

Kenneth L. Critchfield, Ph.D.
Curriculum Vitae

Mailing Address:

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Work Address:

Ferkauf Graduate School of Psychology
Yeshiva University
1165 Morris Park Avenue
Bronx NY 10461

Current positions / titles:

Professor (2026 -), Tenured. Ferkauf Graduate School of Psychology, Yeshiva University.

Program Director (2021-), Clinical Psy.D. Program, Ferkauf Graduate School of Psychology, Yeshiva University.

Licensed Clinical Psychologist: State of New York (2022 -), Commonwealth of Virginia (2014 -)
NY: License #: 024940
VA: License #: 0810005059
NPI#: 1235344763

President and Founder, Interpersonal Reconstructive Therapy Institute, LLC (2020 -).
www.irtinstitute.com

Affiliate Faculty (2021-), James Madison University

Education and Training:

2004	Postdoctoral Fellow of Psychology, University of Utah Neuropsychiatric Institute and Department of Psychology.
2003	Postdoctoral Fellow of Psychology in Psychiatry, Weill Cornell Medical College.
2002	Ph.D. in Clinical Psychology, University of Utah. Dissertation: <i>An empirical analysis and initial taxonomy of patient reported relational patterns based on Interpersonal Case Formulation</i> Co-chairs: William P. Henry, Ph. D., Lorna S. Benjamin, Ph.D.
1997	M. S., Psychology, University of Utah Thesis: <i>Interpersonal process and outcome in cognitive-behavioral psychotherapy</i> Chair: William P. Henry, Ph.D.
1993	Honors B. S. (Cum Laude), Psychology, University of Utah Thesis: <i>Child sexual abuse forensic interviews: literature review and quantitative analysis</i> Advisor: David Raskin, Ph.D.

Awards / Honors:

- APA Fellow, via Society for the Advancement of Psychotherapy, Division 29, 2020.
- IMPACT award presented by the JMU Graduate Student Association for “contributions and positive impact on the JMU Graduate School Community,” 2017.

- Psychology Graduate Student Association award for Outstanding Mentorship, 2017.
- Outstanding Junior Faculty, Department of Graduate Psychology, 2017
- Howard F. Hunt Research Award of Distinction, Weill Medical College of Cornell University, New York – Presbyterian Hospital, Westchester, 2002-2003.
- University of Utah Graduate Research Fellow, 1999-2000.
- Kevin Hawley Award, Department of Psychology, University of Utah, 1999.
- Marriner S. Eccles Graduate Fellowship in Political Economy: Fellow, 1996-97.
- University of Utah Presidential Scholarship, 1987-93.
- National Merit Corporation Scholarship, 1987-93.

Professional Association Memberships / Involvement:

- APA Advisory Steering Committee (ASC) for Development of Clinical Practice Guidelines (2026-)
- Fellow, Society for the Advancement of Psychotherapy (SfAP, APA Division 29):
 - Treasurer / elected member of the Executive Committee (beginning 2025 -)
 - Fellows Committee (2025 – present)
 - Continuing Education Committee (2019 – present; chair 2019-2024)
 - Education and Training Committee (2010-2015, chair, 2010)
 - D29 Member since 2009, APA member since 1998
- Fellow, Society for Exploration of Psychotherapy Integration (SEPI):
 - Treasurer, elected position (1st term: 2020-2022, 2nd term: 2023-2025)
 - Secretary, elected position (2015–2017)
 - Research Committee, Chair (2013–2015)
 - Program Committee Member for Denver 2017 Convention.
 - SEPI Member since 2013
- Local Organizing Committee, North American Society for Psychotherapy Research, 2026 NYC Conference
- Council of University Directors of Clinical Psychology, member (2021 -)
- Consortium of Combined-Integrated Doctoral Programs in Psychology (CCIDPIP)
 - Former Chair (2019, 2020), and Chair-Elect (2017, 2018)
 - Role included membership in Council of Chairs of Training Councils (CCTC)
- Task Force Member, American Psychological Association Div. 12 Task Force on Empirically Supported Principles of Therapeutic Change (2003 – 2006), headed by L. E. Beutler & L. G. Castonguay.
- Society for Psychotherapy Research, member since 1995

Editorial Roles

Guest Editor

- *Frontiers in Psychology*, invited guest editor (2023-2025) with Oasi Osmano and Andrzej Werbart. “Unsuccessful psychotherapies: when and how do treatments fail? (part II)”
- *Clinical Psychology: In-Session*, invited guest editor (2020-2022) with Ulrich Kramer and Francesco Gazillo. “Case formulation of interpersonal patterns and impact on the treatment process”

Editorial Board Member

- Clinical Psychology: In-Session (2020 - present)
- Psychotherapy Research (2013 – present)
- Journal of Clinical Psychology (2007-2010)

Ad Hoc Reviewer

- Assessment
- Behaviour Research and Therapy
- BioMedCentral - Psychiatry
- British Journal of Clinical Psychology
- Canadian Psychology
- European Psychiatry
- International Journal of Behavioral Development
- Journal of Abnormal Psychology
- Journal of Consulting and Clinical Psychology
- Journal of Nervous and Mental Disease
- Journal of Personality
- Journal of Personality Assessment
- Journal of Psychiatric Research
- Journal of Psychotherapy Integration
- Journal of Social and Personal Relationships
- Personality and Individual Differences
- Personality and Mental Health
- Psychiatry Research
- Psychological Assessment
- Psychology and Psychotherapy
- Psychotherapy
- Psychotherapy Research
- Self and Identity

Faculty Teaching

Ferkauf Graduate School of Psychology, Yeshiva University: 2021 – present:

Full Professor, Tenured (2026 -)

Associate Professor, Tenured (2021 - 2026)

Graduate courses:

Advanced Psychodynamic Therapy Practicum (PSC 6494)

Psychodynamic Therapy Practicum (PSC 8494)

Data Analysis (PSC 6537)

Integrating Clinical Practice and Research (PSC 6288)

Lifespan Psychopathology II (PSC 6814)

Personality Assessment (PSC 6442, 8442)

Research Seminar (IRT and SASB, PSC 6539)

Advanced Multicultural and Diversity (PSC 8822: Special Topics)

James Madison University: 2014 - present:

Affiliate Professor, Dept. of Graduate Psychology & School of Communications (2021 -).

Associate Professor, Tenured (2017- 2021), Dept. of Graduate Psychology, James Madison University.

Assistant Professor (2014-2017), Dept. of Graduate Psychology, James Madison University.

Graduate courses:

Advanced Consultation and Supervision (Psyc 852)

Advanced Diagnosis, Intervention, and Treatment Planning (Psych 867)

Intermediate Inferential Statistics (Psyc 605 as Independent Study)

Issues and Techniques in Research and Evaluation (Psyc 881)
Personality Theories (Psyc 612)
Personality Assessment (Psyc 876)
Professional Standards and Ethics (Psych 825)
Psychopathology: Diagnosis, Intervention, and Planning (Psyc 685)
Psychotherapy and assessment practicum supervision (Psyc 878)
Special Topics: Structural Analysis of Social Behavior (Psych 601)

University of Utah: 2004- 2014

Adjunct Assistant Professor of Psychology and Psychiatry (full-time appointment):

Interpersonal Reconstructive Therapy practicum sequence, University of Utah (2004 – 2014):
Instructor and Co-instructor (with Lorna Benjamin, Ph.D., 2004-2012). A graduate-level course on implementation of an interpersonal perspective on case conceptualization and optimal psychotherapy process applied with adults suffering from severe psychopathology involving comorbidity and personality disorder. Training sequence involves evolving competencies across inpatient and long-term outpatient settings including experience for advanced students to provide supervision.

Structural Analysis of Social Behavior (SASB), University of Utah: Graduate-level course in interpersonal theory with special focus on use of the SASB model (2005-2010).

Introduction to Psychotherapy (Fall 2010): Graduate-level course in Department of Psychology.

Personality Assessment II (Spring 2014): Graduate level course in objective personality testing, Department of Psychology, University of Utah.

Personality Theories (2007): Undergraduate course in Department of Psychology, University of Utah.

Statistics for the Behavioral Sciences (2008-2009; 2012-2014): Undergraduate course in Department of Psychology, University of Utah. Also assisted (2004) with developing computer-based instructional materials for graduate-level statistics course taught by Oakley Gordon, Ph.D.

Dissertation and Thesis committee work:

Yeshiva University

Dissertations chaired or co-chaired (research intensive track):

Emily Matis, (dissertation completed, 2023), chair

Title: *Attachment Style as a Moderating Factor in the Relationship Between Athletic Identity and Mental Health Outcomes Experienced During the Covid-19 Pandemic*

Monica Kansas, (dissertation completed, 2024), co-chair

Title: *Self-efficacy, self-honesty and satisfaction with life in trait anxiety*

Caroline Ball, (dissertation completed, 2025), chair

Title: *Interpersonal and Intrapsychic Functions of Nonsuicidal Self-Injury*

Samuel Kressel, (dissertation completed, 2025), chair

Title: *Instagram Use, Selectivity, and Well-Being*

Michael Whitbord, dissertation completed, 2026), chair

Title: *Healthcare Students' Feelings toward Partners in Gay Male HIV-Serodiscordant Couples*

Gideon Nachman, research intensive dissertation completed, 2026

Title: *Beyond Solastalgia: Place Attachment, Interpersonal Reconstructive Therapy, and Adaptive Responses to Environmental Change in the Osage Nation*

Doctoral Research Projects chaired or co-chaired (standard training track):

Akiva Gornish, 2023, chair

Title: *Exploring the nature of the Stages of Change model in Interpersonal Reconstructive Therapy*

Christina Glusac, 2023, chair

Title: *Predictors of Intergenerational Resilience: Using the SASB-based Intrex Questionnaire to Analyze Relational Patterns*

Liorah Rubenstein, 2023, chair

Title: *Profiling the Unfaithful: Attachment and Interpersonal Markers of Infidelity*

Lea Epstein, 2023, chair

Title: *Patient Characteristics and the Search for Treatment Optimization*

Anna Wietschner, 2024, chair

Title: *Use of a Relational Model of Behavior to Understand Cancer Care and Coping*

Hallie Goldman, 2025, chair

Title: *Rethinking the Mind-Body Connection: An Interpersonal Framework Linking Personality and Health Through SASB and Copy Process Theory*

Nicole Priven, 2025, chair

Title: *Setting the Stage for Cycle-Breakers: An Interpersonal Reconstructive Therapy-Based Parenting Intervention*

Lab students / Work underway

Ekin Kiyici, research intensive dissertation proposed, 2025

Katie Parker, standard track

Harrison Gordon, standard track

Marly Suesserman, standard track

Claire Stargard, standard track

Ava Hornblass, standard track

Elizabeth Stroh, standard track

Faith Ting, standard track

Yu (Dora) Zhang, standard track

John (Jack) Neary, standard track

Committee member / Reader:

Hemrie Zalman, dissertation completed 2021, committee member

Samantha Mahr, dissertation completed 2022, committee member

Caroline Capute, dissertation completed 2023, committee member

Rachel Czosniak, dissertation completed 2023, committee member

Rachel Keitelman, dissertation completed 2023, committee member

Melanie Kressel, dissertation completed 2023, committee member

Julia Melvin, dissertation completed 2023, committee member

Saya Weissman, dissertation completed 2023, committee member
Hannah Schmitt, dissertation completed 2023, committee member
Lauren Sweitzer, dissertation completed 2023, committee member
Jonathan Warren, dissertation completed 2023, committee member
Sukhpreet Kaur, dissertation completed 2023, committee member
Daniel Gutterman, dissertation completed 2023, committee member
Jessica Silverman, dissertation completed 2023, committee member
Alexandra Chechik, doctoral research completed 2023, reader
Robert Johnson, dissertation completed 2024, committee member
Aditi Sarda, dissertation completed 2024, committee member
Courtney Townsend, dissertation completed 2024, committee member
Emma Shimony, dissertation completed 2024, committee member
Christina Bushell, dissertation completed 2024, committee member
Tara Agneshwar, dissertation completed 2024, committee member
Zoe Bressler, dissertation completed 2024, committee member
Ron Nicholson, dissertation completed 2024, committee member
Joanna Durso, dissertation completed 2025, committee member
Benjamin Dukas, dissertation completed 2025, committee member
Nina Rose, dissertation completed 2025, committee member
Fallon Smalberg, doctoral research project 2025, second reader
Nicholas Norman, doctoral research project 2025, second reader
Charlotte Standefer, research intensive dissertation, 2026, committee member

