

KATHERINE MITCHELL Ph.D, LCSW
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Education

Stony Brook University, School of Social Welfare
Stony Brook, NY
2017
Ph.D

Dissertation: Becoming Whole Again: A Qualitative Study of Veterans' Return to Civilian Life

St. Joseph's College
Patchogue, NY
2006
Credentialed Alcohol and Substance Abuse Counselor (CASAC)

Fordham University, Graduate School of Social Service
New York, NY
1990
Master of Social Work (MSW)

Boston University
Boston, MA
1984
BA Psychology

Research Interests

Undocumented Immigrants/community impact of immigration
Substance abuse prevention and treatment
Veterans transition issues

Teaching Expertise

Research: Quantitative and Qualitative Methodology at the Masters and PhD level
Clinical Practice
Foundation of Social Work Practice
Field Education Seminar
Veteran Cultural Competency

Presentations and Panels

Peer/Professional Collaboration in Serving Veterans: Continuing Education Program for human service providers. Association for Mental Health and Wellness Training Center, Ronkonkoma, NY. November, 2019

Refugees and Immigration North and South of Border. Panel discussion with Naomi Kramer, JAIS, LIPA Green Center, Toronto, CA. November, 2019

Group Work in Action: Wurzweiler Care Café-Finding Community, Making Connections, Discovering Hope and Inspiration. 41st Annual Symposium of the International Association for Social Work with Groups Co-presenters: Hana Frankl, Associate Director Care Café, Michelle Davis-Levy, Student Leader, Michelle Bialek, Student Leader. New York University, NY June, 2019

Peer/Professional Collaboration in Serving Veterans. National Coalition for Homeless Veterans' (NCHV) 2019 Annual Conference, *Driven by Data.* Co-presenters: Marcelle Leis, Program Director, Joseph Dwyer Veteran Peer Support Project and Wilkins Young, Director, Suffolk County United Veterans, The Vets Place. Washington, DC, May, 2019

Esperanza Leadership Panel: Operation Exodus. A panel discussion of the role of transformational leadership in organizations serving the Washington Heights neighborhood in New York, NY. Yeshiva University, November 2018

Tackling the Future: Can We Really Teach R to MSW Students? Presentation with Dr. Charles Auerbach, Dr. Matthew Cuellar and Christine Vyshedsky. Counsel on Social Work Education Annual Program Meeting, Orlando FL. November 2018.

Supporting Peer/Professional Collaboration in Serving Veterans. Presentation with the Honorable Andrea Schiavoni, presiding Justice of the East End Veterans' Treatment Court at the Counsel on Social Work Education Annual Program Meeting, Atlanta, GA. November 2016.

Transitioning from Worker to Manager: Developing Management Skills. National EAP presentation in Spanish to participating company employees. 2013

Publications, Papers and Reports

Mitchell, K (2019) On Memorial Day, honor the service members who gave their lives by helping those who made it home. NBC Think, May 27, 2019
<https://www.nbcnews.com/think/opinion/memorial-day-honor-service-members-who-gave-their-lives-helping-ncna1006931>

Mitchell, K (2018) Working Together: How Peer Mentors and Social Workers Can Collaborate to Serve Veterans and Military Families. *Professional Development: The International Journal of Continuing Social Work Education.* 21(1) p.20

Evaluation of Fordham Student Social Work Unit at the Market Street Mission Shelter, Morristown, NJ: Report of First Year Activity, May, 1993 (Principal Investigator: Katherine Mitchell)

Report of Evaluation conducted by Fordham University Graduate School of Social Service of the New York Archdiocese Drug Abuse Prevention Program Demonstration Project with Grade School Children 1991-1992 project year, April 1993 (Principal Investigators: Dr. Michael H. Phillips and Dr. Anthony Sainz)

Evaluation of the First Year Activities of OSAP sponsored ADAPP Prevention Program. April, 1991 (Principal Investigator, Dr. Michael H. Phillips)

Evaluation of the Archdiocese Drug Abuse Prevention Program: Year Two Report. January, 1991 (Principal Investigator: Dr. Michael H. Phillips)

