

CURRICULUM VITAE

Name ***Sonia Suchday***

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Albert Einstein College of Medicine
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Licensure New York, License # 016244 - 1

EDUCATION

Ph.D.	1995	Clinical Psychology	West Virginia University
		Dissertation: Modes of Anger Expression & their Relation to Cardiovascular Reactivity	
M.A.	1991	Clinical Psychology	Connecticut College
		Thesis: Cognitions Associated with the Experience of Anger	
B.A.	1989	Psychology (Honors) Anthropology & Sociology (Minors)	St. Xavier's College/ Bombay University

PROFESSIONAL APPOINTMENTS

Administrative

- Program Director
9/04- Present
Clinical Psychology (Health Emphasis) Ph.D. Program
Ferkau Graduate School of Psychology/Yeshiva University
Obtained accreditation for the program by the APA for the first time in 2005; Re-accreditation at the highest level in 2009 (7 years).
- Co-Director
9/06-10/10
Institute of Public Health Sciences
Yeshiva University
Development of Obesity Think Tanks, Interdisciplinary Course on Obesity, Hired & worked with MPH director to develop an MPH & Certificate Program in Public Health; & Developed Summer Institute in Global Health; Organized three International Conferences;
- Associate Director
11/10 - Present
Center for Public Health Sciences
Albert Einstein College of Medicine
Developed a Certificate Program in Global Health; Obtained Certification by New York State Education Department; Developed multiple global health education & research partnerships

Research & Teaching

- Associate Professor
6/07 – Present
Ferkau Graduate School of Psychology/Yeshiva University
- Associate Professor
6/08 - Present
Albert Einstein College of Medicine/Yeshiva University
- Assistant Professor
9/01 – 5/07
Ferkau Graduate School of Psychology/Yeshiva University
- Assistant Professor
9/01 – 5/08
Albert Einstein College of Medicine/Yeshiva University

Adjunct Assistant Professor 9/2001 - Present	Medical and Clinical Psychology Uniformed Services University of the Health Sciences
Clinical Assistant Professor 7/98 – 8/2001	Medical and Clinical Psychology Uniformed Services University of the Health Sciences
Post Doctoral Fellow 7/98 - 8/2001	Henry M. Jackson Foundation for Military Medicine
Consultant 7/98 – 8/2001	Project Heart, fund by the National Heart, Lung, Blood Inst The Johns Hopkins School of Hygiene and Public Health
Adjunct Faculty 1/2000 - 8/2001	Department of Psychology American University
Research Associate Faculty 7/96 - 6/99	Dept of Health Policy & Management The Johns Hopkins School of Hygiene and Public Health
Project Director 9/95 - 6/98	The Johns Hopkins School of Hygiene and Public Health Project Heart, fund by the National Heart, Lung, Blood Inst
Research Assistant 8/91 - 5/92	Barry A. Edelstein, Ph.D., Department of Psychology West Virginia University, Morgantown, WV
Data Analyst Summer 1991	Department of Social Work Research Memorial Sloan Kettering Hospital, New York, NY.
Laboratory Technician Summer 90	Stephen Karpiak, Ph.D., Department of Neuroscience Columbia University, College of Physicians and Surgeons, New York State Psychiatric Institute
Research Assistant 8/89 - 5/90	Jefferson A. Singer, Ph.D. & Bernard I. Murstein, Ph.D. Dept of Psychology, Connecticut College

Clinical

Psychology Intern 9/94 - 8/95	Psychiatry Department Eastern Pennsylvania Psychiatric Institute, Philadelphia, PA
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Senior Practicum Intern 8/93 - 8/94	Pain Management Center, Dept of Beh Med & Psychiatry Chestnut Ridge Hospital, WVU School of Med, WV
Psychology Practicum Intern 5/92 - 8/94	Outpatient Center/Diagnostic Unit Valley Community Mental Health Center, WV
Psychology Assistant 8/90 - 5/91	Cardiac Rehabilitation Unit, Health Psychology West Haven VA Med Center, West Haven, CT
Recreation Counselor Summer 90	Memorial Sloan Kettering Hospital New York, NY

OTHER PROFESSIONAL ACTIVITIES

Advanced Research Training Workshop: Coping with the Strains of Globalization: Culturally Appropriate Methods for Research on Health and Wellbeing. (2012). One of three workshops selected by the International Union of Psychological Sciences, International Council of Science Unions to be conducted at the International Congress of Psychology.

Federal Advocacy Representative, (2011 – Present). Educational & Learning Council, American Psychological Association, Washington, DC.

International Conferences Organized:

- a. Global Partnerships in Interprofessional Health Education. (April 1, 2009). Sponsors: Institute of Public Health Sciences, Center for Israel Studies, Center for Global Health.
- b. India-Israel: A partnership comes of age (March 30 & 31, 2009). Sponsors: Center for Israel Studies & Institute of Public Health Sciences.
- c. Diversity & Disparity in Health (September 20 & 21, 2007). Sponsor: Institute of Public Health Sciences.

Invited Participant & Organizer at NATO's Workshop on Precursors to Terrorism among Immigrant Youth in Europe, Milan, Italy (2010).

Member (2008-Present). US National Committee for the International Union for Psychological Science at the National Academies

Founder & Chair (2003-Present). Yeshiva University Annual Behavioral Sciences Research Day

Member (2010-Present), Advisory Comm, Uniformed Services University Center for Health Disparities

Member (2008-Present). Global Health Connections Committee. American Public Health Association.

Member (2008-Present). Global Health Educators Committee. New York City.

Editor (2008-Present). Journal of Behavioral Medicine.

Program Chair (2006). Division 38, American Psychological Association

Committee Member (2000 - 2006). Education & Training, Society of Behavioral Medicine.

Committee Member (2003 - 2010). Education & Training, Division 38, American Psychological Association

Member (2001-2004). Committee on Clinical Investigations (Institutional Review Board), Albert Einstein College of Medicine

Editorial Board (2004): Internet Journal of Mental Health.

Consultant (1998 - 2001): Geographical Information Coding for Assessing Socioeconomic Status
The Johns Hopkins University.

Cardiovascular Tract Reviewer (1996-2001): Society for Behavioral Medicine

Guest Editor (1998-2000): Health Psychology

Volunteer Coordinator (1996): The Annual Conference of the Society for Behavioral Medicine,
Washington, D.C.

Supervisor (9/95 - 6/98): Internship for Masters' students from five area colleges in Baltimore, MD
(Johns Hopkins University, Loyola, Morgan State College, Coppin State College, Towson University)

GRANTS

Co-Investigator (DK075981; 5/1/2009 - 4/30/2013): Comprehensive Approach to Family Weight
Management. NIDDK, National Institutes of Health
Principal Investigator: Judith Wylie-Rosett, Ph.D.

Co-Investigator (1 R34 DK090695; 2011-2013): Reduce Risk of Diabetes: Healthy Lifestyle for Chinese Immigrants. National Institutes of Health
Principal Investigator: Judith Wylie-Rosett, Ph.D.

Co-Investigator (RO1 HL077809: 2005-2010): Coronary Heart Disease Risk among Chinese immigrants. National Heart, Lung, & Blood Institute, National Institutes of Health
Principal Investigator: Judith Wylie-Rosett, Ph.D.

Co-Investigator (Current - 1 KO7 HD051528: 2006-2010): Becoming a Doctor at the Albert Einstein College of Medicine: A New Curriculum. Funded by the National Institutes of Health
Principal Investigator: Paul Marantz, M.D./MPH

Principal Investigator (5/2005 – 4/2006): Globalization and Health among Urban Residents of a Developing Country – India: Parameters for Prevention

Project Coordinator (6/1998 - 8/2001): Biobehavioral triggers of ventricular arrhythmias. Uniformed Services University of the Health Sciences. Funded by National Heart, Lung, & Blood Institute.
Principal Investigator: David S. Krantz, Ph.D.

Project Coordinator (9/1995 - 5/1998): Anger and cardiovascular disease among urban adolescents. Johns Hopkins School of Hygiene & Public Health. Funded by National Heart, Lung, & Blood Institute.
Principal Investigator: Craig K. Ewart, Ph.D.

