

## CBT Evaluation

Dear Supervisor,

Thank you for completing our new online student evaluation form. We have made an effort to significantly streamline the evaluation. In turn, please be sure to complete all questions and fill in the required text boxes – without sufficient detail, we are unable to provide students with feedback that facilitates their growth.

As you complete the ratings below, please compare the student to other trainees at an equivalent level of training. A rating of Meets Minimum Competency is a passing score.

1. Name of Ferkauf student:
2. Please indicate the semester and year your evaluation refers to:
3. Name of Supervisor:
4. Supervisor's email address
5. Highest degree of Supervisor
6. Credentials of Supervisor (e.g. NY license)
7. License Number:
8. How did you supervise the student's work?

\_\_\_ Student Report

\_\_\_ Audio Tape

\_\_\_ Video Tape

\_\_\_ Direct Observation

\_\_\_ Review of Progress Notes

\_\_\_ Other (please specify)

13. Scientific General and Clinical Psychology- Students must demonstrate graduate-level knowledge of biological, social, cognitive and affective bases of behavior, human development, as well as history and systems of psychology. Students demonstrate a graduate-level knowledge of the foundation of clinical psychology including the full range of human psychopathology, concepts of psychotherapy, and theoretical foundations of clinical psychology.

\_\_\_ Not Applicable

\_\_\_ Incompetent/ Unsatisfactory

\_\_\_ Meets Minimum Competency

\_\_\_ Satisfactory/ At Expected Level

\_\_\_ Good/ Top 25% of Supervisees

\_\_\_ Excellent/ Top 10% of Supervisees

14. Scientific General and Clinical Psychology- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

\_\_\_ Inadequate knowledge of biological, social and affective bases of behavior

\_\_\_ Inadequate knowledge of history and systems of psychology

\_\_\_ Inadequate knowledge of psychopathology, concepts of psychotherapy and theoretical foundations of clinical psychology

\_\_\_ Other (please specify)

15. Research- Student exhibits knowledge of the research literature regarding theory and evaluation of assessment and treatment.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

16. Research- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Inadequate knowledge of theory

Inadequate knowledge of the evidence-based practice of psychology

Inadequate ability to evaluate research within the context of clinical work

Inadequate ability to query the research literature to inform clinical work

Other (please specify)

17. Ethical and Legal Standards- Student demonstrates understanding and adherence to the moral, ethical, and legal standards that are set by your organization and by the field of psychology. This includes, but is not limited to, maintaining client confidentiality, documenting clinical work in a complete and timely manner, knowledge of ethical/legal codes, standards and guidelines, and following all mandated reporting policies.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

18. Ethical and Legal Standards- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Poor awareness of ethical standards

Lack of knowledge about mandated reporter rules

Failure to protect patient confidentiality

Other unethical behavior (please describe):

19. Individual and Cultural Diversity- student exhibits knowledge, sensitivity, and commitment to issues of multiculturalism and diversity as related to clients, research participants, peers, supervisors, and other colleagues. This includes, but is not limited to, issues related to age, race/ethnicity, gender, socioeconomic status, sexual orientation, disability, religion, and national origin.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

20. Individual and Cultural Diversity- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Poor awareness of issues related to diversity and/or multiculturalism

Insensitive behavior

Failure to consider diversity/multicultural issues as they relate to clinical work

Other (please specify):

21. Professional Values, Attitudes and Behaviors- Student is respectful of peers, supervisors, staff, and clients. S/he demonstrates honesty, integrity, commitment maturity in judgment.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

22. Professional Values, Attitudes and Behaviors- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Dishonest behavior

Disrespectful behavior

Failure to meet expectations for professionalism

Failure to meet requirements of the position

Other (please specify):

23. Communication and Interpersonal Skills- Student interacts effectively with the people s/he encounters through his/her role, including, but not limited to, supervisors, staff, peers, and clients. In particular, with clinical work, students are able to form working alliances with clients, understand appropriate boundaries and show the ability to deal with conflict and negotiate differences. The student is an effective communicator, both in responding to others' requests and in communicating his/her needs. Additionally, the student is an active listener and responds to others in a timely and respectful fashion.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

24. Communication and Interpersonal Skills- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Problems with assertiveness

Failure to develop rapport with clients

Poor e-mail communication

Failure to address important issues

Poor listening and follow-through

\_\_\_ Other (please specify):

25. Assessment- Student demonstrates (as appropriate) proficiency in clinical interviewing, mental status examination, diagnostic, intellectual and personality assessment, integration of a variety of assessment measures, and report writing. Furthermore, student is able to efficiently query the literature in order to use evidence-based methods for the process of assessment.

