W}{t} = \frac{Fd}{t} = F\bar{v}$$

Ex. 6-15 Calculate the power required for a 1400-kg car to climb a 10 degree hill at a steady 22m/s. Assume the retarding force on the car  $F_R=700\text{N}$ .

$$F = 700\text{N} + mg \sin 10^\circ$$

$$\bar{P} = F\bar{v} = 6.80 \times 10^4 \text{W}$$