TEACHING EXPERIENCE

Graduate Courses

Certificate Program in Global Health	2012	Center for Public Health Scs
Summer Institute In Global Health	2011-Present	Center for Public Health Scs
Globalization & Health	2008 – 2010	Inst of Public Health Sciences
Cardiovascular Psychology	2001-Present	Ferkauf Graduate Sch of Pyschology
Beh & Social Dimen of Public Health	2001-Present	Ferkauf Graduate Sch of Psychology
Beh & Social Dimen of Public Health	2005-Present	Ferkauf Graduate Sch of Psychology
Psychopathology & Illness	2001-2004	Ferkauf Graduate Sch of Psychology
Sex Differences and Similarities	Spring 2000	American University
Cognitive Behavior Therapy	Spring 1999	Uniformed Services University of
	Spring 2000	the Health Sciences
Principles of Health Behavior Change	Sum 1996	The Johns Hopkins School of
	Winter 1996	Hygiene and Public Health
	Sum 1997	

Undergraduate Courses

Psychological Assessment	Fall 1993	West Virginia University
Abnormal Psychology	Sum 1993	West Virginia University
Psychology as a Natural Science (Laboratory)	Fall 1990	Connecticut College
Human Sexuality (Laboratory)	Spring 1991	
Tutor: Advanced Statistical Methods	Spring 1990	Connecticut College
Introductory Psychology	1989-1990	Connecticut College

CLINICAL EXPERIENCE

- 9/94 - 8/95 Pre Doctoral Internship at the Eastern Pennsylvania Psychiatric Institution/Medical College of Pennsylvania. Clinical Rotations included Behavioral Medicine, Rehabilitation Medicine, Anxiety Disorders, Social Skills Training with Schizophrenics, Outpatient Therapy.
- 8/93 - 8/94 Part Time Practicum Training at the West Virginia University Pain Management Center. Responsibilities included assessment and therapy with chronic pain patients and working with a multidisciplinary team of physicians (primarily anesthesiologists), physical therapists, and nurse practitioners in coordinating treatment.
- 5/93 - 8/94 Psychology Technician at the Diagnostic Unit/Valley Community Mental Health Center doing State-required Waiver evaluations for Mental Retardation/Developmental Disabilities.
- 5/92 - 8/93 Part Time Practicum Training at the Valley Community Mental Health Center. Responsibilities included assessment and therapy with outpatient populations from the Appalachian region.
- 8/90 - 5/91 Psychology Practicum Intern at the West Haven/Yale Veterans Administration Medical Center. Responsibilities included assessment, continued monitoring, and therapy with patients post-Myocardial Infarction and post Coronary Artery Bypass Graft and Cardiac Rehabilitation and Stress Management groups.

PROFESSIONAL MEMBERSHIPS

- American Psychological Association
- American Psychological Association - Division 38 - Health Psychology
- Eastern Psychological Association
- American Psychosomatic Society

AWARDS

Fifteen Best Posters	2010	International Congress of Behavioral Medicine
Fellowship	2004	World Heart Federation: International Cardiovascular Epidemiology
Citation Paper	2004	Society of Behavioral Medicine
Citation Paper	2001	Society of Behavioral Medicine
Citation Paper	2000	Society of Behavioral Medicine
Psychology Honors Certificate	1986-1989	St. Xavier's College/Bombay University
Best Speaker & Best Paper Psychology Honors Seminar	1988	St. Xavier's College/Bombay University
Best Speaker	1988	Y.W.C.A. Annual Debate (Bombay, INDIA)
Best Speaker	1987	Indo-American Society (Bombay, INDIA) Annual Public Speaking Competition

PUBLICATIONS

Edited Book

Ruggiero, G.M., Sassaroli, S., Latzer, Y., & Suchday, S. (Eds.). (2011). Perspectives on Immigration and Terrorism. IOS Press BV: Amsterdam, Netherlands.

Peer Reviewed Journal Articles

Whittal, M., Suchday, S., & Goetsch, V.L. (1994). The panic attack questionnaire: Factor analysis of symptom profiles and characteristics of undergraduates who panic. *Journal of Anxiety Disorders*, 8, 237-245.

Whittal, M., Goetsch, V.L., & Suchday, S. (1994). Infrequent panic: Physiological and subjective responses to hyperventilation. *Behavior Research and Therapy*, 32, 453-457.

- Gross, R.T., & Suchday, S. (1995). Book Review - Pain - A Four Letter Word You Can Live With. Journal of Pain and Symptom Management.
- Ewart, C.K., Suchday, S., & Sonnega, J.R. (1996). Instruction Manual for the Social Competence Interview. *Johns Hopkins School of Hygiene & Public Health*
- Suchday, S. & Ewart, C.K. (1997). Social Competence Interview: Trainers' Manual. *Johns Hopkins School of Hygiene & Public Health*
- Larkin, K.T., Semenchuk, E.M., Frazer, N.L., Suchday, S., Taylor, R.L. (1998). Cardiovascular and behavioral responses to social confrontation: Measuring real-life stress in the laboratory. Annals of Behavioral Medicine, *20*, 294-301.
- Carter, M.M., Miller, O., Sbrocco, T., Suchday, S., & Lewis, E.L. (1999). Factor structure of the Anxiety Sensitivity Index among African American college students. Psychological Assessment, *11*, 525-533.
- Carter, M.M., Suchday, S., Gore, K.L. (2001). The utility of the ASI factors in predicting response to voluntary hyperventilation among non-clinical participants. Journal of Anxiety Disorders, *15*, 217-230.
- Suchday, S. & Larkin, K.T. (2001). Biobehavioral responses to interpersonal conflict during anger expression among anger-in and anger-out men. Annals of Behavioral Medicine, *23*(4), 282-290.
- Ewart, C.K. & Suchday, S. (2001). Discovering how urban poverty and violence affect health: Development and validation of a neighborhood stress index. Health Psychology, *21*, 254-262.
- Ewart, C.K., Jorgensen, R.S., Suchday, S., Chen, E., & Matthews, K. A. (2002). Measuring stress resilience and coping in vulnerable youth: The Social Competence Interview. Psychological Assessment, *14*(3), 339-352.
- Fitzgerald, S.T., Haythornthwaite, J.A., Suchday, S., Ewart, C.K. (2003). Anger in young Black and White workers: Effects of job control, dissatisfaction, and support. Journal of Behavioral Medicine, *26*(4), 283-296.
- Suchday, S., & Larkin, K.T. (2004). Psychophysiological responses to anger provocation among Asian Indian & White males. International Journal of Behavioral Medicine, *11*(2), 71-80.
- Suchday, S., Carter, M., Ewart, C.K., Larkin, K.T., & Desiderato, O. (2004). Anger cognitions and cardiovascular recovery following provocation. Journal of Behavioral Medicine, *27*(4), 319-341.

- Kop, W.J., Krantz, D.S., Nearing, B.D., Gottdiener, J.S. Quigley, J.F., O'Callahan, M. DelNegro, A.A., Friehling, T.D. Karasik, P., Suchday, S., Levine, J., & Verrier, R.L. (2004). Effects Of Acute Mental Stress On T-Wave Alternans In Patients With Implantable Cardioverter Defibrillators And Controls: Comparison With Exercise. *Circulation*, *109* (15), 1864-1869.
- Ewart, C.K., Jorgensen, R.S., Schroder, K.E., Suchday, S., & Sherwood, A. (2004). Vigilance to a persisting personal threat: Unmasking cardiovascular consequences in adolescents with the social competence interview. *Psychophysiology*, *41*(5), 799-804.
- Suchday, S., Krantz, D.S., & Gottdiener, J.S. (2005) Socioeconomic Status predicts Ischemia during daily life and Blood Pressure Responses in the Laboratory. *Annals of Behavioral Medicine*, *30*, 74-84.
- Friedberg, J.P., Adonis, M.N., Von Bergen, H., Suchday, S. (2005). September 11th related stress and trauma in New Yorkers. *Stress and Health*, *21*(1), 53-60.
- Nicholas, R.A., Feuerstein, M., Suchday, S. (2005). Prospective Examination of Workstyle in Upper Extremity Health Outcomes. *Journal of Occupational & Environmental Medicine*, *47*(4).
- Sbrocco, T., Carter, M.M., Lewis, E.L., Vaughn, N.A., Kalupa, K.L., King, S., Suchday, S., Osborn, R.L., Cintron, J.A. (2005). Church Based Obesity Treatment for African American Women Improves Adherence. *Ethnicity & Disease*, *15*, 246-255.
- Cintrón, J.A., Carter, M.M., Suchday, S., Sbrocco, T., & Gray, J. (2005). Factor structure and construct validity of the anxiety sensitivity index among Island Puerto Ricans. *Journal of Anxiety Disorders*, *19*(1), 51-68.
- McGinn, L.K., Asnis, G.M., Suchday, S., & Kaplan, M.K. (2005). Increased Axis I and II Comorbidity in Patients With Atypical Depression. *Comprehensive Psychiatry*, *46*, 428-432.
- Suchday, S., Friedberg, J.P., & Almeida, M. (2006). Forgiveness & Rumination: A cross-cultural perspective comparing India and the United States. *Stress and Health*, *22*(2), 81-89.
- Suchday, S., Kapur, S., Ewart, C.K., & Friedberg, J.P. (2006). Discovering how urban poverty and violence affect health in developing countries: Development & validation of a neighborhood stress index for India. *Behavioral Medicine*, 77-86.
- Suchday, S., Friedberg, J.P., Almeida, M., Larkin, K.T., & Adonis, M.N. (2007). Angry thoughts predict stress and health among college students in Mumbai, India. *Cognitive Therapy and Research*, *31*(4), 559-572.