Work underway

Alexis Aberman, research intensive dissertation proposed 2025, committee member
Matt Kulke, research intensive dissertation proposed 2025, committee member

James Madison University

Dissertations chaired or co-chaired:

Katie Callahan (dissertation completed, 2026), Co-chair

Title: *Exploring the Role of Early Trauma and Introjected Hostility in Nonsuicidal Self-Injury: A Structural Analysis of Self-Concept and Self-State Shifts*

Priyata Thapa, Psy.D. (dissertation completed 2023), co-chair

Title: *Investigating the specific links between adverse childhood experiences and vulnerability to suicide: a mixed methods study*

Eliza Stucker, Psy.D. (dissertation completed, 2022), chair

Title: *Operationalizing the Gift of Love (GOL) in Interpersonal Reconstructive Therapy (IRT): An examination of the role of meaning construction in therapeutic change.*

Morgan Gunter, Psy.D. (dissertation completed, 2021), co-chair

Title: *Reimagining Racism: It's More Than Black & White.*

Julia Dobner-Pereira, Psy.D. (dissertation completed, 2021), chair

Title: *Healing Attachment Wounds: Drama Therapy Within an Interpersonal Theoretical Frame as a Group Treatment Modality*

Mariafe Panizo, Psy.D. (dissertation completed, 2020), chair
Title: *An Interpersonal View of Personality Disorders*

Bridget Smith, Psy.D. (dissertation completed, 2018), chair
Title: *An Exploration of the Collegiate Coach-Athlete Relationship and its Impact on Female Athlete Attitudes and Behaviors toward Disordered Eating and Body Image.*

Molly Bowman (Kennedy), Psy.D. (dissertation completed, 2018), chair
Title: *Contributory Factors of Well-Being in New Mothers: An Exploratory Study*

Committee member:

Charles Miller, dissertation completed, 2022, committee member
Paulihna Cechak, dissertation completed, 2021, committee member
Christian Haase, dissertation completed 2021, committee member
Jessica (Jay) Davis, dissertation completed 2020, committee member
Erica Pritzker, dissertation completed 2020, committee member
Mandi Quay, dissertation completed 2018, committee member
Caroline Conners, dissertation completed 2019 committee member
Nino Chkhaidze, dissertation completed 2017, committee member
Chance McDermott, dissertation completed 2017, committee member

Other universities

Eleonor Harrison (LaSalle University, dissertation, completed 2026), Co-chair
Kimberley Hara (York University, dissertation, completed 2020), comm. member
Katherine Thompson (McGill University, dissertation, completed 2015), comm. member
Deborah Hudson (Univ. of Rochester, dissertation, completed 2015), comm. member
Heather Gunn, Ph.D. (Univ. of Utah, dissertation completed, 2012), Co-chair
Matt Davis, Ph.D. (Univ. of Utah, dissertation completed, 2011), comm. member
Jenny Cundiff, Ph.D. (Univ. of Utah, thesis completed 2011), comm. member
Ronna Dillinger, Ph.D. (Univ. of Utah, dissertation completed 2007), comm. member

Faculty Service

Ferkauf Graduate School of Psychology, Yeshiva University: 2021 - present:

Program Director (2021 -), Clinical PsyD Program
MSCHE Self-Study Work Group (2023-2024)
Search Committee Chair: Two tenure-track faculty positions (2023), one tenure track faculty position (2025)
Search Committee Member: Assoc. Dean position (2023)
Tenure review committee (2023)

Department of Graduate Psychology, James Madison University: 2014 -2021:

Director (2017- 2021), Combined-Integrated Doctoral Program in Clinical and School Psychology,
Department of Graduate Psychology, James Madison University (co-director: 2015 – 2017)
incl. ongoing participation with: Graduate Council, Graduate Coordinators Council

- CAPS/ISLA clinic leadership committee: 2014 – 2021
- Faculty Senate: 2018 - 2021
- Inter-professional Rural Mental Health Services in Page Co., VA, steering committee: 2015 - 2021
- Search Committee Chair: C-I Doctoral Program Tenure-Track Faculty, 2021
- Search Committee Chair: CAPS/ISLA Clinic Director, 2018
- Dean's faculty advisory committee: 2015 – 2018
- Personnel Advisory Committee pre-tenure faculty member: 2015-2017

Clinical Roles/Experience/Training:

08/14 – present	Licensed Psychologist in the State of New York (2022-present) and the Commonwealth of Virginia (2014-present). Maintain an independent practice doing individual and couples psychotherapy with adults presenting with a wide range of concerns.
08/14 – 08/21, & summers 2022-2025	Faculty supervisor for cases seen at the Comprehensive Assessment and Psychological Services (CAPS) training clinic and Interprofessional Services for Learning Assessment (ISLA) at James Madison University.
01/19	Rorschach Performance Assessment System (R-PAS) training. 4-day workshop. Alliant University, San Francisco
03/04 – 9/14	Licensed Psychologist in the State of Utah (license now inactive/lapsed). Maintained a small independent practice doing individual and couples psychotherapy with adults presenting with a wide range of concerns.
07/07 – 7/14	Co-director of the Interpersonal Reconstructive Therapy (IRT) clinic at the University of Utah Neuropsychiatric Institute. The clinic, founded by Lorna Smith Benjamin provide direct service to patients with severe and comorbid problems including multiple hospitalizations and suicide attempts. Axis II disorders are common. Research on the efficacy of IRT and training in its use are also important activities of the clinic. In addition to administrative and research responsibilities, my role includes intensive supervision and training of clinic therapists as well as direct provision of therapy for difficult cases.
08/03 – 07/07	Instructor and supervisor in IRT Clinic of University of Utah Neuropsychiatric Institute. Started as a postdoctoral fellow of psychology (08/03 – 08/04). Provided direct service to patients as well as training and supervision in use of Interpersonal Reconstructive Therapy. Includes inpatient and outpatient case formulation and psychotherapy, intervening with individuals and in some cases couples, work with severely suicidal patients, Axis II assessment. Training and experience in supervision of psychology graduate student trainees.
07/02 – 07/03	Postdoctoral Fellow of Psychology in Psychiatry, Weill Cornell Medical College. Conducted intake evaluations, clinical diagnostic interviews, and individual therapy with adults in the Mood and Anxiety Disorders outpatient clinic of the Westchester Division of New York Presbyterian Hospital. Intervention primarily utilized cognitive-behavioral approaches.
7/01 - 7/02	Psychology predoctoral internship, San Francisco VA Medical Center (APA

approved). Full time clinical work and training with adult veterans in a medical setting, frequently with co-morbid medical and psychiatric conditions. This generalist training site offered excellent supervision from diverse theoretical orientations. Rotations included Neuropsychological Assessment, Medical & Health Psychology, Substance Abuse, PTSD, Outpatient Evaluation Clinic, Family Therapy, and Long-term Therapy. Received training in intakes and assessments, as well as individual, group, and family therapy with diverse populations, coordinated treatment with teams consisting of psychologists, psychiatrists, social workers, and medical specialists.

- 10/98 - 2/99 Trained in the use of the Addiction Severity Index; administered the ASI as part of a NIDA-funded, clinical research project, Stephen Butler, Principal Investigator.
- 10/97 - 3/98 Psychology Clerk, Child Protection Team, Primary Children's Medical Center (Supervisor: Kevin J. Gully, Ph.D., ABPP). Responsibilities included working with children and families where there had been an allegation of child abuse by conducting assessments, co-leading group therapy sessions (with children and parents), writing reports, and creating and maintaining a program evaluation & quality assurance database from intake and follow-up assessment results.

Research Experience:

- 08/14 – present Director of IRT Research, Currently at Ferkauf Graduate School of Psychology. Formerly at Department of Graduate Psychology, James Madison University. Collaborated with Lorna Smith Benjamin, Ph.D. at Univ. of UT to develop and test measures, training procedures, and effectiveness of Interpersonal Reconstructive Therapy (IRT) to treat adults experiencing severe and complex psychopathology. My work continues to test and explore IRT and SASB. Typical patient profile under study includes all of these: comorbidity on both Axis I and II, chronic suicidality, repeat hospitalizations and previous unsuccessful treatments.
- 10/98 – present Statistical and Methodological Consultant. Data analysis, project design, and application of an expert coding system for describing moment-by-moment interpersonal behavior, the Structural Analysis of Social Behavior (SASB: Benjamin, 1979, 1986, 2003) in a variety of research databases ranging from family interactions to individual therapy sessions.
- 08/03 – 07/14 Director of Research, IRT Clinic, University of Utah Neuropsychiatric Institute. PI on project to develop and test measures, training procedures, and effectiveness of Interpersonal Reconstructive Therapy (IRT) to treat adults experiencing severe and complex psychopathology. Typical patient profile under study includes all of these: comorbidity on both Axis I and II, chronic suicidality, repeat hospitalizations and previous unsuccessful treatments.
- 07/02 – 07/03 Postdoctoral Fellow of Psychology in Psychiatry, Weill Cornell Medical College. Conducted research and administered assessments as part of a programmatic series of studies culminating in a randomized control trial for borderline personality disorder (BPD) funded by the Borderline Personality Disorder Research Foundation. My research focused on diagnostic reliability, comorbidity, and those aspects of BPD thought to predict differential treatment

outcomes. This involved mapping, organizing, and testing relationships within the clinically-relevant, phenotypic heterogeneity of BPD traits such as impulsivity, aggression, attachment, and co-occurring Axis II features.

- 12/98 – 04/02 Principal Investigator (Dissertation research). Research to validate and explore a method of case formulation focused on the interpersonal relationships, wishes, and fears that patients have upon entering therapy. Served as dissertation project, as well as the topic of an invited colloquium with William Henry, Ph.D. in Milan, Italy, and the basis of several presentations at national and international conferences.
- 4/98 - 2/99 Graduate Research Assistant. NIDA grant # 2 R44 DA10131-02, "Development of an Addiction Severity Assessment Tool," PI: Stephen F. Butler. Responsible for conducting interviews and administering questionnaires to adult patients with substance abuse problems, as well as organizing and administering various aspects of the research project at the Utah site of this multi-site project.
- 8/96 - 6/98 Principal investigator (Masters research). Interpersonal mechanisms linked to the outcome of psychotherapy in the context of cognitive and behavioral therapies. Conducted under a Marriner S. Eccles Fellowship in Political Economy.
- 1992 - 93 Undergraduate Senior Honors Thesis. Conducted research under the supervision of David Raskin, Ph. D., related to the development of an interview procedure for use with children and adolescents in cases involving allegations of sexual abuse.

Written Work:

under review / in preparation

Glusac, C., & Critchfield, K. L. (in preparation). Predictors of Intergenerational Resilience: Using the SASB-based Intrex Questionnaire to Analyze Relational Patterns. Yeshiva University.

Shealy, C., et al. (in preparation). Cultivating the Globally Sustainable Self: Why the Summit Series Addresses the Myth of Free Will and Other Model-Method Problems. In C. Shealy (Ed.), *Cultivating the Globally Sustainable Self: How the Human Species Might Fulfill its Potential*. Oxford University Press.

Acheson, K., et al., (in preparation). Mastering the Model-Method Problem: What We've Learned from 30 Years of Theory, Research, and Practice. In C. Shealy (Ed.), *Cultivating the Globally Sustainable Self: How the Human Species Might Fulfill its Potential*. Oxford University Press.

Ma, W, et al., (in preparation). Cultivating the Self Through Assessment: What Works, What Doesn't, and Why. In C. Shealy (Ed.), *Cultivating the Globally Sustainable Self: How the Human Species Might Fulfill its Potential*. Oxford University Press.

Teramoto, U., et al., (in preparation) The Identity of a Global Citizen: What It Means, How it Develops, Why it Matters. In C. Shealy (Ed.), *Cultivating the Globally*

Sustainable Self: How the Human Species Might Fulfill its Potential. Oxford University Press.

