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ISRAEL HENRY BEREN CAMPUS

Student Support Services





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Welcome

It is our pleasure to welcome you to Yeshiva University's undergraduate programs at the Katz School, Stern College for Women and the Sy Syms School of Business. Your decision to attend YU attests to your commitment to academic excellence and Torah values.

We invite you to become acquainted with the various services in this hand-book as they are designed to enhance and support your experience. We encourage you to take advantage of all that YU has to offer and are confident that in doing so, you will encounter rich, challenging and rewarding opportunities both inside and outside of the classroom.

If you have any questions or need any other assistance, please email answers@yu.edu. Additionally, if there is any way I can be helpful to you, please email me at drnissel@yu.edu.

Wishing you success in all your academic, religious and social pursuits.

Sincerely,

Chaim Nissel, PsyD Yeshiva University Dean of Students



Academic Advising

Beren Campus Academic Advising provides guidance and information to students as they adjust to university life and progress towards the completion of their degrees. Advisors assist students as they transition to college, identify personal interests and goals, and work with students on a plan to satisfy requirements towards their major.

Visit Academic Advising for:

- · help with the transition to a university academic environment
- · clarification about courses, requirements, policies and procedures
- individual advisement meetings to plan your academic path and programs
- · assistance in determining your choice of major and minor
- support in planning for graduate school with pre-professional advisors
- free tutoring in a wide array of subjects by trained peer tutors
- help in identifying university resources to support your academic goals
- · junior and senior graduation checks

HOURS OF OPERATION

Monday-Thursday: 9 a.m.-5:30 p.m. | Friday: 9 a.m.-2:30 p.m.

To book an appointment log onto https://yu2.mywconline.com

ACADEMIC ADVISING OFFICES

JEWISH STUDIES

245 Lexington Avenue, Suite 405 212.340.7718 miriam.levy-haim@yu.edu

www. yu.edu/advising/sternacademic-advising

STERN COLLEGE

215 Lexington Avenue, 6th Floor 646.592.4170 scwadvisement@yu.edu

www. yu.edu/advising/stern-academic-advising

KATZ SCHOOL

205 Lexington Avenue, 6th Floor 646.592.4717 simon.jaffe@yu.edu

www. yu.edu/katz/programs/management

SY SYMS

215 Lexington Avenue, 3rd Floor 917.326.4923 symsadvising@yu.edu

www. yu.edu/academic-advising/ syms-welcome

Academic Support

The Office of Student Academic Support provides services and resources designed to help students on the Beren Campus develop more efficient and effectively study skills and strategies. The office is located at 215 Lexington Avenue, Room 505.

Visit to:

- · overcome obstacles standing in the way of achieving your academic success
- learn to manage your time efficiently
- understand how you learn best
- gain confidence in your abilities
- improve your test-taking skills
- learn to take effective notes
- · improve your critical reading skills

HOURS OF OPERATION

Tuesday and Wednesday: 9 a.m.-6 p.m.

To schedule an appointment, log onto https://yu2.mywconline.com, and scroll down to Student Academic Support.

Academic Support

215 Lexington Avenue, Suite 505

www.yu.edu/stern/academic-support



Department of Athletics

The department of athletics at Yeshiva University is committed to excellence in athletics as part of a larger commitment to excellence in academics. Intercollegiate athletics promotes character traits of personal development, including learning to work with others in pursuit of a common goal, and the adherence to codes of fairness and respect.

Student-athletes at YU are held to the highest expectations and standards both on and off the playing fields. We are committed to the guiding principles of Judaism and integrating religious observance with academic accomplishment. Our goal is to coach and teach our student-athletes and prepare them for the future. We want the Yeshiva University athletics program to be a source of pride to the Jewish community. Every student-athlete should leave YU with the strength, courage and leadership skills to meet life's challenges.

We sponsor 15 NCAA Division III sports, seven of which are available to women on the Beren Campus:

- basketball
- cross country
- fencing
- · softball

- soccer
- tennis
- vollevball

There are 5 fitness centers on the Beren Campus located in the Schottenstein Dormitory, Brookdale Hall, the 35th Street Dorm, 36th Street Dorm, and a varsity fitness center located on the 11th floor of the 245 Lexington building.

Athletics also provides the opportunity to earn up to two credits per year for participating.