- Friedberg, J.P., Suchday, S., & Shelov, D.V. (2007). The impact of forgiveness on cardiovascular reactivity and recovery. *International Journal of Psychophysiology*, *7*, 87-94.
- Friedberg, J.P., Adonis, M.N., & Suchday, S. (2007). The effects of indirect exposure to September 11th related trauma on cardiovascular reactivity. *Journal of Loss and Trauma*, *12*(5), 453-467.
- Suchday, S., Chhabra, R., Wylie-Rosett, J., & Almeida, M. (2008). The Relationship between Health Disparity & Socioeconomic Status in Developing Countries. *Ethnicity & Disease*, *18* (Suppl 2), S2-235-S237.
- Alm, M.E., Soroudi, N., Wylie-Rosett, J., Isasi, C.R., Suchday, S., Rieder, J., Khan, U. (2008). A Qualitative Assessment of Barriers and Facilitators to Achieving Behavior Goals Among Obese Inner-City Adolescents in a Weight Management Program. *Diabetes Educator*, *34*(2), 277-284.
- France, C.R., Masters, K.S., Belar, C.D., Kerns, R.D., Klonoff, E.A., Larkin, K.T., Smith, T.W., Suchday, S., & Thorn, B.E. (2008). Application of the competency model to clinical health psychology. *Professional Psychology: Research and Practice*, *39*(6), 573-580.
- Friedberg, J.P., Suchday, S., & Srinivas, V.S. (2009). Relationship between forgiveness and psychological and physiological indices in cardiac patients. *International Journal of Behavioral Medicine*, *16*, 205-211.
- Shelov, D.V., Suchday, S., Friedberg, J.P. (2009). A pilot study measuring the impact of yoga on the trait of mindfulness. *Behavioural and Cognitive Psychotherapy*, *37*(5), 595-598.
- Lee, C., Suchday, S., Wylie-Rosett, J. (Accepted). Perceived social support, coping styles, and Chinese immigrants' cardiovascular response to stress. *International Journal of Behavioral Medicine*.
- Suchday, S., Wright, N.D., Fang, J., Foo, S. H., Wylie-Rosett, J. (Submitted). Association between measures of socioeconomic status and psychosocial and cardiovascular risk factors in Chinese immigrants. *Health Psychology*.
- Carter, M.M., Sbrocco, T., Miller, O.Jr., Suchday, S., Lewis, E.L., & Freedman, R.E.K. (In Press). Factor structure, reliability, and validity of the Penn State Worry Questionnaire: differences between African-American and White-American college students. *Journal of Anxiety Disorders*.
- Adonis, M.N., Friedberg, J.P., Von Bergen, H., Suchday, S. (In Press). The effects of social support on cardiovascular reactivity during a September 11th-related laboratory stressor. *Stress & Health*.
- Suchday, S., Bellehsen, M., Friedberg, J.P., Almeida, M. (In Preparation). Clustering of cardiac risk

factors associated with the metabolic syndrome and associations with psychosocial distress in a young Asian Indian population. *International Journal of Behavioral Medicine*

Suchday, S., Friedberg, J.P., Adonis, M.N., Almeida, M., & Rudmin, F.W. (In Preparation). Impact of acculturative stress on health in India: Reactions to urbanization in developing countries.

Suchday, S., Friedberg, J.P., Almeida, M., Ewart, C.K., & Adler, N. (In Preparation). Subjective socioeconomic status: An index of health and sociocultural stress in a developing country.

Invited Book Chapters

Baker, G., Suchday, S., & Krantz, D.S. (2000). Heart Disease/Attack. *Encyclopedia on Stress, Volume 2*, 326-333. Academic Press: San Diego, CA

Suchday, S., Tucker, D., & Krantz, D.S. (2002). Diseases of the Circulatory System. In Boll, T.J., Johnson, S.B., Perry, N.W. (Jr.), Rozensky, R.H. (Eds.). *Handbook of Clinical Health Psychology Vol. 1*, American Psychological Association, Washington, D.C., 203-238.

Suchday, S., Ruggiero, G.M., Latzer, Y., & Sassaroli, S. (2011). Introduction to Perspectives on Immigration and Terrorism. In Ruggiero, G.M., Sassaroli, S., Latzer, Y., & Suchday, S. (Eds.). *Perspectives on Immigration and Terrorism*. IOS Press BV: Amsterdam, Netherlands, v-x.

Suchday, S., & Latzer, Y. (2011). Situational Influences on Sympathy for Radical Beliefs: The contributions of Anger and Socioeconomic Status. In Ruggiero, G.M., Sassaroli, S., Latzer, Y., & Suchday, S. (Eds.). *Perspectives on Immigration and Terrorism*. IOS Press BV: Amsterdam, Netherlands, 97-104.

Latzer, Y., & Suchday, S. (2011). Impact of Age at Immigration on Mental Health among Moroccan women in Israel. In Ruggiero, G.M., Sassaroli, S., Latzer, Y., & Suchday, S. (Eds.). *Perspectives on Immigration and Terrorism*. IOS Press BV: Amsterdam, Netherlands, 62-73.

Suchday, S., Dzoik, M., Katzenstein, M., Kaplan, E., & Kahan, M. (2012). The effects of yoga and meditation on cardiovascular disorders. *Stress Proof the Health: Behavioral Interventions for Cardiac Patients*. Springer: New York, 223-248.

PUBLISHED ABSTRACTS

- Suchday, S., & Desiderato, O. (1991). Factor analysis of an anger cognitions inventory. Annals of Behavioral Medicine, 14.
- Semenchuk, E.M., Suchday S., & Larkin, K.T. (1994). Factor Structure and Validity of The Cope Multidimensional Anger Inventory: Does Behavior Match Self Report? Annals of Behavioral Medicine, 17.
- Suchday, S., Larkin, K.T., Callahan, T., Schauss, S., McClain, S. (1995). Cardiovascular and cognitive response to anger expression and anger suppression in anger-in and anger-out males. Annals of Behavioral Medicine, 18.
- Taylor, K.L., Galeota, K., Donnelly, D., Miller, D., Suchday, S., Whitman, G . (1995). The role of optimism and social support in the psychological adjustment of coronary artery bypass surgery patients. Annals of Behavioral Medicine, 18.
- Eifert, G.H., Thompson, R.N., Schermelleh-Engel, K., Suchday, S. (1996). The Pain Regulation Questionnaire: Reliability and validity of a measure of pain competence, experience and behavior. Proceedings of the 4th International Congress of Behavior Medicine, Washington, DC.
- Suchday, S., Ewart, C.K., and Slusarcick, A.L. (1998). Lack of social integration predicts cardiovascular risk in urban adolescent males. Annals of Behavioral Medicine, 20.
- Ewart, C.K., Jorgensen, R.S., Suchday, S., and Kolodner, K.B. (1998). Sociotropy predicts cardiovascular impact of peer encounters in young African American females. Annals of Behavioral Medicine, 20.
- Suchday, S., Ewart, C.K., & Haythornthwaite, J.A. (1999). Socioeconomic Correlates Of Blood Pressure Reactivity Among Urban Adolescent Females. Annals of Behavioral Medicine, 21.
- Suchday, S., Ewart, C.K., Haythornthwaite, J.A. (1999). Socioeconomic Stress Predicts Ambulatory Blood Pressure In Urban Adolescents. Annals of Behavioral Medicine, 21.
- Suchday, S., Ewart, C.K., Haythornthwaite, J.A., Frankowski, J.F. (1999). Social Distrust in the laboratory predicts adolescent blood pressure in the normal environment. Annals of Behavioral Medicine, 21.
- Suchday, S., Fitzgerald, S., Haythornthwaite, J.A., & Ewart, C.K. (1999). Job Strain & Socioeconomic Status are associated with anger at work in young urban adults. Annals of Behavioral Medicine, 21.