Ronchi, F., Stucker-Rozovsky, E. I., Dobner-Periera, J., Gornish, A., & Critchfield, K. L. (under review). Interpersonal Reconstructive Therapy (IRT) for Personality Disorders in Young Adulthood. In M. Percudani, O. Oasi, L. Malvini, M. Meliante, & F. De Salve (Eds). *Personality Disorders Among Young Adults*. Springer.

Critchfield, K. L., Stucker-Rozovsky, E. I., Mackaronis, J. E., Harrison, E., Stargard, C., Stroh, E., Ting, F., Zhang, Y. (under review). The Interpersonal Perspective on Personality Disorders using Structural Analysis of Social Behavior. In M. Percudani, O. Oasi, L. Malvini, M. Meliante, & F. De Salve (Eds). *Personality Disorders Among Young Adults*. Springer.

peer reviewed articles

Panizo, M. T., Harrison, E. G., & Critchfield, K. L. (2026). Interpersonal Diagnosis of Personality Disorders: Explaining Comorbidity and Enhancing Clinical Relevance. *Journal of Psychotherapy Integration*, 36(1), 60-76. <https://doi.org/10.1037/int0000370>

Critchfield, K. L., Gornish, A., Epstein, L., Mackaronis, J. E., & Benjamin, L. S. (2025). The “gift of love” as a candidate mechanism of psychopathology and change in interpersonal reconstructive therapy for patients with high-acuity clinical needs. *Psychotherapy*, 62(3), 280–291. <https://doi.org/10.1037/pst0000556>

Oasi, O., Critchfield, K. L., & Werbart, A. (2024). Editorial: Rethinking unsuccessful psychotherapies: when and how do treatments fail?. *Frontiers in psychology*, 15, 1514654. <https://doi.org/10.3389/fpsyg.2024.1514654>

Ewing, E. L., Mackaronis, J. E., Poole, E. M., Critchfield, K. L., & Gunn, H. E. (2024). An Interpersonal and Meta-analytic Approach to Parenting Behaviors and Adolescent Sleep. *Clinical child and family psychology review*, 10.1007/s10567-024-00504-4. Advance online publication. <https://doi.org/10.1007/s10567-024-00504-4>

Constantino, M. J., Coyne, A. E., Gaines, A. N., Goodwin, B. J., Muir, H. J., Critchfield, K. L., Westra, H. A., & Antony, M. M. (2023). Therapist verification of patient self-concept as a responsive precondition for early alliance development and subsequent introject change. *Psychotherapy Research*, 1-15. <https://doi.org/10.1080/10503307.2023.2297995>

Woehrle, P. L., Critchfield, K. L., Anolik, S., Bobal, C., Pempek, T. A., & Skowron, E. A. (2023). Multigenerational patterns of parenting-at-risk: A test of interpersonal specificity using copy process theory. *Journal of Clinical Psychology*, 79, 186– 200. <https://doi.org/10.1002/jclp.23412>

Critchfield, K. L., & Harvell-Bowman, L.A. (2022). Death anxiety and existential concerns among patients experiencing chronic or recurrent suicidal ideation in Interpersonal Reconstructive Therapy. *Clinical Psychologist*. <https://doi.org/10.1080/13284207.2022.2120386>

Harvell-Bowman, L.A., Critchfield, K.L., Ndzana, J. F., Stucker, E., I., Yocca, C., Wilgus, K., Hurst, A., & Sullivan, K. (2022). Of Love and Death: Death anxiety, attachment, and suicide as experienced by college students. *OMEGA –*

Journal of Death and Dying. Advance online publication.

<https://doi.org/10.1177/00302228221100636>

Critchfield, K. L., Mackaronis, J. E., Thapa, P., & Cechak, P. (2022). A brief overview of safety planning in interpersonal reconstructive therapy. *Psychotherapy*, 59(2), 168–173. <https://doi.org/10.1037/pst0000415>

Melluish, S., Bhola, P., Gutierrez, M. C., Critchfield, K. L., & Atwood, K. C. (2022). Psychological impact and clinical psychology responses to COVID-19: comparative case studies from Cuba, Ethiopia, India, UK and USA. *International Perspectives in Psychology: Research, Practice, Consultation*, 11(2), 98-104. <https://doi.org/10.1027/2157-3891/a000037>

Critchfield, K. L., Gazzillo, F., & Kramer, U. (2022). Case formulation of interpersonal patterns and its impact on the therapeutic process: Introduction to the issue. *Journal of Clinical Psychology*, 78, 379– 385. <https://doi.org/10.1002/jclp.23322>

Critchfield, K. L., Thapa, P., Panizo, M. T., & Conceição, N. (2022). Using interpersonal reconstructive therapy to address comorbid problems organized by attachment-based learning: The case of Don. *Journal of Clinical Psychology*, 78, 396– 408. <https://doi.org/10.1002/jclp.23292>

Marquis, A., Henriques, G. R., Anchin, J. C., Magnavita, J., Harris, J., Ingram, B., Critchfield, K. L., & Osborne, K. (2021). Unification: The Fifth Pathway to Psychotherapy Integration. *Journal of Contemporary Psychotherapy*, 51, 285-294. <https://doi.org/10.1007/s10879-021-09506-7>

Westerman, M. A., Critchfield, K. L. (2021). Philosophical Considerations and Research Ideas About Comparing the Two Approaches: Messer's Comments Point the Way Forward. *Pragmatic Case Studies in Psychotherapy*, 17(1), 109-122. <http://pcsp.libraries.rutgers.edu>

Critchfield, K. L., Dobner-Pereira, J., Stucker, E. I., (2021). Interpersonal Wishes and Fears with Regard to Internalized Attachment Figures: Differing Focus of Two Case Formulation Methods that use SASB. *Pragmatic Case Studies in Psychotherapy*, 17(1), 85-103. <http://pcsp.libraries.rutgers.edu>

Critchfield, K. L., Dobner-Pereira, J., Stucker, E. I., (2021). The Case of Sharon Considered from the Vantage Point of Interpersonal Reconstructive Therapy. *Pragmatic Case Studies in Psychotherapy*, 17(1), 42-62. <http://pcsp.libraries.rutgers.edu>

Westerman, M. A., Critchfield, K. L. (2021). Goals and Design of the Project and Basic Information About Sharon's Case. *Pragmatic Case Studies in Psychotherapy*, 17(1), 5-18. <http://pcsp.libraries.rutgers.edu>

Siegel, M. L., Binder, E. M., Dahl, H-S. J., Czajkowski, N. O., Critchfield, K. L., Høglend, P. A., & Ulberg, R. (2020). Therapeutic atmosphere in psychotherapy sessions. *International Journal of Environmental Research and Public Health*, 17, 4105. doi:10.3390/ijerph17114105.

- Ness, E., Dahl, H-S J, Critchfield, K. L., & Ulberg, R. (2018) Exploring in-session process with qualitative and quantitative methods in psychotherapy with an adolescent. *Journal of Infant, Child, and Adolescent Psychotherapy*, 17(4), 310-327, DOI: 10.1080/15289168.2018.1526021
- Critchfield, K. L., Panizo, M, T., Dobner-Pereira, J., Drucker, K. (2018). Beyond the Borderline: Expanding Our Repertoire to Address Relational Patterns and Power Dynamics Attendant to Diverse Personality Disorders. *Journal of Contemporary Psychotherapy*, 49(1), 61-67. <https://doi.org/10.1007/s10879-018-9409-8>
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Critchfield, K. L., Skowron, E., Colacicco, F., Panizo, M., Ulberg, R., Stucker-Rozovsky, E., Glusac, C., Nachman, G., & Priven, N. (in press). Resolving Conflicts by Addressing Attachment Gone Awry: Local and Global Implications for Research, Education, and Practice. In C. Shealy (Ed.), *Cultivating the Globally Sustainable Self: How the Human Species Might Fulfill its Potential*. Oxford University Press.

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Books:

Critchfield, K. L. & Benjamin, L. S. (2024). *Structural Analysis of Social Behavior (SASB): A Primer for Clinical Use*. American Psychological Association.

Conference Presentations, Symposia, and Posters:

Critchfield, K. L. (2026, June). Enhanced use of Evidence-Based Treatment Principles associated with training in IRT. Paper in Panel, Cultivating Flexible and Effective Evidence-Based Clinicians Through Innovative Approaches to Clinical Training. Presented to the International Society for Psychotherapy Research, Osaka, Japan.

Urmanche, A., Bloch-Elkouby, S., Critchfield, K. L., Lutz, W., Rost, F., & Rubel, J. (2026, June). Using Research to Improve Training and Care: Implementing ROM and Research in Training Clinics. Structured Discussion Presented to the International Society for Psychotherapy Research, Osaka, Japan.

Guerreiro, M., Conceicao, N., Critchfield, K. L., Kramer, U., & Iwakabe, S. (2024, June). Struggle and Growth: Tracing Core Patterns with a Transtheoretical Case Formulation Approach in a Complex Trauma Case Study in Experiential Psychotherapy. Paper in Panel, Transformational Change Processes in Trauma and Grief. Presented to the International Society for Psychotherapy Research, Osaka, Japan.

Critchfield, K. L., (2026, June). Addressing Attachment Gone Awry: Local and Global Implications for Research, Education, and Practice. Paper in

Symposium titled, Making Psychotherapy Training Accessible to the 24th World Congress of Psychotherapy. NYC, USA

Kiyici, E., Critchfield, K. L., (2025, October). How We Keep Going: A Relational Understanding of Palestinian-focused Social Activism Sustainability. [Poster presentation]. The American Arab, Middle Eastern, and North African Psychological Association (AMENA-Psy). Virtual Conference.

Critchfield, K., L., Conceicao, N., Kramer, U., & Kiyici, E. (Oct. 2025). Interpersonal patterns, case formulation, and the process and outcome of psychotherapy in a transtheoretical lens: A cross-national research collaboration. Structured Discussion Panel at the Society for Exploration of Psychotherapy Integration (SEPI), Istanbul, Turkey

Critchfield, K. L., & Kiyici, E. (Oct. 2025). Structural Analysis of Social Behavior (SASB): Tracking Relationship Patterns for Integrative Practice and Research. Pre-conference workshop for the Society for Exploration of Psychotherapy Integration (SEPI), Istanbul, Turkey

Kiyici, E., Critchfield, K. L., (2025, October). How We Keep Going: A Relational Understanding of Palestinian-focused Social Activism. Paper Presentation at the Society for Exploration of Psychotherapy Integration (SEPI), Istanbul, Turkey

Harvell-Bowman, L., Critchfield, K., D'Agostino, P., Bates, S., Lampf, B., & Haq, S. (2025, February). Exploring death thought accessibility among young adults when writing about close relationships. Presented at the annual meeting of the Existential Psychology Preconference at the Society for Personality & Social Psychology in Denver, Colorado.

Conceicao, N., Böckle, M., Critchfield, K. L., Nachman, G., Quiroga, A., Defey, D., & Chen, S. (2024, June). Psychotherapy Practice & Research that Works Towards Ecological Awareness and Action: Environment and Climate Change Integration. Panel Discussion at the International Society for Psychotherapy Research, Ottawa, Canada.

Critchfield, K. L. (2024, June). Sequential methods for exploring differential therapist responsiveness using SASB. Presented to the International Society for Psychotherapy Research, Ottawa, Canada.

Wingreen, C., Yeger, K., Unger, G., Lautz, Q., Critchfield, K. L., & Kenney, W. (2024, March). Interpersonal Themes in Pre-Sentence Psychosexual Evaluation. [Poster presentation]. American Psychology - Law Society. Los Angeles, CA, United States.

Harrison, E. G., Montague, D. P. F., & Critchfield, K. L. (2024, February). *Interpersonal patterns in borderline personality disorder* [Poster presentation]. Society for Personality and Social Psychology, San Diego, CA, United States.

Harvell-Bowman, L.A., Critchfield, K.C. (2023, November). Existential Flourishing: Exploring Relational Cognition as a Mechanism to Produce More

Meaningful Therapeutic Experiences. [Poster presentation]. The Global Flourishing Conference of the Templeton World Charity, Online Conference.

