

215 LEX. MENU

WEEK 1	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>
SOUP	SPILT PEA	VEGETABLE	MUSHROOM BARLEY	POTATO
MAIN	MANICOTTI	BAKED SALMON	HERBED FLOUNDER	SPINACH QUICHE
VEGETABLES	STEAMED BROCCOLI	MIXED VEGETABLES	SUGAR SNAP PEAS	CAULIFLOWER
STARCH	BAKED SWEET POTATO	BROWN RICE	EGG BARLEY	CORN ON THE COB
WEEK 2	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>
SOUP	PEA SOUP	VEGETABLE	MUSHROOM BARLEY	POTATO SOUP
MAIN	STUFFED SHELLS	BAKED SALMON	FRESH TILAPIA	BAKED ZITI
VEGETABLES	SUGAR SNAP PEAS	MIXED VEGETABLES	BROCCOLI	BABY CARROTS
STARCH	BAKED POTATO	BROWN RICE	ONION RINGS	SWEET POTATO