- Kop, W.J., Nearing B.D., Krantz, D.S., Gottdiener, J.S., Franz, M., Quigley, J.F., Tucker, D., Baker, G., Suchday, S., Verrier, R.L. (1999). Increased t-wave alternans with mental stress and exercise in implantable cardioverter defibrillator patients. Circulation, 100, 1581.
- Kop, W.J., Krantz, D.S., Gottdiener, J.S., Suchday, S., Nearing, B.D., Verrier, R.L. (1999). Mental stress testing in patients with implantable defibrillators. Psychosomatic Medicine, 61, 113.
- Quigley, J.F., Kop, W.J., Patterson, S.M., Suchday, S., Gottdiener, J.S., Bairey-Merz, C.N., & Krantz, D.S. (1999). Physical Activity and the Diurnal Pattern of Myocardial Ischemia in Patients with Coronary Artery Disease. Psychosomatic Medicine, 61, 113.
- Suchday, S., Krantz, D.S., Kop, W.J., Gottdiener, J.S. (2000). (*Citation Paper*) Socioeconomic predictors of blood pressure and daily life ischemia among patients with a known history of Coronary Artery Disease. Annals of Behavioral Medicine, 22, 125.
- Suchday, S., & Larkin, K.T. (2000). Responses to anger provocation among Asian Indian and Caucasian males. Annals of Behavioral Medicine, 22.
- Suchday, S., Indurkha, A., Larkin, K.T., Frazer, N. (2000). Coping mediates the relation between hostility and health, but not anxiety and health. Annals of Behavioral Medicine, 22.
- Suchday, S., Panzarella, C., & Gross, R.T. (2000). Life control mediates the relationship between depression and disability in performing discretionary but not obligatory activities among chronic pain patients. Annals of Behavioral Medicine, 22.
- Ewart, C.K., Jorgensen, R.S., & Suchday, S. (2000). Social-Emotional Vulnerability and Heart Disease Risk in Urban Youth. Annals of Behavioral Medicine, 22.
- Suchday, S., Gottdiener, J.S., Kop, W.J., OCallahan, M., Tucker, D., Quigley, J., & Krantz, D.S. (2001). Hostility and heart rate threshold for ischemia during daily life. Annals of Behavioral Medicine, 23.
- Suchday, S., Larkin, K.T., Carter, M.M. (2001). Anger, behavioral coping, and cognitive rumination is related to delayed cardiovascular recovery following provocation among anger-in and anger-out participants. Annals of Behavioral Medicine, 23.
- Suchday, S., Ewart, C.K., Jorgensen R.S., & Shroeder, K. (2002). Resentful anger predicts social & nonsocial stress-related sympathetic responses. Annals of Behavioral Medicine, 24, S061.

- Akinboboye O, Kop WJ, Gottdiener JS, Quigley JF, Berman DS, Druz R, Suchday S, Krantz DS (2003). High frequency of mental-stress induced ischemia detected by myocardial perfusion scintigraphy. *Journal of Nuclear Cardiology*, *10*(1), #11.52.
- Suchday, S., Kapur, S., Ewart, C.K. (2003). Adolescent health in India and the US. *Annals of Behavioral Medicine*, *25*.
- Adonis, M.N., Friedberg, J., Von Bergen, H.A., & Suchday, S. (2003). The effects of social support on cardiovascular reactivity during a September 11th related laboratory stressor. *Annals of Behavioral Medicine*, *25*, S144.
- Suchday, S., Kapur, S., Ewart, C.K., Adonis, M.N., & Friedberg, J.P. (2004). Discovering how urban stress affects health in developing countries. *Annals of Behavioral Medicine*, *27*, S47.
- Suchday, S., Adonis, M.N., Almeida, M., & Friedberg, J.P. (2004). Acculturative distress predicts somatic symptoms among college students in India. *Annals of Behavioral Medicine*, *27*, S157.
- Friedberg, J.P., DeWitt, T.J., Shelov, D.V., & Suchday, S. (2004). The effects of forgiveness and rumination on cardiovascular reactivity and recovery. *Annals of Behavioral Medicine*, *27*, S69.
- Shelov, D.V., Friedberg, J.P., DeWitt, T.J., & Suchday, S. (2004). The relationship between empathy and cardiovascular reactivity to stress. *Annals of Behavioral Medicine*, *27*, S69.
- Von Bergen, H.A, Friedberg, J.P., Suchday, S., & Miller, T. (2004). The impact of the post September 11th socio-political environment on physical health and health habits of Orthodox Jewish women. *Annals of Behavioral Medicine*, *27*, S159.
- Suchday, S. Friedberg, J.P., Adonis, M.N., & Almeida, M. (2005). Rumination, hostility, stress, & health among urban Indian college students. *Annals of Behavioral Medicine*, *29*, S177.
- Suchday, S., Friedberg, J.P., Shelov, D.V., Vederman, A.C., & Eisenberg, E.J. (2005). Cognitive self-statements mediate the relationship between anger expression and cardiovascular responsivity to stress provocation. *Annals of Behavioral Medicine*, *29*, S177.
- Suchday, S., Srinivas, V., Barber, J., & Friedberg, J.P. (2005). Psychosocial correlates of premature heart disease among urban residents. *Annals of Behavioral Medicine*, *29*, S27.
- DeWitt, T.J., Friedberg, J.P., Shelov, D.V., & Suchday, S. (2005). The effects of an aerobic intervention on exercise self-efficacy and blood pressure reactivity to stress. *Annals of Behavioral Medicine*, *29*, S5.

- Friedberg, J.P., Shelov, D.V., Eisenberg, E.J., Vederman, A.C., & Suchday, S. (2005). Rumination about an anger recall task is related to increased cardiovascular reactivity and delayed recovery. *Annals of Behavioral Medicine, 29*, S10.
- Friedberg, J.P., Shelov, D.V., & Suchday, S. (2005). Association between friendliness and cardiovascular reactivity during a social and a non-social stressor. *Annals of Behavioral Medicine, 29*, S10.
- Shelov, D.V., Friedberg, J.P., & Suchday, S. (2005). A short yoga intervention may increase mindfulness and decrease rumination: A pilot study. *Annals of Behavioral Medicine, 29*, S152.
- Von Bergen, H.A., Friedberg, J.P., & Suchday, S. (2005). Spiritual well-being predicts physical symptom complaints and illness in Orthodox Jewish women. *Annals of Behavioral Medicine, 29*, S104.
- Suchday, S., Friedberg, J.P., Adonis, M.N., Almeida, M., & Larkin, K.T. (2006). Anger, cardiovascular reactivity, and health: Comparing India and the U.S. *Annals of Behavioral Medicine, 31*, S93.
- Suchday, S., Friedberg, J.P., Shelov, D.V., & Weiss, K. (2006). Being “not angry, but ruminating” is associated with delayed recovery following stress provocation. *Annals of Behavioral Medicine, 31*, S161.
- Friedberg, J.P., Adonis, M.N., Suchday, S., & Von Bergen, H.A. (2006). The effects of indirect exposure to September 11th-related trauma on cardiovascular reactivity. *Annals of Behavioral Medicine, 31*, S31.
- Dziok, M.D., Nash, L., Spektor, E., Suchday, S., & Srinivas, S. (2008). Validation of an assessment of vital exhaustion among U.S. cardiovascular compromised and community samples: the Maastricht Questionnaire. *Psychosomatic Medicine, 71*(3): A-58
- Suchday, S., Wylie-Rosett, J., Sun-Hoo, F., Wang, W., Segal-Isaacson, C.J., Ginsberg, M., Alderman, M. (March, 2009). Perceived social status & health among first generation Chinese immigrants in Chinatown. *Psychosomatic Medicine, 72*.
- Dzoik, M., Nash, L., Spektor, E., Suchday, S., Srinivas, V.S. (2009, March). Validation of an assessment of vital exhaustion among US cardiovascular compromised and community samples: The Maastricht Questionnaire. *Psychosomatic Medicine, 72*.
- Lee, C., Suchday, S., & Wylie-Rosett, J. (2009, March). The effect of gender and coping strategies on cardiovascular reactivity to stress among Chinese immigrants. *Psychosomatic Medicine, 72*.
- Nash, L., Spektor, E., Suchday, S., Srinivas, V.S. (2009, March). Correlations between vital

exhaustion, depression, and general health of cardiac patients and community controls. *Psychosomatic Medicine*, 72.