Goldman, H., Kiyici, E., Parker, K., Stucker-Rozovsky, E., Dobner-Pereira, J., Gunn, H., Mackaronis, J., & Critchfield, K. L. (2023, October). Teaching and Learning Interpersonal Reconstructive Therapy. Paper in Panel titled *New Directions in Application of Structural Analysis of Social Behavior (SASB) and Interpersonal Reconstructive Therapy (IRT) Theory*. North American Society for Psychotherapy Research, Amherst, MA.

Ball, C., Gornish, A., Chechik, A., & Critchfield, K. L. (2023, October). Explaining the Complex Functions of Nonsuicidal Self-Injury and Their Relationship to Childhood Sexual Abuse: Use of the Structural Analysis of Social Behavior (SASB). Paper in Panel organized by Critchfield, K. L., *New Directions in Application of Structural Analysis of Social Behavior (SASB) and Interpersonal Reconstructive Therapy (IRT) Theory*. Presented to the North American Society for Psychotherapy Research. Amherst, MA, USA.

Nachman, G., & Critchfield, K. L. (2023, October). “As They Should Have Been”: The Intersections between Solastalgia and IRT Theory. Paper in Panel organized by Critchfield, K. L., *New Directions in Application of Structural Analysis of Social Behavior (SASB) and Interpersonal Reconstructive Therapy (IRT) Theory*. Presented to the North American Society for Psychotherapy Research. Amherst, MA, USA.

Critchfield, K. L., & Thapa P. (2023, October). Interpersonal specificity and internalized “family in the head”: An IRT perspective on chronic/recurrent suicidality. Paper in Panel titled *When psychotherapy researchers work with high-risk patients: new conceptual developments to enhance treatment effectiveness*. North American Society for Psychotherapy Research, Amherst, MA.

Rubinstein, L., Epstein, L., & Critchfield, K. L. (2023, October). Profiling the Unfaithful: Attachment and Interpersonal Markers of Infidelity. [Poster presentation]. The North American Chapter of the Society for Psychotherapy Research (NASPR) Conference, Amherst, MA, USA.

Glusac, C., & Critchfield, K. L. (2023, October). Predictors of Intergenerational Resilience: Using the SASB-based Intrex Questionnaire to Analyze Relational Patterns. [Poster presentation]. The North American Chapter of the Society for Psychotherapy Research (NASPR) Conference, Amherst, MA, USA.

Gornish, A., Glusac, C., & Critchfield, K. L. (2023, October). Applying the Stages of Change Model to Changes in Internalized Attachment Figures. [Poster presentation]. The North American Chapter of the Society for Psychotherapy Research (NASPR) Conference, Amherst, MA, USA.

Critchfield, K. L. (2023, June). Synergies between research and clinical training in Interpersonal Reconstructive Therapy. Paper in panel on clinical use of research measures, presented to the Society for Psychotherapy Research, Dublin, Ireland.

- Ewing, E., Poole, E., Mackaronis, J., Critchfield, K., & Gunn, H. E. (2023, June). A theory-driven, meta-analytical approach to evaluating optimal parenting behaviors and adolescent sleep. Poster presented at the Sleep Conference, Indianapolis, IN.
- Harvell-Bowman, L.A., Critchfield, K.C., Montwill, P.C., Larounis, M., Coleman, E., & Davis, T. (2023, February). Surviving as First-Year Students: Examining Nonverbal Behaviors Amongst College Freshmen Experiencing Suicidal Ideation. Presented at the annual meeting of the Society for Personality & Social Psychology in Atlanta, Georgia.
- Harvell-Bowman, L.A., Critchfield, K.C., Montwill, P.C., & Ferrell, K. (2023, February). Investigating Attachment and Suicidal Ideation: The Role of Reducing Death Anxiety Amongst Clinical Populations. Presented at the annual meeting of the Society for Personality & Social Psychology in Atlanta, Georgia.
- Critchfield, K. L., & Glusac, C. (2022, July). Becoming resilient to maladaptive attachment patterns: implications of findings from copy process research. Paper in panel, *Case Formulation, Process and Outcome*, presented to the Society for Psychotherapy Research, Denver, CO.
- Kramer, U., Cunha, C., Critchfield, K. L., Duc-Marwood, A., Lane, R., & Henriques, G. (2022, April). What is the common core of psychotherapy?: Postcards from Lausanne to the world. Opening plenary for the Society for Exploration of Psychotherapy Integration (SEPI). Lausanne, Switzerland.
- Critchfield, K. L., Thapa, P., Panizo, M. T., & Conceição, N. (2022, April). Navigating comorbidity and chronic suicidality using Interpersonal Reconstructive Therapy: the case of Don. Paper in Panel *Case Formulation of Interpersonal Patterns and its Impact on the Therapeutic Process* presented to the Society for Exploration of Psychotherapy Integration (SEPI). Lausanne, Switzerland.
- Critchfield, K. L. & Gornish, A. (2022, April). Differential Emphasis on CBT and Psychodynamic Techniques Across Stages of Change in Interpersonal Reconstructive Therapy. Paper in Panel *Building Change in Personality: Fast and Slow* presented to the Society for Exploration of Psychotherapy Integration (SEPI). Lausanne, Switzerland.
- Dobner-Pereira, J., Critchfield, K. L., & Martin, R. M. (2021, Nov.). Integrating Drama Therapy and Interpersonal Reconstructive Therapy: A Mixed Methods Study of a Group Intervention. Presentation to the North American Society for Psychotherapy Research. Online Conference.
- Caspar, F., Critchfield, K. L., Grenyer, B., Goldman, R., Silberschatz, G. (June, 2021). Personalizing Psychotherapy by Using Case Formulation: A Research Challenge. Structured discussion moderated by T. Eells & U. Kramer presented to the International Society for Psychotherapy Research, Amherst, MA, USA. (conference canceled)
- Stucker-Rozovsky, E., Namburi, S. S., Martin, R. M., & Critchfield, K. L. (June, 2021). Defining a coding system to detect the gift of love in Interpersonal

Reconstructive Therapy. Poster presented at the annual meeting of the International Society for Psychotherapy Research. Online Conference.

Thapa, P., Al-Bizri, M., Woods, A. G., & Critchfield, K. L. (June, 2021). Comorbid health problems in a psychiatric sample linked to interpersonal histories and personality disorder diagnosis. Poster presented at the annual meeting of the International Society for Psychotherapy Research. Online Conference.

Critchfield, K. L., Pempek, T. A., Stucker-Rozovsky, E., Dobner-Pereira, J., & Thapa, P. (June, 2021). Refining the Relational Cognitions and Affects Questionnaire (RCA-Q). Poster presented at the annual meeting of the International Society for Psychotherapy Research. Online Conference.

Dobner-Pereira, J., Critchfield, K. L., & Martin, R. M. (June, 2021). Integrating Drama Therapy and Interpersonal Reconstructive Therapy: A Mixed Methods Study of a Group Intervention. Poster presented at the annual meeting of the Society for Exploration of Psychotherapy Integration. Online Conference.

Cornish, M. A., Schwartzman, C., Sauer, E. M., & Critchfield, K. L. (August, 2020). Interested in Psychotherapy Education & Training? Get Involved in Division 29! Poster presented at the annual meeting of the American Psychological Association. Washington, DC.

Caspar, F., Critchfield, K. L., Grenyer, B., Goldman, R., Silberschatz, G. (June, 2020). Personalizing Psychotherapy by Using Case Formulation: A Research Challenge. Structured discussion moderated by T. Eells & U. Kramer presented to the International Society for Psychotherapy Research, Amherst, MA, USA. (conference canceled)

Benjamin, L. S., Critchfield, K. L., & Mestel, R. (June, 2020). Perceived Patterns of Parenting and Psychiatric Disorders. Paper in panel organized by K. L. Critchfield, "Relational patterns in psychopathology and its treatment: Studies using SASB as a clarifying lens." Presented to the International Society for Psychotherapy Research, Amherst, MA, USA. (conference canceled)

Panizo, M. T. & Critchfield, K. L. (June, 2020). Using SASB to guide the personalized treatment of personality disorder. Paper in panel organized by K. L. Critchfield, "Relational patterns in psychopathology and its treatment: Studies using SASB as a clarifying lens." Presented to the International Society for Psychotherapy Research, Amherst, MA, USA. (conference canceled)

Stucker, E. I., Critchfield, K. L., Bonilla, K., Mischinski, M., & Benjamin, L. S. (June, 2020). Differential therapist responsiveness to attachment-based mechanisms of change in Interpersonal Reconstructive Therapy. Paper in panel organized by K. L. Critchfield, "Relational patterns in psychopathology and its treatment: Studies using SASB as a clarifying lens." Presented to the International Society for Psychotherapy Research, Amherst, MA, USA. (conference canceled)

Thapa, P., Critchfield, K. L., & Woods, A. G. (June 2020). Comorbid health problems in a psychiatric sample are linked to interpersonal histories and

personality disorder diagnosis. Poster presented to the International Society for Psychotherapy Research, Amherst, MA, USA.

Critchfield, K. L., Stucker, E. I., Bonilla, K., Mischinski, M., & Benjamin, L. S. (May, 2020). Exploring differential therapist responsiveness to attachment-based mechanisms of change in Interpersonal Reconstructive Therapy. Poster presented to the Society for Exploration of Psychotherapy Integration, virtual online poster session (Vancouver, CA conference canceled).

Harvell-Bowman, L.A., Critchfield, K.L., Stucker, E., Ndzana, J. F., Wilgus, K., & Grove, M. (February, 2020). Of Love and Death: Death anxiety, attachment, and suicide as experienced by college students. Presented at the annual meeting of the Existential Preconference at the Society for Personality and Social Psychology in New Orleans, LA.

Dobner-Pereira, J., & Critchfield, K. L. (2019, November). Drama therapy and Interpersonal Reconstructive Therapy: Healing attachment wounds. Presentation to the North American Drama Therapy Association, Philadelphia, PA.

Harvell-Bowman, L.A., Critchfield, K.L., & Yocca, C. (2019, November). Surviving as first-year students: Examining nonverbal behaviors amongst college freshmen experiencing suicidal ideation. Presented at the annual meeting of the National Communication Association in Baltimore, Maryland.

Critchfield, K. L., Dobner-Pereira, J., Panizo, M., & Benjamin, L. S. (2019, August). The Gift of Love as a key mechanism of change in Interpersonal Reconstructive Therapy. Paper presented as part of a panel titled "Effective Psychotherapy Using Principles from Attachment Theory and Developmental Psychopathology" (Lorna Smith Benjamin, chair) to the American Psychological Association, Chicago, IL.

Benjamin, L. S. & Critchfield, K. L. (2019, August). A natural biological model of interactive principles useful in guiding choices of interventions. Paper presented as part of a panel titled "Effective Psychotherapy Using Principles from Attachment Theory and Developmental Psychopathology" (Lorna Smith Benjamin, chair) to the American Psychological Association, Chicago, IL.

Constantino, M. J., Laws, H. B., Coyne, A. E., Goodwin, B. J., Muir, H. J., Critchfield, K. L., Westra, H. A., & Antony, M. M. (2019, August). Therapist verification of patient self-concept as a precondition for early alliance development. Paper presented as part of a panel titled "Effective Psychotherapy Using Principles from Attachment Theory and Developmental Psychopathology" (Lorna Smith Benjamin, chair) to the American Psychological Association, Chicago, IL.

Critchfield, K. L., & Benjamin, L. S. (2019, June). Mechanisms and processes of change in Interpersonal Reconstructive Therapy for CORDS patients. Paper presented as part of a panel titled "Change process and case formulation in personality change" (Dimitra Doumptioti, moderator) to the Society for Exploration of Psychotherapy Integration, Lisbon, Portugal.