Department of Athletics

245 Lexington Avenue, Room 1102 212.340.7727

www.yumacs.com



Career Center

Our goal is to educate students and to create Connections And Partnerships for Success (CAPS) with our Career Center Team, our alumni, and our employers. We offer a range of programs and resources to accomplish this to our undergraduate students, graduate students, and alumni—from career advising and planning to the newest platforms in career preparedness technology.

We are available to assist you with:

- in-person and virtual career advising appointments to help with your in-college and post-graduation professional journey and with creating an action plan to get you there
- · mentoring opportunities to learn from our successful and helpful alumni network
- internship and job postings through the YU CareerLink (which you can learn about in the Career Center)
- career/major fact sheets about job titles, positions, and functions
- career panels, job/internship search workshops, and networking events throughout the year
- graduate school advisement
- professional communications seminars to develop your presentation skills
- online resources for researching companies and practicing your virtual interviewing skills

HOURS OF OPERATION

Monday–Thursday: 9 a.m.–5:30 p.m. | Friday: 9 a.m.–2:30 p.m.

Walk-in Hours: Monday-Thursday: 12:30 p.m.-2:30 p.m.

Log on to https://yu-csm.symplicity.com/students/index.php or call the career center at 646.592.4135 to request an appointment.

Career Center

215 Lexington Avenue, 5th Floor 646.592.4135 careercenter@yu.edu

www.yu.edu/career-center



Counseling Center

The Counseling Center provides students with quality mental health services, which include short-term counseling, crisis management, psychiatric assessment and treatment, referrals and psycho-educational workshops. We are equipped to handle the range of issues that may come up for a student while at school. While some students come in for one or two meetings, other students are seen for up to 16 weekly therapy sessions. All services provided are free of charge and confidential (as mandated by law). If a student is unsure if she needs help with her personal difficulties, she can still come in for an appointment to hear about our services and see whether we can be helpful. We assist students experiencing difficulties with:

- · academic or career issues
- · anger management
- · anxiety
- · death or illness of a loved one
- · depression
- drug/alcohol concerns
- · family problems
- · feeling overwhelmed

- internet use issues
- loneliness
- · relationships
- · self-esteem issues
- · sexual identity issues
- sleep
- stress

HOURS OF OPERATION

Monday-Thursday: 9 a.m.-5 p.m. | Friday: 9 a.m.-2 p.m.

Counseling Center

Office move in progress, when you schedule an appointment, we will tell you where the new office is located.

Phone: 646-592-4210 | counseling@yu.edu

https://www.yu.edu/student-life/counseling



Disability Services

The Office of Disability Services collaborates with students, faculty, and staff to provide reasonable accommodations and services to students with disabilities. In serving as a resource to the Yeshiva University community, our goal is to provide access to campus programs and activities, thereby empowering students with disabilities to actualize their full academic and personal potentials.

Yeshiva University provides reasonable accommodations to students who submit documentation from a qualified professional to the Office of Disability Services in a timely fashion. Reasonable accommodations and other related services are individualized based on each student's disability-related documentation and needs, as well as YU program requirements.

Accommodations include, but are not limited to:

- testing accommodations
- materials in alternate format
- use of a computer for exams
 provision of assistive technology

Call or email the Office of Disability Services to schedule an appointement.

Disability Services

215 Lexington Avenue, Suite 505 New York, NY 10016 646.592.4132 rkohn1@yu.edu

www.yu.edu/Student-Life/Resources-and-Services/Disability-Services



International Student Services

The Office of International Student Services provides immigration and counseling services to Yeshiva University's diverse group of international students. The University is home to over 400 international graduates and undergraduate students from more than 40 countries who enroll each year.

The office provides the following services to students:

- immigration support and documentation to study in the U.S.
- Travel signatures enabling students to return to the U.S. after traveling abroad during their studies
- Applications for immigration benefits from the U.S. Department of Homeland Security
- Cultural programming and workshops on employment, taxes, acculturation
- Individualized guidance to support students during their studies and post-graduation

HOURS OF OPERATION

Monday-Thursday: 9 a.m.-5:30 p.m. | Friday: 9 a.m.-2:30 p.m.

Email oiss@yu.edu to schedule an appointment with International Student Services.

International Student Services 215 Lexington Avenue, Suite 517 646.592.4127 OISS@yu.edu

www.yu.edu/oiss



Registrar

The Office of the Registrar provides convenient and effective services to students, faculty, staff, and alumni in the areas of registration services, student records, transcripts, and degree certifications. Students will use the services of the Office of the Registrar at many important points in their college career.