Spektor, E., Nash, L., Srinivas, V.S., Suchday, S. (2009, March). Exploring associations between Type D personality, depression, and vital exhaustion among patients with cardiovascular disease. *Psychosomatic Medicine*, 72.

Suchday, S., Sehatpour, P., Lewin, H. Glubo, H. (2010) Impact of Globalization on Health. *Annals of Behavioral Medicine*

Lee, C., Suchday, S., & Wylie-Rosett, J. (2010, August). Interaction Effect of Social Support and Coping Styles During Stress Provocation: An Examination on Chinese Immigrants. *Annals of Behavioral Medicine*

Glubo, H. Lewin, H., Suchday, S. Sehatpour, P. (2010) Social Adaptation and Depression. *Annals of Behavioral Medicine*

Katzenstein, M., Spektor, E., Dziok, M., Suchday, S. (2010) Subjective SES as a predictor of Vital Exhaustion within a Cardiovascular Sample. *Annals of Behavioral Medicine*

Lewin, H. Glubo, H. Suchday, S. Sehatpour, P. (2010) Health, Wealth and Spirituality. *Annals of Behavioral Medicine*

PRESENTATIONS

Suchday, S., & Desiderato, O. (1991). Factor analysis of an anger cognitions inventory. Poster presented at the 13th annual meeting of the Society for Behavioral Medicine, New York, NY.

Suchday, S., (alphabetically) Almeida, M., Dhabhar, S., Johnston, I., Murstein, B.I., & Singer, J.A. (1991). Date and Mate Preferences in India and the US: A Cross-Cultural Perspective. Paper presented at the 10 annual meeting of the International Council of Psychologists, San Francisco.

Suchday, S., Whittal M., & Goetsch, V.L. (1992). Patterns of symptoms in infrequent panic: A factor analysis. Poster presented at the 26th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Whittal, M, Suchday, S., & Goetsch, V.L. (1992). Characteristics of infrequent panic in undergraduate females. Poster presented at the 26th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Whittal M., Goetsch, V.L., & Suchday, S. (1992). Infrequent panic: Physiological responses to hyperventilation. Poster presented at the 26th annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Suchday, S., Gross, R.T., & Semenchuk, E.M. (1993). The impact of anger cognitions and expression on functional status of chronic pain patients. Poster presented at the 27th annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

Whittal, M., Goetsch, V.L., Suchday, S., Davidson, M. (1993). Physiological, subjective, and behavioral responses to hyperventilation in clinical and infrequent panic. Poster presented at the 27th annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

Suchday S., & Gross, R.T. (1994). The psychosocial, behavioral, and affective correlates of anger among chronic pain patients. Poster presented at the Annual meeting of the American Pain Society, Miami, Florida.

Semenchuk, E.M., Suchday S., & Larkin, K.T. (1994). Factor Structure and Validity of The Cope Multidimensional Anger Inventory: Does Behavior Match Self Report? Poster presented at the Fifteenth Annual Meeting of the Society of Behavioral Medicine, Boston, Massachusetts.

Suchday, S., Larkin, K.T., Callahan, T., Schauss, S., McClain, S. (1995). Cardiovascular and cognitive response to anger expression and anger suppression in anger-in and anger-out males. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Taylor, K.L., Galeota, K., Donnelly, D., Miller, D., Suchday, S., Whitman, G. (1995). The role of optimism and social support in the psychological adjustment of coronary artery bypass surgery patients. Poster presented at the 16th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

Larkin, K.T., Frazer, N., Semenchuk, E.M., Suchday, S. (1996). Cardiovascular and behavioral responses to social confrontation: Measuring real-life stress in the laboratory. Symposium presented at the annual meeting of the Society for Psychophysiological Research, Vancouver, British Columbia, CANADA

Eifert, G.H., Thompson, R.N., Schermelleh-Engel, K., Suchday, S. (1996). The Pain Regulation Questionnaire: Reliability and validity of a measure of pain competence, experience and behavior. Poster presented at the Fourth International Congress of Behavioral Medicine, Washington, DC.

Suchday, S., Ewart, C.K., and Slusarcick, A.L. (1998). Lack of social integration predicts cardiovascular risk in urban adolescent males. Paper presented at the Annual conference of the Society of Behavioral Medicine, New Orleans, LA.

Ewart, C.K., Jorgensen, R.S., Suchday, S., and Kolodner, K.B. (1998). Sociotropy predicts cardiovascular impact of peer encounters in young african american females. Paper presented at the Society of Behavioral Medicine, New Orleans, LA.

Carter, M.M., Miller, O., Jr., Sbrocco, T., Suchday, S., Lewis, E.L. (1999). African Americans and factor structure of the anxiety sensitivity index. Poster accepted for presentation at the Annual conference of the Association for Advancement of Behavior Therapy, Toronto, CANADA.

Carter, M.M., Suchday, S., & Gore, K.L. (1999). ASI Factors and Prediction of Response to Voluntary Hyperventilation. Poster accepted for presentation at the Annual conference of the Association for Advancement of Behavior Therapy, Toronto, CANADA.

Suchday, S., Haythornthwaite, J.A. & Ewart, C.K. (1999). Socioeconomic Correlates Of Blood Pressure Reactivity Among Urban Adolescent Females. Paper presented at the Annual conference of the Society of Behavioral Medicine, San Diego, CA.

Suchday, S., Ewart, C.K., Haythornthwaite, J.A. (1999). Socioeconomic Stress Predicts Ambulatory Blood Pressure In Urban Adolescents. Paper presented at the Annual conference of the Society of Behavioral Medicine, San Diego, CA

Suchday, S., Ewart, C.K., Haythornthwaite, J.A., Frankowski, J.F. (1999). Social Distrust in the laboratory predicts adolescent blood pressure in the normal environment. Paper resented at the Annual conference of the Society of Behavioral Medicine, San Diego, CA.

Suchday, S., Fitzgerald, S., Haythornthwaite, J.A., & Ewart, C.K. (1999). Job Strain & Socioeconomic Status are associated with anger at work in young urban adults. Paper presented at the Annual conference of the Society of Behavioral Medicine, San Diego, CA.

Kop, W.J., Krantz, D.S., Gottdiener, J.S., Suchday, S., Nearing, B.D., & Verrier, R.L. (1999). Mental stress testing in patients with Implantable Cardioverter Defibrillators: Inducibility of T-Wave Alternans. Paper presented at the annual conference of the American Psychosomatic Society, Vancouver, CANADA

Quigley, J.F., Kop, W.J., Patterson, S.M., Suchday, S., Gottdiener, J.S., Bairey-Merz, C.N., & Krantz, D.S. (1999). Physical Activity and the Diurnal Pattern of Myocardial Ischemia in Patients with Coronary Artery Disease. Paper presented at the annual conference of the American Psychosomatic Society, Vancouver, CANADA

Suchday, S., Krantz, D.S., Kop, W.J., Gottdiener, J.S. (2000). (*Citation Paper*) Socioeconomic predictors of blood pressure and daily life ischemia among patients with a known history of Coronary Artery Disease. Paper presentation at the Annual conference of the Society of Behavioral Medicine, Nashville, TN.

Suchday, S., & Larkin, K.T. (2000). Responses to anger provocation among Asian Indian and Caucasian males. Poster presentation at the Annual conference of the Society of Behavioral Medicine, Nashville, TN.

Suchday, S., Indurkha, A., Larkin, K.T., Frazer, N. (2000). Coping mediates the relation between hostility and health, but not anxiety and health. Poster presentation at the Annual conference of the Society of Behavioral Medicine, Nashville, TN.

Suchday, S., Panzarella, C., & Gross, R.T. (2000). Life control mediates the relationship between depression and disability in performing discretionary but not obligatory activities among chronic pain patients. Poster presentation at the Annual conference of the Society of Behavioral Medicine, Nashville, TN.