- Critchfield, K. L., Stucker, E. I., & Benjamin, L. S. (2019, June). Case formulation in Interpersonal Reconstructive Therapy for CORDS patients: Theory and evidence to date. Paper presented as part of a panel titled "Case formulation in the Age of Evidence-Based Practice" (Ulrich Kramer, moderator) to the Society for Exploration of Psychotherapy Integration, Lisbon, Portugal.
- Stucker, E. I., & Critchfield, K. L. (2019, June). Spiritual care in clinical practice: using professional chaplaincy to address values dimensions of therapeutic care in Interpersonal Reconstructive Therapy (IRT). Paper presented to the Society for Exploration of Psychotherapy Integration, Lisbon, Portugal.
- Stucker, E. I., Dobner-Pereira, J., Critchfield, K. L., & Benjamin, L. S. (2019, June). Measuring interpersonal affects and cognitions. Poster presented to the Society for Exploration of Psychotherapy Integration, Lisbon, Portugal.
- Sorbi, P., & Critchfield, K. L. (2019, June). Interpersonal Reconstructive Therapy: Overview of the Framework. Paper in panel titled "Interpersonal Reconstructive Therapy: Overview and Application using Experiential Interventions within Individual and Group Psychotherapy" (Julia Dobner-Pereira and Ken Critchfield, moderators) to the Society for Exploration of Psychotherapy Integration, Lisbon, Portugal.
- Haase, C. D., Stucker, E. I., & Critchfield, K. L., (2019, June). IRT as an integrative, principles-based, unifying framework. Paper in panel titled "Interpersonal Reconstructive Therapy: Overview and Application using Experiential Interventions within Individual and Group Psychotherapy" (Julia Dobner-Pereira and Ken Critchfield, moderators) to the Society for Exploration of Psychotherapy Integration, Lisbon, Portugal.
- Dobner-Pereira, J., Sorbi, P., & Critchfield, K. L., (2019, June). Group-based experiential techniques and IRT. Paper in panel titled "Interpersonal Reconstructive Therapy: Overview and Application using Experiential Interventions within Individual and Group Psychotherapy" (Julia Dobner-Pereira and Ken Critchfield, moderators) to the Society for Exploration of Psychotherapy Integration, Lisbon, Portugal.
- Rampini, M., Gregg, C., Al-Bizri, M. Rodriguez, G., Stucker, E., Critchfield, K. L. (2019, April). Personal and professional applications of the directed research experience in the Interpersonal Reconstructive Therapy lab. Poster presented at the Department of Psychology Symposium. James Madison University, Harrisonburg, VA.
- Harvell-Bowman, L.A., Critchfield, K.L., Wilgus, K., Grove, M., & Gilmore, G. (2019, April). Of Love and Death: Death Anxiety, Attachment, and Suicide as Experienced by College Students. Presented (1) at the annual meeting of the School of Communication Studies Research Conference. *Won top-poster award* (2) at the Department of Psychology Symposium. James Madison University, Harrisonburg, VA.
- Harvell-Bowman, L.A., Critchfield, K.L., Wilgus, K., & Grove, M. (2019, February). Of Love and Death: Death anxiety, attachment, and suicide as

experienced by college students. Presented at the annual meeting of the Existential Preconference at the Society for Personality and Social Psychology in Portland, OR.

Critchfield, K. L., Dobner-Pereira, J., Panizo, M., & Benjamin, L. S. (2018, September). The Gift of Love as a key mechanism of change in Interpersonal Reconstructive Therapy. Paper presented as part of a panel titled "An ounce of prevention: Should findings during developmentally oriented psychotherapy with adults be used to inspire universal training of parents about how to provide secure base for their children?" (Lorna Smith Benjamin, moderator) to the North American Society for Psychotherapy Research, Snowbird, UT.

Constantino, M. J., Laws, H. B., Coyne, A. E., Goodwin, B. J., Muir, H. J., Critchfield, K. L., Westra, H. A., & Antony, M. M. (2018, September). Therapist verification of patient self-concept as a precondition for early alliance development. Paper presented as part of a panel titled "An ounce of prevention: Should findings during developmentally oriented psychotherapy with adults be used to inspire universal training of parents about how to provide secure base for their children?" (Lorna Smith Benjamin, moderator) to the North American Society for Psychotherapy Research, Snowbird, UT.

Dobner-Pereira, J., Smith, E., Panizo, M., Critchfield, K. L., & Benjamin, L. S. (2018, June). Measuring Affect and Cognition in an Interpersonal Context. Poster presented to the Society for Exploration of Psychotherapy Integration, New York, NY.

Panizo, M., Dobner-Pereira, J., & Critchfield, K. L. (2018, June). Interpersonal Reconstructive Therapy in an inpatient group setting. Poster presented to the Society for Exploration of Psychotherapy Integration, New York, NY.

Critchfield, K. L. (2018, June). Implications of a unified approach for empirical validation of treatment principles, the case of IRT. Paper in Panel organized by B. Ingram "Clinical Applications of the Unified Psychotherapy Integrative Framework." Presented to the Society for Exploration of Psychotherapy Integration, New York, NY.

Critchfield, K. L., Panizo, M., Dobner-Pereira, J., & Benjamin, L. S. (2018, June). Case formulation in Interpersonal Reconstructive Therapy. Paper in Panel organized by U. Kramer "Individualizing treatments for personality disorders: From the theory to the case." Presented to the Society for Exploration of Psychotherapy Integration, New York, NY.

Critchfield, K. L. (2018, June). Applying the case formulation method of Interpersonal Reconstructive Therapy to understand a case example with poor outcome. Paper in Panel organized by M. Westerman, "Steps Towards Integrating Interpersonal Reconstructive Therapy and Interpersonal Defense Theory" Presented to the Society for Exploration of Psychotherapy Integration, New York, NY.

Benjamin, L. S., Critchfield, K. L., & Vaz, A (2018, June). "What Matters Most is How Well You Walk Through the Fire": Lessons on Surviving and Thriving with (Very) Complex Clinical Cases. Structured Discussion moderated by A. Vaz. m

Gregg, C., Bonilla, K., Sliman, A., Springer, K., & Critchfield, K. L. (2018, April). Interaction of Theory and Practice: Interpersonal Reconstructive Therapy. Poster presented at the Department of Psychology Symposium. James Madison University.

Woods, A., & Critchfield, K. L. (2018, April). Establishing data on personality disorders and comorbid health problems. Poster presented at the Department of Psychology Symposium. James Madison University.

Springer, K., & Critchfield, K. L. (2018, April). Interpersonal Reconstructive Therapy: Transcription and Coding. Poster presented at Research Symposium, Bridgewater College, VA.

Filipour, K., & Critchfield, K. L. (2018, April). Context coding for Interpersonal Reconstructive Therapy. Poster presented at the Department of Psychology Symposium. James Madison University.

White, C., Traynor, K., Wilgus, K., Grove, M., Ndzana, F., Critchfield, K. L., & Harvell-Bowman, L. (2018, April). Suicidal ideation amongst college freshman: It's more common than you think. Presentation to the Department of Psychology Symposium. James Madison University.

Critchfield, K. L., Davis, J., Kenny, A., Panizo, M. T., Dobner-Pereira, J. (2017, November). Interpersonal Reconstructive Therapy: Overview, Evidence, Application. Regular Session presented to the Virginia Counselors Association. Hot Springs, VA.

Critchfield, K. L. (2017, August). Universal principles of human development and relating: The values stance of Interpersonal Reconstructive Therapy. Paper in collaborative symposium organized by G. Henriques between APA Divisions 52 (International), 12 (Clinical), and 24 (Theoretical & Philosophical) titled "Openness to Diverse Views while Seeking Valid Truths" at the Annual Convention of the American Psychological Association, Washington, D.C.

Critchfield, K. L. (2017, June). The Interpersonal Reconstructive Therapy case formulation approach applied to a single archived case. Paper in Panel organized by M. Westerman, "Building Bridges between Case Formulations Based on Interpersonal Reconstructive Therapy and Interpersonal Defense Theory" Presented to the International Society for Psychotherapy Research, Toronto, Canada.

Critchfield, K. L., Panizo, M. T., Bonilla, K., Mischinski, M., & Benjamin, L. S. (2017, June). Contingent patterns of therapeutic response that support attachment-based mechanisms of change in Interpersonal Reconstructive Therapy. Paper in panel organized by L. Knobloch-Fedders, "The interpersonal context of intervention: Using Structural Analysis of Social Behavior (SASB) to promote effective treatment." Presented to the International Society for Psychotherapy Research, Toronto, Canada.

Benjamin, L. S., & Critchfield, K. L. (2017, June). When letting go is too dangerous to mention and change is out of reach. Paper in Panel organized by

A. Werbart "Lessons from Unsuccessful Therapies: Nonimproved Patients and Their Therapists", presented to the International Society for Psychotherapy Research, Toronto, Canada.

Benjamin, L. S., & Critchfield, K. L. (2017, May). When is therapist anger helpful to patients? Paper in Panel organized by U. Kramer "Interpersonal factors in psychotherapy." Presented to the Society for Exploration of Psychotherapy Integration, Denver, CO.

Critchfield, K. L. (2017, May). An Interpersonal Reconstructive Therapy lens on teaching the conceptual skills needed for integrative practice. Paper in Panel "Applying Unified Metatheories of Psychotherapy to Training Integrative Decision-Making Skills". Presented to the Society for Exploration of Psychotherapy Integration, Denver, CO.

Critchfield, K. L. (2017, March). Teaching conceptual skills for evidence-based practice of psychotherapy under the Madison Model. Paper in panel organized by G. Henriques on the Madison Model of health service psychology training. Presented to the Society for Theoretical and Philosophical Psychology (APA Div. 24), Richmond VA.

Panizo, M. T., & Critchfield, K. L. (2016, November). Predicted and observed patterns of comorbidity: A test of the Interpersonal Reconstructive Therapy theory of personality disorder prototypes. Paper presentation to the North American Chapter of the Society for Psychotherapy Research, Berkeley, CA.

Kennedy, M. J., & Critchfield, K. L. (2016, November). Childhood trauma and the impacts of parenting in new mothers. Poster presentation to the North American Chapter of the Society for Psychotherapy Research, Berkeley, CA.

Smith, B. E. M., & Critchfield, K. L. (2016, November). Eating disorder, body image, and the internalized coaching relationship among collegiate female athletes. Poster presentation to the North American Chapter of the Society for Psychotherapy Research, Berkeley, CA.

Critchfield, K. L., Benjamin, L. S., Hench, A. J., & Panizo, M. T. (2016, June). Moment-by-moment therapeutic focus on attachment-based mechanisms of change in Interpersonal Reconstructive Therapy. Presentation at the international meeting of the Society for Exploration of Psychotherapy Integration, Dublin, Ireland.

Benjamin, L. S., & Critchfield, K. L. (2016, June). Managing suicide in chronic attempters by addressing primitive motivation concurrently with rational management. Paper to be presented to the International Society for Psychotherapy Research. Jerusalem, Israel.

Critchfield, K. L. (2015, October). Defining and recognizing the peaceably sustainable self using methods of Interpersonal Reconstructive Therapy. Paper accepted for presentation to the Peace and Justice Studies Association conference. James Madison University, VA.

Critchfield, K. L., Stovall, K. L., Kennedy, M. J., Smith, B. E. M., & Benjamin, L. S. (2015, June). Adherent versus non-adherent sessions of Interpersonal

Reconstructive Therapy (IRT) show divergent patterns of adaptation with regard to symptoms, relationship patterns, and self-concepts. Paper presented to the International Society for Psychotherapy Research. Philadelphia, PA.

Critchfield, K. L. (2015, June). Science, practice and case formulation. Paper in panel presented to the Society for Exploration of Psychotherapy Integration. Baltimore, MD.

Henriques, G. R., Critchfield, K. L., Anchin, J. C., Shealy, C. N., Marquis, A. & Magnavita, J. J. (2015, June). Unification: The next wave of psychotherapy integration? Structured discussion organized for the Society for Exploration of Psychotherapy Integration. Baltimore, MD.

Stanley, T., & Bonilla, K. (2015, April). Interpersonal Reconstructive Therapy. Poster presented at the Psychology Department Student Symposium of James Madison University. **Supervisor: Ken Critchfield, Ph.D.**

Critchfield, K. L. (2015, March). "Nothing so practical as a good theory": the art and science of psychotherapy through an interpersonal lens. Paper submitted to the Society for Theoretical and Philosophical Psychology. Salt Lake City, UT.

Critchfield, K. L., & Stovall, K. L. (2014, April). Measuring the in-session impacts of therapist interventions in Interpersonal Reconstructive Therapy (IRT). Paper presented to the Rocky Mountain Psychological Association. Salt Lake City, Utah.

