



ACADEMIC TRANSITION TO UNIVERSITY

Office of Academic Support
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WHAT IS DIFFERENT ABOUT COLLEGE?

- The academic year is divided into two semesters.
- Each semester progresses at a rapid pace. Get started with assigned readings so as not to fall behind.
- Classes vary in size. Some classes are small and interactive. Other lecture classes may have 50 or more students.
- Personal responsibility is essential. It is up to you to make sure your homework and assignments are submitted on time.
- Independent study outside of class is required more frequently. Estimate spending two hours of study time for every hour spent in class.
- Critical thinking skills are necessary. In college you are asked to apply information, analyze content and evaluate arguments.

HOW SHOULD I MANAGE MY TIME?



**Decide how to
spend your time.**

**Create a weekly
schedule to stay
organized.**

**Sets goals and
prioritize.**

**Find a balance
between academic,
social and personal
responsibilities.**

WHAT DO PROFESSORS EXPECT?



- **Regular attendance**
- **Completion of assignments**
- **Participation**
- **Openness to new ideas**
- **Questions**

HOW SHOULD I STUDY?

- Become familiar with your syllabus and text.
- Develop a study strategy for each class.
- Take class notes and review them after class.
- Find a study location that works for you.
- Take breaks to ensure optimal focus.
- Consider joining a study group.



HELP IS AVAILABLE

Successful students know when to ask for help. Below are support services available on campus to help facilitate your transition to college:

- Office of Academic Support

www.yu.edu/academic-support

- Academic Advising

www.yu.edu/academic-advising

- Career Center

www.yu.edu/career-center

- Counseling Center

www.yu.edu/student-life/counseling

- Disability Services

www.yu.edu/Student-Life/Resources-and-Services/Disability-Services

- Peer Tutoring

www.yu.edu/academic-advising/undergraduate-men/tutorial

- Writing Center

www.yu.edu/wilf/writingcenter



IF YOU WOULD LIKE TO LEARN MORE ABOUT THE ACADEMIC TRANSITION TO UNIVERSITY

Visit the Office of Academic Support

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SOURCES

- Conley, David T. *College Knowledge: What It Really Takes for Students to Succeed and What We Can Do to Get Them Ready*. San Francisco: Jossey-Bass, 2005.
- “How Is College Different from High School.” SMU, www.smu.edu/provost/sasp/NeatStuffforNewStudents/HowIsCollegeDifferentfromHighSchool.
- Nist-Olejnik, Sherrie, and Jodi Holschuh. *College Rules!: How to Study, Survive, and Succeed in College*. Berkeley, CA: Ten Speed, 2002.