Ewart, C.K., Jorgensen, R.S., & Suchday, S. (2000). Social-emotional vulnerability and heart disease risk in urban youth. Symposium presentation at the Annual conference of the Society of Behavioral Medicine, Nashville, TN.

Suchday, S., Gottdiener, J.S., Kop, W.J., O'Callahan, M., Tucker, D., Quigley, J., & Krantz, D.S. (2001). (*Citation Paper*). Hostility and heart rate threshold for ischemia during daily life. Paper presented at the Annual conference of the Society of Behavioral Medicine.

Suchday, S., Larkin, K.T., Carter, M.M. (2001). Anger, behavioral coping, and cognitive rumination is related to delayed cardiovascular recovery following provocation among anger-in and anger-out participants. Paper presented at the Annual conference of the Society of Behavioral Medicine.

Suchday, S., Phan, C., & Krantz, D.S. (2001). Anger/Hostility & Cardiovascular Disorders. Paper presented as part of an Invited Symposium at the Annual conference of the Eastern Psychological Association.

Suchday, S., & Larkin, K.T. (2001). Biopsychosocial correlates of anger among Caucasian & Asian Indian Males. Invited Symposium at the Annual conference of the World Association of Social Psychiatry, Agra, INDIA

Suchday, S., Ewart, C.K., Jorgensen R.S., & Shroeder, K.E. (2002). Paper presented at the Annual conference of the Society of Behavioral Medicine, Washington, D.C.

Suchday, S. (2002). Stress & diabetes: Impact of psychosocial and contextual Factors. Invited Workshop at the first Annual International Conference of Diabetes India, Mumbai, India

Suchday, S. (2002). Stress & the metabolic syndrome: How do we break the vicious cycle. Invited Talk at the first Annual International Conference of Diabetes India, Mumbai, India

- Suchday, S. (2002). Psychosocial and cultural barriers to successful diabetes care. Invited Talk at the first Annual International Conference of Diabetes India, Mumbai, India.
- Suchday, S., Kapur, S., & Ewart, C.K. (2003). Adolescent health in India and the US. Paper presented at the Annual conference of the Society of Behavioral Medicine, Salt Lake City, Utah.
- Adonis, M.N., & Suchday, S. (2003). Acculturative distress in Cypriot Adolescents: A risk factor for physical illness and emotional distress. Poster session presented at the annual meeting of the European Health Psychology Society, Kos, Greece.
- Von Bergen, H.A., Adonis, M.N., Friedberg, J.P., & Suchday, S. (2003). The Impact of Religiosity on Cardiovascular Reactivity Among New Yorkers Post September 11TH. Paper presented at the annual meeting of the Association of Advancement of Behavior Therapy, Boston, MA.
- Friedberg, J.P., DeWitt, T.J., Shelov, D.V., & Suchday, S. (2004, March). The effects of forgiveness and rumination on cardiovascular reactivity and recovery. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Shelov, D.V., Friedberg, J.P., DeWitt, T.J., & Suchday, S. (2004, March). The relationship between empathy and cardiovascular reactivity to stress. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Suchday, S., Adonis, M.N., Almeida, M., & Friedberg, J.P. (2004, March; Citation Paper). Acculturative distress predicts somatic symptoms among college students in India. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Von Bergen, H.A., Friedberg, J.P., Suchday, S., & Miller, T. (2004, March). The impact of the post September 11th socio-political environment on physical health and health habits of Orthodox Jewish women. Poster presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Suchday, S., Kapur, S., Ewart, C.K., Adonis, M.N., & Friedberg, J.P. (2004, March). Discovering how urban stress affects health in developing countries. Paper presented at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
- Adonis, M.N., Friedberg, J.P., Von Bergen, H.A., & Suchday, S. (2004, April). Social support had a beneficial effect on cardiovascular reactivity following trauma. Poster presented at the Inaugural Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.
- DeWitt, T.J., Friedberg, J.P., Shelov, D.S., Phair, D., & Suchday, S. (2004, April). The effect of aerobic activity on exercise self-efficacy and blood pressure reactivity. Poster presented at the Inaugural Yeshiva University Behavioral Sciences Research Conference, Bronx, NY.

Friedberg, J.P., Shelov, D.S., DeWitt, T.J., Phair, D., & Suchday, S. (2004, April). Relationship of forgiveness to cardiovascular reactivity and recovery. Poster presented at the Inaugural Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.

Shelov, D.S., Friedberg, J.P., Suchday, S., Phair, D., & DeWitt, T.J. (2004, April). The relationship between concentration/impulsivity and blood pressure. Poster presented at the Inaugural Yeshiva University Behavioral Sciences Research Conference, Bronx, NY.

Von Bergen, H.A., Friedberg, J.P., Suchday, S., Rossler, M., and Miller, T. (2004, April). The post September 11th socio-political environment: Its impact on physical health and healthcare usage of Orthodox Jewish women. Poster presented at the Inaugural Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY

Friedberg, J.P., Shelov, D.S., DeWitt, T.J., Phair, D., & Suchday, S. (2004, November.) Forgiveness and blood pressure recovery from acute stress. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

Dewitt, T.J., Friedberg, J.P., Shelov, D.V., & Suchday, S. (2005, April). The effects of an aerobics intervention on exercise self-efficacy and blood pressure reactivity to stress. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Friedberg, J.P., Shelov, D.V., Eisenberg, E.J., Vederman, A.C., & Suchday, S. (2005, April). Rumination about an anger recall task is related to increased cardiovascular reactivity and delayed recovery. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Friedberg, J.P., Shelov, D.V., & Suchday, S. (2005, April). Association between friendliness and cardiovascular reactivity during a social and a non-social stressor. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Shelov, D.V., Friedberg, J.P., & Suchday, S. (2005, April). A short yoga intervention may increase mindfulness and decrease rumination: A pilot study. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Suchday, S., Friedberg, J.P., Shelov, D.V., Vederman, A.C., & Eisenberg, E.J., (2005, April). Cognitive self-statements mediate the relationship between anger expression and cardiovascular responsivity to stress provocation. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Suchday, S., Srinivas, V., Barber, J., & Friedberg, J.P. (2005, April). Psychosocial correlates of premature coronary heart disease among urban residents. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Suchday, S., Friedberg, J.P., Adonis, M.N., & Almeida, M. (2005, April). Rumination, hostility, stress, and health among urban Indian college students. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Von Bergen, H.A., Friedberg, J.P., & Suchday, S., (2005, April). Spiritual well-being predicts physical symptom complaints and illness in Orthodox Jewish women. Poster presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.

Adonis, M.N., Friedberg, J.P., & Suchday, S. (2005, May). The effects of acculturative distress on depression and anxiety in Greek immigrant adolescents. Poster presented at the Second Annual Yeshiva University Behavioral Sciences Research Conference, Bronx, NY.

Friedberg, J.P., Shelov, D.S., Weiss, K., & Suchday, S. (2005, May). Relationship between anger rumination and cardiovascular reactivity. Poster presented at the Second Annual Yeshiva University Behavioral Sciences Research Conference, Bronx, NY.

Friedberg, J.P., Suchday, S., Adonis, M.N., & Almeida, M. (2005, May). Correlates of rumination in Asian Indian college students. Poster presented at the Second Annual Yeshiva University Behavioral Sciences Research Conference, Bronx, NY.

Shelov, D.S., Friedberg, J.P., Weiss, K., & Suchday, S. (2005, May). Increased concentration predicts reduced heart rate during a math stressor. Poster presented at the Second Annual Yeshiva University Behavioral Sciences Research Conference, Bronx, NY.

Von Bergen, H.A., Friedberg, J.P., Suchday, S., Rossler, M., & Miller, T. (2005, May). Socio-political distress and trauma history predict physical symptom complaints in Orthodox Jewish women. Poster presented at the Second Annual Yeshiva University Behavioral Sciences Research Conference, Bronx, NY.

McGinn, L. K. Asnis, G. M., Suchday, S., & Kaplan, M. K. (2005, November). Paper to be presented at the annual convention of the Association for the Behavioral and Cognitive Therapies (ABCT), Washington D. C.