Critchfield, K. L., Mackaronis, J. E., & Benjamin, L. S. (2014, April). Integrative Use of Cognitive-Behavioral and Psychodynamic-Interpersonal Techniques in Interpersonal Reconstructive Therapy. Paper presented to the Society for Exploration of Psychotherapy Intergration. Montreal, CA.

Gunn, H.E., Critchfield, K.L., Mackaronis, J.E., Rau, H.K., Cribbet, M.R., & Williams, P.G. (2013, June) Hostile withdrawal in response to stress is associated with elevated cognitive presleep arousal. Poster at the 27th annual meeting of SLEEP, Baltimore, MD.

Knobloch-Fedders, L. M., Critchfield, K. L. (2013, May). Sequential Analysis of Couples' Demand/Withdraw and Demand/Submit Interactions using Structural Analysis of Social Behavior (SASB). Paper presented at the Society for Interpersonal Theory and Research, Park City, UT

Gunn, H.E., Critchfield, K.L., Mackaronis, J.E., Rau, H.K., Cribbet, M.R., & Williams, P.G. (2013, March) An Interpersonal Analysis of Psychosocial Stress and Sleep. In W.M. Troxel (Chair), Lights Out: Sleep, Nocturnal Physiology, and the Social Context. Symposium at the 71st annual meeting of American Psychosomatic Society, Miami, FL.

Critchfield, K. L. (Chair), Benjamin, L. S., Karpiak, C. P., Davis, M. J. (2012, August). Focus on internalized attachments: Theory and research in Interpersonal Reconstructive Therapy. Symposium held at the annual convention of the APA, Orlando, FL.

- Critchfield, K. L., Levenick, K., & Benjamin, L. S. (2012, June). Using relational patterns to focus on attachment-based mechanisms of change. Paper presented to the Society for Psychotherapy Research, Virginia Beach, VA.
- Knobloch-Fedders, L.M., Critchfield, K.L., Anderson, T., & Laws, H. (2012, June). Change in therapist and patient interpersonal behavior over the course of therapy: Associations with outcome. Society for Psychotherapy Research conference, Virginia Beach, VA
- Temes, C. M., Levy, K. N., Critchfield, K. L., & Nelson, S. E. (2012, June). Differential use of psychotherapy as a function of sex, ethnicity, religion, and adult attachment style. In S. Poulson, (Chair) *Attachment and psychotherapy: Measuring attachment in psychotherapy and understanding the impact of attachment upon treatment utilization and therapist countertransference*. Paper presented at the annual meeting of the Society for Psychotherapy Research, Virginia Beach, VA.
- Critchfield, K. L., Karpiak, C., & Benjamin, L. S. (2011, September). Therapeutic focus on the “gift of love”: Preliminary tests of the putative mechanism of change in Interpersonal Reconstructive Therapy. Paper presented to the North American Chapter of the Society for Psychotherapy Research, Banff, CA.
- Critchfield, K. L., Karpiak, C., & Benjamin, L. S. (2011, June). Copy process assessment and case formulation in Interpersonal Reconstructive Therapy. Paper presented to the Society for Psychotherapy Research, Bern, Switzerland.
- Karpiak, C., Critchfield, K. L., & Benjamin, L. S. (2011, June). Empathy, adherence, and outcome in Interpersonal Reconstructive Therapy with treatment-resistant patients. Paper presented to the Society for Psychotherapy Research, Bern, Switzerland.
- Critchfield, K. L. (2011, May). Right tool for the right job: Psychotherapedia and core competencies for integrative practice. Paper presented to the Society for Exploration of Psychotherapy Integration, Washington, D.C.
- Critchfield, K. L. (2010, August). How am I going to use this psychotherapedia thing? Paper in symposium titled, The Unified Psychotherapy Project: Mapping the methods and techniques of psychotherapy, at the American Psychological Association, San Diego, CA.
- Critchfield, K. L. (2010, August). Focus on individual relationship patterns and attachment to internalized figures for patients having chronic, severe, comorbid problems. Contribution to invited plenary discussion titled ‘Five psychotherapy researchers illustrate the empirical value of science to the practitioner.’ American Psychological Association, San Diego, CA.
- Critchfield, K. L. (2010, August). Research and clinical uses of Benjamin’s Structural Analysis of Social Behavior model. Presentation as part of APA Division 29 (Psychotherapy) suite programming for the American Psychological Association convention, San Diego, CA.

Magnavita, J. J. & Critchfield, K. L. (2009, August). Using evidence-based principles to optimize clinical process and outcome with personality disorders. Symposium at the American Psychological Association, Toronto, Canada.

Critchfield, K. L. (2009, May). Tailoring common treatment principles to fit individual personalities. Paper in symposium presented to the American Psychiatric Association, San Francisco.

Critchfield, K. L. (2009, March). Internalized representations and relationship patterns at the N = 1 level: Validity of Benjamin's Copy Process Theory as assessed using the SASB Intrex Questionnaires. Paper presented to the Society for Personality Assessment, Chicago.

Dillinger, R. J., Critchfield, K. L., Benjamin, L. S., & Golding, S. L. (2009). An exploration of the interpersonal features of psychopathy. Paper presented to the American Psychology Law Society, San Antonio, TX.

Hoerz, S., Stern, B. L., Caligor, E., Critchfield, K. L., Kernberg, O. F., Mertens, W., Clarkin, J. F. (2009, January). A prototypical profile of borderline personality organization using the Structured Interview of Personality Organization (STIPO). Poster presented to the American Psychoanalytic Association, New York City. Summary published in *J Am Psychoanal Assoc* 57(6), 1464-1468.

Critchfield, K. L., Davis, M. J., Gunn, H. E., & Benjamin, L. S. (2008, June). Measuring therapist adherence in Interpersonal Reconstructive Therapy (IRT): Conceptual framework, reliability, and validity. Poster presented to the International Society for Psychotherapy Research, Barcelona, Spain.

Davis, M. J., Critchfield, K. L., MacKenzie, J., Benjamin, L. S. (2008, June). Conceptualizing and illustrating stages of change in Interpersonal Reconstructive Therapy (IRT). Panel presentation to the International Society for Psychotherapy Research, Barcelona, Spain.

Critchfield, K. L. (2007, June). Illustrating problematic interpersonal sequences of depressed / distressed couples using SASB. Paper in panel: Society for Interpersonal Theory and Research, Madison, Wisconsin.

Hoerz, S., Stern, B. L., Caligor, E., Critchfield, K. L., Kernberg, O. F., Mertens, W., Clarkin, J. F. (2007, June). Borderline Personality Organization: Examining a prototype with the Structured Interview of Personality Organization (STIPO). Poster presented to the International Society for Psychotherapy Research, Madison, WI.

Critchfield, K. L., Benjamin, L. S., Hawley, N., & Dillinger, R. J. (2006, June). Attempted replication of effectiveness for Interpersonal Reconstructive Therapy (IRT) to reduce hospitalizations and suicide attempts in "nonresponder" patients. Paper presented at the International Society for Psychotherapy Research, Edinburgh, Scotland.

Davis, M., Critchfield, K. L., & Benjamin, L. S. (2006, June). Using interactive learning technology to enhance acquisition of complex therapy skills: The "pre-flight trainer" for Interpersonal Reconstructive Therapy. Paper presented at the International Society for Psychotherapy Research, Edinburgh, Scotland.

- Levy, K. N., Critchfield, K. L., Hill, L. L., Lopez-Castro, T., & Lukowitsky, M. R. (2005, October). Differential use of psychotherapy treatment by young adults as a function of sex, ethnicity, religion, and adult attachment style. Paper presented at the Mid-Atlantic Society for Psychotherapy Research Conference, Maryland.
- Critchfield, K. L., & Benjamin, L. S. (2005, September). Therapeutic principles linked to change in treatment of the personality disorders. Paper presented at the European Association for Behavioral and Cognitive Therapies Annual Congress, Thessaloniki, Greece.
- Hawley, N., Critchfield, K. L., Dillinger, R. J., & Benjamin, L. S. (2005, June). Case Formulation in Interpersonal Reconstructive Therapy: Using SASB and copy process theory to reliably track repeating interpersonal themes. Poster presented at the Society for Interpersonal Theory and Research, Montreal, Canada.
- Dillinger, R. J., Hawley, N., Critchfield, K. L., & Benjamin, L. S. (2005, June). Passive-aggressive (PAG) and obsessive-compulsive personality disorder in a treatment resistant sample of psychiatric inpatients. Paper presented at the International Society for Psychotherapy Research, Montreal, Canada.
- Critchfield, K. L. (2004, November). How to use Structural Analysis of Social Behavior (SASB) in clinical practice and research. Workshop presented at the North American Society for Psychotherapy Research conference, Springdale, Utah.
- Critchfield, K. L., Hawley, N., & Benjamin, L. S. (2004, June). Problems and solutions in assessing reliability of case formulation and treatment adherence in IRT. Paper presented at the International Society for Psychotherapy Research, Rome, Italy.
- Critchfield, K. L., Barber, J., Lynch, T., & Benjamin, L. S. (2003, August). Principles of therapeutic change in personality disorders. Paper presented at the Annual Meeting of the American Psychological Association, Toronto. This paper was also presented at the Meeting of the North American Society Research, Newport, R.I. (2003, November).
- Critchfield, K. L., & Clarkin, J. F. (2003, June). Subtypes of patients diagnosed with DSM-IV Borderline Personality Disorder based on comorbid Axis II pathology, early trauma / neglect, and temperamental variables. Paper presented at the International Society for Psychotherapy Research, Weimar, Germany.
- Yeomans, F., Clarkin, J. F., Hull, J., Levy, K. N., & Critchfield, K. L. (2003, June). Sequential outcome for borderline patients in one-year outpatient psychotherapy. Paper presented at the International Society for Psychotherapy Research, Weimar, Germany.
- Critchfield, K. L. (2002, June). Interpersonal Case Formulation (ICF): Prototypic interpersonal patterns described by outpatients in the course of a clinical interview, and the reliability of their rating. Paper presented at the International Society for Psychotherapy Research, Santa Barbara, CA.
- Henry, W.P., & Critchfield, K. L. (2001, June). Interpersonal Case Formulation for Clinical and Research Use. Pre-conference workshop presented at the International Society for Psychotherapy Research, Montevideo, Uruguay.

- Critchfield, K. L., & Henry, W. P. (1999, June). Patient experience over time of therapist-offered empathy: The role of patient and therapist object-relations as measured using the Structural Analysis of Social Behavior (SASB). Paper presented at the International Society for Psychotherapy Research, Braga, Portugal.
- Henry, W. P., & Critchfield, K. L. (1999, June). Interpersonal Case Formulation (ICF) and subsequent therapeutic process and change: A comparison of SASB based methodology to Dahl's FRAMES model. Paper presented at the International Society for Psychotherapy Research, Braga, Portugal.
- Critchfield, K. L., & Benjamin, L. S. (1999, May). Voices from the past: An exploration of links between early object-relations and contemporary interpersonal behavior using SASB. Paper presented at the Society for Interpersonal Theory and Research, Madison, Wisconsin.
- Critchfield, K. L., Goedken, J., Tyndall, S., & Henry, W. P. (1999, May). Interpersonal wishes and fears: An investigation of the Attitudes about Significant Relationships (ASR) scale. Poster presented at the Society for Interpersonal Theory and Research, Madison, Wisconsin.
- Critchfield, K. L., Henry, W. P., Castonguay, L., & Borkovec, T. (1998, June). Interpersonal process as a common factor: Evidence from cognitive-behavioral psychotherapy. Paper presented at the International Society for Psychotherapy Research, Salt Lake City, Utah.
- Critchfield, K. L., & Henry, W. P. (1998, June). New advances in the interactive training of interpersonal sensitivity for therapists: the SASB interactive training program. Interactive poster presented at the International Society for Psychotherapy Research, Salt Lake City, Utah.
- Bedics, J., Goedken, J., Henry, W. P., Critchfield, K. L., & Hebenstreit, N. (1998, June). Interpersonal process across sessions as it relates to ongoing patient change before termination. Paper presented at the International Society for Psychotherapy Research, Salt Lake City, Utah.
- Critchfield, K. L. & Henry, W. P. (1997, June). Linking early experience and adult psychopathology: A dimensional approach using the Early Experiences Questionnaire. Poster presented at the International Society for Psychotherapy Research, Geilo, Norway.
- Critchfield, K. L. (1997, June). Interpersonal process and outcome in cognitive-behavioral psychotherapy. Paper presented at the International Society for Psychotherapy Research, Geilo, Norway.
- Critchfield, K. L., Henry, W. P. (1996, June). Assessing the context and dimensionality of early experience: The Early Experiences Questionnaire. Paper presented at the International Society for Psychotherapy Research. Amelia Island, Florida.
- Critchfield, K. L., Henry, W. P., Isaac, M. V., Castonguay, L. G. & Borkovec, T. D. (1996, June). Interpersonal process in cognitive-behavioral therapy for

Generalized Anxiety Disorder: Preliminary data. Poster presented at the International Society for Psychotherapy Research. Amelia Island, Florida.