The Registrar's Office offers the following resources to students currently enrolled at Yeshiva University:

- · registration information
- graduation and diplomas
- enrollment verification
- transcripts
- · changes to personal information

HOURS OF OPERATION

Monday-Thursday: 9 a.m.-5:30 p.m. | Friday: 9 a.m.-2:30 p.m.

Downloadable forms are available on the Registrar's website.

The Office of The Registrar

215 Lexington Avenue, 6th Floor 212.340.7777 berenregistrar@yu.edu

www.yu.edu/registrar



Spiritual Guidance

The Office of Spiritual Guidance serves to enhance the religious, spiritual, and social needs for all students on the Beren campus. Spiritual Guidance works with all other offices on campus (academic and student life) to facilitate and promote continued spiritual growth for all students as they pursue their college career.

The Madricha Program is an initiative specifically for new students on the Beren campus, where upperclassmen are chosen to serve as mentors to new students. The Madrichot arrange specialized and unique programming for the new students on campus throughout their first year of school. The Madricha program is an added layer of support for new students to help them ease into college life, while building on the foundations of Torah values and commitments that inspired them before they arrived at college.

Rachel Ciment, Director of Spiritual Guidance, meets individually with all new students to help ensure a smooth transition from high school/seminary to campus life.

The Office of Spiritual Guidance 215 Lexington Avenue, Suite 518 646.592.4126 rciment@yu.edu

www.yu.edu/student-life/resources-and-services/madrichot



Student Health

The Student Health Office provides medical care to students for episodic illness and minor injuries on campus, at no cost to students. The office is staffed by a Physician's Assistant Monday–Friday. The Student Health Office also maintains all undergraduate student immunization records.

The Student Health Office is available to help students with:

- · general illness and injury
- · allergy shots
- flu shots
- · other health concerns
- referrals for lab work (insurance needed)

WALK IN HOURS

Monday-Thursday: 8:30 a.m.-12:15 p.m. and 1:30 p.m.-4:15 p.m.

Friday: 8:30 a.m.-12:15 p.m. and 1:30 p.m.-2:15 p.m.

Student Health Office

Brookdale Residence Hall, Suite 2B 212.340.7792 yuhealthcenter@yu.edu

www.yu.edu/student-life/Resources-and-Services/Health-and-Wellness



Student Life

The Yeshiva University Office of Student Life partners with the university community to create dynamic and meaningful experiences for our diverse student body.

The Office of Student Life also meets the needs of students with answers@yu.edu, a resource that students can rely on for prompt feedback in response to questions/concerns/suggestions regarding all areas of YU life—a one-stop customer service center of sorts.

Visit us to learn about:

- · student-run clubs and events
- · Shabbat programming
- · leadership training opportunities
- · ways to get involved at Yeshiva University

Office of Student Life

215 Lexington Avenue, 5th Floor 646.592.4131 answers@yu.edu

www.yu.edu/student-life



University Housing and Residence Life

Residential life is an essential component of the YU experience. Friendships forged in the residence halls lend richness to the college experience that transcends classroom learning. All four residence halls are located on the Beren campus and are a short walk to a campus shuttle stop. Each has a common lounge space, Wi-Fi internet, and 24-hour security.

Contact us to learn more about:

- the advantages of living in housing
- how resident advisers support your housing experience
- · events designed by resident advisers for new and continuing students

University Housing and Residence Life

215 Lexington Avenue, Suite 520 646.592.4163

berenhousing@yu.edu

www.yu.edu/student-life/housing/women



University Libraries

Yeshiva University Libraries nurture discovery, critical thinking, and the interdisciplinary exchange of information to help students collaborate, grow intellectually, and acquire skills for life-long learning. We are here to help you succeed.