Friedberg, J.P., Adonis, M.N., Suchday, S., & Von Bergen, H.A. (2006, March). The effects of indirect exposure to September 11th- related trauma on cardiovascular reactivity. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

Suchday, S., Friedberg, J.P., Adonis, M.N., Almeida, M., & Larkin, K.T. (2006, March). Anger, cardiovascular reactivity, & health: Comparing India & the US. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

Suchday, S., Friedberg, J.P., Shelov, D.V., & Weiss, K. (2006, March). Being “not angry, but ruminating” is associated with delayed recovery following stress provocation. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

Von Bergen, H.A., Friedberg, J.P., & Suchday, S. (2006, August). Spiritual well-being in Orthodox Jewish women: A principal component analysis. Poster to be presented at the annual meeting of the American Psychological Association, New Orleans, LA.

Suchday, S., Chhabra, R., & Wylie-Rosett, J. (2006, November). The Relationship between Health Disparity and Socioeconomic Status in Developing Countries. Paper presented at the 10th Annual Research Centers in Minority Institutions Conference on Health Disparities, Puerto Rico.

Suchday, S. (2006, August). Asian Indians & the Metabolic Syndrome. Invited symposium on Diversity & the Metabolic Syndrome at the Annual Conference of the American Psychological Association. New Orleans.

Suchday, S. (2006, August). Acculturation & Globalization: Effects on Health in Developing Countries. Invited symposium on International Health: Effects of Globalization on Health at the Annual Conference of the American Psychological Association. New Orleans.

Revenson, T., Krantz, D.S., & Suchday, S. (2006, August). Mentoring Dilemmas: At the Crossroads of Race, Gender, Class, and Sexual Orientation. Invited Conversation Hour presentation at the Annual Conference of the American Psychological Association. New Orleans.

Vederman A., Suchday, S., Eisenberg, E., Friedberg, J.P., & Shelov, D.V. (2007, March). Relationships between two constructs of coping and cardiovascular reactivity to stress. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Weiss, K.J., Shelov, D., Friedberg, J.P., & Suchday, S. (2007, March). Relationship between perceived stress, environmental stress, and body mass index in an urban environment. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Adonis, M.N., Friedberg, J.P., Kapsou, M., & Suchday, S. (2007, August). Acculturative distress in Greek immigrant adolescents. Paper presented at the annual meeting of the European Health Psychology Society, Maastricht, Netherlands.

Friedberg, J.P., Suchday, S., Srinivas, V.S., Barber, J., & Shelov, D.V. (2007, August). Correlates of forgiveness in a sample of cardiac patients. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Shelov, D.V., Suchday, S., & Friedberg, J.P. (2007, August). Pilot study: The impact of yoga on health. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Suchday, S., Friedberg, J.P., & Shelov, D.V. (2007, August). Socioeconomic status and health in developing countries: India. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Dziok, M., Suchday, S., Weiss, K., Nash, L., Bellehsen, M., Rodriguez, A., Lee, C., Matte, L., Shah, A. (2007). Effectiveness of a Mindfulness-Based Stress Reduction Program on Symptoms of Psychological Distress. Poster presented at the 4th Annual Yeshiva University Behavioral Science Research Day, Bronx, NY.

Suchday S. Universality of the Impact of Forgiveness on Stress. (2007, December). Paper presented at the World Congress on Psychology and Spirituality. New Delhi, India.

Lee, C., & Suchday, S. (2008, March). Social support and cardiovascular reactivity on Chinese immigrants. Poster presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD.

Suchday, S., Wylie-Rosett, J., McCauley, P., Ginsberg, M., Segal-Isaacson, C.J., & Foo. (2008, October). Acculturation, Stress, & Perceived Social Status among First Generation Chinese Immigrants in New York City Chinatown. Paper presented to the American Public Health Association. San Diego, CA.

Glubo, H., Suchday, S., Lewin, H., Beier, M., Sehatpour, P. (2008) Traditional versus non-traditional choice of spouse and its affect on health and well being among college students in Mumbai, India. Poster presented at the 5th Annual Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.

Beier, M., Lewin, H., Glubo, H., & Suchday, S. (2008) The Relationship Between Burnout and Cardiovascular Risk Factors: How Are Health Professionals Affected. Poster presented at the 5th Annual Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.

Lewin, H., Suchday, S., Glubo, H., Beier, M., Lee, C., Rodriguez, A., Dziok, M. (2008) The Effects of Spirituality on Stress and Anxiety Amongst College Students in India. Poster presented at the 5th Annual Yeshiva University Behavioral Sciences Research Day, Bronx, NY.

Glubo, H., Suchday, S., Lewin, H., Beier, M., Sehatpour, P. (2008) Traditional versus non-traditional choice of spouse and its affect on health and well being among college students in Mumbai, India. Poster presented at the 5th Annual Yeshiva University Behavioral Sciences Research Day, Bronx, NY.

Dziok, M., Rodriguez, A., Beier M., Lewin, H., Glubo, H., & Suchday, S. (2008). The accuracy of cardiovascular disease risk perception in a Bronx community. Poster presented at the 5th Annual Yeshiva University Behavioral Sciences Research Day, Bronx, NY.

Rodriguez, A., Dziok, M., Beier, M., Lewin, H., Glubo, H., & Suchday, S. (2008). Differences in Heart Rate, Systolic Blood Pressure, and Diastolic Blood Pressure in Hispanics and non-Hispanics. Poster presented at the 5th Annual Yeshiva University Behavioral Sciences Research Day, Bronx, NY.

Suchday, S. (2009). Invited Presentation at the 8th Annual Education & Learning Council meeting, American Psychological Association, Washington, DC

Suchday, S., Wylie-Rosett, J., Sun-Hoo, F., Wang, W., Segal-Isaacson, C.J., Ginsberg, M., Alderman, M. (March, 2009). Perceived social status & health among first generation Chinese immigrants in Chinatown. Poster presented at the annual meeting of the American Psychosomatic Society, Chicago, IL.

Dzoik, M., Nash, L., Spektor, E., Suchday, S., Srinivas, V.S. (2009, March). Validation of an assessment of vital exhaustion among US cardiovascular compromised and community samples: The Maastricht Questionnaire. Poster presented at the annual meeting of the American Psychosomatic Society, Chicago, IL.

Lee, C., Suchday, S., & Wylie-Rosett, J. (2009, March). The effect of gender and coping strategies on cardiovascular reactivity to stress among Chinese immigrants. Poster presented at the annual meeting of the American Psychosomatic Society, Chicago, IL.

Nash, L., Spektor, E., Suchday, S., Srinivas, V.S. (2009, March). Correlations between vital exhaustion, depression, and general health of cardiac patients and community controls. Poster presented at the annual meeting of the American Psychosomatic Society, Chicago, IL.

Spektor, E., Nash, L., Srinivas, V.S., Suchday, S. (2009, March). Exploring associations between Type D personality, depression, and vital exhaustion among patients with cardiovascular disease. Poster presented at the annual meeting of the American Psychosomatic Society, Chicago, IL.

Suchday, S. (April 2009). Economic Benefits of International Collaborations in Behavioral & Social Sciences. Paper as part of an invited panel on "Global Public Health Workforce Development: Challenges, opportunities and strategies" at the World Federation of Public Health Associations. Istanbul, TURKEY

Suchday, S. (May, 2009). Interface of technology, behavioral & social factors in the management of chronic diseases. Part of an Invited Panel on Improving Chronic Disease Management through the Convergence of Informatics and Research in Prevention/ Epidemiology, Clinical Trials, and Clinical Care. BIO International Convention, Atlanta, GA.

Lewin, H. Glubo, H. Suchday, S. Sehatpour, S. (2009) The Impact of Globalization on Spirituality and Health Amongst College Students in Mumbai, India. Poster presented at the 2nd Annual Meeting of the Society for Spirituality, Theology & Health at Duke University, Durham, NC.

Lewin, H., Glubo, H., Maslennikova, B., Attali, M., Krohn, M., Scholl, H., Marmor, S. & Suchday, S. (2009) Globalization, Health Habits and Spiritual Well-Being: An Analysis of College Students in Mumbai, India. Poster presented at the 6th Annual Yeshiva University Behavioral Sciences Research Day, Bronx, NY.

Glubo, H., Lewin, H., Krohn, M., Maslennikova, B., Scholl, H., Attali, M, Marmor, S., Suchday, S. & Sehatpour, P. (2009). How Globalization and Self-esteem is Impacting Arranged Marriage among College Students in Mumbai, India. Poster presented at the 6th Annual Yeshiva University Behavioral Sciences Research Day, Bronx, NY.