Critchfield, K. L., Henry, W. P., & Berrigan, L. (1995, June). Changes in introject state over time in a normal population and the relationship to negative life events and symptom status. Poster presented at the International Society for Psychotherapy Research. Vancouver, British Columbia, Canada.

Invited Colloquia & Workshops:

Critchfield, K. L., (2026, March). Transforming “Gifts of Love”: IRT for complex, comorbid, and severe personality problems. Workshop for International Clinical Days, hosted by IRPIR Association, in collaboration with the SSPC-IFREP, SSSPC-UPS and SSPT-SAPA Specialization Schools. Università Pontificia Salesiana, Rome, Italy

Critchfield, K. L. (2026, Jan). Love, Attachment, and Psychopathology: Evidence Supporting the Theory of Change in Interpersonal Reconstructive Therapy. CE “meet the authors” event invited by Oriental Insights and the International Committee of the Society for Advancement of Psychotherapy (APA Division 29). Beijing, China [online]

Critchfield, K. L., & Stucker-Rozovsky, E. (2025, Dec). Using SASB and IRT to develop a Clinical Case Formulation. CE workshop for the Interpersonal Reconstructive Therapy Institute. VA, USA [online]

Critchfield, K. L., (2025, Nov.). Seeing the Self in Relation: SASB-Guided Case Formulation in Psychotherapy. Invited CE workshop for Society for Psychotherapy Research – Italia. Milan, Italy [online].

Critchfield, K. L., (2025, Oct.). Tracking Interpersonal patterns: Structural Analysis of Social Behavior (SASB) in Clinical Research and Practice. Invited CE workshop for Ferkauf Graduate School of Psychology, Yeshiva University, NY, NY, USA [online].

Critchfield, K. L., (2025, Oct.). Interpersonal and Attachment-Based Principles of Interpersonal Reconstructive Therapy for Severe and Chronic Problems of Comorbid Disorders. Invited CE workshop for Sheppard Pratt Professional Education Series, MD, USA [online].

Critchfield, K. L. (2025, Sep.). Using SASB-based Questionnaire Methods for Personality Assessment, Case Formulation, and Outcome Monitoring. CE workshop for the Interpersonal Reconstructive Therapy Institute. VA, USA [online]

Critchfield, K. L., (2025, June). PBTA Journal Club: The “Gift of Love” as a Candidate Mechanism of Psychopathology and Change in Interpersonal Reconstructive Therapy for Patients with High-Acuity Clinical Needs. Invited CE workshop for Philadelphia Behavior Therapy Association, Philadelphia, PA [online]

- Critchfield, K. L., (2025, May). Clinical Practice with Complex Cases: Using Structural Analysis of Social Behavior and Interpersonal Reconstructive Therapy Methods to Chart a Course. Invited CE workshop for Ontario Psychological Association, Ontario, CA [online]
- Critchfield, K. L., & Harvell-Bowman, L. A. (2024, Oct). Existential & Attachment-Based Approaches to Suicidality: Exploring the Importance of Cognitive Distortion in Therapy Processes. Invited CE workshop for Virginia Academy of Clinical Psychologists, Virginia Beach, VA.
- Critchfield, K. L., & Molnar, C. (2024, Sep). Refining Mindfulness-Based Program (MBP) interventions using a behaviorally specific and transtherapeutic model of relationality. Invited CE workshop for Philadelphia Behavior Therapy Association, Philadelphia, PA.
- Harris, J. E., & Critchfield, K. L. (2024, July). Interpersonal Conceptualization and Intervention in Psychotherapy. Part of the multi-part Continuing Education series, Training in Unified Psychotherapy organized by J. E. Harris and colleagues for TZK seminars. Online, US.
- Critchfield, K. L. (2024, June). Structural Analysis of Social Behavior (SASB) for Clinical Research and Practice. Workshop presented at the International Society for Psychotherapy Research, Ottawa, Canada.
- Critchfield, K. L. (February, 2024). Structural Analysis of Social Behavior (SASB) for Clinical Practice, Part II: Case Formulation and Personality Disorders. Invited workshop for Center for Integrated Intervention, Lake Oswego, OR.
- Critchfield, K. L. (January, 2024). Structural Analysis of Social Behavior (SASB) for Clinical Practice. Invited CE workshop hosted by Center for Integrated Intervention, Lake Oswego, OR.
- Critchfield, K. L. (April, 2023). Chronic/Recurrent Suicidality: Implementing Interpersonal Reconstructive Therapy for Conceptualization, Safety Planning, & Reconstruction. Invited CE workshop for Philadelphia Behavior Therapy Association, Philadelphia, PA.
- Critchfield, K. L. (December, 2022). Interpersonal Reconstructive Therapy (IRT) Consultation: Facilitating Response to CBT – Part II. Invited CE workshop for Philadelphia Behavior Therapy Association, Philadelphia, PA.
- Critchfield, K. L. (November, 2022). Overview of Research with Interpersonal Reconstructive Therapy. Invited colloquium to the Ferkauf Graduate School of Psychology Board of Overseers. Bronx, NY.
- Critchfield, K. L. (September, 2022). Interpersonal Reconstructive Therapy for Facilitating Response to Cognitive-Behavioral Therapy with Challenging Cases, Part 1. Invited CE workshop for Philadelphia Behavior Therapy Association, Philadelphia, PA.

- Critchfield, K. L. (June, 2022). Invited panelist as part of the Global Mental Health Seminar, *Global Planetary Health*, organized and hosted by the University of Leicester, Leicester, UK.
- Critchfield, K. L. (June, 2022). Invited workshop in Interpersonal Reconstructive Therapy. Dedalus Institute, Rome, Italy.
- Critchfield, K. L. (April, 2022). Invited workshop in Structural Analysis of Social Behavior. Dedalus Institute, Rome, Italy.
- Critchfield, K. L. (May, 2021). Psychological impact and clinical psychology responses to COVID-19: A follow-up from Virginia (USA). Presentation as part of the Global Mental Health Webinar, *One Year of the Covid-19 pandemic: psychological and mental health impact and responses*, organized and hosted by the University of Leicester, Leicester, UK.
- Critchfield, K. L., (2021, March). "It's about broken hearts, not broken brains": The possibility of personality reconstruction through focus on universal mechanisms of attachment and relating. Ferkauf Graduate School of Psychology, Yeshiva University, NY, NY.
- Benjamin, L. S., & Critchfield, K. L. (June, 2020). Therapy for well documented complex, treatment resistant cases. Pre-conference workshop presented to the International Society for Psychotherapy Research, Amherst, MA, USA. (conference canceled)
- Critchfield, K. L. (June, 2020). Psychological impact and clinical psychology responses to COVID-19: Virginia (USA). Presentation as part of the Global Mental Health Webinar, *Psychological impact and clinical psychology responses to COVID-19: comparative case studies from Cuba, Ethiopia, India, USA, Hong Kong and UK*, organized and hosted by the University of Leicester, Leicester, UK.
- Critchfield, K. L. (May, 2020). Integrative tracking of affect, behavior, and cognition to enhance psychotherapy: Application of tools, methods, and concepts from Interpersonal Reconstructive Therapy. Mini-workshop presented to the Society for Exploration of Psychotherapy Integration, Vancouver, CA. (conference canceled).
- Critchfield, K. L., (2019, Nov). "It's about broken hearts, not broken brains": The possibility of personality reconstruction through focus on universal mechanisms of attachment and relating. Department of Psychology, New School for Social Research, NY, NY.
- Critchfield, K. L. (2018, May). "It's about broken hearts, not broken brains": The possibility of personality reconstruction through focus on universal mechanisms of attachment and relating. Psychology Cultures Seminar. University of Leicester, Leicester, UK.
- Critchfield, K. L., Handford, C., Marrero, A., & Kidd, K (2018, May). Perspectives of mental health delivery between the USA and the UK. Presentation at the Global Mental Health Conference, University of Leicester, Leicester, UK.

- Harvell-Bowman, L., Bacon, J., Critchfield, K. L., Ndzana, F., Gunter, M. (2018, March). Guidance for faculty about student suicide prevention. Roundtable discussion for the Center for Faculty Innovation at James Madison University, Harrisonburg, VA.
- Critchfield, K. L. (2017, May). Research Consultant at the annual convention of the International Society for Exploration of Psychotherapy Integration, Denver, CO.
- Critchfield, K. L. (2017, March). Resolving Conflicts by Healing Attachments: Local and Global Implications for Research, Education, and Practice. Working group presentation as part of the Second Globally Sustainable Self summit series on transformative teaching, training and learning in research and practice. James Madison University, VA.
- Critchfield, K. L. (2016, April). Resolving Conflicts by Healing Attachments: Local and Global Implications for Research, Education, and Practice. Working group presentation as part of the Second Globally Sustainable Self summit series on transformative teaching, training and learning in research and practice. James Madison University, VA.
- Critchfield, K. L. (2016, April). Invited panelist for The Love Expert Panel. Love Talk Summit. James Madison University, Harrisonburg, VA.
- Critchfield, K. L. (2015, November). Structural Analysis of Social Behavior Two-Day Workshop for Clinical Psychotherapy Research. Presented to the Westra, H., & Constantino M. research teams at the University of Massachusetts – Amherst, Amherst, MA.
- Critchfield, K. L. (2015, October). Principles of attachment and relatedness as the basis for integrative work in Benjamin's (2006) Interpersonal Reconstructive Therapy (IRT). Presented to the fall meeting of the Society for Exploration of Psychotherapy Integration, Washington DC regional group. Rockville, MD.
- Critchfield, K. L. (2015, September). Testing the principles that underlie unification as illustrated by recent work in Interpersonal Reconstructive Therapy. Presented to the 1st Cape Cod Summit on Unification of Clinical Science and Psychotherapy. Orleans, MA.
- Critchfield, K. L. (2015, March). Love, loyalty and transformation of self in psychotherapy. Presentation as part of the Globally Sustainable Self summit series on transformative teaching, training and learning in research and practice. James Madison University, VA.
- Critchfield, K. L. (2014, December). You are the music: Leadership and jazz. Presented as part of day long Leadership Academy workshop organized by A. Stewart and L. Echterling titled *Leadership, Improv, and all that Jazz*. James Madison University.
- Critchfield, K. L. (2013, May). Interpersonal Reconstructive Therapy: Methods, Mechanisms, and Findings to Date. In symposium: Interpersonal Foundations

of Adjustment, Health, and Change: Current perspectives on Lorna S. Benjamin's Structural Analysis of Social Behavior and Interpersonal Reconstructive Therapy, Park City, UT.

Critchfield, K. L. (2012, November). Focusing on internalized attachment relationships to motivate change for severe and chronic problems. Overview and presentation to counseling psychology practicum trainees. Department of Educational Psychology. University of Utah.

Critchfield, K. L. (2012, May). Using empathy to connect with and help UNI inpatients. Hospital in-service and training for psychiatric technicians working with inpatient milieu. University of Utah Neuropsychiatric Institute.

Alexander, J. F., Critchfield, K. L., & Himle M. (2012, April). Controversies and challenges of implementing of evidence-based practice in real-world clinical settings. Panel discussion invited as part of the Department of Psychology professional issues sequence. University of Utah.

