



Clinical Therapist Position Description

Position Overview: The fully remote Clinical Therapist position (full-time or part-time) will provide outpatient individual, couples, family, and couples therapy to clients of Realize You Therapy & Counseling Services, LCSW PLLC (Realize You Therapy). Clinical therapy services include treatment of adolescents, adults, couples and families. We are currently looking for therapists who are social justice minded, trauma- informed, and are ready to be a part of a dynamic, fun, and collaborative team. To allow for growth of caseload and to ensure a good fit, the position begins as a fee-for-service position for three to six months before the option to become a part time or full time employed therapist with full benefits. If you want to be part of a work family, apply!

About Realize You: Here at Realize You Therapy, we believe in creating the best atmosphere for our clients and employees and giving back to our community. Our mission is to help members of our communities reconnect with the things that are truly important and **thrive**, both in their own lives and in their relationships. We strive to make wellness a down to earth practice. Our vision is to eliminate mental health stigma by creating awareness of, appreciation for, and acceptance of mental health self-care. We value working collaboratively and helping improve the health and wellness of our communities.

Our Values: Realize You Therapy lives by values that guide who we are as a team and how we present to our communities. We hire staff who bring these values to life.

Creating strong relationships: Building strong, meaningful relationships is a basic need for all of us. We value building relationships within our community and helping our clients do the same. It's also a hallmark of our business to promote strong, lasting bonds within our team and to work collaboratively both in the office and out in the community.

Serving the community: Part of our mission is to contribute to promoting wellness within the community through offering services to marginalized communities who otherwise would not have access to mental health services.

Invest in quality: We're committed to providing the best atmosphere for our clients and our team. We promote continued education for our clinicians through quarterly trainings in evidence-based practices so clients can feel safe knowing their therapist is always growing in their skill.

Promoting inclusion: We promote hiring clinicians of varying backgrounds, beliefs, and specialties to better serve the diverse and unique experience of our clients. It's also important that our practice promotes a foundation of diversity, equity, and inclusivity in its culture and practice.

Duties/Responsibilities:

- Perform remote clinical therapy services to patients of Realize You Therapy, as scheduled, and in accordance with company policies.
- Regular, reliable, and prompt attendance to all work responsibilities, especially scheduled client sessions.
- Must be able to work evening and weekend hours
- Be properly licensed and abide by all laws, rules, regulations, and codes of ethics that are binding upon or applicable to the services performed for Realize You Therapy.
- Respond to patients' requests for service or calls within 24 hours whether such requests are made in person, by phone, voicemail, etc. or through the Realize You Therapy website.
- Communicate with a patient's treatment team (i.e., PCP, psychiatrist, school, etc.) as necessary.

- Timely complete written records for each patient including, but not limited to: intake notes, progress notes, treatment plans, termination notes, contract notes, and other forms or documents which may be needed or required from time-to-time by Realize You Therapy or third parties in conjunction with the treatment of the patient within a timely fashion. Keep patient files accurate and up to date.
- Attend mandatory meetings and trainings as directed by Realize You Therapy. Conduct therapy and counseling services in a professional manner so as to maintain and increase the good will and reputation of Realize You Therapy. Be respectful of and cooperative and collaborative with co-workers. Passion for working with others (being collaborative) and helping our team members grow and learn.
- Other duties as may be assigned.

Qualifications and Skills:

- Align with Realize You Therapy mission, vision, and values.
- Master's Degree or Doctoral Degree
- Must have an active, unrestricted license (PhD, PsyD, LCSW, LMFT, LMSW, LMHC) in the State of New York (other states a bonus). A copy must be provided to Realize You Therapy.
- Available to hold at least 16 patient sessions per week, provided such sessions are available and referred/scheduled by Realize You Therapy.
- Fully remote position requires a reliable and consistent computer, internet, and phone.
- Background check required.
- Be organized and detail oriented.
- Be a team player.
- Be able to work independently on tasks assigned.
- Have strong written and verbal communication skills and strong interpersonal skills.
- Prior experience in a private practice setting is highly preferred.
- **Have at least one niche market for counseling services (i.e., couples, teens, trauma, anxiety, grief, anger management, etc.).**

Benefits of Working for Realize You Therapy and Counseling:

- Team that encourages you and supports you in your clinical growth
- Opportunity to work with diverse client populations all over New York via virtual therapy
- Opportunity to expand your clinical skills and understanding of various therapy modalities
- Opportunity for health benefits with low deductible and HSA after 3 to 6 months
- Paid for your time documenting, attending team meetings, trainings, and weekly supervision
- PTO, three floating holidays, and five paid holidays per year once full-time

Pay Rate

\$70,000-\$90,000; \$40-\$70 per session

Application instructions:

For consideration, please email to careers@realizeyoutherapy.com

Realize You Therapy is an equal opportunity employer. We celebrate diversity and are committed to creating an inclusive environment for all employees regardless of race, color, religion, sex (including pregnancy and gender identity), national origin, political affiliation, sexual orientation, marital status, disability, genetic information, age, membership in an employee organization, retaliation, parental status, military service, or other non-merit factor.