Study of the Mutual Aid Group Work Model and Its Use in Substance Abuse Prevention with High-risk Adolescents. Masters' Thesis, May, 1990

Academic Work Experience

Wurzweiler School of Social Work

Yeshiva University

New York, NY

Director of Field Education

July, 2018-July, 2019

- Director of the Field Education Department serving over 500 students in both face-to-face and on-line MSW program.
- Organize and facilitate the reorganization of the Field Education Department to support increased growth and development of new programs
- Hire and train field work staff in multiple programs; face to face, on-line and internationally in Israel and Canada, including field planners, field instructors and field education program associate directors
- Participate in committees and special projects within the School of Social Work including curriculum committee, Dean's advisory council, task force for developing new certificate programs
- Attend and present at C.S.W.E.
- Present at conferences and panels on social work education and transformational leadership.

Wurzweiler School of Social Work

Yeshiva University

New York, NY

Assistant Clinical Professor

August, 2017-present

- Instructor for MSW first year required research sequence.
- Collaborate on creating on-line MSW course content.
- Participate in faculty grant seeking and ongoing research
- Serve on committees and participate in ongoing program development
- Leadership role in humanitarian mission providing mental health assessment with Cardozo law school at the South Texas Family Residential Center in Dilley, Texas
- Instructor for PhD Research methodologies and Qualitative Data Analysis course

Wurzweiler School of Social Work

Yeshiva University

New York, NY

Program Director Care Cafe

November, 2017-July, 2019

Program Director, Care Café, a program funded by the New York City Council providing community based wellness and mental health programs in the five boroughs of New York City serving military families, veterans, underserved populations including at-risk youth, seniors and immigrants.

- Developed from inception the plan, systems, structure and implementation for a newly funded community mental health program
- Recruited and trained 15 MSW student workers
- Collaborated to develop marketing and outreach plan for the program
- Managed \$135,000 program budget
- Met grant requirements and completed meetings and reporting for program officer
- Completed 55 individual presentations over two funding cycles serving over 600 attendees throughout the five boroughs of New York City
- Developed formative and summative evaluation plan

Adjunct Teaching Experience

Stony Brook University School of Social Welfare, 2014, 2016/2017

Fordham University Graduate School of Social Service, 1990 – 1992, 2008

Yeshiva University - Wurzweiler School of Work, 1990 – 1992

Adjunct Instructor for Master of Social Work Research and Practice Foundation Courses

Student Teacher for advanced clinical practice

Instructor for the required first year MSW sequence of social science research, statistics, qualitative research methodology, foundations of social work practice and advanced clinical practice.

Research Experience

Fordham University Graduate School of Social Service

New York, NY

1989-1994

Research Associate

Research associate working with Dr. Michael H. Phillips and Dr. Anthony Sainz. Assisted with data collection, data management, analysis and report writing on two federal grants evaluating the impact of a substance abuse prevention program on elementary age students.

Principal Investigator

1993

Evaluation of first year activity at the Market Street Mission Student Social Work Unit.

Morristown, NJ

Other Work Experience

East End Counseling

Sag Harbor, NY

Owner

2008 – Present

- Manage a consulting practice providing assessment, counseling and educational services in English and Spanish with a focus on addiction, recovery and Driving While Intoxicated (DWI) serving over 1000 clients throughout Suffolk County
- Serve as a consultant in brief counseling to the National Employee Assistance Program (EAP)
- Collaborate with the East End Veterans Treatment Court providing services to veterans' court participants
- Created services for returning veterans, including hosting the Joseph Dwyer Veteran's Peer Support Project, which has benefited over 15 local veterans
- Developed a teen driver safety curriculum in 3 high schools, which has been presented to over 200 students
- Conduct mental health and credible fear evaluations for clients seeking political asylum in the U.S.
- Provide mental health/substance use counseling services to individual and families in English and Spanish