Critchfield, K. L. (2011, August). Listening and responding with empathy: connecting with clients in the inpatient setting. Hospital in-service and training in IRT applied to psychiatric technicians working with inpatient milieu. University of Utah Neuropsychiatric Institute.

Strack, S. N., Pincus, A., & Critchfield, K. L. (2009, March). Interpersonal Assessment for Clinical Practice. One day workshop conducted at the Society for Personality Assessment, Chicago.

Critchfield, K. L. (2008, November). Overview of recent SASB studies conducted at the University of Utah. Presentation to faculty in the Department of Psychiatry, University of Oslo.

Critchfield, K. L. (2008, November). New Directions in Interpersonal Research and Practice: Uses of the Structural Analysis of Social Behavior (SASB) Model. Presentation to faculty in the Department of Psychiatry, University of Oslo.

Critchfield, K. L. (2008, April). Glimpsing the world from your patient's perspective. Part II. Hospital in-service and training in IRT applied to psychiatric technicians working with inpatient milieu. University of Utah Neuropsychiatric Institute.

Critchfield, K. L. (2007, October). Glimpsing the world from your patient's perspective. Part I. Hospital in-service and training in IRT applied to psychiatric technicians working with inpatient milieu. University of Utah Neuropsychiatric Institute.

Critchfield, K. L. (2007, September). Dynamics of Interpersonal Reconstructive Therapy. Social work brown bag lecture. University of Utah Neuropsychiatric Institute.

Critchfield, K. L. (2006, June). Observational coding with Structural Analysis of Social Behavior. One-day workshop and training for a psychotherapy research

team headed by J. Chris Muran and Jeremy Safran at the New School for Social Research and Beth Israel Medical Center, NYC.

Critchfield, K. L. (2005, November). Observational coding with Structural Analysis of Social Behavior. Two-day workshop and training for a couples depression study headed by Lynne Knobloch-Fedders at the Family Institute at Northwestern University.

Critchfield, K. L., (2005, October). Structural Analysis of Social Behavior (SASB): A clarifying lens for understanding personality. One part of a four day workshop conducted with L. S. Benjamin titled "Recognizing and treating co-morbid personality disorders in cases of unremitting, chronic depression, anxiety, aggression and suicidality," Moab, Utah.

Critchfield, K. L. (2005, April). Assessment and Evaluation on the Fast Track: An Interpersonal Approach using the Structural Analysis of Social Behavior (SASB). Invited presentation as part of the Generations conference, SLC, Utah.

Critchfield, K. L. (2003, June). The relationship between impulsivity and aggression in borderline personality disorder: An empirical analysis of self-report measures. Grand Rounds, Weill Cornell College of Medicine.

Critchfield, K. L., & Henry, W. P. (1999, September). SASB & ICF training. Week-long, invited workshop and training in the SASB interpersonal model, and interpersonal case formulation for psychotherapists and psychotherapy researchers. Università Cattolica del Sacro Cuore, Milan, Italy.

Theses/Dissertation:

Critchfield, K. L., (2002). An empirical analysis and initial taxonomy of patient reported relational patterns based on Interpersonal Case Formulation. Dissertation. University of Utah.

Critchfield, K. L. (1997). Interpersonal process and outcome in cognitive-behavioral psychotherapy. Masters thesis. University of Utah.

Critchfield, K. L. (1993). Child sexual abuse forensic interviews: Literature review and quantitative analysis. Undergraduate Honors Thesis. University of Utah.

Research Manuals:

Critchfield, K. L., Tobias, J., & Bonner, E. (2017). *Instructions for context coding of transcripts: Interpersonal Relationships*. Unpublished manuscript. James Madison University.

Critchfield, K. L., & Black, J. (2013). *Instructions for context coding of transcripts: Current Symptoms & Problems*. Unpublished manuscript. University of Utah.

Critchfield, K. L., & Lukas, J. (2012). *Instructions for context coding of transcripts: Self-Concept*. Unpublished manuscript. University of Utah.

Critchfield, K. L., Davis, M. D., & Benjamin, L. S. (2008). *Manual for assessing adherence in IRT*. Unpublished manuscript. University of Utah

Critchfield, K. L., Hawley, N., & Benjamin, L. S. (2004). *Manual for developing case formulations in IRT*. Unpublished manuscript. University of Utah.

Henry, W. P., & Critchfield, K. L. (1997). *Interpersonal Assessment Battery Manual*. Unpublished manuscript. University of Utah.

Assessment Instruments:

Critchfield, K. L. (2026). IRT Self-Reflective Rating of Session Adherence (IRT SRRSA). Interpersonal Reconstructive Therapy Institute.

Critchfield, K. L., & Benjamin, L. S. (2016). Relational Cognitions and Affects Questionnaire (RCA-Q). Interpersonal Reconstructive Therapy Institute.

Toward Mindful Practice of Evidence-Based Treatment Principles (EBTP: rev. 9/15/2016). Adapted from Critchfield, K. L. (2012). Tailoring common treatment principles to fit individual personalities. *Journal of Personality Disorders*, 26(1), 108-125.

Interactive Media:

Critchfield, K. L., & Henry W. P. (1998). *Structural Analysis of Social Behavior: Interactive Training Program*. Unpublished interactive multimedia.

Other Publications (e.g., Society Newsletters) / Online Commentaries / Interviews / Reviews / Podcasts:

Critchfield, K. L., & Stucker-Rozovsky, E., (Hosts) (2025, ongoing). *Loving Differently Podcast*. Interpersonal Reconstructive Therapy Institute, VA, USA:
<https://open.spotify.com/show/2JFGiaG6aJqisoYkw7BIKL?si=85e77702b9f04df3>

Magnavita, J. J. (Host) & Critchfield, K. L. (2025, May). Eminent Psychotherapists' Revealed/Psychotherapists Face-to-Face with Kenneth Critchfield [Video podcast episode]. In psychIncubator. <https://psychincubator.com/eminent-psychotherapists>

Irias, E. (Host), Mackaronis, J. E., & Critchfield, K. L. (2025, January). From 'I Don't Know What to Do!' to Clinical Clarity: Navigating Clinical Binds Using Interpersonal Analysis, Ep. 231. [Audio podcast episode]. In Clearly Clinical.
<https://clearlyclinical.com/podcast/ceu-structural-analysis>

Cox, D. (Host) & Critchfield, K. L. (2024, October 1). The Science of Interaction: Relationships in and out of psychotherapy using the structural analysis of social behaviours (SASB) with Dr. Ken Critchfield Part 1 [Video podcast episode]. In Psychotherapy and Applied Psychology. <https://podcasts.apple.com/us/podcast/the-science-of-interaction-relationships-in/id1734318570?i=1000671401614>

Cox, D. (Host) & Critchfield, K. L. (2024, October 8). The Science of Interaction: Relationships in and out of psychotherapy using the structural analysis of social

behaviours (SASB) with Dr. Ken Critchfield Part 2 [Video podcast episode]. In *Psychotherapy and Applied Psychology*. <https://podcasts.apple.com/us/podcast/the-science-of-interaction-relationships-in/id1734318570?i=1000672197130>

Harvell-Bowman, L.A., Critchfield, K. L., Davis, T., & Larounis, M. (2023, Fall). The Role of Death Anxiety Among Clinical Populations Experiencing Suicidal Ideation. *The Action Potential* (Newsletter of the Virginia Academy of Clinical Psychologists). 5-15.

Critchfield, K. L. (2019). Come misurare l'aderenza alla IRT. Intervista a Ken Critchfield, a cura di Andrea Ferrazza (How to measure adherence in IRT. Interview with Ken Critchfield, curated by Andrea Ferrazza). *La notte stellata. Rivista di psicologia e psicoterapia* n° 1/2019 – RICERCA E FORMAZIONE, pp. 63-64. A 3-part Interview for Istituto Dedalus in Rome <http://www.lanottestellata.com/rubriche/come-misurare-laderenza-alla-irt/>

Critchfield, K. L. (2018). Invited Response: Structured Interviews on Training. Guest Editor: J. Anchin. *The Integrative Therapist: Newsletter of the Society for Exploration of Psychotherapy Integration*. 4(4), 15-17.

Owen J., & Critchfield, K. L. (2013). Clinical Educators Prepare Yourselves Too!: Training and Education Perspective on DSM 5 & ICD-10. *Psychotherapy Bulletin*, 48(2).

Critchfield, K. L. (2012). Research for the practical questions: Teaching psychotherapy via co-therapy? Empirical article review for the Society for the Advancement of Psychotherapy. Available online: <http://societyforpsychotherapy.org/notes-from-the-education-and-training-committee-research-for-the-practical-questions-teaching-psychotherapy-via-co-therapy/>

Davis, M. J. & Critchfield, K. L. (2010). Distributed practice concepts: Skill acquisition methods for learning expert practice of psychotherapy. *Psychotherapy Bulletin*, 45(3), 7-11.

Critchfield, K. L. (2010). Friendly differentiation: Autonomy-granting and autonomy-taking interpersonal behaviors in developmental and clinical context. *SITAR newsletter*, 10(3), 2-6.

Critchfield, K. L., & Knox, S. (2010). Conceptual skills needed for evidence-based practice of psychotherapy: A few recommendations. *Psychotherapy Bulletin* 45(2), pp. 9-14.

Grant Funding:

Submitted Letter of Inquiry (LOI), US-Japan Foundation: Harvell-Bowman, L., Kabir, R., Critchfield, K. L., Stucker-Rozovsky, E., & Bates, S. (2026, March). Healing through Harmony: An Existential and Relational Approach to Cross-Cultural Suicide Prevention in Japan and the United States (3 years). Multi-site, 3-year budget total \$115,850.

Submitted Online Funding Inquiry (OFI), John Templeton Foundation: Harvell-Bowman, L., Kabir, R., Critchfield, K. L., Stucker-Rozovsky, E., & Bates, S.

(2025, Aug). *Healing through Meaning: An Existential and Relational Approach to Cross-Cultural Suicide Prevention in Japan and the United States*. Multi-site, 3-year budget total \$736,480.

Unfunded, Invited resubmission: Co-PI (with Lindsey Harvell-Bowman, Ph.D.): American Foundation for Suicide Prevention, 2024-2025. Investigating the role of Cognitive Distortion in Suicidal Ideation: Suicide as a Solution to Attachment-Based Concerns. (requested amount \$30,000).

Unfunded: Alzheimer's and Related Diseases Research Award Fund (ARDRAF) Co-PI (with Lindsey Harvell-Bowman, Ph.D.), 2024-2025: Repeated Loss: Exploring the Existential Impacts of Neurodegenerative Diseases on Caregivers.

Unfunded: Salton, W., Critchfield, K. L., Bekes, V. (2023). Application to NY City Council to fund Parnes Clinic as a center for treatment of psychological trauma.

Unfunded, invited to resubmit: Co-PI (with Lindsey Harvell-Bowman, Ph.D.): American Foundation for Suicide Prevention, 2022-2023. Investigating the role of Cognitive Distortion in Suicidal Ideation: Suicide as a Solution to Attachment-Based Concerns.

Co-PI (with Lindsey Harvell-Bowman, Ph.D.): Society for Personality and Social Psychology Small Grant, 2020. *Investigating attachment and suicidal ideation: The role of reducing death anxiety amongst clinical populations*. \$1500 (JMU award ID: 550995).

PI: Charles W. Gelso Psychotherapy Research Grant, 2016. Society for the Advancement of Psychotherapy. Working title: *Adherence and outcome in Interpersonal Reconstructive Therapy: A test of underlying principles*. \$5000 (JMU award ID: 550722).

PI: International Society for Psychotherapy Research Small Grant, 2015. *Analysis of adherent intervention in Interpersonal Reconstructive Therapy: A pilot study*. \$2000 (JMU award ID: 550645).

Consultant: Canadian Institute of Health Research, Operating Grant, 2011-2017 *Adding Motivational Interviewing to CBT for Severe Generalized Anxiety Disorder*. PIs: Drs. H. Westra, M. Constantino, & M. Antony (project budget: \$794,178; consultant budget: \$2k)

PI: University of Utah Individual Teaching Grant, 2006. *Computer-based, interactive curriculum to teach essential skills for psychotherapy trainees*. \$2554