Suchday, S., Sehatpour, P., Lewin, H. Glubo, H. (2010) Impact of Globalization on Health. Paper presented at the 11th Annual International Congress of Behavioral Medicine, Washington DC

Lee, C., Suchday, S., & Wylie-Rosett, J. (2010, August). Interaction Effect of Social Support and Coping Styles During Stress Provocation: An Examination on Chinese Immigrants. Poster presented at the 11th Annual International Congress of Behavioral Medicine, Washington, D.C.

Glubo, H. Lewin, H., Suchday, S. Sehatpour, P. (2010) Social Adaptation and Depression. Poster presented at the 11th Annual International Congress of Behavioral Medicine, Washington DC

Katzenstein, M., Spektor, E., Dziok, M., Suchday, S. (2010) Subjective SES as a predictor of Vital Exhaustion within a Cardiovascular Sample. Poster presented at the 11th Annual International Congress of Behavioral Medicine, Washington, DC

Lewin, H. Glubo, H. Suchday, S. Sehatpour, P. (2010) Health, Wealth and Spirituality. Poster presented at the 11th Annual International Congress of Behavioral Medicine, Washington D.C.

Glubo, H., Lewin, H., Sehatpour, P., & Suchday S. Cognitive and Behavioral Perspectives on Marriage Through a Global Lens. Poster presented at the 4th Annual Convention of the Association of Behavior and Cognitive Therapy 4th, San Francisco, CA

Lewin, H. Glubo, H. Suchday, S. Sehatpour, P. (2010) Spirituality, Health-Seeking Behavior and Stress in Mumbai, India. Poster presented at the 3rd Annual Meeting of the Society for Spirituality, Theology & Health at Duke University, Durham, NC

Lewin, H., Glubo, H., Rotter, R., Goldberg, R., Penn, E., Bruder, J., Sehatpour, P., Suchday, S. (2010) Impact of Spirituality on Somatic Symptoms and Health Seeking Behavior. Poster presented at the 7th Annual Yeshiva University Behavioral Sciences Research Day, Bronx, NY

Glubo H., Lewin, H., Penn, E., Bruder, J., Rotter, R., Goldberg, R., Sehatpour P., Suchday S. (2010) Predicting mate selection preference in Mumbai, India. Poster presented at the 7th Annual Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.

Lewin, H., Glubo, H., Sehatpour, P., Suchday, S. (2010) Exploring the Universality of Religious and Existential Well-Being. Poster presented at the Eastern Psychological Association Conference, NY

Glubo, H., Lewin, H. Sehatpour, P., Suchday, S. (2010) Examining the role of tradition and family on mate selection in India. Poster presented at the Eastern Psychological Association Conference, NY

Katzenstein, M., Spektor, E., Dziok, M., Suchday, S. (2010). Effects of Subjective Social Standing on Degree of Vital Exhaustion in a Cardiovascular Sample. Poster presented at the 7th Annual Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.

Spektor, E., Dziok, M.D., & Suchday, S. (2010). Validation of an Assessment of Type D Personality among U.S. Cardiac and Non-Cardiac Samples: DS14. Poster presented at American Psychosomatic Society Annual Conference.

Spektor, E., Dziok, M.D., & Suchday, S. (2010). Are Depression and Type D Personality predictive of Vital Exhaustion? Poster presented at the Eastern Psychological Association Annual Conf, NY, NY.

Lee, C., Suchday, S., & Wylie-Rosett, J. (2011, March). Effects of Instrumental Support and Interdependent Self-Construal on Chinese Immigrants' Cardiovascular Reactivity and Recovery from Stress Provocation. Poster presented at Mount Sinai 9th Annual Global Health Conf, New York, NY.

Lewin, H., Glubo, H., Farianacci, F., Mordecai, E., Kott, H., Sehatpour, P., Suchday, S. (2011) Spirituality, Somatic Symptoms and Health Seeking Behavior Among Urban Indian College Students. Poster presented at the 9th Annual Mt. Sinai Global Health Conference, New York, NY.

Glubo, H., Lewin, H., Kott, H., Mordecai, E., Farianacci, F., Sehatpour, P., Suchday, S. (2011). Mate Selection and Depression Among Urban Indian College Students. Poster presented at the 9th Annual Mt. Sinai Global Health Conference, New York, NY.

Glubo, H., Lewin, H., Sehatpour, P., & Suchday, S. (2010). Cognitive and behavioral perspectives on marriage through a global lens. Poster presented at the Association of Behavior & Cognitive Therapy, San Francisco, CA.

Glubo, H., Lewin, H., Kott, H., Mordecai, E., Farianacci, F., Sehatpour, P., Suchday, S. (2011). Mate Selection: Not as Happy as it seems. Poster presented at the 8th Annual Yeshiva University Behavioral Sciences Research Day, Bronx, NY.

Kaplan, E., Kahan, M., Hagemann, L. & Suchday, S. (2011). It's all relative: The role of Social Comparison in the SES-Health Relationship. Poster presented at the 8th Annual Yeshiva University Behavioral Sciences Student Research Conference, Bronx, NY.

Katzenstein, M., Kaplan, E., Kahan, M., Suchday, S. (2011) The Effects of Meditation and Yoga on Cardiovascular Disease. Poster presented at the 8th Annual Yeshiva University Behavioral Sciences Student Research Conference.

Kaplan, E., Suchday, S., Hagemann, L. & Kahan, M. (2011). Does Social Comparison affect the Socioeconomic Status-Health Relationship? Poster to be presented at 25th Conference of the European Health Psychology Society, Crete, Greece.

Kahan, M., Hagemann, L., Kaplan, E. & Suchday, S. (2011). Regular Exercise: Anger Predicts Injury. Poster presented at the 8th Annual Yeshiva University Behavioral Sciences Research Day

Hagemann, L., Kahan, M., Kaplan, E., Suchday, S. (2011), Social Burnout and its Impact on Health: Investigating the Variable of Type-D Personality, Ferkauf Graduate School of Psychology, Annual Behavioral & Social Sciences Research Day, Bronx, N.Y.

Ganz, D., Sher, L. & Suchday, S. (2011, May). The brain and behaviors of suicidal adolescents with Post-Traumatic Stress Disorder. Poster session presented at the Yeshiva University Eighth Annual Behavioral Sciences Student Research Conference, Bronx, NY.

Glazier, K. & Suchday, S. (2011). Identification of OCD Subtypes among Medical and Mental Health Care Providers. Poster presented at the 8th Annual Research Day, Yeshiva University, Bronx, NY.

Suchday, S. (2011). Urban Stress may mediate the relationship between socioeconomic status and cardiovascular health. Paper to be presented at the 25th Conference of the European Health Psychology Society. Crete, Greece

Suchday, S. (2011). Symposium Chair, OBESITY: No one discipline is enough! Innovative Perspectives on Training. Symposium presented at the 25th Conference of the European Health Psychology Society. Crete, Greece

Suchday, S. (2011). Teaching Health Psychology and Public Health: Focus on Obesity. Paper presented at the 25th Conference of the European Health Psychology Society. Crete, Greece

Suchday, S. (2011). Invited Chair, Session on Promoting Mental Health. 25th Conference of the European Health Psychology Society. Crete, Greece 25th Conference of the European Health Psychology Society. Crete, Greece

Kahan, M, Kaplan, E, Hagemann, L & Suchday, S. (2011). Anger and Injury in regular exercisers. Poster to be presented at the 25th Conference of the European Health Psychology Society. Crete, Greece

Hagemann, L, Kahan, M., Kaplan E. & Suchday, S. (2011). Social burnout and its impact on health: Investigating the variable of type d personality. Poster presented at the 25th Conference of the European Health Psychology Society. Crete, Greece

Kaplan, E.R., Hagemann, L., & Suchday, S. (2012). Associations Between Socioeconomic Status and Health: What is the Role of Social Comparison? Society for Behavioral Medicine, New Orleans, LA

Suchday, S. (2012). Impact of globalization on young Asian Indians. Paper accepted for presentation at the International Congress of Psychology, Cape Town, South Africa

Suchday, S., Fruchter, Y., Ganz, D., Lewin, H., & Glubo, H. (2012). Can terror challenge values and stable traits. Paper accepted for presentation at the International Congress of Psychology, Cape Town, South Africa

NON-ACADEMIC WORK EXPERIENCE

Business Assistant	1984-1989	Diamond Jewelers, Bombay/INDIA
Examination Coordinator	1989-1991	Connecticut College
GRE Supervisor	1990	Educational Testing Services