The Dunes East Hampton

East Hampton, NY

Clinical Director / Family Program Coordinator

2010 – 2011

- Supervised daily operations, scheduling and staff
- Implemented a family program including family education and family systems therapeutic interventions
- Facilitated individual, group and family therapy sessions for over 30 families in the community, specializing in family recovery and substance abuse programs
- Coordinated preparation for New York State OASAS audit and re-credentialing
- Supervised 20 clinical and support staff, implemented program policies and managed weekly clinical staffing
- Supervised Masters in Social Work (MSW) interns from Stony Brook University

Family Service League

East Hampton, NY

Staff Therapist / Social Worker

2005 – 2007

- Provided outpatient counseling and therapeutic services
- Managed a 30 patient case load
- Provided services in English and Spanish to individuals and families
- Specialized in group and individual counseling including: initial screening, intake, assessment, crisis intervention, treatment planning and psycho-educational programs

SoLA: Latin American Outreach Center, Inc.

South Fork of Long Island, NY

Executive Director

2002 - 2004

- Co-founder of this community based organization serving Latin American immigrant families on the East End of Long Island
- Collaborated with other local organizations, government agencies and not-for profits to provide advocacy and services to the constituent community
- Co-founder of the Long Island Organizing Network, a faith based community organization partner with the Gamaliel Institute
- Developed an “English for Adult Learners Program” serving over 500 adult students

- Supervised a summer day-camp serving over 100 children and providing case management services to families
- Supervised a staff of 25 employees, teachers, counselors and interns
- Obtained grants to fund the organization's projects in adult literacy, which included a \$50,000 corporate grant to develop the English Adult Learners Program and a \$15,000 grant to conduct a research project studying the impact of immigration on the East End of Long Island
- Designed, produced and distributed a bilingual quarterly community newsletter *SoLA Noticias: The Community Wellness Newsletter*

Diocese of Rockville Centre Hispanic Apostolate

Southampton, NY

Program Coordinator

2000 – 2003

- Served as director and coordinator of the Diocese of Rockville Centre Hispanic Ministry on the South Fork
- Provided case management services to over 500 immigrant families in four South Fork Catholic Parishes
- Developed educational and cultural programs for parish families
- Managed 50 volunteers and 3 paid staff for education and social functions
- Supervised 2 Master of Social Work students during their internships with the Diocese
- Served on local government and community task forces and committees

Community Involvement

Military Resilience Project

Camp Dudley, NY

Warrior Wilderness Retreat staff

2017

Member of retreat staff assisting with a Veterans' peer support and healing retreat.

Strong Point Theinert Veterans Retreat Center

Magdalena, New Mexico

Gold Star Mother retreat coordinator

2017

Progressive East End Reformers
Sag Harbor, NY
Immigration subcommittee member
2017

East End Veterans Treatment Court
Southampton, NY
Community based treatment provider to participating veterans
2014-current

Blue Star Mothers of America
Member
2016

Telling East End
Development team member/performer
2015
Program using theater and storytelling to promote military/civilian dialogue

Sag Harbor Community Coalition
Board Member
2013-2014
Community coalition to prevent drug and alcohol abuse in the youth population

Co-Founder Long Island Organizing Network
Southampton, NY
2003-2005
Faith based community organizing initiative focused on leadership development, housing and social justice issues

Southampton Anti-Bias Task Force
Voting Member
2001-2003

Awards

Fr. Langenfeld Masters Thesis Research Award - May 21, 1990

Certifications and Affiliations

- ARISE Intervention Training Certification, 2011
- St Joseph's College - Certified Alcoholism and Substance Abuse Counseling Program (CASAC), 2005

- Diocese of Rockville Centre Office of Laity and Family - Pastoral Formation Institute, 2005
- Columbia University School of Non-Profit Management - East End Executive Development Seminar, 2004
- Stony Brook University Graduate School of Social Welfare - SIFI, 2003
- Gamaliel Institute for Community Organizing, 2003
- Conversa Linguistica - Spanish Language Immersion Program, 2000
- NDRI - State Training Institute - Training in Group Counseling Process, 1991
- New York State Certified Social Worker (LCSW), 1990