Visit us for:

- a consultation with your Personal Librarian
- friendly librarians who are happy to help you with your research
- · information sources for your coursework and assignments
- · a quiet place to study or a group study room
- · printing, copying, and scanning
- access to electronic resources like databases, journals, and e-books
- interlibrary loan, a service that retrieves materials for you from other libraries all
 over the country
- locating print course reserve materials for your courses

HOURS OF OPERATION (FALL AND SPRING SEMESTERS)

Sunday-Thursday: 9 a.m.-1 a.m. | Friday: 9 a.m.-2:30 p.m. or later | Saturday: open after sundown. library.yu.edu/libraryhours

BOOK A RESEARCH CONSULTATION

yu.libcal.com/appointments

LIBRARY LOCATIONS

ISRAEL HENRY BEREN CAMPUS

Hedi Steinberg Library | 212.340.7720 245 Lexington Avenue, Second Floor 253 Lexington Avenue, First Floor

WILF CAMPUS

2520 Amsterdam Avenue, enter on 185th Street plaza
Pollack Library, Floors 2, 2A, 3, 3A | 646.592.4045
Mendel Gottesman Library of Hebraica-Judaica, Floors 4, 5, 5A | 646.592.4190
Special Collections: rare books, manuscripts, university archives | 646.592.4058

https://tinyurl.com/askYUlibraries library.yu.edu

Writing Center

The Writing Center is a place where members of the Yeshiva University community receive free one-with-one tutoring on all types of writing, from First Year Writing essays and graduate school applications to marketing papers and lab reports. Our tutors are specially selected and trained students from a variety of majors.

Visit the writing center to:

- work on any type of writing at any stage of the writing process
- · learn skills you will need for future writing
- · gain confidence in your abilities as a writer



HOURS BY APPOINTMENT

Register and sign up for appointments at www.yu.edu/writing-centers/beren.

The Beren Campus Writing Center

215 Lexington Avenue, Suite 714 917.326.4981 berenwritingcenter@yu.edu

www.yu.edu/writing-centers/beren



Beren Campus Contacts

ACADEMIC ADVISING

JEWISH STUDIES

245 Lexington Avenue, Suite 405 212.340.7718 miriam.levy-haim@yu.edu www.yu.edu/advising/sternacademic-advising

KATZ SCHOOL

205 Lexington Avenue, 6th Floor 646.592.4717 simon.jaffe@yu.edu www.yu.edu/katz/programs/ management

STERN COLLEGE

215 Lexington Avenue, 6th Floor 646.592.4170 sewadvisement@yu.edu www.yu.edu/advising/sternacademic-advising

SY SYMS

215 Lexington Avenue, 3rd Floor 917.326.4923 symsadvising@yu.edu www.yu.edu/academic-advising/syms-welcome

ACADEMIC SUPPORT

215 Lexington Avenue, Suite 505 New York, NY 10016 www.yu.edu/stern/academic-support

ATHLETICS

245 Lexington Avenue, Suite 1102 212.340.7727 www.yumacs.com

CAREER CENTER

215 Lexington Avenue, 5th Floor New York, NY 10016 646.592.4135 careercenter@yu.edu www.yu.edu/career-center

COUNSELING CENTER

646.592.4210 counseling@yu.edu https://www.yu.edu/student-life/counseling

DISABILITY SERVICES

215 Lexington Avenue, Suite 505 New York, NY 10016 646.592.4132 rkohn1@yu.edu www.yu.edu/student-life/resourcesand-services/disability-services

INTERNATIONAL STUDENT

215 Lexington Avenue, Suite 517 646.592.4127 OISS@yu.edu www.yu/oiss

REGISTRAR

215 Lexington Avenue, 6th Floor 212.340.7777 berenregistrar@yu.edu www.yu.edu/registrar

SPIRITUAL GUIDANCE

215 Lexington Avenue, Suite 518 646.592.4126 rciment@yu.edu

STUDENT HEALTH

Brookdale Residence Hall, Suite 2B 212.340.7792 Yuhealthcenter@yu.edu www.yu.edu/student-life/resources/health/services

STUDENT LIFE

215 Lexington Avenue, 5th Floor 646.592.4131 answers@yu.edu www.yu.edu/student-life

UNIVERSITY HOUSING AND RESIDENCE LIFE

215 Lexington Avenue, Suite 520 646.592.4163 Berenhousing@yu.edu www.yu.edu/ student-life/housing/women

UNIVERISTY LIBRARIES

Israel Henry Beren Campus 245 Lexington Avenue 212.340.7720 libraries@yu.edu

Wilf Campus

2520 Amsterdam Avenue 646.592.4190

WRITING CENTER

215 Lexington Avenue, Suite 714 917.326.4981 berenwritingcenter@yu.edu www.yu.edu/writing-centers/beren