\_\_\_ Not Applicable

\_\_\_ Incompetent/ Unsatisfactory

\_\_\_ Meets Minimum Competency

\_\_\_ Satisfactory/ At Expected Level

\_\_\_ Good/ Top 25% of Supervisees

\_\_\_ Excellent/ Top 10% of Supervisees

26. Assessment- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

\_\_\_ Poor diagnostic skills

\_\_\_ Inability to select appropriate assessment tools

\_\_\_ Inability to administer assessments appropriately

\_\_\_ Failure to interpret assessment results accurately

\_\_\_ Inadequate report writing skills

\_\_\_ Other (please specify):

27. Intervention- Student demonstrates mastery of (as appropriate for program year) theories of intervention and demonstrates the ability to apply interventions effectively. In addition, student is able

to effectively integrate clinical research into their work and follows the evidence-based practice of psychology. Students should have an understanding of the therapy model and therapeutic process and have knowledge of, and sensitivity to, clients' dynamics. If the student provides group/family/couples work, he/she is able to understand and facilitate group processes and work collaboratively with a co-therapist.

\_\_\_ Not Applicable

\_\_\_ Incompetent/ Unsatisfactory

\_\_\_ Meets Minimum Competency

\_\_\_ Satisfactory/ At Expected Level

\_\_\_ Good/ Top 25% of Supervisees

\_\_\_ Excellent/ Top 10% of Supervisees

28. Intervention- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

\_\_\_ Lack of knowledge about theories of intervention

\_\_\_ Inability to administer interventions effectively

\_\_\_ Lack of flexibility; failure to respond to client needs

\_\_\_ Other (please specify):

29. Supervision- Student engages effectively in the supervision process in order to achieve the maximum benefit. This includes, but is not limited to, being prepared for supervision, being open and non-defensive, and respecting supervisors and their guidance. Additionally, if/when the student has the opportunity to participate in group supervision and/or to directly supervise less advanced students, s/he is expected to be prepared, to treat others with respect, to be nonjudgmental, and to listen to others' perspectives. The student should be self-reflective and identify arenas within to work out personal issues and reactions that could potentially impact on one's own professional work.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

30. Supervision- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Not prepared for supervision

Defensive

Failure to follow instructions

Disrespectful

Closed minded

Other (please specify)

31. Consultation and interprofessional/interdisciplinary skills- Student acquires knowledge of, and exposure to, different roles such as consultant, educator, supervisor and manager. S/he seeks out, and provides, consultation in a timely way as indicated.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

32. Consultation- If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Does not seek consultation as needed

Does not provide consultation in a timely, appropriate way

Other (please specify)

33. Theory: Student has a solid basis in the theoretical framework of CBT, case conceptualization, understanding of differential diagnoses and the evidence-based approach to treatment.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

34. Theory: If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Does not have an understanding of the CBT model

Is not able to conceptualize a case using CBT framework

Cannot diagnose at least two anxiety or depressive disorders

Does not have a detailed understanding of at least one protocol

Other (please specify)

35. Practical skills: The student demonstrated proficiency in goal setting, monitoring progress and outcome, and in application of CBT interventions.

Not Applicable

Incompetent/ Unsatisfactory

Meets Minimum Competency

Satisfactory/ At Expected Level

Good/ Top 25% of Supervisees

Excellent/ Top 10% of Supervisees

36. Practical skills: If rated less than satisfactory, please check off the box(es) below indicating areas in need of improvement and describe the nature of the observed problems in the space provided.

Is not able to formulate CBT treatment goals with the patient

Is not able to regularly monitor treatment goals and evaluate outcome

Does not demonstrate proficiency in at least three CBT techniques

Does not demonstrate proficiency in at least two treatment monitoring forms (with the Automatic Thought Log being one)

Is not able to be adherent using the Cognitive Therapy Rating Scale

Other (please specify)

37. If there are other comments or concerns that you have not detailed above, please let us know here:

38. We are also eager to hear about our students' strengths! Please use the space below to let us know about areas in which your supervisee is excelling.

39. I attest that I have observed this student conduct clinical work on at least one occasion either live or by video. Ratings incorporate this observation.

Yes

No